

MORSE CODE

EDITION #68 MAY-JUN-JUL 2025



www.frankstonrsl.com.au
183 CRANBOURNE ROAD
FRANKSTON, 3199
PH: (03) 8792 4400

VALE



Lest we forget

AKIE, PETER JULIAN
ALYARI, CYRUS
ARCHER, VICTOR GEORGE
BLACK, JAMES
CALLAN, WILLIAM
CORDERY, RAYMOND
GREGG, KENNETH HENRY
HALE, DAVID
JENKINSON, CHARLES

LEITHHEAD, WILLIAM
LETCHFORD, GRANVILLE
MORTON, NORMAN
OSBORNE, DENIS
REDDAN, GEOFFREY
VINCENT
SMITH, ROSS KEITH
VIDLER, ALLAN EMERSON

OUR MISSION

To support the welfare of veterans and their families.

To promote pride, respect and belonging within the veteran and broader community by maintaining a welcoming atmosphere and providing outstanding hospitality and entertainment.

RSL LIFE MEMBERS

J F AKEROYD AM*
F ANDERSON*
J W ARNEY*
E BARRETT*
K BETTLES*
P A BRISCOE*
R G BROWN*
H CAMERON*
F C CAREY*
F CLAYTON*
A COLE*
REV V COLLINS OAM*
B CLYNE
J P DEIGHTON AM MC*
T L DICKMAN*
DH FOWLER*
A C GARDINER*
H R GILHAM*

E J GOLDSMITH*
B HICKMAN
K HILLIER OAM
A F HOLMES*
A M HORSBURGH OAM*
E M HUGHES*
W G INDIAN*
B JOHNS*
A JOHNSON*
P R KENNEDY*
W LESLIE*
P M LOUREY*
S C LOVELL*
R W F MCCARTHY*
C A MCKENZIE*
R H MCLELLAND
R MORRISON

A C MURPHY*
D F NICOLL*
D A PATTERSON*
A PAXINO*
E C PEARCE*
J L PRATT*
S PRENDERGAST*
W R PULLING*
F A SEWELL*
A SHOUT*
J SLATTERY*
J SMITH*
L W STREETS OAM*
L V SWANSON*
C L THURKLE*
G M WALKER*
S U WALKER*
R W WHEELER OAM*
A WHITWORTH*

* DECEASED

CONTACT US

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web: www.frankstonrsl.com.au

post: P.O. Box 3168, Frankston East 3199

address: 183 Cranbourne Rd, Frankston 3199

Reception Hours

monday-thursday & sat 9AM-7PM

friday 9-8PM

sunday 10-7PM

DINING HOURS

hours may differ on public holidays

Four Seasons Bistro

- end time denotes last meal order

lunch: 11.30AM-2PM

12-2.30PM saturday & sunday

dinner: 5.30PM-8.30PM

9pm friday & saturday

Huey's Sports Bar

lunch: 11.30AM-2PM monday-friday

12-2.30PM saturday and sunday

dinner: 5.30pm-8.30pm monday-thursday

5.30pm-9pm friday & saturday

Nancy's Café - Open 7 Days

coffee, cake, & cabinet display: 9AM-LATE

lunch: 11.30AM-2PM monday-friday

12-2.30PM saturday & sunday

TRADING HOURS

Monday 9AM-11PM

Tuesday 9AM-11PM

Wednesday 9AM-12AM

Thursday 9AM-12AM

Friday 9AM-1AM

Saturday 9AM-1AM

Sunday 10AM-11PM

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EDITORIAL

CONTACT

marketing@frankstonrsl.com.au

(03) 8792 4408

SOCIALS

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2025 COMMITTEE



Kevin Hillier OAM
PRESIDENT



John Barry
VICE PRESIDENT



Peter Kerley
SECRETARY



Brian Hill CSC
TREASURER



Lyn Lynch
GENERAL
COMMITTEE



Anthony Grice
GENERAL
COMMITTEE



Kevin Tester
GENERAL
COMMITTEE



David Helman
GENERAL
COMMITTEE



Julianne Casey
GENERAL
COMMITTEE

2025 FRANKSTON RSL COMMITTEE ELECTIONS

Thank you to everybody who voted at our Annual Election of Office Bearers to the Committee of the Frankston RSL Sub-Branch and to those who attended the 2025 AGM. We also thank the members who nominated for positions on the Committee.

ELECTION RESULTS

Executive Members

The 2025 Committee election results saw the unopposed re-election of:

Vice President - John Barry
Secretary - Peter Kerley

General Committee

We congratulate both Kevin Tester and David Helman on their re-appointment.

General Committee

Additionally, we congratulate and welcome Julianne Casey as our newly elected General Committee Member and we thank outgoing Committee Member Zak Critsilis on his contribution throughout 2024, the Committee wish Zak all the best.

Contact: committee@frankstonrsl.com.au

President's Report

Welcome to Winter!



Welcome to the winter edition of our Morse Code. As usual there has been so much going on around the club.

I have been mentioning for some time about a grant received by ANZAC House to establish a Compensation and Wellbeing Hub in our carpark. I am happy to report that the building is there and it is fitted out, and we hope to have the certificate of occupancy shortly. Hopefully it will soon be finalised, providing veterans and families to meet with advocates in a private and friendly location without having to enter through the club.

Christmas Day was once again a wonderful success with many members taking advantage of the opportunity to have lunch or dinner at the club with family and friends.

Our Wellbeing Department, led by Stellar and assisted by Jo, along with our Wellbeing Officer Tony Davis, have continued to provide interesting bus trips, advice, care, support and goods and chattels for those in need. The work they do, supports and underpins our central role of providing for veterans and their families in times of need. As always, please reach out to the team at the Dr. Akeroyd Veterans and Families Wellbeing Hub at the Frankston RSL with any issues on (03) 8792 4400.

I commend all veterans and families to make themselves known to the committee and be aware of what the RSL has to offer. This includes advocacy in both wellbeing and compensation spaces, along with the RSL end of life ritual service provided on the passing of veterans. We are often made aware of their passing when the family receive a membership renewal notice. A component of the purpose of this ritual is to let members know of deaths and funerals of veterans by placing a notice on our information screen in the entrance passageway of the club, and in the notice board opposite the Sports Bar. This board is headed by a bronze plaque which was dedicated on the original Frankston War Memorial on Nepean Highway in 1924.

Our AGM was held in March, and while I am disappointed in attendance levels - approximately 2% of eligible voting members participated, I am pleased to advise that the committee members who stood again were re-elected, along with the election of a new committee member Julianne Casey, who has replaced Zac C, as he has decided to return to his family in Tasmania. We thank Zac for his service to the club in the short time he was with us on the committee. I also thank Joy and Margaret for their nominations, and hope that they may find other ways of assisting veterans without being on the committee.

There are many opportunities for members to assist with events and wellbeing activities around the club such as:

- The team who transports and set up chairs at our services at the Frankston War Memorial on ANZAC and Remembrance Day.
- Our Memorabilia team, led by Graham, who accept and maintain many artefacts that are donated to the Frankston RSL Sub-Branch.
- Our Home and Hospital Team who visit veterans and their families in care facilities, in conjunction with the Frankston RSL Wellbeing Team.
- Badge selling for both the ANZAC Appeal and Remembrance Day Poppy Appeal to raise funds to assist veterans in need. While we have a large membership of around 13,000, we struggle staffing all our stalls during appeals time. This is going to be exacerbated in November 2025 when we also take over the running of stalls in Mornington, Mt Martha, and Mt Eliza.

As I mentioned in our last report, with the closure of the Mornington RSL, we have taken over supporting veterans and families in this area, in addition to the support we offer in the greater Frankston area. This year, the outgoing committee from Mornington put together the Commemoration Services for ANZAC Day 2025, however, in future these services will come under our auspice, and it will be added to the 28 services we carried out this year in Frankston. These included: 2 Child Care Facilities, 4 Aged Care Facilities, 2 Community Groups, 5 Schools, 9 Sporting Events, and the services at the Frankston War Memorial - Student Service, Dawn Service, the March, and Commemorative Service on the day.

This year's Dawn Service was larger than last year with approximately 6,500 in attendance, and a larger contingent marching than ever before at the Commemoration Service.

We thank the Chief of Navy Vice Admiral Mark Hammond AM RAN for providing Captain Natasha Williams RAN to speak at all three of our services.

We also thank the Frankston Council on the refurbishment and replacement on vertical walls of the four plaques at the War Memorial. They were originally designed to be on vertical walls, as they were when the cenotaph was situated at the council buildings. Along with this improvement, this year we saw the lighting upgrade and placing safety lighting around the park to make it safer at our Dawn Services - as often people arrive as early as 4.30am and in the dark.

Keep warm and well during the coming winter.

Yours Aye,
Kevin Hillier OAM
President
Frankston RSL Sub Branch Inc.



WHAT'S ON?

MONDAYS

Bingo - Simpson Room

11AM EYES DOWN
NO BOOKINGS REQUIRED

TUESDAYS

Trivia Night Huey's Sports Bar

7PM REGISTRATIONS FOR 7.30PM START. FREE EVENT

Kids Eat Free Deal - Dinner Only

ONLY AVAILABLE AT THE BISTRO &
NOT AVAILABLE PUBLIC HOLIDAYS

Age Strong Fitness class \$5p/p

8AM IN THE PAVILION. REGISTER (03) 8792 4400

WEDNESDAYS

Wednesday Rattle Night & Member's Draw

RAFFLE TICKETS ON SALE FROM 5PM
RAFFLE DRAWS FROM 6.30PM
MEMBERS CAN WIN UP TO \$1000 JACKPOT IN
SPIN-THE-WHEEL, IN HUEY'S SPORTS BAR.
MEMBER'S SPIN TIMES: 6.00PM, 6.30PM, 6.45PM

Parma-Night - All Parmas \$21.90

AVAILABLE WEDNESDAY DINNER
ANYWHERE IN THE VENUE

Veterans & Partners Coffee Mornings

10AM, TABLE 221, IN THE ATRIUM, FREE EVENT

THURSDAYS

Thursday Community Rattles

RAFFLE TICKETS ON SALE FROM 5PM
RAFFLE DRAWS FROM 6.40PM
LIVE MUSIC 5-8PM @ HUEY'S SPORTS BAR

Bingo-Simpson Room

7PM EYES DOWN
NO BOOKINGS REQUIRED

FRIDAYS

Friday Night Rattles & Member's Draw

MEMBERS CAN WIN UP TO \$2,000 JACKPOT PRIZE
RAFFLE TICKETS ON SALE FROM 4.30PM
RAFFLE DRAWS FROM 6.30PM
MEMBER DRAW TIMES: 5.30PM, 6.15PM, 7PM

Mega Rattles - Huey's Sports Bar

1ST FRIDAY EVERY MONTH, FEBRUARY-DECEMBER
RAFFLE DRAWS FROM 6.30PM
MEMBER DRAW TIMES: 5.30PM, 6.15PM, 7PM

Free Live Music: Single Income - Simpson Room

1ST FRIDAY EVERY MONTH, FEBRUARY-DECEMBER
7PM DOORS OPEN, SHOW 7.15PM-10.15PM,
FREE EVENT

Veterans Coffee Morning - Huey's Sports Bar

ALL VETERANS WELCOME:
ALL SERVICE TYPES, ERAS, AGE, & GENDER.
10AM, FREE EVENT

Age Strong Fitness Class \$5p/p

8AM IN THE PAVILION. REGISTER 8792 4400

SATURDAYS

Super Saturdays - Huey's Sports Bar!

12-2PM BUY A CLASSIC PARMA & RECEIVE A FREE POT
CARLTON DRAUGHT TANK BEER
1.45PM (APPROX.) LIVE FOOTY ON OUR 6M MONSTER SCREEN.

SUNDAYS

Sunday Lunch Carvery

12PM - 2.30PM EVERY SUNDAY
FROM MAY 18TH - 7TH SEPTEMBER



UPCOMING EVENTS

FRIDAY 30TH MAY DISCO INFERNO

TICKETS FROM \$35
DOORS OPEN 7PM



Relive some of the hottest disco hits of the 70's live - from funky basslines to infectious rhythms and soulful vocals this band brings the disco fever to life with their captivating stage presence and musical prowess.. This talented group performs these iconic tracks so authentically, you could close your eyes and think you're listening to the originals - ABBA, KC & The Sunshine Band, Tina Turner, Kool & The Gang, Earth, Wing & Fire. Bee Gees, Donnas Summer and more! An exhilarating experience that will transport you back to the disco era.

WEDNESDAY 4TH JUNE CRIME NIGHT MARK TREGELLAS

TICKETS FROM \$22.50
DOORS OPEN 730PM



Mark 'Trigger' Tregellas has lived a remarkable life. Athlete, World Adventurer, Commando, Martial Artist, Police Officer and Author are just a few of his accomplishments. In his 31-year Victoria police career, Mark was stationed for 26 years in three remote coastal towns where he often had to respond to life-threatening situations that the public rarely heard about. In the course of his duties, Mark was seriously injured multiple times, including a broken spine and being shot in the face leading to medical retirement due to post-traumatic stress (PTSI).

SATURDAY 21 JUNE THE COCKER DIAMOND EXPERIENCE

TICKETS FROM \$35
DOORS OPEN 7PM



The Cocker Diamond Experience is a tribute show created by Jason Taylor and George Grayland to pay homage to the legendary artists Neil Diamond and Joe Cocker. These two performers have a history of performing against each other on stage, and after 30 years, they have come together with a 10-piece show band to recreate the magic of those performances! The Cocker Diamond Experience is a show that appeals to people of all ages, as the songs are timeless classics that are known and loved by many!

SATURDAY 5 JULY THE EAGLES STORY

TICKETS FROM \$39
DOORS OPEN 7PM



The Eagles Story - Australia's Premier Eagles Experience is a celebration of the iconic American rock band, The Eagles. With incredible attention to detail, the performers bring the band's legendary music to life in a way that is both authentic and electrifying. The respect for the original band by members Pete McCarthy, Gary Young, Paul Gales, Norm McNaughton & Steve Wells are the driving force that continues to ensure that each in their own right "Take it to the Limit".

SUNDAY 27 JULY WEST END TO BROADWAY

TICKETS FROM \$30
DOORS OPEN 2PM



Join us for a melodic Matinee Concert, 'WEST END TO BROADWAY', featuring the talented and gifted performers Richard Thomas, Jenna Featherstone, Roy Best, and Samantha Du Rennes. Let these wonderful artists transport you from The Westend theatres of London to the stages of New York's Broadway who will perform a range of pieces from famous stage productions and musicals in the first half of the 20th Century. Ticket price includes afternoon tea of Ribbon Sandwiches, Scones, Tea & Coffee.

WEDNESDAY 30 JULY DENIS WALTER CHRISTMAS IN JULY

TICKETS FROM \$38
DOORS OPEN 1130AM



For over 50 years Denis Walter has been at the top of the Australian Media/Entertainment scene and remains one of this country's most successful performers with Gold records, command performances, countless television guest spots and radio and television hosting. Denis now brings his audience on a musical walk through the decades with his show Superstars Of Song 'The Soundtrack Of Our Lives' performing classics from the 50's to the present day along with a casual and fun chat about his life in showbiz!

SATURDAY 4 OCTOBER FAULTY TOWERS

TICKETS FROM \$69
DOORS OPEN 7PM



ITS BACK!!! The world-renowned immersive phenomenon is celebrating 28 years as the world's most sought-after tribute to the BBC sitcom. Faulty Towers The Dining Experience is an unmissable highly interactive comedy spectacular, where audiences enjoy a 3-course meal alongside 5-star comedy. When the audience become diners in the 'Faulty Towers' restaurant, pretty much anything can happen - because 70% of the show is improvised. The fun starts as guests wait to be seated.

Scan QR code &
purchase
show tickets



BOX OFFICE

www.frankstonrsl.com.au/ticketed-shows or PH: (03) 8792 4400 RECEPTION MON-SUN

What's New Around The Venue ?



New!
Low Carb 3.5%
Carlton Dry,
now on Tap



We are always on the lookout
for superstars to join the team.
View jobs at
[www.frankstonrsl.com.au/
about-jobs/](http://www.frankstonrsl.com.au/about-jobs/)



New Bistro and
Sports Bar Winter
Menu Available Now



1 A DRAM OF WHISKY?

If you're a whisky lover, this is the perfect excuse to enjoy a dram of top-shelf whiskies. Join us for a whisky masterclass evening on the 24th May, including tasting fine whiskies that are perfectly paired with a delectable tasting menu. Our host, Tracy Gardner, will take you on a journey through tastings of seven whiskies, including Johnnie Walker double Black, Singleton 12YO, Talisker Skye Lagavulin 8YO, Lagavulin 16YO, Talisker 10YO, Dalwhinnie 15YO. Whether you are a seasoned specialist or a newcomer to whisky, give this tasting event a whirl and celebrate the water of life! Buy tickets: www.trybooking.com/DABLK



2 A MONEY CAN'T BUY EXPERIENCE!

Footy Fans alert! Don't miss entering our amazing members' only giveaway from Huey's Sports Bar, for a chance to win 1 of 5 double passes to the CUB Hospitality Box at the G, on the 14th June, to see Essendon vs Geelong. Buy two schooners of CUB Tank Beer until the 30th May to enter the draw. Score double entries Thursdays 7pm-11pm and Saturdays 12pm-5pm. T&C Apply.



3 FREE LIVE ROCK MUSIC - EVERY MONTH

Every first Friday of the month and straight after Mega Raffles nights in Huey's Sports Bar, Peninsula favourites 'Single Income' perform live at the Club in our Simpson Function Room. Single Income are a 6-piece band performing classic Australian Rock and international hits for over 25 years. Chenai Boucher (Australian Idol finalist 2023 & 2024) and Greg Flemming lead the vocals, and cover a wide repertoire from INXS, Deep Purple, AC/DC, Angels, Aussie Crawl to Bon Jovi, Tina Turner, Cold Chisel, Dragon, and Queen.

Doors open: 6.30pm. **Band performs:** 7.15pm-10.15pm.

Function Room Bar: 6.30pm-11pm. **Bookings:** Free Entry and Free Seating. No bookings required.



4 TURN YOUR POINTS INTO PREZZEE...

Heads up members! Did you know that you can convert your RSL Rewards points into Prezzee Gift Cards. Prezzee eGift Cards are a versatile digital gift cards that can be swapped for gift cards from hundreds of different retailers, including brands like Bunnings, Rebel, Kmart, and more. The value of the Prezzee Smart eGift Card can be used to purchase products or services from your chosen retailer. Plus, your digital card can be kept at your fingertips and on your phone, so no more plastic gift cards for landfill or misplacing the gift card. For more information contact our Reception Team or read more at:

www.prezzee.com.au

NEW BRAND IDENTITY!

Say hello to our 'new look'!



We are thrilled to showcase a refreshed Frankston RSL Brand Design that officially launched on the 1st of April 2025.

Over the coming weeks you will begin to see more and more of our new logo and brand imagery as we start the process of rebranding our advertising and communications material. This is a work in progress, so expect to see an overlap of old and new branding over the coming weeks until the process is complete.

Our new design includes the Nautilus as the primary graphic. Read on to find out why we've incorporated the Nautilus in our design and learn more about its symbolism and metaphors when representing the Frankston RSL Sub-Branch.

The Nautilus & Frankston RSL Logo

YOU MAY BE WONDERING 'WHY THE NAUTILUS'?

The Nautilus is a symbol of nature's grace in growth, expansion, and renewal. As the nautilus grows, it does so in direct proportion to its needs and with geometric precision. It is also a symbol of order amidst chaos as reflected in its spiral precision.

HISTORY & TRADITION

The Nautilus is a symbol of longevity and strength because it has been around for 450 million years and can withstand very high pressures in the ocean by diving up to 800 metres before its shell will implode.

The RSL stands for tradition, history, and withstanding the test of time, of mateship - a bond that goes on forever.

MULTIFACETED

The nautilus lives in a beautiful, spiralled shell divided into increasingly larger chambers. As it grows, it moves into the next largest space in the shell and builds a wall to seal off the old chamber.

The many chambers of a Nautilus can be likened to the various pillars of our multifaceted organisation - veterans, community, membership, and entertainment. The multiple chambers also visually represent the community aspect of our organisation, and the myriad of community groups we support.

EVOLUTION & RESOURCEFULNESS

The nautilus is constantly evolving and is known to re-generate and build up to 30 different chambers during its adult life. Once it outgrows its current chamber it seals it off and creates a bigger chamber to adapt to its growth. It is also resourceful and uses the older chambers to either fill with gas to control its buoyancy or with water to dive to the bottom of the sea.

The RSL has evolved from its founding origins and core traditions since the early 1900's. It has been resourceful and self-sufficient as a not-for-profit by adopting new business models to sustain its financial longevity for over 100 years, thereby always honouring its origins and supporting the veteran community.

SEASIDE CONNECTION

The nautilus is a cephalopod, a type of mollusc like clams, oysters, and other shelled invertebrates that live in the sea. The symbolism of the Nautilus in the logo also represents the Bayside locality of the venue.

WIN a \$700 Gift Card

July Members' Giveaway

July is our birthday month and we want to giveaway something extra special in July. Members have the chance to win a \$700 gift card to go toward a getaway at the Cape Schanck RACV Resort.

To enter, swipe your members' card daily at the members' kiosk from the 1st July. Drawn 1st August.

BARMAH PARK VINEYARD

July Members' Giveaway \$800 GIFT CARD GIVEAWAY

WIN 2 X \$100 VOUCHERS TO MORNINGTON PENINSULA VINEYARD - "BARMAH PARK" LOCATED IN MORNINGTON

DRAWN DURING FRIDAY NIGHT RAFFLES IN HUEY'S SPORTS BAR.

ENTER DURING THE GIVEAWAY PERIOD BY SWIPING DAILY AT THE MEMBERS' KIOSK .

Ts&Cs Apply

Mother's Day Member Giveaway

\$2,000 IN PRIZES TO GIVEAWAY

TO ENTER: SWIPE YOUR MEMBER'S CARD DAILY, AT THE KIOSK

2 X HOT SPRINGS PAMPER PACK FOR 2, VALUED AT \$700 EACH, DRAWN 09.05.2025

6X \$100 ENDOTA SPA GIFT VOUCHERS, DRAWN FRIDAY 11TH & 18TH APRIL & 2ND MAY

Ts & Cs Apply

FRANKSTON RSL

WHISKY TASTING NIGHT

Saturday 24th May 2025 From 6.45PM

Celebrate a world of Whiskies with host Tracy Gardner (Diageo) taking you on a journey through tastings of 7 whiskies. A night not to be missed by any whisky enthusiast!

TICKETED EVENT
\$80 GUESTS
\$75 MEMBERS

ON SALE NOW:
www.frankstonrsl/ticketed-shows
or calling Reception on 8792 4400

LIMITED TICKETS AVAILABLE

OVER 18 EVENT - DRINK RESPONSIBLY



Community Tech Help



A safe space for older people to explore the digital world

According to Tony, Frankton RSL Wellbeing Advocate, “Lively’s Community Tech Help program offers friendly tech help for older residents, delivered by specially-trained young Helpers, as a warm and respectful guide to the online world”.

Seniors get tech savvy

Frankston RSL helped older members build their confidence and digital skills through a new initiative in partnership with Lively and the Good Things Foundation. The program ran Every Thursday in March this year, and three trainers from Lively provided 3hr sessions of personalised tech assistance, that offered free, one-on-one technology training to help older Australians navigate the digital world with ease.

The idea for the program came from Tony Davis, one of Frankston RSL’s Wellbeing Advocate volunteers. Tony regularly assists veterans and their families with wellbeing support and noticed that many older members were struggling with their phones, iPads, and laptops.

Tony was inspired after attending a training session at a local library, run by Lively - an organisation that pairs specially trained young people (aged 18–25) with older residents to provide friendly and respectful tech support.

According to Tony, “Lively’s Community Tech Help program offers friendly tech help for older residents, delivered by specially-trained young Helpers as a warm and respectful guide to the online world”. Seeing the potential to make a real difference, the Frankston RSL applied for a grant through the Good Things Foundation to bring the BeConnected program to the club. The BeConnected initiative focuses on increasing the confidence, skills, and online safety of older Australians by offering free local support and access to a wide range of online learning resources.

The Good Things Foundation believes that “BeConnected empowers older Australians to build their digital skills through free local support and a huge library of online learning opportunities. Additionally, their program helps older Australians learn to avoid scams, use smartphones, and master essential digital skills.

Many members participated, with some signing up to three sessions. The trainers helped participants with setting up their email, attaching and sending photos, sending text messages, and adjusting device settings. The one-on-one support allowed participants to learn at their own pace, and trainers provided take home written notes to refer back on. Feedback from participants was overwhelmingly positive and they reported increased confidence in using their devices and greater independence in handling everyday tech tasks.

This initiative highlights the power of community partnerships and the importance of equipping older Australians with the skills they need to stay connected in an increasingly digital world. Frankston RSL is proud to support its members on this journey, helping them feel more comfortable and capable with technology.



Go For Gold Gala Night

Our ‘Go For Gold’ Members Gala Night in March was yet another fantastic success and our winner, Jeanette F took home the one ounce gold Bar worth over \$4,000 - Jeanette has since told us it has already increased in value by \$1,000!

This special promotion occurs approximately every three months in 2025. The next Gala Night dates are Sunday 8th June, Monday 22nd Sept, and Monday 3rd November.

To enter, members swipe their members’ card at the kiosk during the promotion period, and every night four winners are drawn and receive an invitation to attend our Gala Night. Twelve members are drawn on the Gala Night where one of the lucky 12 wins the One Ounce Gold Bar!

Follow us on our socials or subscribe to our weekly e-newsletter for more details on this event and other upcoming events. This is a wonderful opportunity for members to win big!



When Jeanette came to collect her prize, a quirky story ensued as Jeanette told us that in 1986 she was crowned Clayton Sub-Branch RSL Princess, and took home pewter mugs and the crowning sash. She then attended the RSL State Pageant Ball with other Sub-Branch pageant winners and she remembers parading in her 80’s ball gown and curtsying for the judging panel, including RSL Life Member, Sir Weary Dunlop! Good things just keep happening at the RSL for Jeanette.



STAFF DEVELOPMENT

INVESTING IN PEOPLE PROGRAMS

In 2025, Frankston RSL Sub-Branch began the journey of empowering our leadership team by enlisting the expertise of Business & Leadership Coach and Facilitator, Jackie Booth. Our team is halfway through the Ignite Leadership Program, facilitated by Jackie who has 20+ years of experience across all facets of the hospitality industry. The Ignite Leadership program is a 6-month "professional development journey to awareness, clarity, and confidence in leadership."

This training program is providing staff the opportunity to develop within their leadership roles, and most importantly within themselves, by offering an engaging, informative, energising, and transformational journey to unlock their full potential, and build the skills needed to effectively lead high performing teams.

Leadership
Coach & Facilitator



Safety within the workplace

2025 continues to highlight the importance of safety within the workplace and broader community, and the Frankston RSL Sub-Branch is committed and invested in the personal and professional development of staff by offering essentials training across the areas of:

- First Aid & CPR training
- Fire Warden & Extinguisher training
- Leadership training
- Mental Health First Aid training

Our First Aid, CPR, and Fire Warden & Extinguisher training is facilitated by Adam Holt, Essentials Training Manager at Commercial Fire Group.

Adam comes with 20+ years of experience as an active CFA firefighter and assists the Sub-Branch in all areas of Emergency Management, including safety, evacuation planning, drills, and specialist training.

The Commercial Fire Group customises all training programs to address venue-specific risks, and equips our staff with the necessary skills to respond promptly and effectively to on-site emergencies.

The Frankston RSL Sub-Branch currently has 25 Fire Wardens, who are capable of safely handling a fire extinguisher, proceeding with safe and effective evacuations, and acknowledging and responding to potential threats across the venue. The venue also currently has a fully trained Chief Warden and Deputy Chief Warden, as well as Area Fire Wardens.



FIRST AID TRAINING

The Frankston RSL Sub-Branch has 30 staff trained in administering First Aid and CPR, with 12 being acknowledged as first responders.

MENTAL HEALTH FIRST AID TRAINING



'listen, connect, and offer support when it matters most.'

The Frankston RSL now has 20 Accredited Mental Health First Aid Officers (MHFA's) including some of our cherished volunteers who have undertaken training. Our Mental Health Training Program equips MHFA's with the skills to confidently listen, connect, and offer support for those experiencing mental health problems, as well as provide initial support until professional help is received, or the crisis is resolved.



Our MHFA officers are trained and accredited through Mental Health First Aid Australia, additionally we continue to network with Black Dog Institute.



If you or anyone you know needs help:

- Lifeline on 13 11 14
- Kids Helpline on 1800 551 800
- MensLine Australia on 1300 789 978
- Suicide Call Back Service on 1300 659 467
- Beyond Blue on 1300 22 46 36
- Headspace on 1800 650 890



Front of House Team

Bar Team

**JANUARY
STAFF AWARDS
GOING ABOVE & BEYOND**



Admin Team

BOH & Kitchen Team



Front of House Team

Bar Team

**FEBRUARY
STAFF AWARDS
GOING ABOVE & BEYOND**



Admin Team

BOH & Kitchen Team



Front of House Team

Bar Team

**MARCH
STAFF AWARDS
GOING ABOVE & BEYOND**



Admin Team

BOH & Kitchen Team



**ABOVE
& BEYOND**

*IN RECOGNITION OF THE STAFF WHO HAVE GONE ABOVE AND BEYOND
THEIR 'CALL OF DUTY'
AND WOWED US WITH THEIR EXTRAORDINARY EFFORTS
AND AWESOME CAN-DO ATTITUDE!*

JULY BIRTHDAY WEEK

Happy 106th Birthday to us!

25th July - 1st August

\$15,000
IN PRIZES

WHAT'S ON?

PREMIER ENTERTAINMENT

FRIDAY JULY 25 - MARCUS 'ELVIS' JACKSON
SUNDAY JULY 27 - WESTEND TO BROADWAY 2.30PM MATINEE SHOW
TUESDAY JULY 29TH - A TOUCH OF ABBA MORNING MELODIES & XMAS IN JULY LUNCH
WEDNESDAY JULY 30TH - DENIS WALTER MORNING MELODIES & XMAS IN JULY LUNCH

HUEY'S SUPER SATURDAY 26TH JULY & 2ND AUGUST

ORDER AN ORIGINAL PARMA & RECEIVE A FREE CARLTON DRAUGHT POT* 12-2PM
CUB MERCHANDISE GIVEAWAY 26TH JULY & MAJOR PRIZE DRAWN SATURDAY 2ND AUGUST

SUNDAY 27TH JULY CARVERY LUNCH - PLUS FREE BIRTHDAY CAKE
RECEIVE A FREE SLICE OF BIRTHDAY CAKE WITH A CARVERY ORDER

BEEFED UP RAFFLES IN HUEY'S SPORTS BAR

Fri 25th July - \$4200 Wed 30th July - \$1500 Thu 31st July \$750 Fri 1st Aug - \$4200

GUARANTEED MEMBERS' DRAWS

\$\$\$ FRIDAY 25TH JULY \$1000 & FRIDAY 1ST AUGUST \$1000 \$\$\$

MEMBERS GET-AWAY GIVEAWAY TO CAPE SCHANK RACV RESORT VALUED AT \$700
DRAWN FRIDAY 1ST AUGUST DURING RAFFLES NIGHT. TO ENTER, SWIPE DAILY AT THE KIOSK FROM 1ST JULY

BINGO \$500 BONUS JACKPOT
Monday 28th & Thursday 31st July

FREE LIVE MUSIC IN HUEY'S WITH IAN DUCHESNE
Thursday 31st JULY, 5-8PM

BIRTHDAY TRMA - TUESDAY 29th JULY - IN HUEY'S SPORTS BAR
BEEFED UP PRIZES: 1ST \$250, 2ND \$75 & 2nd last \$75

TUESDAY 29TH JULY FAMILY FUN NIGHT IN BISTRO

KIDS EAT FREE DEAL (AVAILABLE DINNER ONLY & WITH THE PURCHASE OF ONE MAIN MEAL)

FREE KIDS ACTIVITY PACK WITH A KIDS' MEAL ORDERED
6PM-6.30PM KIDS ONLY RAFFLES (UNDER 12'S), \$250 IN PRIZES

ROAMING MAGICIAN 5.30PM-7.30PM
FREE POPCORN

T&C Apply. Schedule is subject to change & availability.

JULY - AUGUST, 2025

CHEERS!
\$7 GLASS OF
SPARKLING WINE
AVAILABLE ALL BARS
1ST JULY-1ST AUGUST

JOIN ALL THE FUN OF BIRTHDAY WEEK! FRIDAY 25TH TO FRIDAY 1ST AUGUST

YOU COULD win
\$\$\$
\$1,000
MEMBER MUST BE PRESENT TO WIN!
5:30PM | 6:15PM | 7:00PM
GUARANTEED WINNER

SUPER RAFFLES
\$4200 IN PRIZES
GUARANTEED \$1000
MEMBERS' DRAW 7PM
FRIDAY 25TH JULY




MARCUS 'ELVIS' JACKSON
TICKETED EVENT
DINNER & SHOW
OR SHOW ONLY TIX
FRIDAY 25TH - 7PM



HUEY'S
SPORTS BAR

\$20 PARMA & POT DEAL 12-2PM
CUB GIVEAWAYS & INSTANT WINS &
MAJOR PRIZE DRAWN 2ND AUGUST
SATURDAY 26th JULY



HAPPY BIRTHDAY TO US!



WESTEND TO BROADWAY
MATINEE SHOW &
AFTERNOON TEA
SUNDAY 27TH-2.30PM



SUNDAY CARVERY LUNCH
FREE SLICE OF BIRTHDAY
CAKE WITH CARVERY ORDERS
SUNDAY 27TH JULY



BIRTHDAY BINGO!
\$500 JACKPOT BOTH DAYS
MON 28TH & THU 31ST



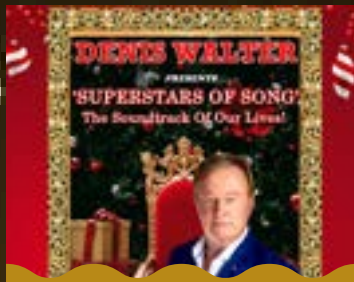
BIRTHDAY TRIVIA!
\$250 1ST PRIZE, \$75 2ND, \$75 3RD
DRINKS VOUCHERS GIVEAWAY
TUESDAY 29TH - 7PM



A TOUCH OF ABBA
MORNING MELODIES &
XMAS IN JULY LUNCH
TICKETED EVENT
TUESDAY 29TH - 11AM



FAMILY FUN NIGHT
6PM KIDS RAFFLES, ROVING MAGICIAN, FREE
KIDS PACK WITH EVERY KIDS MEAL,
FREE KIDS POPCORN, KIDS EAT FREE DEAL
TUESDAY 29TH-6PM



DENIS WALTER
PRESENTS
'SUPERSTARS OF SONG'
The Soundtrack Of Our Lives!
**MORNING MELODIES &
XMAS IN JULY LUNCH**
WED 30TH JULY-11AM



WEDNESDAY RAFFLES & MEMBER'S DRAW
SPIN THE WHEEL
\$1500 HUEY'S SUPER RAFFLES
PLUS SPIN THE WHEEL
MEMBERS' DRAW
WED 30TH JULY - 5PM




THURSDAY RAFFLES
TICKETS \$2 EACH ON SALE FROM 4.30PM
TICKETS \$2 EACH TO MEMBERS, ON ALL 5PM
DRAWN THUR 6PM

\$750 COMMUNITY RAFFLES
LIVE MUSIC 5-8PM
THU 31ST JULY-5PM



\$\$\$
\$1,000
GUARANTEED MEMBERS DRAW
PLUS MEGA RAFFLES

MEGA RAFFLES
\$4200 IN PRIZES
GUARANTEED \$1000
MEMBER DRAW 7PM
FRIDAY 1ST AUG



SINGLE INCOME
Pub Rock

FREE LIVE ROCK
7.15PM- 11.15PM
FRIDAY 1ST AUG



ANZAC DAY 2025



Lest we forget

On ANZAC Day, a march at dawn and a Commemorative Service was held in Frankston and Mornington. The Mornington services were run by the ex-committee of Mornington RSL Sub -Branch, and I thank them for their input.

Frankston's Dawn Service was the largest since 2015 and the Gallipoli Centenary, with an estimated 6,500 in attendance. The weather held off, even though there was lightning over the bay and the rain skirted around Frankston to produce a couple of drops as the Dawn Service concluded, and before the march at 1045am commenced.

Captain Natasha Williams RAN, on behalf of the Chief of Navy, Vice Admiral Mark Hammond AM RAN was the guest speaker at the Student, Dawn and Commemorative Services and she tailored her speeches to suit each event. The opening address at the Dawn service was given by Mr. Paul Edbrooke MP, Local Member for Frankston and the Mayor of Frankston Mr. Kris Bolam JP opened the Commemorative Service

All three services were ably supported by our Chaplain, Graeme Watkinson CSM.

While the RSL is Apolitical, we had in attendance Jodie Belyea MP, Federal Member for Dunkley, Mr. Paul Edbrooke MP, Local Member for Frankston, Senator Jane Hume, Liberal Senator for Victoria, Mr. Nathan Conroy, representing Annemarie Herman MP, Upper House Member for Southeast Metropolitan and Acting Superintendent Melissa Rogers, Victoria Police.

On Thursday 24th April, seven schools laid a wreath at the Memorial and on ANZAC Day a further 30+ wreaths were laid in memory of the fallen.

The 28 services in Mornington and Frankston were represented by 12 committee members and volunteers, and seven different buglers performed the Last Post and Rouse at five sporting events and three services at the War Memorial.

Lunch at the Frankston RSL after the Commemoration Service was appreciated by all and veterans, who

were presented with a letter written by students from John Paul College to thank them for their service.

Finally, these services could not run so smoothly without the support of the Event Manager, Lisa McGregor, from Scarlet Mac Events, Committee Members, Management and Staff of the Frankston RSL Sub-Branch, Wellbeing Coordinator (Stellar), Frankston City Council, and our own volunteers.

To you all I say thank you.

Kevin Hillier OAM
President
Frankston RSL Sub Branch Inc



The Frankston RSL Sub-Branch Appeals Team in 2024 raised a record breaking \$134,000. We are hoping to exceed this amount in 2025 and we will shortly communicate the total amount raised.

The valuable funds raised go toward helping Veterans and their families who are in need of financial, social, and wellbeing assistance.

We look forward to meeting up with many at our next commemoration on the 11th of November for Remembrance Day.



FRANKSTON RSL ANZAC DAY 2025



Thanks to Steve Brown Photography for the images. Steve graciously gives up his time every year to capture the essence of the day and donates his photos to the Frankston RSL. Contact: [@steveb3199](https://www.instagram.com/steveb3199) or 0417 822 288

ANZAC DAY 2025 Services



ANZAC commemoration services were held from 16th of April - 28th of April, and included two Child Care services, four Aged Care Facilities, two Community Organisations, five Schools, nine Sporting Clubs, two services in Mornington and the three services held at the Frankston War Memorial. Services were shared amongst the Committee Members and volunteers. Here is a sprinkling of services and highlights that capture the essence of ANZAC Day 2025. A gallery of images is also available on our website: www.frankstonrsl.com.au/commemorativeservices



Committee Member Lyn Lynch was invited by Goodstart Early Learning Centre in Frankston South as well as Guardian Childcare & Education in Mt Eliza to speak to the 4 year-olds about the significance of ANZAC Day. The book 'ANZAC Ted' and an 'ANZAC Bear' helped as props to get the creative minds ticking. Sure enough the children had lots of questions about soldiers, Simpson and his Donkey and the animals of war.

Twenty two Year 9-12 VCE VM students from local school St Paul John College wrote appreciation letters to veterans, that were handed out during the ANZAC Day luncheon at the club in the hope to bring a smile to veterans.



Club President Kevin Hillier OAM received a war welcome from residents at Village Baxter Aged Care who put together a wonderful themed display. MC for the service was Peter Nelson, pictured above and holding remnants of a piston from a Spitfire plane. His father served in New Guinea during WWII, and when Peter visited Kokoda he was advised of a spot where a Spitfire crashed and he was fortunate enough to find a piston with the help of his guide!



John Barry, Club Vice President, had the honour of conducting the ANZAC Day eve Commemorative Service at the Frankston Dolphins VFL vs Northern Bullants game. Lana Hutchinson did a wonderful job singing the national anthem and young veteran Andrew Paterson tossed the coin for the start of the match .



Club President Kevin Hillier OAM, conducted a student's service at the Frankston War Memorial on Thursday 24th April, and over 60 students attended.



The Frankston RSL Committee & Management, would like to thank all staff involved in the organisation of ANZAC Day and the spectacular luncheon at the club for 750 veterans and their families. It was a perfectly orchestrated event and all staff involved should be very proud of having played a pivotal role in its success.

FDNA hosted a mammoth weekend of netball on April 26-27, where 197 teams competed all day Saturday, and Peninsula Waves hosted the Casey Demons game in front of a huge crowd at Jubilee Park Stadium on Sunday for Round 6 of the VNL. Kevin Hillier OAM lead the ceremonies over the weekend, incorporating the history of Australian women in times of war in his address. He also handed out 95 Anzac Day Spirit Medals that are awarded by umpires to one player per every game that exemplifies the ANZAC Spirit of Courage, Pride, and Mateship on the court.



Above: U13 Junior Netball Teams' Recipients of ANZAC Day Spirit Medals. Netball Clubs: Frankston South Saints, Langwarrin, St Thomas More, Karingal, Frankston YCW, Fairway, Carrum.



Above: Izel Briones (Bugler from Frankston High), Kevin Hillier OAM Frankston RSL, Dennis Prendergast President FDNA) and Damian Pepper (Treasurer FDNA).



Above & below: Peninsula Waves & Casey Demons Captains, at Round 6 VNL on Sunday 27th.



An ANZAC Day service was held at Signature Care Langwarrin, led by Club Vice President John Barry. Navy veteran and resident 'Norm' (image 3 L to R above), proudly read a poem, and the residents and organisers did a wonderful job again this year setting up the room with ANZAC Day Memorabilia, proudly brought in by resident Mrs. Elsie Forsyth - whose husband and father were veterans. The high level of participation by the residents and staff ensured it was another memorable service.



Julianne Casey, newest Committee Member and Military Wellbeing Advocate Trainee, assisted at the McClelland College service with fellow Committee Member Tony Grice.

ANZAC APPEAL 2025

Thank you!



A special thanks to our seasoned Appeals Officer Peter Kerley, and newcomer James Farquharson who has helped Peter with the Mornington Appeals stalls. We are highly indebted for their commitment and dedication. This year marks Peter's fifth consecutive year in managing the Appeals and we value his admirable efforts to rally volunteers and manage the teams who raise record-breaking funds year after year. Peter has so far helped raise over \$960,000.

Thanks to Alex and QMS Media, who generously donate the Advertising cost to the Frankston RSL and showcase a MEGA digital sign with artwork 'Supporting Veterans in Need' during the ANZAC Appeal and displayed on the Frankston Quest building.



Anzac Appeals merch was available for purchase at FDNA Jubilee Stadium for the entire month of April, as well as Anzac cookies where a portion of all cookie sales will be donated to the RSL. FDNA has once again done an incredible job supporting our Appeals.



Local Business Auto Plus helped sell ANZAC Day merch and also ran a raffle they set up, that helped raise \$100 for the Appeal! Words cannot express how grateful and moved we are.



Volunteers come from all walks of life!



Thank you!



Thank you to this amazing volunteer who was 'killing two birds with one stone' during our Appeals. As part of a weekly motorbike trip that a bunch of 'bikies' take part in, some of which are veterans, and tour from Baxter to Tooradin and back, he took the opportunity to sell ANZAC Day merchandise on the beach front in Tooradin and raised \$320 that will go towards the 2025 ANZAC Day Appeals.

The Committee and Management would like to thank our army of volunteers for their countless and selfless hours of community work in helping sell ANZAC Appeal merchandise. Volunteers include committee members, community groups, club members, aged care facilities, schools and the 120 local businesses that happily display our Appeals 'Boxes' at their workplaces. A special thanks to everybody that purchased pins, as our Appeals would not be possible without your generosity. Lastly, a big shout out to our stalwart volunteers that are there every year and for every Appeal, including the Navy Club, the Ladies Auxiliary, our Sporting Sections and of course, the Langwarrin Girl Guides, and Airforce and Army Cadets who have selflessly offered their time over the years.

Volunteer for our next Appeals

Selling ANZAC Day Badges and Remembrance Day Poppies is not all bad, in fact, ask any of our volunteer sellers and they will tell you it's actually good fun!



A couple of weeks prior to April 25th and November 11th, our Appeals Teams, led by a volunteer Site Manager, set up at major shopping outlets around Frankston and the Mornington Area. The Site Managers have ample stock of merchandise, signs, a cash float, and an EFTPOS Machine and set up, within minutes, a wonderful display at the Appeals stands. As volunteers, all you have to do is sit back for a three hour shift, and wait for customers - which is generally immediate.

If the simplicity of volunteering has convinced you, then you're ready to sign up and become a pin or poppy seller. You will always be rostered with someone who is knowledgeable and skilled with the EFTPOS machines - given that 50% + of our payments are now on-line, so don't let digital payments frighten or deter you from volunteering.

Our volunteer Site Managers pick up stock, cash, EFTPOS machines, power boards, and point of sale materials at the end of the day so you won't even have to help pack up!

You will enjoy meeting new people, and know that through your help and promotion of the Frankston RSL, veterans services, and veterans activities, you will be helping the great cause of helping veterans in need.

If badge selling isn't to your "appeal" our Appeals also incorporates setting up badge selling trays for five major retail outlets, plus 36 schools, 120 small businesses, aged care facilities, hospitals, sporting and fitness clubs, as well as arranging delivery of badge trays to these sites, and then pick-up and return cash and tray stock balances to the Club. Alternatively, you may prefer to help by nominating your business, school, or place of work to display badges for sale.

If you are interested in joining our Appeals team, as tray filler, site manager, badge seller, stockist, or delivery person, please contact Peter Kerley, Frankston RSL Committee Secretary and Appeals Officer.

Friendly reminder! Every \$ collected (100%) is used to assist veterans and their families in need, and volunteer activities are fully insured under RSL policies.

Peter Kerley, Committee Secretary Frankston RSL
PH: 0450 568 138 Email: secretary@frankstonrsl.com



BOOK YOUR OWN TRIVIA IN CP'S

TRIVIA NIGHT

Package Includes*:

- CP room hire
- Security Guard
- Pizza & finger food package
- Wide range of Trivia themes
- Trivia host
- Trivia game consols

40-60 Guests \$75.00 per person	61-80 Guests \$70.00 per person	81-100 Guests \$65.00 per person	101-120 Guests \$60.00 per person
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TALK TO US TODAY
Susan - Functions Coordinator
(03) 8792 4411
functions@frankstonrsl.com.au

CP's Room Only
Pricing based on after 5.00pm start
Monday - Saturday Nights

All beverages at own cost
Available for 2025 bookings only

Further Terms & Conditions Apply

FRANKSTON RSL

CP's Function Room

Everyone's favourite dining space at the venue, is now a Function Room and can be enjoyed in exclusivity for private events.

Ideal For 40-150 guests & a variety of catering options

The new space is ideal if you are looking for a relaxed function room for 40 – 150 guests and we offer a variety of menu and catering styles and options to suit the space.

Modern, Relaxed, State of the Art Features

CP's offers a modern design and a welcoming 'Alfresco' style vibe. The function room is fitted with a private bar, heating and cooling to suit all year round, a kids' playground, in addition to an entertainment area ready for your guests to dance the night away.

Designer Finishings and Style

CP's boasts sunken lounges, and multiple cabanas with artificial grass, couch seating, and each with TV screens. Additionally, the mixed seating style, with long wooden tables as well as high bar style tables and stool seating, is ideal for guests mingling and appealing to all age groups.

Contact our Functions Coordinator to organise a tour of the space and experience the difference first hand.

(03) 8792 4411 & www.frankstonrsl.com.au/celebrations



CP'S NOW available for private FUNCTIONS 40-150 Guests

CP's Function Room

CONTACT: (03) 8792 4411
EMAIL: FUNCTIONS@FRANKSTONRSL.COM.AU
WWW.FRANKSTONRSL.COM.AU/CELEBRATIONS



Planning a Function?

Celebration Events
Presentation Events
Corporate Functions
Christmas Parties
Celebrations of Life

Your Event - Your Way
Cocktail | Sitdown | Corporate
Celebration Events, Corporate, Presentation Events, Christmas Parties, & Celebrations of Life

Affordable Function Packages Include

- Frankston RSL Members receive 10% discount (on food & hire only)
- Huge range of stylish decor available (including seat covers, flags & table centrepieces)
- Free dancefloor
- Free stage (Minimum Book 1 or Full Room only)
- Tea & Coffee station
- Open plan rooms
- Function capacity up to 250 people
- Security guard (incl. Function Coordinator)
- Free onsite parking (limited)
- Free hire of audio/visual equipment

Frankston RSL
183 Cranbourne Rd, Frankston
Ph: (03) 8792 4411 (direct line)
e: functions@frankstonrsl.com.au

Call our Functions Coordinator and let us help you plan your event!

183 Cranbourne Rd, Frankston 3199
Ph: (03) 8792 4411 (Functions Direct Line)
e: functions@frankstonrsl.com.au
www.frankstonrsl.com.au

nancy's Cafe

OPEN 7 DAYS
9AM-LATE

ALL DAY LIGHT MEALS
BAKERY FRESH TREATS
SMOOTHIES
JUICES
HOT DRINKS

CAFE LUNCH MENU
(DURING BISTRO HOURS)

... a great place
to catch up!

BISTRO

OPEN 7 DAYS
DAILY SPECIALS

KIDS EAT FREE DEAL TUESDAYS
SENIORS' MENU
MONDAY-FRIDAY LUNCH
COCKTAILS

Four Seasons Bistro
- end time denotes last meal order

lunch: 11.30AM-2.00PM monday to friday
12NOON-2.30PM saturday & sunday
dinner: 5.30PM-8.30PM tuesday to thursday
5.30PM-9.00PM friday & saturday
5.30PM-8.00PM sunday & monday

**"NEW" NANCY'S
FILO SPECIAL**

FILO PASTRY
THREE CHOICES
OF FILLING:

- CHICKEN & MUSHROOM
- LAMB & ROSEMARY
- STEAK & GUINNESS

SERVED WITH A SIDE SALAD

*CHECK FOR AVAILABLE FILLING ON THE DAY

\$14 MEMBERS
\$15 GUESTS

**NANCY'S CAFÉ
SPECIAL**

**HOT ROAST ROLL
WITH GRAVY**

FILLING CHANGES DAILY
CHECK WITH CAFE STAFF
BEEF/LAMB/PORK

\$14 MEMBERS
\$15 GUESTS
ADD \$1
FOR CHEESE

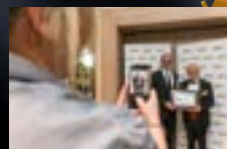
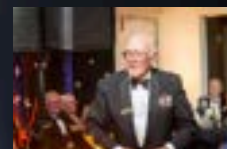
RSL VICTORIA 2025 HALL OF FAME AWARDS



Frankston RSL is pleased to host
ANNUAL
Hall of Fame
AWARDS DINNER

FEBRUARY 15, 2025 | FRANKSTON RSL

Celebrating Progress & Achievement



The Frankston RSL was once again entrusted with hosting the RSL Victoria Annual Hall of Fame Awards Dinner for a third year running, on Saturday 15th February. It provided the club with another opportunity to showcase our wonderful venue to 320 representatives and guests from metropolitan and regional RSL Sub-Branches in Victoria.

We would like to thank our wonderful staff for seamlessly hosting a perfectly executed evening, where our function room was a breath taking shimmer of sophistication and a spectacularly paired 5-star menu was enjoyed by all - delectably executed by our Executive Chef and his team.

The Hall of Fame Awards Event provides a great opportunity to not only demonstrate the great work of the Victorian RSL network but also to recognise the outstanding efforts of many individuals who have made a significant contribution to the success of RSL Sub-Branches.

Six awards of distinction are awarded on the night, and we are proud and fortunate to have two individuals that have made a substantial difference to the Frankston RSL and the greater community. Peter Kerley, Committee Secretary and Appeals Officer, and Stellar Raymond, Wellbeing Coordinator were deservedly recognised and awarded for their achievements.

LET'S CELEBRATE HALL OF FAME INDUCTEE AWARD



Peter Kerley - Veteran Committee Secretary, Appeals Officer

Peter Kerley was our highly deserving inductee to the RSL Victoria Hall of Fame, having been recognised for his outstanding service to the RSL network and commendable dedication to the Community, and Armed Forces.

Peter has been a member of the Frankston RSL Committee since October 2020 and also served as Vice President, Treasurer, and Secretary at Seaford RSL Sub-Branch prior to joining Frankston.

Peter is a Vietnam Veteran, having served with 7th Battalion, Royal Australian Regiment from 8th April 1967 to 18th March 1968, ending his service as a Lance-Corporal in the Royal Australian Infantry Corps.

Peter is better known as 'The Appeals Guru', and has been instrumental in getting the Appeals back to normal post Covid19, when he took on the Appeals Coordination

volunteer role in 2020. Since then, our Sub-Branch ANZAC Day and Remembrance Day Appeals have grown significantly. He continues to be a crucial resource, and with the help of a dedicated team of volunteers, has raised over \$960,000 over the past five years - for veterans and their families.

Peter also conducted an Appeals 'Train-the-Trainer' seminar at RSL Victoria HQ for 45 sub-branch representatives, as well as an Appeals Forum at the club, to drive volunteer numbers.

Peter takes everything in his stride, and his admirable efforts in rallying volunteers, the countless and selfless hours manning stalls, through to his crucial efforts in planning and managing the Appeals process - a 12 month ongoing job for just four weeks of actual selling of merchandise. Peter is determined to help anyway he can raise funds for veterans and his determination is fuelled by the knowledge that the benefits of his fundraising efforts contribute to Veteran Wellbeing Programs and activities, that do wonders in helping beat social isolation amongst our veteran community.

ACHIEVEMENT & RECOGNITION AWARD

SELFLESS DEDICATION TO OUR VETERANS AND THEIR FAMILIES

Stellar, the Frankston RSL Sub-Branch Wellbeing Coordinator was awarded the Achievement and Recognition Award, having been recognised for her dedication to the wellbeing of veterans and their families and or dependants.

Stellar joined Frankston RSL Sub-Branch in March 2020 and has gone from strength to strength. Stellar is pivotal in bringing the wellbeing team together, and has a heart of gold, where the veteran always comes first. Stellar has shaped many Veterans into being resilient and not reliant. Stellar runs regular bus trips for Veterans and their partners and 50 seater bus loads of veterans and partners look forward to these regular bus trips and find them a key social outing to connect with others.

The countless hours Stellar dedicates to her role is the epitome of commitment. We are in awe of Stellar's dedication, loyalty and allegiance to bettering the lives of all Veterans and their families. The support that Stellar provides or assists with includes Welfare Advocacy, Pensions & Compensations Advocacy, Information & Referral to local services, Connecting veterans and their families to local organisations and activities, Veterans' Coffee groups, Home & Hospital Visitation Team, and Exercise Groups. We thank Stellar for her outstanding work as our Wellbeing Coordinator.



HUEY'S SPORTS BAR

THE BEST OF LIVE ACTION SPORT ON A MASSIVE 6M SCREEN!

FRANKSTON

BUY A PARMA & RECEIVE A FREE POT OF CARLTON DRAUGHT

HUEYS | SATURDAYS 12-2PM DURING FOOTY SEASON

SPORTS BAR

WHISKIES OF THE WORLD

30ML \$10 ON ALL LISTED PREMIUM WHISKIES

JIM BEAN LOCHLEA BEN NEVIS

Maker's Mark LAPHROAG

400ML

\$11.90 (M)
\$13.30 (G)

DARINGLY BOLD. TAKE A WALK ON THE SWEET SIDE.

JOHN WALKER BLACK RUBY

WALKER

TRY IT TODAY

ALC 3.5% VOL

CARLTON DRY

NEW

ALC 3.5% VOL

NOW ON TAP

LOWER CARB*

SMIRNOFF

DOUBLE BLACK RASPBERRY

\$14 *MEMBERS PRICE

NEW

SMIRNOFF ICE

DOUBLE BLACK RASPBERRY

ABV 5.0%

Budweiser

\$5.00 BUDWEISER STUMMIES ALL DAY EVERYDAY!

HUEYS SPORTS BAR

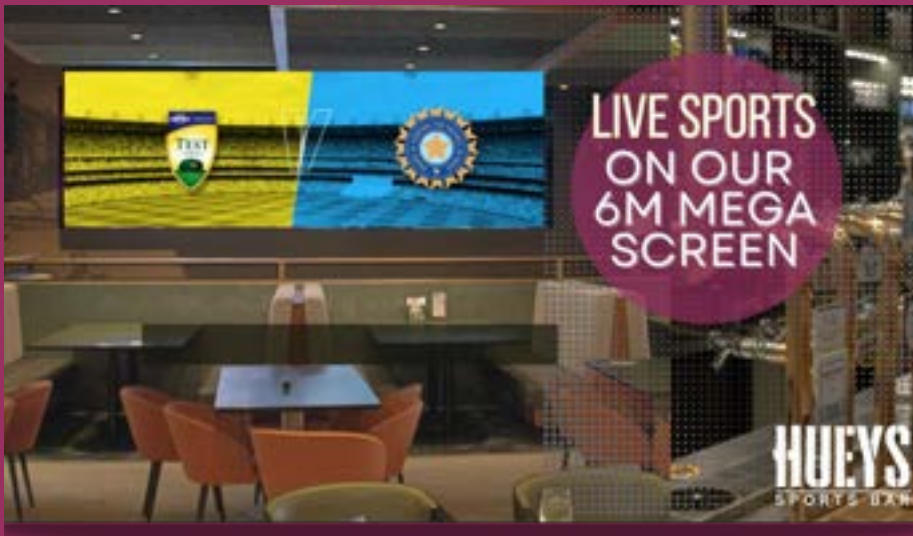
DeBORTOLI

MUSCAT APERITIF

ASTORICILIA

KILKENNY ON-TAP

HUEYS SPORTS BAR



COMMUNITY SUPPORT

*More than \$250,000 donated
in 2024 in Community Support.*

Each year the Frankston RSL Sub-Branch provides over \$250,000 in cash, to our Community Support partners - local Community Clubs, Charities and not-for-profits, and Community Organisations.

This year, we held our first Giving Day. The objective of Giving Day is to bring all the recipients of our Community Support Fund together, and celebrate Frankston RSL and the relationship we have with each of the groups. Additionally, it is also an opportunity to showcase our vast array of services that we, as a venue, along with Community Groups offer the wider community.

We are in a unique position to help connect our Frankston Community, and the inaugural Giving Day Event provided the opportunity to work towards building deeper relationships, form new partnerships, meet new individuals and committees, and to enable the continued growth of our great Community Network.

Guest speakers included:

- Chief Executive Officer of the Victorian Branch of the Returned Services League, Sue Cattermole.
- Tim Bearup, Manager of Community Strengthening at Frankston City Council, representing the Mayor, Frankston City Council.
- Mr John Barry, Vice President of Frankston RSL and Chair of our Community Support Committee
- Steve Rose (Community Facilitator) from Our Place, Food Bank.

An image Gallery of the event can be viewed at:

www.frankstonrsl.com.au/community/sponsorship

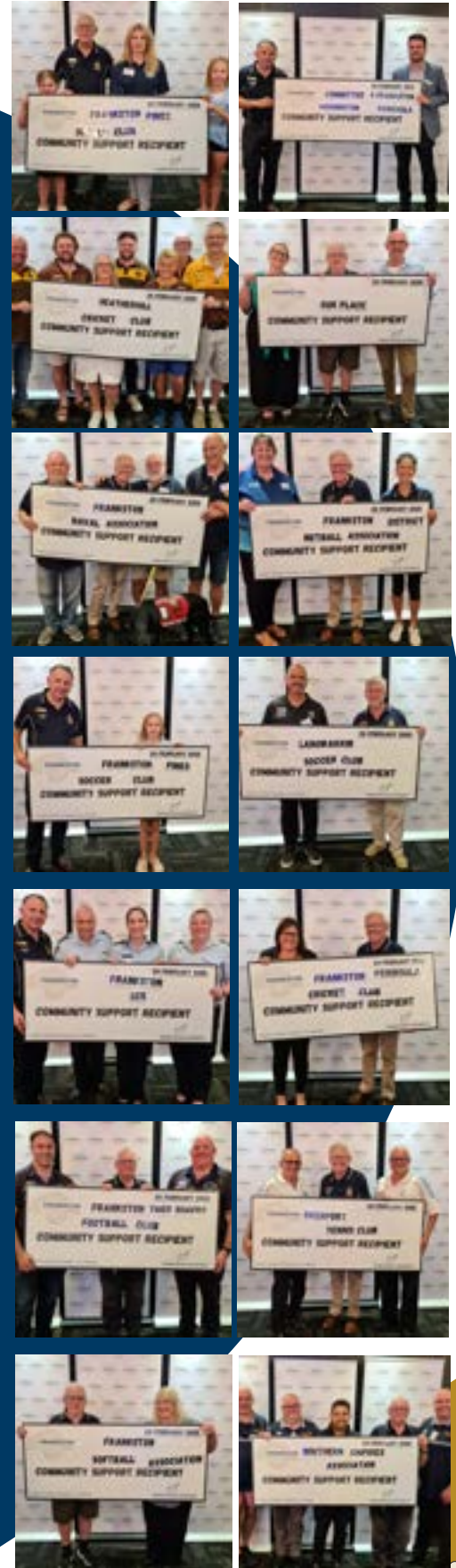
COMMUNITY SUPPORT FUND

The Frankston RSL Sub-Branch takes its place as a pillar of the community earnestly and proudly. Our commitment to the community is best explained through our Community Support Program. In 2024, the Club made donations of over \$250 000 to local sporting and not-for-profit groups.

Some of the sporting groups we support include:

Karingal FNC, Frankston YCW FNC, Frankston Blues Basketball, Frankston District Netball Association, Pines FNC, Game Face Community Footy, Langwarrin CC, Long Island CC, Sommerville FNC, Frankston Gift, Game Face Cricket, Langwarrin Soccer Club, Baxter Cricket Club, Frankston Hockey Club, Southern Umpires Association, Southern District Rugby Club, Delacombe Park CC, Skye FNC, Baxter Soccer Club, Frankston Bombers, Chelsea Calisthenics.

Within the community, we also support Wallara- Sages Cottage, Frankston SES, Frankston Life Christmas Luncheon, C2A, Groomed to Go, Beyond Blue, Airforce Cadets, Army Cadets, Frankston Naval Memorial Club, Game Changer Mental Health, Mums Supporting Families in Need (MSFIN), Community Support Frankston, Blue Ribbon Foundation, Wranglers, Langwarrin Men's Shed, Peninsula Christian Care, Langwarrin Fire Brigade, C4FMP, Game Changer Mental Health, Our Place - Food Bank, Golf Section, Pipes and Drums Section, Australian War Memorial, Blue Ribbon Foundation, RSL Park, Frankston Naval Club, Variety Victoria Kids' Christmas Party, and the Frankston RSL Sub-Branch Sections of Golf, Billiards and Snooker, Pipes and Drums, and the Women's Auxiliary.





COMMUNITY SUPPORT FUND

The Frankston RSL is committed to supporting the local community and currently provides funding to a vast array of local sporting groups, charities, not-for-profit and community organisations.

Frankston Life - Community Xmas Lunch



The day includes all the festive trimmings, a great meal, lively entertainment, and gifts for everyone.

"The true reality is, that were it not for this wonderful initiative, most of the guests would spend Christmas alone or be deprived of experiencing Christmas Day in this way.

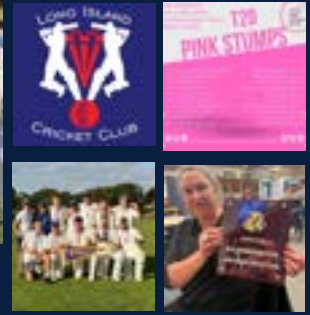
Once again, the Frankston RSL Sub-Branch participated in the annual 'Frankston Life Community Christmas Lunch', initiated by Mark Whitby and now in its 23rd year, and supplied the puddings and custard for over 550 guests, contributing to a very successful 2024 Christmas Lunch.

Frankston Life Community put on a Free Community Lunch, and it is thanks to donors and other support that 550 guests and community volunteers can celebrate the true spirit of Christmas Day at the Frankston Arts Centre.

Thanks to Frankston RSL and the many donors, and the 135 enthusiastic volunteers who planned, organised, set-up/packed down, cooked, served, and entertained, in the lead-up to the event - not to mention the fact that they gave up their Christmas Day!", Aimee Bell, Administrator & Event Coordinator.

The Frankston RSL Sub-Branch is proud and overjoyed to contribute to this amazing cause. Read more at: www.frankston.life/community

Long Island Cricket Club



The Frankston RSL proudly supports the continued development and improvement of the Long Island Cricket Club senior and junior playing program so that they may have an outlet for the local community to participate in and watch the game of cricket.

"Thank you to the Frankston RSL who continue to support our club mission and share our passion for community sport." James Haley, Club President.

After a successful 24/25 season, Long Island won 2 flags in the Peninsula 2nd XI and 5th XI flag - a great achievement. Unfortunately their 1st XI lost the semi final but continue to be super competitive.

The club recently won a fantastic achievement award and winning the MPCA's Best Administered Club for Season 24/25!

During the year, the club also ran their first Pink Stumps day, raising valuable funds for the McGrath foundation!

Read More: [@facebook.com/longislandcricket/](https://www.facebook.com/longislandcricket/)



FRANKSTON GIFT

At an exciting new venue in 2025, at Belvedere Reserve, the Frankston Gift is an annual professional running event that originated in the 1800s and attracts competitors from all corners of Victoria and beyond.

"Thank you to the Frankston RSL who regularly support the annual event and foster the continuation of Community Sports." Colin Lane, CEO Frankston Gift [@facebook.com/frankstongift](https://www.facebook.com/frankstongift)

The race is a regular feature on the Victorian Athletic League (VAL) calendar and returns each January with 16 races in total throughout the day. We are proud to support our local community and enjoy some



great athleticism.

Like the prominent Stawell Gift, Frankston's event sees collaboration with a number of local businesses for the staging of a running event that can be won by anyone!

"Frankston Athletic Club would like to thank Frankston RSL for their continuous support of the Frankston Gift, an exciting event for our city." Frankston Athletic Club. www.frankstonathletics.net

The Frankston Athletic Club has origins dating back to hosting professional running events in the early 1880s, and has now held over 70 years affiliation with Athletics Victoria events.



Southern Umpires Association

It's been a busy start for the MPFNL season at the Southern Umpires Association, and it's rewarding to see that our partnership and support funding is bringing many benefits. The association prides itself in constantly striving to create a team like culture and in turn cultivating member engagement.

The association was fortunate to have Jordyn Pearson down for opening night, and upcoming AFL rookie umpire was greeted by a full house. There are plans mid season to deliver vital mental health and social responsibility awareness programs and encourage all umpires to actively participate in these programs.

"We are incredibly grateful to be a part of the Frankston RSL's community support program. Funds received have been utilised in part by the SUA to purchase TV monitors, used in training sessions to assist coaches in improving the standard of umpiring across all disciplines", said Matt Craig, Deputy Chairman SUA.

Later in the season they will also be running an intra-state reciprocal umpire exchange program with Queensland, where umpires in both states will officiate alongside their state counterparts for the day. The umpire exchange day in Victoria will be on June 28th, Mt Eliza v Edithvale-Aspendale games.

Contact: www.sua.org.au

MEGA RAFFLES

20 X \$60 MEAT TRAYS

3 X \$500 MASTERCARD GIFT CARDS

OVER \$3,800 WORTH OF PRIZES TO BE WON EVERY FIRST FRIDAY OF THE MONTH

TICKETS \$2 EACH ON SALE FROM 4.30PM

TICKETS \$2 EACH ON SALE FROM 4.30PM

4 X \$75 VENUE VOUCHERS

5 X \$100 MEMBER POINTS

2 X SLABS BEER

3 X 4 WINE PACKS

EVERY FIRST FRIDAY OF THE MONTH

WEDNESDAY NIGHT RAFFLES

TICKETS \$2 EACH ON SALE 4:30PM

Over \$1000 worth of prizes to be won!

15 X \$45 MEAT TRAYS

4 X \$50 MEMBER POINTS

1 X 1/2 SLABS BEER

2 X 3 WINE PACKS

FRANKSTON RSL

THURSDAY RAFFLES

TICKETS \$2 EACH ON SALE 4:30PM

OVER \$500 WORTH OF PRIZES TO BE WON

2 X \$50 Venue Vouchers

3 X \$60 Meat Trays

3 X \$60 Roast Trays - Pork, Lamb, Beef

2 X 1/2 Slabs Beer

FRANKSTON RSL

FRIDAY NIGHT RAFFLES

TICKETS \$2 EACH ON SALE 4:30PM

Over \$2000 worth of prizes to be won!

4 X \$60 VENUE VOUCHERS

20 X \$60 MEAT TRAYS

5 X \$75 MEMBER POINTS

2 X 1/2 SLABS BEER

2 X 4 WINE PACKS

FRANKSTON RSL

MEMORABILIA

CELEBRATING A CENTENARY

Very soon, the Frankston RSL Sub-Branch will celebrate a significant milestone: the centenary of the official opening of what was then known as the Soldiers Memorial Hall at the corner of Thompson Street and Thompson Lane in central Frankston.

The official opening was on the occasion of the King's Birthday, Monday 8th June, 1925. The building, which was constructed during the first half of 1925, was to become the home of what we know as the Frankston RSL club.



THE PRIME MINISTER OF AUSTRALIA AND LOCAL FEDERAL MEMBER LORD S.M. BRUCE OPEN THE SOLDIERS MEMORIAL HALL IN THOMPSON STREET 1925

FRANKSTON SOLDIERS MEMORIAL HALL OPENING

8th June, 1925

This original Soldiers Memorial Hall was established by a committee of Frankston's leading citizens as a tribute to the brave young Australians (women and men) who volunteered for service during the 'Great War' (World War I). It was the objective of this local Memorial Committee to establish a permanent place for ex-service personnel, and the Frankston community, to honour the sacrifices of those who had served our nation and to memorialise those who had made the ultimate sacrifice.

This building was to serve as the home for Frankston RSL, until the club relocated to the "Plowman Residence" venue in 1952 (see clipping below) and later to the current, Cranbourne Road, Frankston venue in August 1976.

R.S.L. Luxury Club Ready Soon

In a few weeks' time the Frankston Returned Servicemen's League will occupy its new premises in the £20,000 home formerly owned by Dr. Plowman, on the corner of Davies and Kars Streets.

The solid old mansion is now being reconstructed to provide accommodation for the club. It stands in a commanding position on the brow of the hill, surrounded by extensive gardens and a small orchard.

If the members wish, they can maintain the fine lawn tennis court at the side of the building and use it for club matches. The vacant land at the back could be covered if desired to provide for squash courts. The grounds are laid out with shrubs and many fully grown trees which make a picturesque setting.

On the Kars Street side there is a fine plantation of pines which also give the property a secluded atmosphere.

Inside there has been a great transformation. Walls have been pulled down, hallways have been incorporated to enlarge rooms, and entrances have been transferred.

LARGE BILLIARD ROOM

Downstairs there will be a main entrance hall with an ante-room for visitors, and a large billiard room which will accommodate two tables to be transferred from the present club rooms, but which would provide space for another table if desired. A smaller room will be fitted as a reading and writing room, and there will also be a snack bar adjoining the kitchen. Provision will be made for caretaker's accommodation, and wash-rooms will be provided on both floors.

Upstairs there will be a large lounge opening on to balconies which look out over the garden. Walls have been removed and steel girders used for support. A smaller room will be used as a refreshment room. There will be offices and committee room at the rear of the building, also opening on to a balcony, and having a delightful view over the sea. Another small room will be converted to a store-room.

FINEST OF ITS KIND

The brief description of the alterations cannot give any real idea of the project. The club will be one of the finest of its kind anywhere. The building will have an old-world charm that a modern building could not have. Yet, inside it will be provided with every modern amenity necessary for the comfort of members.

The reconstruction work may cost the club something in the vicinity of £20,000, but it is hoped to minimise the expense by enlisting voluntary helpers to assist with part of the work.

The R.S.L. has still to decide what is to be done with the hall in Thompson Street, portion of which is occupied as club rooms. The rear section is let for dances and public functions, and being very centrally situated, is one of the most popular halls in Frankston.

It is possible the front section may also be turned into a public hall, which will provide additional revenue. If this is done it would be welcomed by Frankston people, as the town is very short of small public halls.

BINGO

8	30	44	59	68
4	18	35	58	74
1	20	FREE	50	64
5	24	42	53	67
2	27	37	56	69

MONDAYS

EYES DOWN
11AM

THURSDAYS

EYES DOWN
7PM

MONDAYS 11AM & THURSDAYS 7PM
FRANKSTON RSL,
SIMPSON ROOM

BOOKS OF
30 GAMES
\$6 EACH
NO BOOKING
REQUIRED

Let's We Forget

Parma Night

Dinner
only
from
5.30pm

WEDNESDAY IS
PARMA NIGHT
EVERYWHERE
IN THE VENUE

\$21.90



A RANGE OF PARMAS TO CHOOSE FROM
+ CHIPS & SALAD

*subject to availability

WIN 1 OF 5
DOUBLE PASSES
TO THE CUB CORPORATE HOSPITALITY BOX
ESSENDON VS GEELONG
4.15PM, JUNE 14TH, AT THE MCG

A MONEY CAN'T BUY PRIZE
THANKS TO THE FRANKSTON RSL & CUB

MEMBERS PROMOTION

TO ENTER:
MEMBERS MUST BUY TWO SCHOONERS OF CUB TANK BEER FROM
ANY BAR IN THE VENUE.
DATES: 20TH MARCH - 30TH MAY.

SCORE DOUBLE ENTRIES
THURSDAYS 7PM-11PM & SATURDAYS 12PM-5PM.
T&C APPLY.

Mother's Day
Sunday 11th May

BOOK NOW!
LUNCH & DINNER

Win a mothers day hamper on the day!

✿ CARVERY MENU ✿
✿ MOTHER'S DAY SPECIALS ✿
✿ BISTRO MENU ✿

Reservations Essential
(03) 8792 4400

Online: frankstonrsl.com.au/dining/four-seasons-bistro
Same day reservations/walk-in's: only Carvery will be available.

Prime Cut Mondays

MONDAY NIGHT
5:30PM - 8:00PM
EXCLUDING PUBLIC HOLIDAYS

PRIME CUT AT A
GREAT PRICE!

SEE SPECIALS BOARD FOR
PRIME CUT SPECIAL

FRANKSTON RSL

BISTRO BOOKINGS ESSENTIAL:
WWW.FRANKSTONRSL.COM.AU/DINING/FOUR-SEASONS-BISTRO



SPOTLIGHT ON VOLUNTEERS: Stan Stoneman



Stan Stoneman – Some call him ‘Stan the Bingo Man’, a name that’s apt for somebody who has volunteered 18 years at Frankston RSL Monday Bingo. Also known as the ‘Cheery face of Monday Bingo’, Stan became a member of the Frankston RSL Sub-Branch in 1980 and, like many, enjoyed the social aspect of the club. Driven by his wife’s passion for Bingo, soon enough he developed a penchant for the social activity - that he still participates in, and volunteers for, 27 years later - a volunteering role he was also recognised for in 2016 when he was nominated for the ‘Volunteer of the Year’ Award.

In April 2007, once retired from his illustrious career in printing and publishing, he frequented the club with increased intensity. He giggles as he remembers Bingo was being held in the Pavilion building in the car park while the club went through one its first major renovation works. Once the works were completed, Bingo was transferred to the Simpson Function room, where it’s held religiously to this day on Mondays at 11am and Thursdays at 7pm.

After some time of playing social Bingo, Stan was approached by Ian, fellow Bingo volunteer and member of the club, who was running the Monday morning ‘Big Bucks’ segment of Bingo and was wanting to retire. Without hesitation Stan agreed and effortlessly glided into Ian’s shoes in no time.



Stan says he owes much to Sandra (as does the Frankton RSL), another fellow Bingo volunteer who has been calling Thursday night Bingo for 30 years and who taught him and guided him on how to do it correctly. The rest is history, and he is regularly heard saying, “I’ve enjoyed every Monday Morning for the past 18 years, and will continue to do so.”

Stan recalls that when he started volunteering for Monday Big Bucks Bingo, attendance numbers were at just over 60 people and with \$30 houses. These days, Monday Bingo consistently boasts over 100 people with \$50 houses, and the Big Bucks Jackpot being over \$400 most weeks. He says that he gets the biggest buzz awarding participants on their Big Wins.



Prior to retiring in 2007, Stan enjoyed an illustrious career primarily in the printing and publications industry that began in the UK, working in newspapers and magazines for Chatham Chillingham News in Rochester, while living in Medway Towns, Kent.

With a trade that was very much in demand, Stan was sponsored to migrate to Australia in 1969, and as many did during this era, he travelled with his wife and young son to Melbourne, settling in Frankston – where he has lived since. He was later blessed with two daughters who were born in Australia.

Having set himself up in Frankston, he worked as a Compositor between 1969 – 1977, employed by the Standard Newspaper in Cheltenham for many years, and in 1971 he was promoted to production manager, then worked at the Rosebud Gazette, and then at the Sunday Press as a Paste Up Artist in the 1980’s, as well as the publishing firm McKay’s. The printing and publishing industry, like many others at this time, were evolving due to the onset of automation and the digital era. Forced to reinvent himself and backed by hands-on knowledge in printing and publishing, he became Production Supervisor at Leigh Marden, where he created production manuals for car manufacturers like Ford and Holden. In the latter part of his career he worked for Independent Newspapers, based in Hastings, as a Sales Rep for 14.5 years between 1993-2007 until retirement.

Stan always enjoyed ‘helping out’ and volunteering his time, and in the early 70’s - while his children attended Ballam Park primary school, he sat on the school committee and helped in working bees on weekends.

Volunteer

In the early 80’s and when the neighbourhood watch initiatives were at the height of community safety, he created Frankston United Neighbours Connect (FUNC) with a bunch of neighbours. Together they reported crime incidents to the police and council, who were very responsive with handling petty crime in the area. Forever, and intricately, linked to Bingo, Stan is and always will be a well-known face and name at Frankston RSL Bingo. “I really enjoy Monday Morning and having real fun with the people”, says Stan in his characteristically British accent, that is still prevalent after 55 years in Australia.

It’s volunteers like Stan that form the backbone of this club and the community spirit that draws so many to joining. Thank you to Stan, and to all the Bingo volunteers throughout the years of the Frankston RSL – we are eternally grateful.



**NOMINATED
FRANKSTON RSL
VOLUNTEER OF
THE YEAR 2016**



In 2016, Stan was nominated Frankston RSL ‘Volunteer of the Year’, in recognition for his stoic volunteering efforts and extraordinary services and dedication to Bingo activities at the Frankston RSL. A mere handful of volunteers - seven or eight at most, were shortlisted for the then annual event and for the much coveted title - all of whom were very worthy.



The Frankston RSL Sub-Branch Wellbeing Team regularly organises day trips and activities for veterans and their families, that are a wonderful opportunity to socialise. The aim is to eradicate social isolation - encouraging individuals, and groups, to get out and about in a social environment.

The team also runs workshops, that educate on interesting topics such as preparation of wills and drawing up Power of Attorney.

Are you a veteran and or family member and interested in coming to the next excursion or workshop? Get in touch with our Wellbeing Department and find out what's on for 2025.

Contact: 0493 889 029 or **Email:** wellbeing@frankstonrsl.com.au



NAVY BAND Soundwaves Concert Series



The first Soundwaves Concert of the year was held in March at H.M.A.S Cerberus, with Wellbeing Advocate Tony Davis whisking away 11 participants for some musical entertainment. The best part yet is that it's free for veterans and their families.

The Matinee performance is performed by the Royal Australian Navy Band.

Pick up a flyer at the Frankston RSL Sub-Branch Reception with dates and information of the upcoming concert series:

Dates: 21st May, 1st October, 26th November.

Time: 1PM departure from the Frankston RSL by mini bus for a 2PM matinee performance and a 4PM return to the venue.

Reservations: Call or SMS Jo via **PH:** 0493 889 029 or **Email:** wellbeing@frankstonrsl.com.au

Melbourne Flower Show



This was a very popular excursion! In March, 52 veterans and families went by coach to the Melbourne Flower Show, exploring the stalls and exhibits. A delicious lunch was had at Fathers Office Speakeasy, which they managed to find, tucked away in one of Melbourne city lanes, with views of the majestic State Library.



Love was in the air for our Friday 14th February Valentine's Day Wellbeing bus trip for veterans and their families! Packed to the hilt and in a 57-seater bus, 48 excursion go-ers set off for a Melbourne city adventure.

First stop was the 'must do' Melbourne Skydeck, and with a dizzying ascent of 86 levels it was worth the trip up for the sensational 360 degrees panoramic views of Melbourne.

A carefully orchestrated surprise of coffee and scones with jam and cream on arrival got quite a reaction from everybody. the experience was a rewarding opportunity to make positive social connections.

Back in the bus the eager beavers went onto South Melbourne Market to lap up the copious options of food, drinks, and many a shopping success! It was a perfect sunny afternoon for friendships to be forged!

RSL Active 22nd April

Wellbeing Officer, Tony G, organised an RSL Active event, with 15 first responders, veterans and their families taking part in a motorised bike-ride to Phillip Island RSL, and back to Frankston RSL for lunch.

All riders had a great day, and were able to meet other veterans for the first time - which is a primary objective of the initiative.



The day was a free event and all part of RSL Active getting veterans and families to enjoy a good day out.

Many thanks to Jacob from RSL Active for all the help with the bike ride.



Veteran & Community Welfare & Wellbeing

one man's trash is another man's treasure

A veteran who lost most items in his home in April, will be able to start fresh again with the following donated items: Washing Machine, Microwave, Plastics Containers, Towels, Clothes dryer, and kitchen table and chairs.

Frankston RSL Mobility team delivered a Motorised Wheelchair for a veteran that will guarantee him improved mobility, and be able to attend regular OT Assessments & appointments.

In March, the volunteers helped the Frankston RSL Chaplain remove garden rubbish and take it to the trip, as he had suffered a fall recently. The team also repurposed a walker for him, to help him with his recovery.



Donations welcomed: mobility aids, white goods, electrical goods, furniture
Contact : 8792 4427 Mon-Fri 9-4PM

Veteran & Community Welfare & Wellbeing

Each year the Frankston RSL Sub-Branch donates circa \$500,000 in function room hire, lunches, and veteran wellbeing, welfare, and support services.

In 2024, more than \$250,000 was donated in community support.

Additionally, the Frankston RSL Sub-Branch offers monthly lunches to residents of local Aged Care Facilities and Community Groups looking to spend a few hours in a social setting and in great company.

In 2024, \$17,500 was contributed to these lunches, and some of the facilities include:

- Meracare Carrum Downs Nursing Home
- Regis Frankston - Shelton Manor
- Skye Lodge (Autumn Aged Care)
- Greenways Retirement Village
- TLC Forest Lodge Residential Aged Care
- Vasey RSL Care
- Meracare Frankston Nursing Home
- Langwarrin Community Aged Care
- Benetas St. Paul's Terrace
- The Village Baxter
- Somerville Gardens Care Community (Opal)
- Baptcare Peninsula View Community
- Brotherhood of St Laurence
- Westernport Bay Care Community Opal

Since 2012, The Mobility Aids, Whitegoods and Furniture Program has collected and redistributed \$240,000 worth of donated items to veterans and their families.

Volunteers of the Frankston RSL Welfare Mobility Team, championed by our 'crusader' Committee Member and Wellbeing Advocate, Anthony Grice and his 2ICs - Eric and Peter, often work behind the scenes and across weekends collecting and repurposing donated mobility aids and household items for those in need. We are forever thankful for their generous spirit, as their actions directly improve the quality of life of veterans and their family members, through the repurposing of donated items of basic household essentials veterans may not otherwise be able to afford.

Thanks also to club members and the amazing community of people in our network who are happy to help with collection and drop-off of donated essential household and mobility items, or who donate items rather than try to resell the goods. We are always pleased to receive them and ensure they reach a veteran in need.

In January the team helped a veteran with a bed and mattress for his new unit in Hastings. Two other veterans received repurposed fridges to replace their broken down ones, and a veteran in Sandhurst received a much-needed shower chair.

The Team had a big job helping a veteran move into Vasey RSL Park, Frankston South and thanks to the following donated items, the team has helped improve his quality of life: washing machine, clothes dryer, kitchen items, TV, and much more.

Thanks to a Frankston RSL member and help from his son who donated a washing machine to our Mobility Aids Program to help a veteran who is moving into Vasey RSL Park Frankston South. A good outcome for all!



Home & Hospital Team



Home & Hospital Visitation Team

Join us in sharing kindness to others!

Support our veterans & their families with some much appreciated company.



Want to bring some cheer to residents in Aged Care facilities? Frankston RSL is looking for Home & Hospital Team Volunteers, to visit veterans and their partners in Aged Care facilities.

Facilities visited, include:
 Vasey RSL Care, St John of God's Rehab, Somerville Gardens Community Care, Regis Frankston Shelton Manor and Bapcare Peninsula View Community.



We are in awe of our selfless and dedicated Home and Hospital Visitation Team who make it their mission to help combat social isolation among veterans and their partners or widows. Each week they visit countless residents in various aged care facilities and residences, bringing a smile, and much needed social contact to many veterans and their partners.

It was with great sadness that our esteemed Doris Nisbet passed away on the 22nd of March 2025. Doris forged an innate passion and selfless drive to 'help' and volunteer for so many



causes and social groups. She was an active volunteer at the Frankston RSL; a Wellbeing Support Officer for 30 years, and with the Frankston RSL Home and Hospital Visitation Team for 35 years.

Interested in joining the team? Speak to our Wellbeing Coordinator.

Contact: (03) 8792 4427 Email:wellbeing@frankstonrsl.com.au



OPEN ARMS

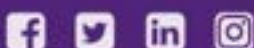
Veterans & Families Counselling

'OPEN ARMS' provide veterans, and their families with individual, couple, and family counselling to help improve your resilience, as well as enhance your mental health and wellbeing. Available 24/7. Scan the QR code to view the range of Open Arms Veterans and Families Activities & Programs.

Call us 24Hr 1800 011 046



A service founded by Vietnam Veterans, now for all veterans and families



Sunday Lunch

CARVERY
 Every Sunday until Father's Day
 7th September
 12PM-2.30PM

Served with your favourite trimmings
 Two succulent slow cooked roast meats,
 Honey carrots, peas, roast potatoes, pumpkin, cauliflower cheese, Yorkshire pudding, and various sauces.



\$30 Members
 \$32 Guests
 \$16.00 Children -12 yr & under

Available in all Dining Areas at the venue



Quilt of Valour

TONY GRICE



Quilts of Valour Australia aims to award quilts to Veterans, Service Personnel of the Australian Defence Force and our Allies as well as immediate family of Veterans and Defence Personnel who have passed.

These symbolic awards are in recognition of the recipients' Service, Sacrifice and Valour they've given their country.

Tony Grice, Veteran, Frankston RSL Committee Member, Wellbeing Advocate, and Volunteer Extraordinaire was bestowed with the honour of having been awarded a Quilt of Valour from Quilts of Valour Australia (QQV).

The Quilts are original one-off pieces and are handmade with love from fellow Australians to wrap recipients up in warmth and care:

- The top of the quilt with its many colours, shapes, and fabrics, represents the communities and the many individuals that are involved behind the scenes at QQV.
 - The wadding, the filler, is the centre of the quilt. It represents hope that this quilt will bring warmth, comfort, peace, and healing to recipients.
 - The backing is the strength that supports the other layers. It represents strength, the support of communities, and our nation.
 - Each stitch that holds the layers together represents love, gratitude and sometimes the tears of the maker.
- Read more, or if you'd like to get involved:

www.quiltsofvalour.com.au

veteran wellbeing

HONOURING OUR HEROES

HAPPY 101st BIRTHDAY TO OUR ESTEEMED DUNCAN!

*Happy 101st Birthday, and thank you
for all that you have done for the
Australian Service.*



Frankston RSL Sub-Branch prides itself in providing support to veterans and their families/dependants.

Veterans include those who serve or served in Australian Defence Forces (ADF), National Service, Reservists, Allied, and Commonwealth Forces, and with or without overseas service. Veterans do not have to be members of Frankston RSL Sub-Branch to receive support.

THIS SUPPORT MIGHT INCLUDE:

- Wellbeing Advocacy & Support
- Referral to the Compensation Advocacy Team at the Frankston Veterans & Families Hub
- Information & Referral to local community services and organisations
 - Applications for Financial Assistance
 - Wednesday Coffee (Veteran's & Partners) 10am Table #221 Alfresco area
 - Friday Coffee (Veterans) 10am, Huey's Bar
- Support navigating My Aged Care & Veterans Home Care
 - Home & Hospital Visitation Team
- Hello Program phone-calls to Senior Service Members
 - Social Activities, Bus-trips, BBQ's & lunches
- PARC Agestrong Exercise Classes Tues & Friday 8am
 - RSL Funeral Representatives
 - Mobility Aids, Furniture & Whitegoods Program

All Wellbeing and Compensation Advocacy Services are free, private, and confidential.

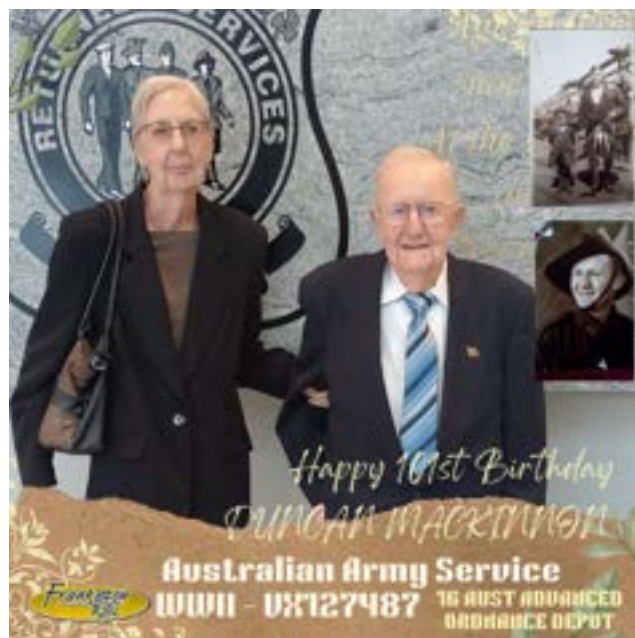
CONTACT

Frankston RSL Wellbeing Team:

Monday to Friday, 9AM to 4:30PM.
Contact: Stellar Phone 0492 820 743
Email: welfare@frankstonrsl.com.au

Compensation Advocacy (Veteran Central):

Mon to Fri, 9AM to 5PM - Contact: 1300 645 838
www.rslvic.com.au/veteran-support/veteran-central



**WWII VETERAN
DUNCAN MACKINNON LAMONT ALSO
CELEBRATED 75 YEARS OF
MEMBERSHIP WITH RSL AUSTRALIA**



Duncan Mackinnon Lamont is one of our esteemed World War II veterans, having enlisted in the Australian Army aged 19. He discharged as a Corporal in 1946, with his posting at discharge being the 16 Aust. Advanced Ordnance Depot.

Duncan celebrated a wonderful 101st birthday at the Frankston RSL in December 2024, with family and friends relishing the momentous occasion. When Duncan celebrated his 99th and 100th birthdays at the club he eagerly expressed looking forward to coming back and celebrating his next birthday at the club - and that he did!





SOUNDWAVES 2025 CONCERT SERIES

FRANKSTON RSL WELLBEING
TEAM INVITE
VETERANS & PARTNERS

FREE

Includes:

Bus trip to HMAS Cerberus
2PM Matinee Performance -
Royal Australian Navy Band

1 PM SHARP Bus leaves the
Frankston RSL
After 4 PM Bus returns to
Frankston RSL

Must carry Photo ID



2025 DATES:

WEDNESDAYS

19 MAR

21 MAY

01 OCT

26 NOV

RSVP

Call or SMS Jo

PH: 0493 889 029

wellbeing@frankstonrsl.com.au



Defence and Veteran Carers Network

Providing support for
carers of current and
former ADF members,
and for ADF members &
veterans who provide
unpaid care.

www.carersaustralia.com.au



SUPPORT FOR CARERS OF CURRENT & FORMER ADF MEMBERS

The Defence and Veteran Carers Network provides support, resources, and an advocacy platform for carers of veterans.

Do you provide care for a friend or family member who is in the Australian Defence Force (ADF) or a veteran? Or are you a current or former ADF member who cares for a friend or family member? Read more: www.carersaustralia.com.au/programs-projects/defence-carers-network

The new Defence and Veteran Carers Network is funded by the Department of Defence and is run by Carers Australia (@carers_au), who provide support, resources and an advocacy platform for carers of current and former ADF member(s).

Carers Australia is also collecting stories of Defence and veteran carers to help raise awareness of their important role and unique challenges. Find out more at: www.bit.ly/43F0Rva

National Volunteer Week 19-25 MAY 2025
Connecting Communities Week

Frankston RSL
invites all our volunteers to
The Volunteers Week Lunch

Join us to celebrate and acknowledge the spirit of connection and the incredible power volunteers have in building thriving & inclusive communities.

Frankston RSL Simpson Room
Wednesday 21st May, 2025 at 12noon

Two course meal, drink voucher & musical entertainment provided.

RSVP
Call or SMS Jo: Ph: 0493 889 029
E: wellbeing@frankstonrsl.com.au

When replying, please confirm your volunteer activity & any dietary requirements.

National Volunteer Week Sponsor
AON Volunteering CENTRALIA

FRANKSTON RSL WELLBEING TEAM INVITES VETERANS & THEIR FAMILIES

WERRIBEE ZOO OPEN RANGE
Tuesday 27th May 2025

TIME:
9.00am Meet-Up Frankston RSL
9.15AM Bus Departs Frankston RSL
4.00PM Arrive back at Frankston RSL

COST: \$25

- Bookings essential.
- Cash payment on the day, prior to boarding the bus.
- Please advise if you have any accessibility needs.

Includes:
Bus Trip & Entry to Werribee Zoo.
We recommend bringing a water bottle and a mobile phone.

RSVP:
Call or SMS Jo
PH: 0493 889 029
E: wellbeing@frankstonrsl.com.au



WELFARE UPDATE

January - March 2025 WELFARE at a GLANCE

Contact Us ... If you are a veteran or family member requiring support or assistance, if you want to have a chat about upcoming social and wellbeing activities, or keen on volunteering, call or make an appointment today!

*Wellbeing Coordinator
Monday to Friday, 9am to 4:30pm.
Email: welfare@frankstonrsl.com.au
0492 820 743*

WELLBEING CASES: number of cases	14
PASTORAL CARE: number of cases	136
DECEASED SERVICE MEMBERS FRSL	15
RSL FUNERAL REPRESENTATION Required	12
WEDNESDAY COFFEE GROUP: FRIDAY COFFEE GROUP: Cost of catering & coffees	\$4,556 \$3,910
WEDNESDAY GROUP PARTICIPANTS: FRIDAY COFFEE GROUP PARTICIPANTS:	444 Not collated
HELLO PROGRAM PHONE-CALLS: Volunteer & Staff Hours	16 3.5
HOME & HOSPITAL TEAM: Monthly Visitation Hours	168.75
HOME & HOSPITAL TEAM: # people visited	335
MONTHLY LUNCHESES: Aged Care Facilities # facilities attended # lunches provided Cost	34 351 \$8,035
HOME MAINTENANCE: LAWNS # people assisted Cost	96 \$5,988
MOBILITY AIDS PROGRAM: value of goods re-distributed #veterans and their families assisted	\$3,890 15
PARC EXERCISE GROUP PARTICIPANTS: Tuesday Sessions x 2 Friday Sessions x 2	121 117
WELLBEING BUS: number of people assisted	58
WELLBEING BUS: number of Trips:	7
WELLBEING CAR: number of Client Visits and Transport:	48
WELLBEING CAR: errands, Client Visits and Transport KM's:	1,189
WELLBEING SUPPORT OFFICERS: # inducted # retired	3 1

Support & Assistance for Veterans and Dependants

The Frankston RSL Sub-Branch Wellbeing Team actively assists veterans and their families with a range of support, from free and confidential Wellbeing Advocacy, completing forms for financial assistance or housing applications, applying for medals, or navigating My Aged Care and veterans Home Care, in addition to providing information and referrals to social and community organisations, and coordinating an RSL Funeral Representatives to carry out the Funeral Ritual for veterans.

In this period, there were 165 requests for wellbeing support and assistance from veterans or their families; 64 health, 52 social support, 32 recognition & respect, 14 income & finance, 5 justice & safety, 4 housing, 1 employment.

Wellbeing Social Connection Activities

Our Wellbeing Assistant, Jo, continues to plan and coordinate our large bus-trips with aplomb. On Valentines Day, 47 veterans and families enjoyed a tour of the Melbourne Skydeck, followed by lunch and a wander at the South Melbourne Market. Also in February, our Wellbeing Officer, Tony G, organised an RSL Active event, with 15 veterans and families doing a bike-ride to Phillip Island RSL, and returning to lunch at Frankston RSL.

In March, 52 veterans and families went by coach to the Melbourne Flower Show, and explored the stalls and exhibits. A delicious lunch was had at Fathers Office Speakeasy, which we managed to find, tucked away with views of the State Library.

The first Soundwaves Concert of the year was held at H.M.A.S Cerberus, with Wellbeing Advocate Tony D. whisking away 11 people for some musical entertainment.

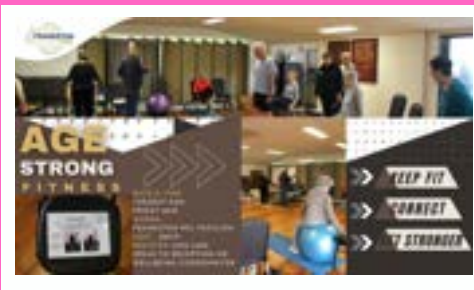
Tony was also busy every Thursday in March, organising weekly Smartphone and Tablet lessons at the Club as part of the BeConnected Program that received resounding positive feedback: 20 participants had one-on-one lessons with the 'young trainers' from Lively.

In the April school holidays, 28 veterans and their families attended a complimentary Charlie Silly-Pants show at the Club, with lunch held in the Atrium. The kids had a great time – and many chicken nuggets were enjoyed! We hired small buses this quarter for Veterans and Partners Outings, and 58 people across 7 bus-trips attended, from groups such as Vietnam Veterans, Legacy, Ex-Service Women's Association, and Partners of Veterans Association.

Next Events...

On the 21st May, we will be celebrating National Volunteers Week, by inviting all of our amazing and awesome volunteers for a 2-course lunch with musical entertainment at the Club. The theme this year is 'Connecting Communities'.

Jo has upcoming plans for a large bus-trip to Werribee Zoo, and a small bus-trip to a spectacular event by a world-famous duo... Stay tuned to our socials and look out for our printed flyers around the Club for all the details of upcoming activities.



Age Strong Exercise Classes - PARC

We had 238 participants attend our Tuesday and Friday 8am classes that are run by an instructor from the Peninsula Aquatic and Recreation Centre (PARC). New participants are always welcome to join the classes.

Location: Frankston RSL Sub-Branch Pavilion.

Classes: 8am (1hr) Tuesdays & Fridays. Except Public Holidays.

Cost: \$5 p/p.

Register: Club Reception 8792 4400 or Wellbeing Coordinator 8792 4427.

Requirements: A doctor's clearance certificate validating current health.



Veterans & Partners Coffee Groups

Veterans of all service types and eras and their partners are most welcome at our Coffee Mornings for hot drinks and light refreshments supplied by the club. The club holds a Wednesday Coffee Group Session, for veterans and their partners, at 10am on Table #221. The occasional informative presentation is organised by our Wellbeing Officer, Anthony Grice. The Wednesday session had 444 attendances in in this period. The Friday Coffee Group Session, for veterans of all eras, is increasing in numbers all the time. Meet-up is in the Sports Bar at 10am.



Home & Hospital Visitation Team

In January-March, our Home & Hospital Visitation Team spent 169 hours visiting 335 veterans and their partners at local residential aged care facilities. These visits provide veterans and their families the positive benefits of social connection. The team continues to grow, bringing much-needed social contact to those in care. Additionally, 12 facilities also bring groups to the club for a complimentary lunch, so that their residents can look forward to and enjoy a social outing.



Volunteer with us! - Helpers needed

Your kindness can contribute a lot to the veteran community and new helpers are always welcomed. Our volunteers generously donate their time in fundraising for our appeals, providing wellbeing advocacy, carrying out home and hospital visits, in addition to assisting our Memorabilia Team. There are so many ways to give back to veterans and their families by volunteering with the Frankston RSL Sub-Branch! Get in touch about the volunteering roles available.

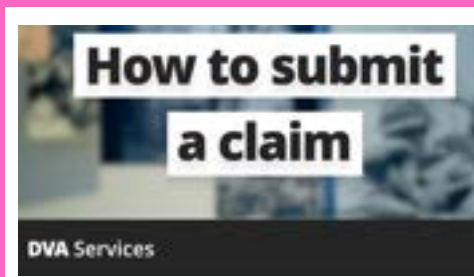
Contact Wellbeing Coordinator : 0492 820 743



Mobility Aids, Furniture, & White Goods Program

The Team collected and redistributed donations of an estimated \$3,890 worth of furniture, white-goods, and mobility aids and re-distributed items to 15 veterans and families. Thank you to all who donated to this worthy program. To donate items, please contact our Wellbeing Team.

Donations: (03) 8792 4400 **Email:** welfare@frankstonrsl.com.au



The Akeroyd Veterans & Families Hub

If you are needing assistance with Department of Veterans Affairs Claims and Compensation, please contact Veteran Central through the online link below. The Veteran Central Team will be able to connect you with the Compensation Advocates that operate out of the Veterans and Families Wellbeing Hub, which is located at Frankston RSL.

Online contact form:

www.rslvic.com.au/veteran-support/veteran-central

Days: Monday—Friday **Hours:** 9-5PM **PH:** 1300 645 838



Funeral Assistance RSL Funeral Representatives are available to carry out a RSL Funeral Ritual for veterans. This free ritual follows the celebrant's main ceremony and is our last way of providing recognition for the sacrifices made by veterans in their service to their country. For ex-ADF veterans, please allow a few days to order the Eulogy/Statement of Service which forms part of the service.

WEDNESDAY MEMBER'S WHEEL WIN UP TO \$1,000

TO ENTER THE DRAW,
SWIPE YOUR MEMBERSHIP CARD EACH WEDNESDAY,
FROM 4.30PM, IN HUEYS.

EACH SPIN IS A GUARANTEED PRIZE WIN.
LAND ON THE JACKPOT AND WIN UP TO \$1000.

Consolation Prizes

WIN \$250, \$100, \$25, \$20, \$15, \$10
IN MEMBER POINTS
PLUS \$20 & \$10 KENO VOUCHER



FRIDAY Members DRAW

EVERY FRIDAY NIGHT

5:30PM | 6:15PM | 7:00PM

MEMBER MUST BE PRESENT TO WIN!

YOU COULD
win
UP TO
\$2,000

RSL REWARDS - EARN & REDEEM POINTS TODAY!

REDEEM POINTS ON

- Food & Beverages
- Merchandise
- Show Tickets
- Venue Vouchers
- Membership Renewal
- Prezzee Gift Cards

Use points at any
participating Victorian RSL

SIGN UP TODAY &
START ACCRUING
POINTS!

POINTS

Swipe your member card
at the Kiosk to check your
balance

Points conversion rate is
\$1.00 spent = 2 Points
2000 points = \$20

Accrue points as long as
your membership is
financial!



Prezzee



DO YOU KNOW THAT YOU CAN TURN
YOUR POINTS INTO PREZZEE
VOUCHERS?

IT IS AS SIMPLE AS 1,2,3!!

1. SWIPE YOUR CARD
2. CONFIRM YOUR MOBILE & EMAIL ADDRESS
3. PREZZEE VOUCHERS UNLOCKED!



gelato-van

made. fresh. always.

\$6.50
\$8.90

regular and large size gelato in a cup



now available
*savour the experience
long after the last scoop...*



Purchase a high quality gelato made from 100% Italian Ingredients.

Available during service hours at the bistro, cafe, sports bar, and at functions.

Take your ticket to the gelato van, choose a flavour, and enjoy!

Kids Menu

KIDS

Menu for children 12 years and under
Dishes subject to change

All kids meals \$12.90

Add Activity Pack + Regular Gelato Bundle \$7.50

Cheeseburger

with lettuce, tomato, chips and tomato sauce

Chicken Parmigiana

with chips and tomato sauce

Kids Fish & Chips

with chips and tomato sauce
gluten friendly on request

Crumbed Chicken Nuggets

with chips and tomato sauce

Lemon Pepper Calamari

with chips and tomato sauce
gluten friendly on request

Kids Penne Napoli

penne pasta with Napoli sauce
& parmesan cheese

Drinks

Slushies
Soft Drink
Juices



Activity Pack + gelato cup Bundle

\$7.50



ON TUESDAYS

KIDS EAT FREE

5:30PM - 8:30PM

Purchase One Main Meal in the Bistro & Receive One Free Kids Meal - 12 years Old & Under
Dinner Service Only | Not Available Public Holidays



RSL REWARDS
Make every day count



Vietnam Veterans Association

This year the Frankston District Sub Branch of the VVAA has had a small increase in membership.

In February we held our AGM with a few changes to the executive committee and Jo Ferrie has become our secretary. We welcome her to our group, and we have also new faces on the general committee with Les Myers and Rhon Tempest putting their hands up to help.



Our programmed social gatherings are varied, and our wanderer's group have just come back from a week at Erica. We are trying to vary some of our social outings a bit by going to places like the Holden Museum at Trafalgar and in April to the Wonthaggi Coal mine, we are joining up with the ladies from P.V.A. group for this trip. These social outings have been a great success which can be seen by the increase of numbers attending these activities

Some of our members have helped out with volunteering for the ANZAC Day Appeal and worked at stalls in shopping centres in the area. We had a good turn up for the Anzac Day march and it was good for the veterans to catch up with friends back at the RSL after the service.



In December we went to Pearcedale Primary School to present a student with the "Caring Cobber" award as we do each year.

Over the past few months, several of our members have been presented with a Quilt of Valour, they were Tony Grice, Les Gilbee, David Wain, Les Myers, and Barry Smith who were very surprised by the recognition.

We are trying to be more active looking after the welfare of both our members and their families. As the colder weather approaches, we need to be mindful of the health and wellbeing of our members.

Any Veteran or partner is more than welcome to come along to a meeting - hopefully enjoy themselves and possibly decide to join.

President: Cheryl Myers OAM | 0409 962 545
Email: secretary.frankston@vvaavic.org.au



SUB-SECTIONS

Frankston Legacy Laurel Club



Our ladies ended 2024 on a high with two of our most popular events, the Legacy Remembrance Service followed by High Tea and the Legacy Christmas Concert at Melbourne Town Hall. Some of us were honoured to be amongst the few Legacy beneficiaries to be present in The Crypt at the Shrine for the wreath laying segment of the Remembrance Service.

The ladies then travelled to The Park Hyatt, Melbourne to join the rest of the Legacy family and enjoy the wonderful High Tea that was served. Our final event for the year was the Christmas Concert. This was declared by our ladies to be the best concert yet. The 2025 concert is already being eagerly anticipated.

We celebrated our clubs 69th birthday with a lovely lunch at the RSL. The suggestion as to how we celebrate our 70th Birthday has been passed on to the Board. I'm not holding my breath that the suggestion will be approved. Sorry ladies!



Vale Doris Nisbet. We send our condolences to Doris Nisbet's family, and to her many friends in the Frankston RSL community. Doris was a "senior" and very enthusiastic member of our Frankston Legacy family. Her name was amongst the first on any list for an outing or event. I have to say she was very supportive of me in my role as coordinator. We will miss her. Rest in Peace Doris.

Contact & Meet-Up Frankston Legacy
Coordinator: Lyn Smith PH: 0423 626 973
 E: lynsmith51@gmail.com
Meet-Up: 2nd Thursday of the month at 11AM
 Frankston RSL Simpson Room 2



The Women's Auxiliary

FRIENDSHIP GROUP

Our monthly meetings have continued and have been very well attended. Its lovely to see the ladies and catch up with them. These informal and friendly meetings help our group stay in touch and have some fun over a cuppa.



Our ladies have enjoyed a few weeks break after the hectic Christmas and New Year festivities, however, they were pretty keen to get back to our Friday Night duties, and catch up socially.

On 19th February we hosted a lunch for the Combined Peninsula Groups at the RSL in the small Simpson Room. This lunch was very well attended with over 50 ladies being present. It was a lovely day; the lunch was excellent and a big thankyou to the RSL and special mention to Joanne who worked tirelessly to get our lunches ordered as well as serving drinks. Well done Joanne!

The Women's Council State President Lynne O'Callaghan and State Secretary Lynese Goldie OAM attended and presented Life Membership to the President of Dromana/Red Hill Auxiliary Margaret Laurie and Treasurer Pam Rowler.

We also had a raffle with lots of prizes which made \$345. Many thanks to all who donated.



Our Christmas raffle was a great success once again, and we raised almost \$2,800. Thanks to the RSL for their generous donation of \$1000 Good Guys Vouchers that went towards the hamper prizes.

This years Easter Raffle was also a great success and it was drawn on Good Friday and we raised \$2,500. Thank you to everybody who bought tickets. These funds will go towards helping veterans and community groups in need.

Some of our members were able to sell ANZAC Day badges and attend the ANZAC Day Commemorative Services and laid a wreath on behalf of the Women's Auxiliary.



FUNDRAISING & COMMUNITY DONATIONS



Raised **\$13,810** in 2024

The Women's Auxiliary fund raising activities are under the guidance of Frankston RSL Sub-Branch Committee and the group runs multiple fundraisers throughout the year such as Easter and Christmas Raffles, in addition to the Friday Night \$1 Raffles fundraiser to win a themed Gift Card that helped raise \$10,485 in 2024. All funds raised go toward helping veterans in need, as well as charities and community organisations. Thank you to all who purchase tickets.

Volunteer Drive

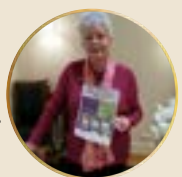
The Women's Auxiliary is always looking for new members to help with fundraising activities. If you want to make a difference and would like to get involved, pick up a flyer at Reception and get in touch.

If you are already part of the group, please help in promoting the auxiliary to your contacts. Volunteer Drive Flyers are located at Reception- pick up a few and have them handy to give out.



Membership & Contact

The Women's Auxiliary meets at 10.30AM on the 3rd Wednesday of the month at the Frankston RSL. The Auxiliary helps raise funds for Veterans and Community groups and is a pleasant way to be social and meet new people. We happily welcome all new members to the group.



Coordinator: Carol Macfarlane 0410 134 599

Partners of Veterans Australia

Supporting Partners and Families of Veterans

Our AGM was held at our Christmas lunch on the 16th December and the committee was elected as follows:



Front Row: Secretary: Rhon TEMPEST; President: Lyn WESTHEAD; Vice President: Cheryl BINSKIN; and Treasurer: Kay WALLACE; Back Row: Committee: Jo Ferrie, Cheryl MYERS and Lyn SMITH.

We thank all these members for their commitment to the Frankston Branch and PVA in general, with most of these members also being a part of either National or State.

It was fantastic to see Bernadette JACKSON , Liz PRETTY and Jan RUDELBACH receive their 25 year Certificate.

Congratulations , what an achievement. It's fantastic that after 25 years with PVA these members are still attending meetings and social events and making friendships along the way.



During December Certificates of Appreciation for their support to our Branch were also awarded to: Mornington Peninsula Legacy, Frankston RSL, and Frankston Vietnam Veterans.



We thank all of these groups for their continued support and donations, without which, we couldn't give our members the social events they enjoy.

During the year the group is planning quite a few days trips and a three day trip to Lakes Entrance. Members are very much looking forward to these trips. The group also is part of a Combined Groups Committee run by the Frankston RSL that provides outings to members and their partners, so there is a lot to look forward to in 2025.

Get Involved

The Frankston branch meets monthly at the Frankston RSL and this is followed by lunch in the Bistro. We meet on the last Monday of the month and at different venues and have a lunch or a coffee, while also catching up for a great social session - some of these venues include the Seaford RSL, Baxter Tavern, Langwarrin Hotel, and Somerville Hotel. During the year we organise day trips and an overnight, or three day, bus trip. Contact us if you are interested in coming along to our outings.

Membership & Contact

\$35 for first year & \$25 for renewals

'Partners of Veterans Association' welcomes all partners, ex-partners, or widows/ers of all current and former Australian Defence Force (ADF) members.

Meet-Up:

Every second Monday of the month at the Frankston RSL at 11.00am (except January).

President: Lyn Westhead PH: 0408 122 802

Secretary: Rhon Tempest PH: 0410 566 709

www.facebook.com/pvavic

www.pva.org.au



OPEN ARMS

Veterans & Families Counselling

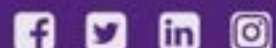
'OPEN ARMS' provide veterans, and their families with individual, couple, and family counselling to help improve your resilience, as well as enhance your mental health and wellbeing . Available 24/7.

Scan the QR code to view the range of Open Arms Veterans and Families Activities & Programs.

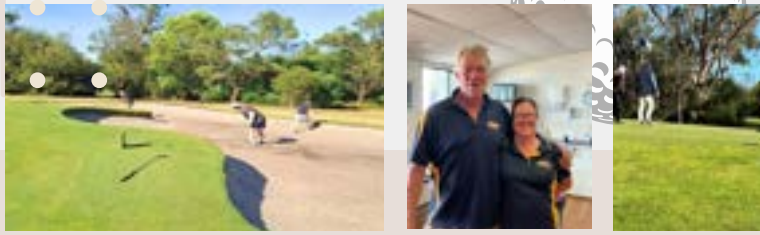
Call us 24Hr 1800 011 046



A service founded by Vietnam Veterans,
now for all veterans and families



Golf



We have some great local courses that we are visiting again this year including Moonah Links, Eagle Ridge and a return to Flinders where we haven't played for a couple of years. Pick up a flyer at the club.

Off to Lang Lang golf club we went for the first game of the year. It was in great condition, as normal, with the greens running true. As a country course it is outstanding and always a good start to the year. We had a great turnout for the first game with 26 members playing. The weather was sunny after a chilly start and the first stableford winner of the season was Nigel Mckee with an impressive 41 points. Well done Nigel. Also well done to the ladies' winner Anne Briner.

Our next game was at Cerberus golf club and again the weather was good to us. The course was also in great condition with the honours going to Brian Hill with a massive 50 points. He had an amazing game and I'm sure the handicapper will be taking notice. Again, Anne was top of the ladies that day.

Our third game out, in March, was at Devil Bend golf course and was also the first round of the club singles championships. 24 members turned out for the day. The course was in great condition and weather again very good which showed in the standard of play. Running along the match play was the normal singles stableford, with 20 players scoring over 30 points but was won by Geoff Stargatt with an excellent 44 points. Well done to Geoff and congratulations to Grant, Tony, Eric, Dean, Dave and Debbie who won their match play singles to progress on to the next round in May.

Our next game is at Centenary Park in May, so why not come and enjoy a game of golf with the RSL golf sections social club. We currently have over 34 members but are always looking for newbies.

Lunch & Presentations

After each round of golf, we gather at the Frankston RSL Pavilion for a BBQ and presentation. The cost is included in the green fees, and drinks are available at a nominal price.

Fees

Joining fee is \$60 & all games are \$60, regardless of green fees.

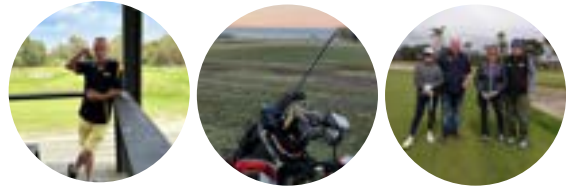
NEW MEMBERS



The Golf Section are a lively bunch of male and female players of mixed abilities with a wide range of handicaps that are divided into 3 grades (A, B, C). Of course there are those who are good and then some of us who try to hit a good shot now and then, but all enjoy the fun and banter. We welcome new members, from beginners to pros, and we we play once a month on a Sunday, at many courses on the Peninsula. Each year we get away on a 3 day golfing trip and you'd be hard pressed to find better golfing company. The joining fee contributes to subsidising games and an end of year presentation. All members must also hold a current RSL Membership.

Contact

Club Captain: Grant Goodall **PH:** 0414 868 164
Secretary: Tony Harris **PH:** 0435240342



2025 CALENDAR

FRANKSTON RSL

GOLF SUB-SECTION

- Est 1983 -

- 09.02 CERBERUS GOLF CLUB
- 09.03 DEVIL BEND GOLF CLUB
- 06.04 EAGLE RIDGE GOLF CLUB
- 25.05 CENTENARY PARK GOLF CLUB
- 01.06 MOONAH LINKS (OPEN COURSE)
- 13.07 CERBERUS GOLF CLUB
- 03.08 FLINDERS GOLF CLUB
- 14.09 EAGLE RIDGE GOLF CLUB
- 12.10 DEVIL BEND GOLF CLUB
- 02.11 MOONAH LINKS (LEGENDS COURSE)
- 07.12 CENTENARY PARK GOLF CLUB

KENO

Your chance to **WIN!**

Delonghi Nespresso Coffee Machine

SPEND \$10 OR MORE ON KENO TO ENTER

VALUED AT \$469

Promotion Dates: 1st June - 28th June | Drawn 30th June
See your Keno Operator to find out more

FRANKSTON

Billiards & Snooker

PENNANT COMPETITION RESULTS UP TO 31ST MARCH 2025 ARE:

MONDAY NIGHT VBSA

- Paul Portelli's B Grade scratch snooker team sits in 4th place and is playing against some quality teams and more than holding their own. Finals definitely on the cards.
- Ron Batrouney's Premier handicap Billiards team, after a promising start, has gradually slipped down the ladder and now sit in 12th position. This a very changed team from last season's runners up, so a bit of a learning curve being confronted.

TUESDAY OVER 55'S HANDICAP BILLIARDS & SNOOKER

- Arthur Holmes's Gold team sits atop the ladder after some great performances, with Ron Phillips topping the individual billiards wins.
- Ian Gilbee's Green team is at the other end of the ladder, but we are only 7 rounds into a 33-round season. Plenty of time to recover as the handicaps come into affect.

Handicap Snooker Tuesday Night:

- Bill Lindsay's FRSL team sits in 2nd spot, with Sam Malcolm leading the individual winners board. Keep up the great work, boys.
- Bill Morgan's FRSL 147 team sits in 12th spot but there is only 13 points separating top from bottom. Anything could happen here.

Handicap Snooker Thursday Night:

- Gareth Griffith's Eagles are sitting in 4th place. New man, Will Armistad, is going great guns with an 83% win ratio. Ivan Uboldi has 63%.
- Shabbir Badshah's Hawks are struggling along in 8th place, waiting for the handicapping to kick in.

AGM 2025

Our AGM saw a changing of the guard with John van Zanden standing down as President after 18 years and Brett Porter taking over the reins. Heidi Royle is taking over the Treasurer's role from Mark Dunn after 23 years.

The ever-popular Pat Chung "Dumb Bastard's" Cup was held on Saturday 1st February, together with our AGM. Bill Lindsay and Terry Woodhouse teamed up to take of top prize. Club Sub-Section Organiser, Lyn Lynch, presented the awards.



MEMBERSHIP & CONTACT

Weekly comps are played at the Frankston RSL, Pavilion. Please get in touch if you are interested in joining billiards or snooker. All are welcome, including juniors and ladies. Coaching can be provided free of charge.

Treasurer: Mark Dunn on 0422 304 052
Email: bill_snooker@frankstonrsl.com.au

Pipes & Drums



At this time of year, the Band's focus is getting ready for ANZAC Day. The Band played at three ANZAC marches; Chelsea, Frankston, and Rye.

Numbers for the marches are looking positive at this stage with the assistance again, of two pipers from Old Scotch Pipes and Drums.

In January, the Band played at the Cranbourne Masonic Lodge annual Haggis night to celebrate the birth of Scottish poet Robert Burns. The Band put on an excellent performance with 5 pipers and two side drummers. An enjoyable night was had by all who attended.

This year the Band was again invited to play at the Frankston Classic Swim event, held at the Frankston Yacht Club in February. Most pipers and drummers attended and the Band played several times during the morning.

Over the last month, the band has welcomed three new pipers who have played previously and are looking to play in a band again.

AVAILABLE FOR
FUNCTIONS & EVENTS,
WEDDINGS, FUNERALS



LOOKING FOR PIPES & DRUMS
PLAYERS. GET IN TOUCH TODAY!

Contact

Secretary: Sean Sullivan

Practice: Wednesdays 7PM, Frankston RSL

PH: 0413 176 832 **E:** frankstonrslpad@gmail.com



Sub Sections & Groups Contacts



Contact & Meet Up Times	Frankston RSL meet-up
billiards & snooker secretary: Mark Dunn 0422 304 052 email: bill_snooker@frankstonrsl.com.au	mon, tue, thu 6.30PM & tue 10.00AM
golf secretary: Tony Harris 0435 240 342 email: harrisl1978@gmail.com	selected sundays BBQ 12PM
pipes & drums secretary: Sean Sullivan 0413 176 832 email: frankstonrslpad@gmail.com	wednesdays 7PM
home & hospital visitation team contact: Carol Macfarlane 0410 134 599 email: cmacfarlane@frankstonrsl.com.au	last friday of the month 10AM
bingo reception: 8792 4400 email: reception@frankstonrsl.com.au	monday eyes down 11AM thursday eyes down 7PM
frankston probus secretary: Annie Stahmer 0418 822 744 email: ann.stahmer@bigpond.com	1st wednesday of the month 9AM Pavilion
vietnam veterans australia president: Cheryl Myers 0409 962 545 email: secretary.frankston@vvaavic.org.au	1st monday of the month simpson II function room 1.30PM non-daylight savings 7.30PM daylight savings
women's auxiliary coordinator: Carol 0410 134 599 email: cmacfarlane@frankstonrsl.com.au	3rd wednesday of the month 10.30AM (call for location)
wellbeing & welfare coordinator: Stellar 0492 820 743 email: welfare@frankstonrsl.com.au	monday-friday 9AM-4.30PM
Frankston Hub - Compensation Team wellbeing navigators: 1300 645 838	monday-friday 9AM-5PM
partners of veterans australia secretary: Rhonda Tempest 0410 566 709 email: r.tempest@bigpond.com	2nd monday of the month 10.30AM -4.30PM simpson II function room
legacy Frankston coordinator: Lyn Smith 0423 626 973 email: lynsmith51@gmail.com	2nd thursday of the month 10.30AM (call for location)
probus club frankston heights inc email: fhprobus@gmail.com	3rd tuesday of the month 9.30AM for 10AM
frankston prostate cancer support contact: Kevin 0419 133 826 email: smko@bigpond.com	last wednesday of the month 10.30AM pavilion
memorabilia team contact: Frankston RSL Reception 8792 4400 email: reception@frankstonrsl.com.au	every 2nd & 4th Friday of the month, 9.30AM pavilion
4th/19th Prince of Wales's Light Horse Regiment Old Boys contact: Jeff (Tex) Heuston 0412 500 609 email: jeff.heuston@bigpond.com	Last Friday of each month 11.30AM for 12.30PM

FRANKSTON RSL MANAGEMENT TEAM

General Manager
Brett Rowlands

Operations
Colin Ross

People & Culture
Jodi Millar

Governance
Rose VanVelzen

Finance
Jarrold Broben

Bar & Gaming
Tracy Vrana

Marketing & Promotions
Patricia Russo

Executive Chef
Dean Webster

Front of House
Mata Harawira-Tai

Administration
Anja Lepoigneur





COCKER DIAMOND

— Experience —



SATURDAY 21ST JUNE



**Dinner
and Show**

FRANKSTON RSL MEMBERS: \$65.00

GUESTS: \$69.50

DOORS OPEN 7PM FOR DINNER

**Show
Only**

FRANKSTON RSL MEMBERS: \$35

GUESTS: \$39

DOORS OPEN 8.30PM FOR SHOW

BOX OFFICE: (03) 8792 4400

ONLINE: WWW.FRANKSTONRSL.COM.AU/TICKETED-SHOWS

