

# nancys

# Meals

**Member / Guest**

# Café

## MEALS AVAILABLE

**MONDAY - FRIDAY**  
**11:30AM - 2:00PM**

**SATURDAY & SUNDAY**  
**12.00 NOON - 2.30PM**

### Soup of the Day

See staff for todays special

\$9/ \$10

### Garlic Bread

Add Cheese \$1

Add Cheese & Bacon \$2

\$11 / \$12

### Seafood Duo

Two crumbed calamai rings, battered barramundi, chips & salad served with Tartare Sauce

\$19 / \$20

### Southern Style Chicken Tenders

Fried Chicken Tenders served with Chips, Salad & Aioli

\$18 / \$19

### Mozarella Sticks **V**

Served with Chips, Salad & Chunky Tomato Relish

\$16 / \$17

### Bowl of Chips **V GFO**

Served with Tomato Sauce

\$9 / \$10

### Bowl of Wedges **V**

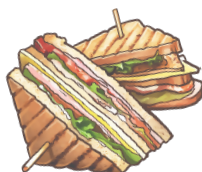
Served with Sweet Chilli Sauce & Sour Cream

\$12 / \$13

## Cabinet Display

**See Cabinet for Fresh Daily Specials | Cabinet Display is available All Day**

	<b>Member / Guest</b>		<b>Member / Guest</b>
<b>Sandwiches</b>	\$5.50 / \$6.00	<b>1/2 Wrap</b>	\$5.50 / \$6.00
<b>Toasties</b>	\$6.50 / \$7.00	Variety of Fillings	
<b>Foccaccias/Rolls/Bagels</b>	\$8.50 / \$9.00	<b>Cakes</b>	\$7.50 / \$8.00
<b>Frittata/Quiche</b>	\$8.50 / \$9.00	<b>Slices</b>	\$6.00 / \$6.50
<b>Croissants</b>	\$6.00 / \$6.50	<b>Banana Bread</b>	\$4.50 / \$5.00
<b>Pies,Pasties&amp; Sausage Rolls</b>	\$8.50 / \$9.00	<b>Fruit Toast</b>	\$4.50 / \$5.00
Served with Chutney/ Tomato Sauce		Served Toasted with Butter	
<b>Brekky Burger</b>	\$8.50 / \$9.00	<b>Scone</b>	\$4.50 / \$5.00
Bacon,Cheese, Egg & Tomato Relish		Served Jam & Cream	
		<b>Protein Balls</b>	\$2.30 / \$2.50
		Strawberry Coconut, Chocolate Coconut and Peanut Butter	



**VG = Vegan**

**V = Vegetarian**

**GFO= Gluten Friendly Option**

\*Please note that whilst Frankston RSL endeavours to accommodate requests for customers with food allergies, we cannot guarantee complete allergy-free meals due to the potential trace allergens in the working environment and supplied ingredients.

# nancys Café

COFFEE TIME



## Espresso

Standard/Regular Mug

- Flat White
- Cappuccino
- Latte
- Hot Chocolate
- Mocha
- Macchiato
- Chai Spice/ Vanilla
- Short Black
- Long Black

Member / Guest

\$5.00 / \$5.50

\$6.00 / \$6.50

## Extras

Decaf \$1.00

Extra Coffee Shot \$1.00

Syrups \$ .60

Chocolate, Vanilla, Hazelnut & Caramel



## Milk Selection

Soy or Lactose Free \$ .50 / \$1.00

Almond \$ .50 / \$1.00

Oat \$ .75 / \$1.50

Standard/ Mug

## Iced



Iced Latte \$5.00 / \$5.50

Iced Coffee \$7.00 / \$7.50

Iced Chocolate \$7.00 / \$7.50

Member / Guest

## Tea

Member / Guest

Loose Tea \$5.00 / \$5.50

Served in a teapot for One

- English Breakfast
- Earl Grey
- Chamomile
- Ginger
- Green
- Peppermint
- Lemongrass

Golden Tumeric Latte \$5.00 / \$5.50

Green Matcha Latte \$5.00 / \$5.50

## Juices

Member / Guest

Goulburn Valley \$5.50 / \$6.00



- Cloudy Apple
- Orange
- Cranberry
- Pineapple

## Smoothies

Member / Guest

Mango \$7.50 / \$8.50

Mango, Milk, Vanilla Yoghurt & Honey

Mixed Berry \$7.50 / \$8.50

Mixed Berries, Milk & Vanilla Yoghurt

Banana Cinnamon \$7.50 / \$8.50

Banana, Milk, Maple/Golden Syrup, Vanilla Yoghurt & Cinnamon

All Smoothies can be made with any of our available Milk Selection for \$1.50 extra

## Milk Shakes

Member / Guest

Chocolate, Vanilla, \$6.00/ \$6.50

Strawberry & Caramel

Baby Chino \$1.00