



Meals

Soup of the Day
See staff for todays special

Member / Guest
\$9/ \$10

Garlic Bread \$11 / \$12
Add Cheese \$1
Add Cheese & Bacon \$2

Seafood Duo \$19 / \$20
Two crumbed calamai rings, battered barramundi, chips & salad served with Tartare Sauce

Southern Style Chicken Tenders \$18 / \$19
Fried Chicken Tenders served with Chips, Salad & Aioli

Mozarella Sticks **V** \$16 / \$17
Served with Chips, Salad & Chunky Tomato Relish

Loaded Potato Skins **GFO** \$17 / \$18
Oven Baked filled with a spiced beef mince filling and topped with cheese.

Bowl of Chips **V GFO** \$9 / \$10
Served with Tomato Sauce

Bowl of Wedges **V** \$12 / \$13
Served with Sweet Chilli Sauce & Sour Cream

MEALS AVAILABLE

MONDAY – FRIDAY
11:30 – 2:00PM

SATURDAY & SUNDAY
12.00 – 2.30PM

Cabinet Display

See Cabinet for Fresh Daily Specials | Cabinet Display is available All Day

	Member / Guest		Member / Guest
Sandwiches	\$5.50 / \$6.00	1/2 Wrap	\$5.50 / \$6.00
Toasties	\$6.50 / \$7.00	Variety of Fillings	
Foccaccias/Rolls/Bagels	\$8.50 / \$9.00	Cakes	\$7.50 / \$8.00
Frittata/Quiche	\$8.50 / \$9.00	Slices	\$6.00 / \$6.50
Croissants	\$6.00 / \$6.50	Banana Bread	\$4.50 / \$5.00
Pies,Pasties& Sausage Rolls	\$8.50 / \$9.00	Fruit Toast	\$4.50 / \$5.00
Served with Chutney/ Tomato Sauce		Served Toasted with Butter	
Brekky Burger	\$8.50 / \$9.00	Scone	\$4.50 / \$5.00
Bacon,Cheese, Egg & Tomato Relish		Served Jam & Cream	
BVG = Vegan		Protein Balls	\$2.30 / \$2.50
V = Vegetarian		Strawberry Coconut, Chocolate Coconut and Peanut Butter	
GFO = Gluten Friendly Option			



*Please note that whilst Frankston RSL endeavours to accommodate requests for customers with food allergies, we cannot guarantee complete allergy-free meals due to the potential trace allergens in the working environment and supplied ingredients.

nancys Café

COFFEE TIME

Espresso



**Standard/Regular
Mug**

Member / Guest

\$5.00 / \$5.50

\$6.00 / \$6.50

- Flat White
- Cappuccino
- Latte
- Hot Chocolate
- Mocha
- Macchiato
- Chai Spice/ Vanilla
- Short Black
- Long Black

Extras

Decaf \$1.00

Extra Coffee Shot \$1.00

Syrups \$.60

Chocolate, Vanilla, Hazelnut & Caramel

Milk Selection

Standard/ Mug

Soy or Lactose Free \$.50 / \$1.00

Almond \$.50 / \$1.00

Oat \$.75 / \$1.50

Iced



Iced Latte \$5.00 / \$5.50

Iced Coffee \$7.00 / \$7.50

Iced Chocolate \$7.00 / \$7.50

Tea

Member / Guest

Loose Tea \$5.00 / \$5.50

Served in a teapot for One

- English Breakfast
- Earl Grey
- Chamomile
- Ginger
- Green
- Peppermint
- Lemongrass

Golden Tumeric Latte \$5.00 / \$5.50

Green Matcha Latte \$5.00 / \$5.50

Juices

Member / Guest

Goulburn Valley \$5.50 / \$6.00



- Cloudy Apple
- Orange
- Cranberry
- Pineapple

Smoothies

Member / Guest

Mango \$7.50 / \$8.50

Mango, Milk, Vanilla Yoghurt & Honey

Mixed Berry \$7.50 / \$8.50

Mixed Berries, Milk & Vanilla Yoghurt

Banana Cinnamon \$7.50 / \$8.50

Banana, Milk, Maple/Golden Syrup, Vanilla Yoghurt & Cinnamon

All Smoothies can be made with any of our available Milk Selection for \$1.50 extra

Milk Shakes

Member / Guest

Chocolate, Vanilla, \$6.00/ \$6.50

Strawberry & Caramel

Baby Chino

\$1.00