

MORSE CODE

EDITION #65 MAY-JUN-JUL 2024



COMMUNITY CLUB
OF THE YEAR
2022-23

CCV COMMUNITY
CLUBS
VICTORIA
STATE AWARDS



www.frankstonrsl.com.au
183 CRANBOURNE ROAD
FRANKSTON, 3199
PH: (03) 8792 4400



OUR MISSION

**To support the welfare of veterans and their families.
To promote pride, respect and belonging within the
veteran and broader community by maintaining a
welcoming atmosphere and providing outstanding
hospitality and entertainment.**

VISION

Connecting communities

Connecting the veteran community with services and camaraderie

Connecting the broader community with experiences through customer first hospitality

www.frankstonrsl.com.au

CONTACT US

phone: (03) 8792 4400

email: reception @frankstonrsl.com.au

web: www.frankstonrsl.com.au

post: P.O. Box 3168, Frankston East 3199

address: 183 Cranbourne Rd, Frankston 3199

Reception Hours

monday-thursday & sat 9AM-7.30PM

friday 9-8PM

sunday 10-7.30 PM

DINING HOURS

hours may differ on public holidays

Four Seasons Bistro

- end time denotes last meal order

lunch: 11.30AM-2PM

12-2.30PM saturday & sunday

dinner: 5.30PM-8.30PM

9pm friday & saturday

Huey's Sports Bar

lunch: 11.30AM-2PM monday-friday

12-2.30PM saturday and sunday

dinner: 5.30pm-8.30pm monday-thursday

5.30pm-9pm friday & saturday

Nancy's Café - Open 7 Days

coffee, cake, & cabinet display: 9AM-LATE

lunch: 11.30AM-2PM monday-friday

12-2.30PM saturday & sunday

TRADING HOURS

Monday 9AM-11PM

Tuesday 9AM-11PM

Wednesday 9AM-12AM

Thursday 9AM-12AM

Friday 9AM-1AM

Saturday 9AM-1AM

Sunday 10AM-11PM

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FRANKSTON RSL MANAGEMENT TEAM

SOCIALS



EDITORIAL

CONTACT

marketing@frankstonrsl.com.au
(03) 8792 4408

Find us at @frankstonrsl

Follow us on Social Media & Stay Up to Date

2024 COMMITTEE



Kevin Hillier OAM
PRESIDENT



John Barry
VICE PRESIDENT



Peter Kerley
SECRETARY



Brian Hill CSC
TREASURER



Lyn Lynch
GENERAL
COMMITTEE



Anthony
Grice
GENERAL
COMMITTEE



Kevin Tester
GENERAL
COMMITTEE



David Helman
GENERAL
COMMITTEE



Zak Critsilis
GENERAL
COMMITTEE

2024 FRANKSTON RSL COMMITTEE ELECTIONS

Thank you to everybody who voted at our Annual Election of Office Bearers to the Committee of the Frankston RSL Sub-Branch and to those who attended the 2024 AGM.

ELECTION RESULTS

The 2024 Committee election results saw the unopposed re-election of :

Executive Members

Brian Hill CSC (Treasurer),
and Peter Kerley (Secretary)

General Committee

we congratulate Anthony Grice and Lyn Lynch on their re-appointment.

We also thank the members who nominated for positions on the Committee.

Contact: committee@frankstonrsl.com.au

President's Report

Welcome to Winter!

Welcome to the Winter issue of Morse Code. Much has happened in and around the club, in the last six months and since Christmas, as a business and welfare hub for veterans and their families.

As usual, Christmas lunch was well supported and enjoyed by those who were able to get a booking. It is a popular event, and you need to get in early, as some members found out, I am unable to make exceptions if you are late in booking.

As the year has progressed our Wellbeing and Compensation advocates have been very busy. We have filled the Wellbeing Coordinator Assistant's position with Jo from the Reception Team, and ANZAC House have employed some new advocates-in-training to fill positions, along with Stuart McGown – Manager Navigation and Support to replace Ange (Compensation Coordinator). As always, please reach out to the team at the Dr. Akeroyd Veterans and Families Wellbeing Hub at the Frankston RSL with your issue on (03) 8792 4400.

As mentioned in the last Morse Code, ANZAC House received a DVA grant to install an office space next to the pavilion for Veteran Advocacy and Wellbeing. This has been a work in progress, and while there have been some hiccups along the way, we are hopeful it will be in place before the end of July.

March saw our Annual General Meeting, and while it was disappointing to have so few members in attendance, it was pleasing to have the need for an election. At least one member was interested enough to put their hand up for a committee position. Thanks to Joy for nominating, and whilst she was unsuccessful, I commend her to try again next year. If any members have considered a position on committee, please come and chat to us at the club, noting that you don't have to be on the committee to assist veterans and their families. We are always looking for new volunteers.

Regarding the search for volunteers, I have been asked to start looking for a new team to look after Memorabilia. If you have an interest in history and military equipment, as well as presenting displays, please come and speak to me, or a member of the memorabilia team via Reception. It is an important area of the club which supports our commemorations.

Along with volunteers for Memorabilia, we are seeking someone to take over the role of Appeals Officer. Peter has done a fantastic job over the years in this area and

retired a couple of years ago, but there was a need last year and he came out of retirement. This position, along with the volunteer badge and appeals merchandise sellers have done an outstanding job this year in raising funds for the benefit of veterans in need. During this appeal, we have assisted Mornington RSL in their appeals, and we raised in excess of \$134,101. More on ANZAC Day appeals is covered on page 20.

As mentioned in the previous Morse Code, our 2023 Remembrance Day service at the Frankston War Memorial was a great success. This year's ANZAC Day Services were equally memorable, and they commenced a day prior, with a students' service and 150 local students and teachers were in attendance. The following morning was the largest gathering at an ANZAC Day Dawn Service we have had since 2015, when the service was held on the Frankston Football oval for the Centenary of the Gallipoli landings. The March and both the Commemorative Service and Wreath Laying Service were also eventful, with over 750 veterans and their families returning to the club for lunch on completion of the Service and March.

Finally, we recently held our inaugural Veterans and their Families Wellbeing Expo with 29 kindred organisations in attendance. The day saw approximately 250 veterans/partners enjoy the information provided, along with a magician, face painting and balloon making for the 40 children that attended. It was a great day and a wonderful opportunity to learn about what assistance is available in our local area for Veterans and their families.

I commend all veterans and their families to make themselves known to the committee, and to be aware of what the RSL has to offer. This includes advocacy in both the wellbeing and compensation spaces, along with the RSL end of life ritual provided on the passing of veterans. We often find out about the passing of a veteran when the family receive a membership renewal notice. Part of this ritual is to let members know of deaths and funerals by placing a notice on both our information screens in the entrance passage of the club and the notice board opposite the Sports Bar. This board is headed by a bronze plaque, which was dedicated a century ago on ANZAC Day 1924, on the original Frankston War Memorial on Nepean Highway, Frankston.

Keep warm during the coming winter and keep well.

Yours Aye,
Kevin Hillier OAM
President
Frankston RSL Sub Branch Inc.



WHAT'S ON?

MONDAYS

Bingo - Simpson Room

11AM EYES DOWN
NO BOOKINGS REQUIRED

TUESDAYS

Trivia Night Huey's Sports Bar

7PM REGISTRATIONS FOR 7.30PM START. FREE EVENT

Kids Eat Free Deal - Dinner Only

ORDER AT THE BISTRO
NOT AVAILABLE PUBLIC HOLIDAYS

Age Strong Fitness class \$5p/p

8AM IN THE PAVILION. REGISTER 8792 4400

WEDNESDAYS

Comedy Nights - 1st Wednesday of month

FEBRUARY-NOVEMBER, IN SIMPSON ROOM
BOOKINGS ESSENTIAL: CALL RECEPTION 8792 4400

Wednesday Raffle Night & Member's Draw

RAFFLE TICKETS ON SALE FROM 5PM
RAFFLE DRAWS FROM 6.30PM
MEMBERS CAN WIN UP TO \$1000 JACKPOT IN
SPIN-THE-WHEEL, IN HUEY'S SPORTS BAR.
MEMBER'S SPIN TIMES: 6.00PM, 6.30PM, 6.45PM

Parma-Night - All Parmas \$19.90

AVAILABLE WEDNESDAY DINNER
ANYWHERE IN THE VENUE

Veterans & Partners Coffee Mornings

10AM, TABLE 221, IN THE ATRIUM, FREE EVENT

THURSDAYS

Thursday Community Raffles

RAFFLE TICKETS ON SALE FROM 5PM
RAFFLE DRAWS FROM 6.40PM

LIVE MUSIC 5-8PM @ HUEY'S SPORTS BAR

Bingo-Simpson Room

7PM EYES DOWN
NO BOOKINGS REQUIRED

FRIDAYS

Friday Night Rattles & Member's Draw

MEMBERS CAN WIN UP TO \$2,000 JACKPOT PRIZE
RAFFLE TICKETS ON SALE FROM 4.30PM
RAFFLE DRAWS FROM 6.30PM
MEMBER DRAW TIMES: 5.30PM, 6.15PM, 7PM

Mega Rattles - Huey's Sports Bar

1ST FRIDAY EVERY MONTH, FEBRUARY-DECEMBER
RAFFLE DRAWS FROM 6.30PM
MEMBER DRAW TIMES: 5.30PM, 6.15PM, 7PM

Free Live Music: Single Income - Simpson Room

1ST FRIDAY EVERY MONTH, FEBRUARY-DECEMBER
6.30 DOORS OPEN, SHOW 7.15PM-10.15PM,
FREE EVENT

Veterans Coffee Morning - Huey's Sports Bar

ALL VETERANS WELCOME:
ALL SERVICE TYPES, ERAS, AGE, & GENDER.
10AM, FREE EVENT

Age Strong Fitness Class \$5p/p

8AM IN THE PAVILION. REGISTER 8792 4400

SATURDAYS

Super Saturdays - Huey's Sports Bar!

12-2PM BUY A CLASSIC PARMA & RECEIVE A FREE POT
CARLTON DRAUGHT TANK BEER
1.45PM (APROX.) LIVE FOOTY ON OUR 6M MONSTER SCREEN.
2-7PM GIVEAWAYS (SUBJECT TO AVAILABILITY)

SUNDAYS

Sunday Lunch Carvery

12PM - 2.30PM EVERY SUNDAY
MAY 19TH - 1ST SEPTEMBER

UPCOMING EVENTS

FIRST WEDNESDAY OF EVERY MONTH

COMEDY NIGHT
FEB-NOV

-TICKETS FROM \$25
8.30PM - 10.30PM

Bringing you some of the funniest stand-up comedy shows right here at the Frankston RSL and capturing the fun experience of a real comedy club. From well known stand up comedians such as "Lehmo" to seasoned comedians from the Australian comedy circuit such as Troy Kinne and Doug Chappel.



26TH JULY

THE BLUES BROTHERS
REVIVAL BAND

-TICKETS FROM \$69.50
7PM - 11PM



The Blues Brothers Tribute Show adds a new perspective and brings a new twist on the Blues Brothers movies and live shows. New characters and songs are introduced into the show to bring the Blues Brothers into the 21st Century, along with all the old favourites you know and love. Come along to this energetic show and make sure you dress up in your best Blues Brothers attire and party with us to a great night.

28TH JULY

BIG BAND SWING SHOW
& AFTERNOON TEA

-TICKETS FROM \$37
2PM - 4.30PM



The Big Band Swing Show is a nine piece band that's a throwback to a time when the music was cool and the Brass section and vocals ruled!! The 'BigCityBeat' Band pays tribute to some of the greatest songs and artists of all time in a show filled with old-school glamour and class. This show is celebration of the greatest songs and greatest artists from The Swing era, including New York New York - History Repeating - Sway - Can't Take My Eyes Off You ... and many more.

12th JUNE

MORNING MELODIES
CORIE BLACKLEY 50'S SHOW

-TICKETS FROM \$27.50
11AM - 2.30PM



Back by popular demand rock on over to Corie Blackley's Rock-n-Roll Show for our next Morning Melodies ! Price includes a two-course menu including roast of the day with seasonal vegetables and Chef's choice of dessert.

21st JUN

BABBA TRIBUTE SHOW
30 YEAR ANNIVERSARY

-TICKETS FROM \$37.50
7PM - 11PM



BABBA is the most exciting and musically accurate tribute to ABBA in the world. With stunning costumes, captivating choreography, and pitch-perfect renditions of the band's greatest hits, the show is a non-stop party that will have you singing and dancing along from start to finish.

29TH JUN

HARRY POTTER THEMED
TRIVIA NIGHT

-TICKETS \$15 7PM - 9.30PM



Consider yourself a Hogwarts expert? Why not test your knowledge of all things Harry Potter by joining us for this great night! We've got some fabulous prizes lined up, including a 'Best Dressed Individual' prize, plus 1st, 2nd, and 3rd prize categories. Entry includes a House Beverage and our CP's kitchen will be cooking up a storm with a special event menu.

10TH JULY

CHARLIE SILLY PANTS

-TICKETS \$7.50

Kids under 2 FREE!

TWO SHOWS 11AM-12NOON & 1PM-2PM

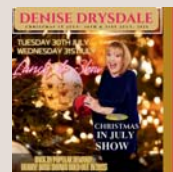


Charlie SillyPants is sooooo excited! He has been told that the most "Hilarious Chickalala" in the Universe is somewhere in Magicland! But Charlie SillyPants needs the kids to help him find it! This will be the "SILLIEST" Charlie SillyPant's adventure so far, so get ready to laugh like a Chicken having a bath!

30th & 31st JULY

DENISE DRYSDALE
LUNCH & SHOW

-TICKETS FROM \$42.50
11AM - 2.30PM



With a career that spans across 40 years, Denise Drysdale has brought light and laughter to many lives and has a life worthy of a memoir. Denise Drysdale is an entertainment phenomenon not to be missed. Affectionately called Ding Dong on national television, Denise has lasted decades in an industry that is notoriously cutthroat. Forever the professional show woman, Denise, along with her musical director, will bring her best stories, songs and comedy to the stage.

16TH AUGUST

HOT AUGUST NIGHT
NEIL DIAMOND TRIBUTE

-TICKETS FROM \$64.50
7PM - 11PM



The Australian Neil Diamond Tribute Band "Hot August Night" is back again at the Frankston RSL. The band has captured the sound and emotion of the Hot August Night era of Neil Diamond. Matt Eldridge and the band do a perfect rendition of the man himself and bring you all the greatest hits that you can't resist singing to, such as Sweet Caroline, I am I said, Crunchy Granola Suite, Cherry Cherry, Song, Sung Blue, and more.

Buy tickets Here



Purchase **SHOW TICKETS**

www.frankstonrsl.com.au /ticketed-shows or PH: (03) 8792 4400 RECEPTION 9AM-8PM

What's New Around The Venue ?



Try a Craft Beer
Paddle in the
Sports Bar
\$9(m) \$10 (g)



New Bistro and
Sports Bar Winter
Menu Available Now



1 A DRAM OF WHISKY?

If you're a whisky lover, this is the perfect excuse to enjoy a dram of top-shelf whiskies. Whether you are a seasoned specialist or a newcomer to whisky, anybody can enjoy a dram and celebrate the water of life. Try our premium whiskies for \$10 (30ml). Limited time only.

- Jim Beam Rye 80 Proof (40%)
- Jim Beam Small Batch
- Makers 46 94 Proof (47%)
- Lochlea Our Barley Single Malt
- Ben Nevis Highland Single Malt
- Laphroaig 10 Year Old Islay Malt



2 SOLAR PANELS - RENEWABLE ENERGY

Installation of solar panels is well under way at the venue. While it would not supply all the venue's needs, it will reduce the amount of mains power we require to operate and as an organisation we have a key role to play in minimising our carbon footprint. Additionally, we have introduced a co-mingled recycling and commercial 'Return It' recycling bank, located in the car park.



3 RSL MERCHANDISE

Brand new merchandise is now available at Reception. These make for great present ideas that are versatile and fashionable or simply, handy everyday items. The latest range includes: New large Army and Navy Bears \$39, Bronze Figurines \$110, Stubby Holders \$10, Jewellery: Bracelets, Necklaces, Earrings, Pens & Notebooks, Anzac Biscuits Tin \$18, Poppy seeds \$6, Dawn of respect Penny \$5, Ceramic Mug \$15, and various Pins, including Lapel Pins. Available from the Reception Team 7 days a week, during reception hours. Contact: (03) 8792 4400



4 LET'S WELCOME...

Meet our new Senior Sous Chef Josh, and Functions Chef Lee, who have recently joined the Kitchen Team. Josh has worked at well-known venues such as The Redfire Lounge, Elsternwick RSL, and Longbeach RSL, and comes to us with 11 years cheffing experience. Functions Chef Lee has 36 years of experience, including having worked in Melbourne, and on the Mornington Peninsula the past 18 years in venues such as the Chelsea RSL doing the functions as well as working the main kitchen, and at the Caulfield RSL as Head Chef.

We also have a new addition to the Executive Management Team. Read more about Rose VanVelzen our new Governance Manager, on page 12.



CP's Function Room

Everyone's favourite dining space at the venue, formerly Cracked Pepper, has now become a Function Room and can be enjoyed in exclusivity for private events.

Ideal for 40-150 guests & a variety of catering options

The new space is ideal if you are looking for a relaxed function room for 40 – 150 guests and we offer a variety of menu and catering styles and options to suit the space.

Modern, Relaxed, State of the Art Features

CP's offers a modern design and a welcoming 'Alfresco' style vibe. The function room is fitted with a private bar, heating and cooling to suit all year round, a kids' playground, in addition to an entertainment area ready for your guests to dance the night away.

Designer Finishings and Style

CP's boasts sunken lounges, and multiple cabanas with artificial grass, couch seating, and each with TV screens. Additionally, the mixed seating style, with long wooden tables as well as high bar style tables and stool seating, is ideal for guests mingling and appealing to all age groups.

Contact our Functions Coordinator to organise a tour of the space and experience the difference first hand.

(03) 8792 4411 & www.frankstonrsl.com.au/celebrations

CP'S
NOW
available
for private
FUNCTIONS
40-150 Guests

CP's Function Room

CONTACT: (03) 8792 4411

EMAIL: FUNCTIONS@FRANKSTONRSL.COM.AU

WWW.FRANKSTONRSL.COM.AU/CELEBRATIONS

Sunday Lunch CARVERY

Every Sunday
until 25th August
12-2.30PM

Served with your favourite trimmings

- Two succulent slow cooked roast meats
- Roast Potatoes
- Seasonal Vegetables
- Gravy
- Sauces



\$28 Members
\$30 Guests
\$15.00 Children
-12 yr & under

Available in all Dining Areas in the venue

Australian Craft Beer Paddle

3 X 150ML TASTERS

M \$9 G \$10

PLEASE CHECK BEER TAPS FOR CURRENT SELECTION AVAILABLE





July Member's Giveaway

Celebrate our Birthday month with us for your chance to win a mini getaway for two, to the Flinders Hotel. Swipe your member's card at the kiosk each time you visit the venue, from 1st July to enter. Drawn 2nd August.



BARMARH PARK VINEYARD

July Member's Giveaway

\$800 GIFT CARD GIVEAWAY



WE'RE GIVING AWAY
WIN 2 X \$100 VOUCHERS TO MORNINGTON PENINSULA VINEYARD - "BARMARH PARK" LOCATED IN MORNINGTON
ON THE 5TH, 12TH, 19TH, 26TH JULY

Frankston RSL
DRAWN @ FRIDAY NIGHT RAFFLES IN HUEY'S BAR - SWIPE DAILY AT THE KIOSK EVERYDAY TO ENTER FROM 1ST JULY!



Ts&Cs Apply

WIN SWIPE & A \$10K VOUCHER

\$10,000 JB HI-FI GIFT CARD

PLUS!
13 extra prizes to be won at the Frankston RSL
Total RRP Value \$3,777

RSL REWARDS
More Rewards. More Often.
Frankston RSL

RSL
SWIPE YOUR CARD BETWEEN THE 3RD - 23RD JUNE TO ENTER!
The promotional artwork is for illustrative purposes only. T&Cs Apply.

JUNE MEMBER GIVEAWAY

TOTAL IN VENUE PRIZES VALUE \$3,777

\$900 JB HI-FI GIFT CARD

\$380 SAMSUNG TABLET A9+

\$670 PLAYSTATION 5 CONSOLE

\$550 LG 5.1 CHANNEL SOUNDBAR

\$545 HIQ 55" LED 4K UHD GOOGLE TV

\$100 JB HI-FI VOUCHERS X9

SAMSUNG TABLET A9+

PLAYSTATION 5 CONSOLE

HIQ 55" LED 4K UHD GOOGLE TV



2024 Inaugural Veterans & Their Families Expo

An incredible success is the best way to sum up our Inaugural Veterans and Their Families Expo on Saturday 18th May, 2024. The family friendly Expo was held at the Frankston RSL, attracting visitors from a range of ages. The atmosphere was buzzing with 29 exhibitors, dignitaries, and Veterans, with many new faces attending.

The day's program included an opening address from Club President Kevin Hillier OAM, a Q&A session run by Committee Member Zak Critsilis, a performance by Dave Cox from 'Guitars For Veterans', as well as children entertainers including a magician, balloon artist, and face painter. There were two lucky door hamper prizes that included a \$50 venue voucher and many other goodies, plus complimentary refreshments throughout the Expo.

It was an awesome outcome to many months in the making and it surpassed all our expectations. Thank you to everybody who helped put the Event together and to our AMAZING and staunch volunteers who are never too far away and always willing to lend a helping hand.

A special thank you to our incredibly humble Wellbeing Coordinator, Stellar, who did an amazing job at putting the Expo together with Volunteers and Frankston RSL staff. With lots of positive feedback received, the biggest takeaway was that many connections were made - and at the end of the day that's what it's all about!



Whisky Tasting Event

What better way was there to celebrate World Whisky Day on Saturday 18th May, than with a Whisky Tasting Session at the Frankston RSL.

Our Whisky Tasting Event was a roaring success, and we thank everybody who attended, from seasoned specialists to eager newcomers, who enjoyed tasting a dram of Whisky and celebrating the water of life!

A special thank you to our host and whisky connoisseur, Craig Merson from The Whisky Company, who took participants on a fascinating journey around the world through the tasting of 6 whiskies, highlighting the different styles of whiskies and their history, and providing tasting tips and background on each of them - from their origins to how best to enjoy them.

We will be holding more tasting events, so make sure to follow us on our socials or subscribe to our e-newsletter to stay in the know.



**EXECUTIVE TEAM
NEW MEMBER**

LET'S CONGRATULATE



GOVERNANCE MANAGER: ROSE VAN VELZEN

Welcome!
...to our new member of the Executive Team

Rose was recently appointed to the role of Governance Manager. This newly created role within the Executive Management Team oversees Gaming, Marketing, and Finance, and will assist in the administration of venue compliance and corporate governance.

Rose comes to us with a wealth of knowledge and is a qualified and professional executive with extensive experience in providing high level

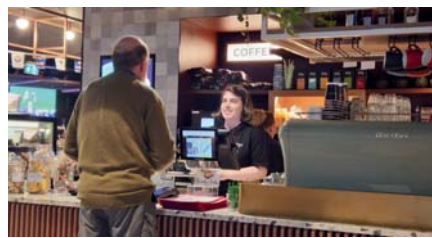
support to assist with driving success through the management of daily operations, strategic planning, and special projects.

Rose has worked in the areas of Human Resources, Administration, Compliance & Governance.

We welcome Rose to the team, please say hello to Rose when you see her in the venue!

Staff Development

Creating Employment Pathways



'Driving social change in our community to empower people with disabilities.'

In April 2024, we welcomed another Wallara Open Employment client to the Frankston RSL workforce. Olivia has been thriving in Nancy's Cafe and has proven to be a vital asset to the team by diving straight into negotiating the register on her first day, and currently making some of the frothiest coffees that have ever come out of our Cafe.

The goal of the joint Employment Pathways Program with Wallara is to introduce their Clients, currently working at Sages Cottage Farm and Cafe, to the day-to-day operations of a large-scale venue. Olivia's prior experience and skills at Sages Cafe and a local fast-food restaurant has made all the difference to her valuable input to the Frankton RSL Cafe Team.

Visit Sages Cottage Monday - Sunday 8.30am-3.30pm
85 Sages Road, Baxter VIC. Ph: 0437 421 074

STAFF DEVELOPMENT = COURSES & TRAINING



The Frankston RSL has 20 trained First Aiders, and six Accredited Mental Health First Aiders, who successfully completed training by Mental Health First Aid Australia. Four more staff members are currently scheduled for the next round of Mental Health First Aid training.



'listen, connect, and offer support when it matters most.'

Similar to first aid courses, participants learn the skills to recognise and respond to someone experiencing a mental health crisis, until professional help is received.



In June, the Frankston RSL focused on Fire Warden training with Industry Specialists Commercial Fire Group (CFG). The venue now has a fully trained Chief Warden, Deputy Chief Warden, five area fire wardens, and 11 general wardens.

We will continue to engage in ongoing training to refresh and expand on the skills and knowledge of the Leadership Team and staff, as we are committed to building a positive and inclusive workplace culture where everyone feels safe and supported to talk about mental health, and to reach out for support early.

"The first step to managing your stress is recognising when you are stressed, and confiding in a friend, colleague, family member or your partner. Sometimes, just saying it out loud will help you feel lighter and less stressed".

- Amanda Gordon

ABOVE & BEYOND AWARDS

IN RECOGNITION OF THE STAFF WHO HAVE GONE ABOVE & BEYOND THEIR 'CALL OF DUTY' AND WOWED US WITH THEIR EXTRAORDINARY EFFORTS & AWESOME CAN-DO ATTITUDE!



Front of House Team

Bar Team

Admin Team

BOH & Kitchen Team

JANUARY STAFF AWARDS GOING ABOVE & BEYOND

Frankston RSL



Front of House Team

Bar Team

BOH & Kitchen Team

FEBRUARY STAFF AWARDS GOING ABOVE & BEYOND

Frankston RSL

AWE SOME

STAFF AWARDS - QUARTERLY WINNER GOING ABOVE & BEYOND

Jan Feb-Mar



AWE SOME

Congratulations Cherree-Ann!

IF YOU CAN DREAM IT, YOU CAN DO IT

Frankston RSL



Front of House Team

Bar Team

BOH & Kitchen Team

Admin Team

MARCH STAFF AWARDS GOING ABOVE & BEYOND

Frankston RSL



Front of House Team

Bar Team

BOH & Kitchen Team

Admin Team

APRIL STAFF AWARDS GOING ABOVE & BEYOND

Frankston RSL

JULY BIRTHDAY WEEK
Happy 105th Birthday to us!

105th



\$16000
IN PRIZES

W H E A T S O N ?

26TH JULY - 2ND AUGUST
PREMIERE ENTERTAINMENT

FRIDAY JULY 26 - BLUES BROTHERS REVIVAL BAND
SATURDAY JULY 27 - BABY BOOMERS 50'S-80'S
SUNDAY JULY 28 - BIG CITY SWING BAND MATINEE & AFTERNOON
TUESDAY 30TH & WEDNESDAY 31ST JULY - DENISE DRYSDALE XMAS IN JULY SHOW

'FRIENDS' THEMED TRIVIA. TICKETED EVENT SATURDAY 27TH JULY IN CPS
\$15 P/P INCLUDES HOUSE BEVERAGE. \$500 IN PRIZES!

HUEY'S SUPER SATURDAY 27TH JULY
\$20 PARMA & RECEIVE FREE CUB POT* 12-2PM
INSTANT WINS & MAJOR PRIZE DRAWN SATURDAY 3RD AUGUST

\$16,000 TO GIVEAWAY IN PRIZES
BEEFED UP RAFFLES \$ \$ \$

Fri 26th July - \$4000 Wed 31st July - \$1500
Fri 2nd Aug - \$4000 Thu 1st August \$1200

GUARANTEED MEMBER'S DRAWS
FRIDAY 27TH JULY \$1000 & FRIDAY 3RD AUGUST \$1000

MEMBERS GETAWAY GIVEAWAY TO FLINDERS HOTEL \$700
DRAWN FRI 2ND AUGUST. SWIPE DAILY AT KIOSK TO ENTER FROM 1ST JULY

\$500 BINGO PRIZES
Monday 29th July & Thursday 1st August

TRIVIA TUESDAY 30TH JULY - IN HUEY'S SPORTS BAR
BEEFED UP PRIZES: 1ST \$250, 2ND & 3RD \$75 & \$75 PRIZES

FREE LIVE MUSIC IN HUEY'S
Thursday 1st August, 5-8PM

SUNDAY LUNCH 28TH JULY - CARVERY
WITH FREE SLICE BIRTHDAY CAKE

TUESDAY 30TH JULY FAMILY FUN NIGHT IN BISTRO
KIDS RAFFLES. \$250 IN PRIZES
ROAMING MAGICIAN, FREE KIDS ACTIVITY PACK WITH KIDS MEAL.
FREE POPCORN. CARVERY AVAILABLE.

T&C Apply. Schedule is subject to change & availability.

JULY - AUGUST, 2024

CHEERS!
\$6.50 GLASS
SPARKLING WINE
AVAILABLE ALL BARS
1ST-31ST JULY

JOIN ALL THE FUN OF BIRTHDAY WEEK! FRIDAY 26TH TO FRIDAY 2ND AUGUST IT'S OUR 105TH BIRTHDAY!

YOU COULD
win
\$\$\$
\$1,000
MEMBER MUST BE PRESENT TO WIN!
5:30PM | 6:15PM | 7:00PM
GUARANTEED WINNER

SUPER RAFFLES
\$4000 IN PRIZES
GUARANTEED \$1000
MEMBER DRAW 7PM
FRIDAY 26TH JULY

FRIDAY 26TH JULY
The Blues Brothers
DRESS UP & PARTY! Show



BLUES BROTHERS
REVIVAL BAND
TICKETED EVENT
DRESS UP AND PARTY!
FRIDAY 26TH - 7PM

HUEY'S
SPORTS BAR



\$20 PARMA & POT DEAL 12-2PM
CUB GIVEAWAYS & INSTANT WINS &
MAJOR PRIZE DRAWN 3RD AUGUST
SATURDAY 27th JULY

BABY BOOMERS DUO
A musical mystery tour! 50's, 60's, 70's & 80's



BABY BOOMERS
ON SALE SOON!
SATURDAY 27th July

F.R.I.E.N.D.S
TRIVIA NIGHT



THEMED TRIVIA NIGHT
FRIENDS SITCOM THEMED. \$15 P/P
TICKETED EVENT INCLUDES 1 DRINK
SATURDAY 27TH-7PM

BigCityBeat
SHOW & AFTERNOON TEA
\$37 FRANKTON RSL MEMBERS
\$40 GUESTS

2PM DOORS OPEN
2:30PM SHOW
3:45PM INTERMISSION & REFRESHMENTS
4:30PM END



BIG BAND SWING SHOW
& AFTERNOON TEA
2PM DOORS OPEN
SUNDAY 28TH JULY

Sunday Lunch
CARVERY
Every Sunday
until 25th August
12-2.30PM

105th
Celebrate your 105th birthday with us!

\$28 Members
\$30 Guests
\$15.00 Children
-12 yr & under



SUNDAY LUNCH CARVERY
WITH FREE SLICE OF
BIRTHDAY CAKE
SUNDAY 28TH JULY

BIRTHDAY BINGO!
\$500 JACKPOT BOTH DAYS
MON 29/7 & THU 1/08

MONDAYS EYES DOWN 11AM
THURSDAYS EYES DOWN 7PM



BIRTHDAY WEEK
SUPER TRIVIA

TUESDAY 30TH! REGISTRATION AT 07:00PM
TRIVIA STARTS AT 07:30PM

1ST PRIZE - \$250 VENUE VOUCHER
2ND PRIZE - \$75 VENUE VOUCHER
3RD PRIZE - \$75 VENUE VOUCHER
+ 10 DRINK VOUCHERS
TO GIVEAWAY!



BIRTHDAY TRIVIA!
\$250 1ST PRIZE, \$75 2ND, \$75 3RD
DRINKS VOUCHERS GIVEAWAY
TUESDAY 30TH -7PM

DENISE DRYSDALE
CHRISTMAS IN JULY - 30TH & 31ST JULY

Lunch & Show
TUESDAY 30TH JULY
WEDNESDAY 31ST JULY

Tickets:
\$42.50 FRANKTON RSL MEMBERS
\$49.00 GUESTS



DENISE DRYSDALE
XMAS IN JULY SHOW
TUE 30TH &
WED 31ST JULY - 11AM

FAMILY FUN NIGHT
CARVERY NIGHT. KIDS RAFFLES. ROVING
MAGICIAN. FREE KIDS PACK WITH EVERY
KIDS MEAL. FREE KIDS POPCORN
TUESDAY 30TH-6PM



WEDNESDAY
RAFFLES
& MEMBER'S DRAW
SPIN THE WHEEL

\$5 x \$50 Venue Vouchers
4 x \$50 Colne Myer/Wish Cards



\$1500 HUEY'S SUPER RAFFLES
PLUS SPIN THE WHEEL
MEMBERS' DRAW
WEDNESDAY 31ST - 5PM

THURSDAY
RAFFLES

TICKETS \$2 EACH
ON SALE
FROM 4.30PM

TICKETS \$2/EACH & NUMBERS
ON SALE 5PM
DRAWN FROM 6.00PM



\$1000 COMMUNITY
RAFFLES
LIVE MUSIC 5-8PM
THURSDAY 1ST-5PM

\$\$\$
\$1,000
GUARANTEED MEMBERS
DRAW WINNER
PLUS MEGA RAFFLES

MEGA RAFFLES
\$4000 IN PRIZES
GUARANTEED \$1000
MEMBER DRAW 7PM
FRIDAY 2ND AUG



FREE LIVE
ROCK MUSIC



FREE LIVE
CLASSIC ROCK
7.15PM- 11.15PM
FRIDAY 2ND AUG



Lest we forget



ANZAC DAY 2024

2024 saw once again the public commemorating ANZAC Day with approximately 6,000 in attendance at the Dawn Service and 2,000 at the Commemorative and Wreath Laying Service.

We were fortunate to have Captain Adam Muckalt, RAN as guest speaker at both services on behalf of the Chief of Royal Australian Navy.

Mayor Cr Nathan Conroy of Frankston City Council gave the opening address at the Dawn service, and Paul Edbrooke, local member for Frankston, gave the opening address at the commemorative service. Both services were supported by the Frankston RSL Chaplain Grahame Watkinson CSM, members of the Mornington Peninsula Welsh Ladies Choir, and local cadets from both Army and Air Force.

12 wreaths had been laid a day prior, by schools from the local area, and a further 30 wreaths were laid along

the memorial wall during the Wreath Laying Service.

A highlight at the completion of both services is the laying of poppies, by all those who attend, in the garden within the memorial that becomes a feature of the Frankston War Memorial for many weeks to come.

A special thanks to our local council workers for the way they present the War Memorial on these special occasions. Also, a special thanks to Lisa MacGregor from Scarlett Mac Events for the tireless work she puts in preparing all of the paperwork and the on-site organisation of the event.

The lunch offered at the club, after the completion of the service, was again outstanding and enjoyed by 750 Frankston RSL members and families. We cannot thank our staff enough for the countless hours they put into organising the day, to pay respect to our active service personnel, and our veterans and their families.



\$134,101

was raised by the Frankston RSL Sub Branch

We are proud to announce that the Frankston RSL Sub-Branch Appeals Team succeeded in raising in excess of \$134,101. These valuable funds will go toward helping Veterans and their families who are in need of financial, social, and wellbeing assistance.

We look forward to meeting up with many at our next commemoration on the 11th of November for Remembrance Day.



FRANKSTON RSL ANZAC DAY 2024



Thanks to Steve Brown Photography for the images. Steve graciously gives up his time every year to capture the essence of the day and donates his photos to the Frankston RSL. Contact: [@steveb3199](https://www.instagram.com/steveb3199) or 0417 822 288

ANZAC DAY 2024 Services



Thank you to everybody who came once again to the dawn and wreath laying commemorative services, who marched with us, who was present in the moment, who stood tall with our veterans and our active service personnel, who bonded as a community, and made this year another truly successful, emotive, and fulfilling ANZAC Day. Everybody's passion, interest, and motivation is what keeps us going from generation to generation.

The Committee passionately conduct commemorative services at local schools, community organisations, aged care facilities, and sporting clubs, who are highly appreciative of their visit and time. Here is a sprinkling of services and highlights, to capture the essence of ANZAC Day 2024. A gallery of images is also available on our website: www.frankstonrsl.com.au/commemorativeservices



Committee Member Lyn Lynch was invited by Goodstart Early Learning Centre in Frankston South to speak to the 4 year-olds about the significance of ANZAC Day. Thanks to the book ANZAC Ted and an 'ANZAC Bear' as props, the curious little ones were able to reflect before firing away many questions, that was followed by an arts & crafts poppy making session.



Brooke Humphrey, cornet player in the Frankston City Band, has been an integral part of many of the Frankston RSL ANZAC Day and Remembrance Day ceremonies since 2018. In appreciation of her service to the RSL and Veterans, Vice President John Barry presented and gifted her with a bugle. As a cornet player from the band, Brooke played the Last Post at the Frankston & District Netball Association (Jubilee Park) Frankston Basketball - FDBA, Frankston Dolphins Football Netball Club, and at the Students Service with local schools, and most importantly at the ANZAC Day Dawn Service held at the Frankston War Memorial.



The Frankston RSL was honoured to have been invited by Frankston Dolphins Football Netball Club to conduct the ANZAC Day eve commemorative service. John Barry, Club Vice President, had the honour of conducting the service.



Club President Kevin Hillier OAM, conducted several ANZAC Day services with local community groups and sporting clubs. An ANZAC Day eve service was held for local schools at the Frankston War Memorial.



Kevin Hillier OAM awarded 90 Anzac Day Spirit Medals at the FDNA ANZAC Day Round on Saturday 20th April, and where 180 teams competed. Every year, FDNA awards medals to one player per every game that has exemplified the ANZAC Sprit with their Courage, Pride, and Mateship. Additionally, Defender Lyshae Barry from Waves' 2024 Championship Team, presented Kevin Hillier OAM with a netball signed by the 2023 Championship team, in thanks for the 15 years of support provided by the Frankston RSL to the FDNA (1988-2003).



An ANZAC Day service was held at Signature Care Langwarrin, officiated by Club Vice President John Barry. The residents and organisers did a wonderful job again this year setting up the room with ANZAC Day Memorabilia, and the high level of participation by the residents and staff ensured it was another memorable service. Mrs Elsie Forsyth sat proudly next to photos of her husband and father, and Mr Noel Smith proudly laid the wreaths.



The Frankston RSL Committee and Management would like to thank all staff involved in the organisation, communication, and roll out of ANZAC Day commemorations, function and luncheon. It was a perfectly orchestrated and enviable event, and all staff involved should be very proud of having played a part in it's success.



Thank you!

A special thanks for the volunteer assistance from all community groups, aged care facilities, as well as the 100 local businesses that happily had our Appeals 'Boxes' at their workplaces and helped sell merchandise. A big shout out to our stalwart volunteers that are there every year and for every Appeal, including the Navy Club, the Ladies Auxiliary, our Sporting Sections and of course, the Langwarrin Girl Guides, and Airforce and Army Cadets who have selflessly offered their time over the years - and without prompting.

ANZAC APPEAL 2024

The Committee and Management would like to thank our army of Volunteers for their tireless work and who manned our ANZAC Appeals stalls once again this year. The countless and selfless hours of community work rendered by them, from committee members, club members, community organisations, aged care facilities, businesses, and schools, they raised in excess of \$134,101. Thank you also to everybody who purchased Appeals merchandise, as this would not be possible without your generosity. The valuable funds raised go a long way to helping Veterans in need. Well done, and thank you to all.



A special thanks to our valued Appeals Officer, Peter Kerley, for his ongoing commitment and dedication to the ANZAC Appeals, and his admirable efforts to rally volunteers and manage the teams to raise consecutive record-breaking Appeals funds for our Veterans at the Frankston RSL.



@nidekpropertygroup



Thank you!



The Frankston District Netball Association Hospitality Manager outdid herself with making jumbo ANZAC cookies. \$1 from each sold was donated to the ANZAC Day Appeal and a whopping \$200 was raised. The support didn't stop there, and a tray of ANZAC Day merchandise at Jubilee Park helped raise another \$200 for the Appeal.

Volunteer for our Appeals



Selling ANZAC Day Badges and REMEMBRANCE Day Poppies is not all bad, in fact, ask any of our volunteer sellers and they will tell you it's actually good fun!

A couple of weeks prior to April 25th and November 11th our Appeals Teams, led by a volunteer Site Manager, set up at major shopping outlets around Frankston and the Mornington Area. The Site Managers have ample stock of merchandise, signs, a cash float, and an EFTPOS Machine and set up, within minutes, a wonderful display at the Appeals stands. As volunteers, all you have to do is sit back for a three hour shift, and wait for customers - which is generally immediate.

If the simplicity of volunteering has convinced you, then you're ready to sign up and become a pin or poppy seller. You will always be rostered with someone who is au fait (knowledgeable) and skilled with the EFTPOS machines - given that 50% + of our payments are now on-line, so don't let digital payments frighten or deter you from volunteering.

Our volunteer Site Managers pick up stock, cash, EFTPOS machines, power boards, and point of sale materials at the end of the day so you won't even have to help pack up!

You will enjoy meeting new people, and know that through your help and promotion of the Frankston RSL, veterans services, and veterans activities, you will be helping the great cause of helping veterans in need.

If badge selling isn't to your "appeal" our Appeals also incorporates setting up badge selling trays for five major retail outlets, plus 36 schools, 120 small businesses, aged care facilities, hospitals, sporting and fitness clubs, as well as arranging delivery of badge trays to these sites, and then pick-up and return cash and tray stock balances to the Club.

Alternatively, you may prefer to help by nominating your business, school, or place of work to display badges for sale.

If you are interested in joining our Appeals team, as tray filler, site manager, badge seller, stockist, or delivery person, please contact Peter Kerley, Frankston RSL Committee Secretary and Appeals Officer.

Friendly reminder! Every \$ collected (100%) is used to assist veterans and their families in need, and volunteer activities are fully insured under RSL policies.

Peter Kerley, Secretary Frankston RSL
PH: 0450 568 138 Email secretary@frankstonrsl.com



RSL VICTORIA 2023 HALL OF FAME AWARDS



Frankston RSL is pleased to host

ANNUAL
Hall of Fame
AWARDS DINNER

NOVEMBER 25, 2023 | FRANKSTON RSL

Striving for Excellence



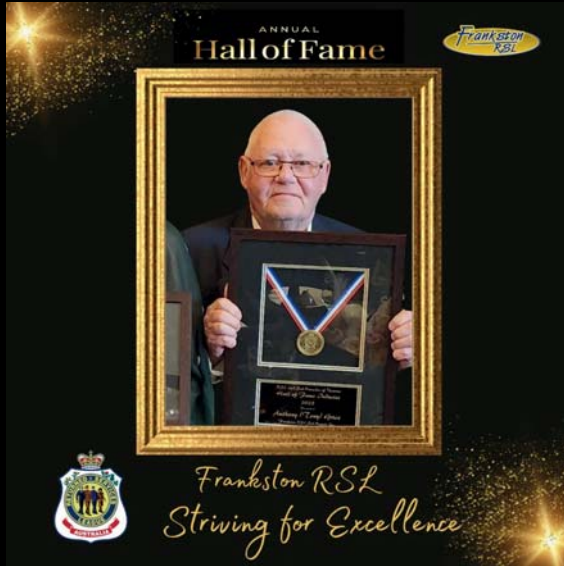
The Frankston RSL was once again entrusted with hosting the RSL Victoria Annual Hall of Fame Awards Dinner for a second year running, on Saturday 25th November. It provided us with another opportunity to flaunt our wonderful venue to 220 participants and representatives from metropolitan and regional RSL Sub-Branches in Victoria.

We would like to thank our wonderful staff for seamlessly hosting a perfectly orchestrated evening, where our function room was a breath-taking shimmer of gold, spectacularly themed with fresh Spring flowers, and paired with a 5-star menu, delectably executed by our Executive Chef and his team.

The Hall of Fame Awards Night provides a great opportunity to not only showcase the great work of the Victorian RSL network but also to recognise the outstanding efforts of many individuals who have made a significant contribution to the success of RSL Sub-Branches.

We are proud and fortunate to have two such individuals that have made a substantial difference to the Frankston RSL and the community, and that they were recognised and awarded for their achievements. Anthony Grice, Committee Member and Volunteer for 51 years, and Anja Lepoigneur, Administration Manager, who has been with the club for 10 years.

**LET'S CELEBRATE
HALL OF FAME
INDUCTEE AWARD**



**Anthony GRICE -
COMMITTEE MEMBER 5YR
WELLBEING ADVOCATE,
51 YR SERVICE MEMBER,
22 YR VOLUNTEER
2YR APPEALS OFFICER**

Anthony Grice was our highly deserving inductee to the RSL Victoria Hall of Fame, having been recognised for his 51 years of outstanding service to the RSL network and commendable dedication to the Community, and Armed Forces through numerous volunteer activities over the past 22 years, particularly support to veteran welfare and wellbeing and has been a Service member of the RSL for 51 years. He completed two years in the Australian Army (NSS) National Service, including a 12-month tour of duty in Vietnam.

Anthony is a qualified Wellbeing Officer and Senior Wellbeing Advocate, and Wellbeing Mentor. In addition to providing significant wellbeing support to veterans,

Anthony has mentored three Wellbeing Trainees and continually commits time and effort to other volunteer activities including managing the team of volunteers that acquire and repurpose mobility aids, white goods, and furniture to veterans in need, not only in Frankston, but across the RSL network through redistribution to other RSL Sub-branches.

The estimated value of goods collected and redistributed over the past seven years is more than \$170,000.

Anthony was also the Sub-Branch Anzac and Poppy Appeals Officer in 2018 and 2019 and through his efforts raised \$233,500. Anthony also commits significant hours to the Age Strong Exercise group at the Club, and hosts a Wednesday morning coffee group for veterans and partners that has grown from six attendees pre-COVID to 20 or more attendees every week these days. His passion, dedication, and exemplary performance in supporting the veteran community reflects great credit on him and the Frankston RSL Sub-Branch.

**ACHIEVEMENT &
RECOGNITION AWARD**

**FROM FRONT OF HOUSE (FOH)
TO MANAGEMENT TEAM IN 10 YEARS !**

Anja Lepoigneur, Administration Manager, won the Achievement and Recognition Award, having been recognised for her 10 years of dedication with the Frankston RSL.

Anja is well respected by all veterans, members, and staff for her hard work throughout the years. She has risen internally, through every rung on the ladder to the level she is today. Her leadership, attention to detail, and understanding of what customer service means has helped the Front of House Department go from strength to strength.

Her continued growth within the RSL lead to a new role as Administration Manager and she has relished the chance to plan, organise, and execute the 'back end' operations of the business. She has also taken on the additional role of Assistant to the Committee Secretary. Her attention to detail, understanding of Operations, and work ethic are second to none. She is heartily worthy of this accolade.



HUEY'S SPORTS BAR

THE BEST OF LIVE ACTION SPORT ON A MASSIVE 6M SCREEN!

HUEY'S SPORTS BAR

PREMIUM CRAFT BEER

BALTER
with agave
XPA

\$8.70 (M)
\$9.70 (G)

SCHOONERS

WHISKIES OF THE WORLD

30ML \$10
ON ALL LISTED PREMIUM WHISKIES

JIM BEAM **LOCHLEA** **BEN NEVIS**
Maker's Mark **LAPHROAIG**

HUEY'S SPORTS BAR
Frankston RSL

T&C Apply

辛口

400ML

\$11.90 (M)
\$13.30 (G)

PIRATE LIFE
brewing
EST. 2014
Hazy XPA
5.0% Alc/Vol

MATILDA BAY
EST. 1983
HAZY LAGER
SMOOTH & EASY
Hazy on the eye, smooth on the palate

BILLSON'S
ESTD. 1865
HANDCRAFTED IN BEECHWORTH

FRUIT TANGLE

PERFECTLY BLENDED WITH
Triple Distilled
VODKA
MADE WITH OUR ALPINE SPRING WATER

Lightly Sparkling
MIXED SPIRIT DRINK

ON TAP HERE

AVAILABLE ALL BARS

THE ORIGINAL

Members **\$9.10** each
Guests **\$10.10** each

JIM BEAM
BOURBON + COLA

PREMIUM CRAFT BEER

\$7 (M)
\$7.70 (G)

SCHOONERS
Available until stocks last!

DEEDS BREWING
GLEN IRIS, AUS. 31146

HUEY'S SPORTS BAR
Frankston RSL

T&C Apply

KILKENNY ON-TAP

HUEY'S SPORTS BAR

KILKENNY
LASH CREAM ALE

Australian Craft Beer Paddle

3 X 150ML TASTERS
M \$9 G \$10

CHECK BEER TAPS FOR CURRENT SELECTION AVAILABLE

BILLSON'S
ESTD. 1865
HANDCRAFTED IN BEECHWORTH

\$12.10 (M)
\$13.10 (G)

AVAILABLE HERE

G \$20
M \$19

HUEYS

SPORTS BAR
COCKTAIL
MENU

PINK GIN FIZZ



ISLAND FLOWER GIN, MIXED BERRY SYRUP, LEMON SYRUP, SODA WATER, DEHYDRATED LEMON

HAWKERS MARKET MULE



THAT SPIRITED LOT NINCHY DRY GIN, GINGER SYRUP, LEMON SYRUP, SODA WATER, FRESH LIME

FROSTY FRUIT



TRES CIRTICOS VODKA, TROPICAL SYRUP, LEMON SYRUP, SODA WATER, DEHYDRATED LEMON

GODFATHERESPRESSO MARTINI



GODFATHER VODKA, COFFEE SYRUP



\$100 FIRST PRIZE,
\$25 SECOND & \$25 THIRD PRIZE
REGISTRATION 7PM FOR A 7.30PM START
PLUS 10 DRINK VOUCHERS TO GIVEAWAY



Parma Night

WEDNESDAY IS PARMA NIGHT ANYWHERE IN THE VENUE



A RANGE OF PARMAS TO CHOOSE FROM + CHIPS & SALAD
dinner only, from 5.30pm

NEW SPORTS BAR MENU NOW AVAILABLE
HUEYS
SPORTS BAR

Rekorderlig Cider



GET ON THE TAB APP



Gamble Responsibly.

Parma Night

WEDNESDAY IS
PARMA NIGHT
ANYWHERE IN
THE VENUE

dinner only
from 5.30pm

\$19.90*



A RANGE OF PARMAS TO CHOOSE FROM
+ CHIPS & SALAD

*subject to availability

WIN 1 OF 2 X DOUBLE
PASSES TO MARVEL
STADIUMS MEDALLION CLUB
TOTAL PRIZE VALUE \$400



15TH JUNE - 1.45PM



21ST JUNE - 7.40PM



TO ENTER

SWIPE YOUR MEMBER'S CARD AT THE MEMBER'S KIOSK
AND SWIPE WITH ANY PURCHASE AT THE VENUE
ON ANY SATURDAY OR SUNDAY BETWEEN 1PM - 7PM
FROM SAT 18TH MAY - SUNDAY 9TH JUNE



Frankston RSL

Harry Potter

QUIZ

SATURDAY 29TH JUNE
 \$15 PER PLAYER - INCLUDES A HOUSE BEVERAGE
 7:00PM REGO | 7:30PM START
 IN CP'S RESTAURANT - KITCHEN OPEN 6PM-8.30PM
 \$500 IN VENUE VOUCHERS TO BE WON!
 \$200 1ST, \$150 2ND, \$50 3RD
 \$100 VENUE VOUCHER FOR BEST DRESSED INDIVIDUAL
 TO BOOK YOUR TICKETS VISIT:
WWW.TRYBOOKING.COM/CRUMO
 EXPECTO PATRONUM QUIZZEOTA

Frankston RSL

BUY A PARMA & RECEIVE A FREE POT OF CARLTON DRAUGHT

HUEYS | SATURDAYS
SPORTS BAR | 12-2PM
DURING FOOTY SEASON



Melbourne Museum Titanic Exhibition

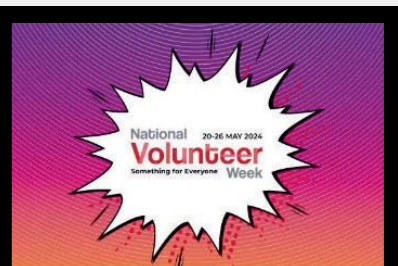
Beating social isolation among our veteran community is high up on our task list and our wellbeing department does an amazing job at designing interesting and suitable outings and day trips. In February, a coach full of 36 enthusiastic veterans, partners, and carers embarked on a day trip to the Melbourne Museum to see the Titanic Exhibition. After all that exertion, the group had a wonderful lunch at the historic Caulfield RSL for some essential social time.

All veterans and current serving service personnel, partners, and carers are invited to the Frankston RSL Excursions.

Call the Wellbeing Team to find out more about our excursions.
PH: (03) 8792 4427



*Thank you to our
 Volunteers!
 Anzac & Poppy
 Appeals volunteers,
 Women's Auxiliary,
 Billiards & Snooker,
 Bingo,
 Frankston RSL
 Committee,
 Golf Sub-section,
 Home & Hospital
 Team,
 Memorabilia Team,
 Mobility Aids &
 Furniture Program
 Team,
 Parc Agestrong
 Exercise Group,
 Pipes & Drums,
 Sewing Group,
 Wellbeing Team,
 RSL Funeral
 Representatives,
 and general
 volunteers.*



*Volunteers are not paid
 Not because they are
 worthless.
 But because they are
 priceless.
 Volunteers make the place
 a better world.
 True Kindness is helping
 someone without expecting
 anything in return.
 Volunteers do not necessarily
 have the time
 —they have the heart
 'Elizabeth Andrew'*



CELEBRATING NATIONAL VOLUNTEER WEEK 2024



We love hosting our yearly Volunteer Lunch to celebrate National Volunteer Week, because we get to say thank you to some of the most amazing people we know! The club played host to 115 very special volunteers, who enjoyed being looked after for a change and were treated to a wonderful luncheon enjoyed in great company. They were entertained with an awesome performance by the Frankston Ladies Choir, who sang a range of favourites.

The lucky door prize winner took home two tickets to 'The Two of Us', Songs of Lennon & McCartney, at the Frankston Arts Centre. The tickets were generously donated by Club members Lisa and Matthew.

MC and Frankston RSL Club President Kevin Hillier OAM officiated the event and talked about the array of volunteering roles on offer at the Club, and MC and Frankston RSL President Kevin Hillier OAM officiated the event and talked about the array of volunteering roles on offer at the Club, and how there is something for everyone to get involved in.

Volunteers are the backbone of any RSL and without them this RSL would find it hard to do the work that it does: often helping with Home & Hospital Visitation, Mobility Aids, Appeals, Wellbeing Support and Memorabilia, to list a few among the many services they provide.

The national week-long event recognises the vital support that the millions of volunteers in our country provide to their communities and encourages people to consider volunteering. National Volunteer Week 2024 was a celebration of our power to drive change and ensure volunteering is inclusive of all members of the Australian community.

This year's theme was 'Something for Everyone' recognising the diverse passions and talents everyone brings to the act of volunteering.

If you're keen on volunteering, get in touch with the Wellbeing Coordinator: (03) 8792 4427



Home & Hospital Visitation Team



Join us in sharing kindness to others!

Support our veterans & their families with some much appreciated company.



Want to bring some cheer to residents in Aged Care facilities? Frankston RSL is looking for Home & Hospital Team Volunteers, to visit veterans and their partners in Aged Care facilities.

Facilities visited, include:
Vasey RSL Care, St John of God's Rehab, Somerville Gardens Community Care, Regis Frankston Shelton Manor and Bapcare Peninsula View Community.

Interested in joining the team? Speak to our Wellbeing Coordinator.
 Contact: (03) 8792 4427 Email:wellbeing@frankstonrsl.com.au

Home & Hospital Team



We are in awe of our selfless and dedicated Home and Hospital Visitation Team who make it their mission to help combat social isolation among veterans and their partners or widows. Each week they visit countless residents in various aged care facilities and residences, bringing a smile, and much needed social contact to many veterans and their partners.

It was with great sadness that the lovely Maureen Wainwright passed away in May this year. Maureen was a valued member of the Home and Hospital Team for 18 years, a volunteer of the Women's Auxiliary for 5 years, and a member of the club for 25 years. Our sympathy goes out to her family.

IN MEMORY OF
Maureen Wainwright
 26/11/1939 - 01/05/2024

- Frankston RSL Volunteer for 25 years
 - Wellbeing Support Officer for the Home & Hospital Visitation Team for 18 years - 2005-2023
 - Women's Auxiliary Volunteer 5 years - 2001- 2005
 - Remembrance Day Poppy Appeal 2019 - crocheted 365 poppies for the Remembrance Day Appeals and 100 poppies for the 2023 Appeals



OPEN ARMS

Veterans & Families Counselling

'OPEN ARMS' provide veterans, and their families with individual, couple, and family counselling to help improve your resilience, as well as enhance your mental health and wellbeing. Available 24/7. Scan the QR code to view the range of Open Arms Veterans and Families Activities & Programs.

Call us 24Hr 1800 011 046



A service founded by Vietnam Veterans, now for all veterans and families



Planning a Function?

Celebration Events
 Presentation Events
 Corporate Functions
 Christmas Parties
 Celebrations of Life

Frankston RSL
 183 Cranbourne Rd, Frankston
 Ph: (03) 8792 4411 (direct line)
 e: functions@frankstonrsl.com.au



Your Event - Your Way

Cocktail | Sitdown | Corporate
 Celebration Events, Corporate, Presentation Events, Christmas Parties, & Celebration of Life

Affordable Function Packages Include

- Frankston RSL Members receive 10% discount (on room hire only)
- House range of stylish decor available (including seat covers (FOA) & table centrepieces)
- Free dancefloor
- Free stage (Simpson Room 1, or Full Simpson only)
- Tea & Coffee station
- Open plan rooms
- Function capacity up to 250 people
- Security guard (FOA) & Function Coordinator
- Free onsite parking (limited)
- Free hire of audio/visual equipment

Call our Function Coordinator and let us help you plan your event!



183 Cranbourne Rd, Frankston 3199
 Ph: (03) 8792 4411 (Functions Direct Line)
 e: functions@frankstonrsl.com.au
 www.frankstonrsl.com.au



SPOTLIGHT ON VOLUNTEERS: ANTHONY GRICE

Anthony Grice – or as we like to call him at the Frankston RSL ‘The Quiet Achiever’, is never in the limelight but is always the first to put his hand up and help fellow man. Anthony is the most selfless individual you will ever meet and one who achieves much, but never boasts about it!

Anthony has been a Committee Member and Wellbeing Advocate for 5 years, 51 years as an RSL service member, and 22 years as a volunteer, including 2 years as an Appeals Officer.

In November 2023, Anthony was inducted in the RSL Victoria Hall of Fame Awards, having being recognised for his



outstanding effort and significant contribution to the RSL network and the Veteran community, and most of all for his commendable dedication to the community and the significant wellbeing support he provides veterans.

Anthony is a qualified Wellbeing Officer and Senior Wellbeing Advocate, as well as a Wellbeing Mentor and has mentored three Wellbeing Trainees, in addition to managing the team of volunteers that repurpose mobility aids, white goods, and furniture for veterans in need - not only in Frankston, but across the RSL network through redistribution to other RSL Sub-Branched. Through this program, Anthony has been instrumental in repurposing an estimated value of \$170,000 in goods collected over the past seven years to Veterans in need. On any day of the week, and including most weekends, Anthony is out and about collecting donated items to repurpose and allocate to Veterans. He goes out of his way to cheer up the day of any Veteran or a War Widow, and is fulfilled in the knowledge that he has helped provide some simple household comforts that we take for granted, such as a kitchen table and chairs, or a working washing machine and TV.



Anthony continually commits time and effort to other volunteer activities such as the Wednesday Coffee Club that he hosts at the Frankston RSL and that began with five attendees pre-covid days and has now grown to a weekly coffee club of approximately 25 Veterans and their partners who get together for some great chats and social connection.

So where did this passion for helping start? After completing two years of service in the Australian Army (NSS) National Service, including a 12-month tour of duty in Vietnam and where he was far away from family and friends during his 12-month deployment to Vietnam for National Service, the RSL made a lasting and life-changing impression on Anthony Grice.

It all started when Anthony, along with other service men and women, appeared in a 1970 Christmas video message, which aired on television. At the time, his father was on a merchant ship in Victorian waters with limited reception and after a call with his father, the officers stood up and saluted him (Anthony’s father). Once the ship docked at Port Kembla, on the New South Wales coast, his father visited the local RSL where he was a member. He happened to mention his son, and every week thereafter, that RSL manager sent Anthony half a dozen beers to Vietnam! It wasn’t so much about the beer, it was about what the RSLs were doing for their members.

Settling back into civilian life had its challenges. The little-known world of mental health difficulties wreaked havoc on Anthony for a while. PTSD (Post Traumatic Stress Disorder) wasn’t discussed like it is today. With support from his father, who had served in World War II, it led him to a 35 year career in the Merchant Navy like his father, and to supporting veterans through the RSL.

Never far from his mind was the vow he made to give back to veteran services once he retired. Anthony became a member at Frankston RSL in 2001 and a few years later joined the committee. The rest, as they say, is history.

Anthony served as the Appeals Officer for both the ANZAC and Poppy Appeals in 2018 and 2019, and helped raised \$233,500.

Anthony also commits significant hours to the Age Strong Exercise group held weekly at the club ensuring older members remain physically and mentally strong as a means of eradicating social isolation.

WELFARE

Many know him as the Welfare Officer – a role that he finds immensely rewarding and priceless in its help to others. “We took out an electric wheelchair to a war widow...the smile on her face, that did it for me, that was good enough”, said Anthony.

During the challenging times of COVID, Anthony’s ingenuity paid off, finding ways to work around tight restrictions to continue the RSL’s welfare work. “You had to think, - how can we think outside the square to do things?”, and he certainly did. From leaving groceries at front doors, to making calls and assisting members from the RSL Hello Program. “The priority is that we are there to help”, says Anthony.

His passion, dedication, and exemplary performance in supporting the veteran community reflects great credit on him and the Frankston RSL Sub-Branch.

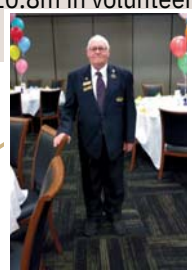
It is volunteers like Anthony that form the backbone of the Frankston RSL



FRANKSTON RSL VOLUNTEER OF THE YEAR 2016

Anthony won the 2016 Volunteer of the Year Award. An award he is immensely proud of.

He has also helped in the running of the ‘Volunteers Week Luncheon’ held at the club. According to Anthony, “volunteers are the backbone of any RSL and without them, this RSL would find it hard to do the work that it does, from Appeals and Wellbeing and Compensation cases, to visiting Veterans and War Widows in care”, adding, “In 2021 RSL Victoria had approximately 16,000 Volunteers each of whom, if they’d volunteered at a token value of \$41 an hour, would have equated to \$10.8m in volunteer support to veterans.



WEDNESDAY MEMBER'S WHEEL WIN UP TO \$1,000

TO ENTER THE DRAW,
SWIPE YOUR MEMBERSHIP CARD EACH WEDNESDAY,
FROM 4.30PM, IN HUEYS,

EACH SPIN IS A GUARANTEED PRIZE WIN,
LAND ON THE JACKPOT AND WIN UP TO \$1,000.

Consolation Prizes

WIN \$250, \$100, \$25, \$20, \$15, \$10
IN MEMBER POINTS
PLUS \$20 & \$10 KENO VOUCHER.



FRIDAY Members DRAW

EVERY FRIDAY NIGHT

5:30PM | 6:15PM | 7:00PM

MEMBER MUST BE PRESENT TO WIN!

YOU COULD
win
UP TO
\$2,000



Frankston
RSL

Sign up today! Membership Benefits

- discounts
- raffles
- welfare
- veterans
- promotions
- giveaways
- beer & wine
- coffee
- gelato
- pizza
- sponsorship
- functions & events
- FREE LIVE ENTERTAINMENT
- tribute shows

SUPPORTING
your local community

RSL REWARDS - EARN & REDEEM POINTS TODAY!

REDEEM POINTS ON

- Food & Beverages
 - Merchandise
 - Show Tickets
 - Venue Vouchers
 - Membership Renewal
- Use points at any participating Victorian RSL

SIGN UP TODAY &
START ACCRUING
POINTS!

POINTS

Swipe your member card
at the Kiosk to check your
balance

Points conversion rate is
\$1.00 spent = 2 Points
2000 points = \$20

Accrue points as long as
your membership is
financial!

Frankston
RSL

(03) 8792 4400

www.frankstonrsl.com.au





Welfare Mobility Team

Volunteers of the Frankston RSL Welfare Mobility Team, championed by our 'crusader' Committee Member and Wellbeing Advocate, Anthony Grice and his 2ICs - Eric and Peter, often work behind the scenes and across weekends collecting and repurposing donated mobility aids and household items for those in need. We are forever thankful for their generous spirit, as their actions directly improve the quality of life of many Veterans and their family members, through the repurposing of donated items of basic household essentials they may not be otherwise be able to afford.

In February this year they came to the rescue of a veteran who was moving into Vasey RSL Park Frankston South, after a long wait to secure a dwelling and be able to furnish it with furniture and household items of his own. The team transported the goods and settled the veteran in his new abode with a bed, fridge, washing machine, clothes

dryer, TV stand, and TV, in addition to kitchen items such as a toaster, frying pan, and much more - all serving the magnificent purpose of making the new unit into a home and re-instilling the Veteran with a sense of independence. The Veteran is now living autonomously and with a much-needed sense of purpose.

Thanks also to club members and the amazing community of people in our network who are happy to help on weekends with collection and drop-off of donated essential household and mobility items, or by simply donating items rather than reselling them. We are always pleased to receive them and ensure they reach a Veteran in need.

Donations welcomed: mobility aids, white goods, electrical goods, furniture
Contact : 8792 4427 Mon-Fri 9-4PM



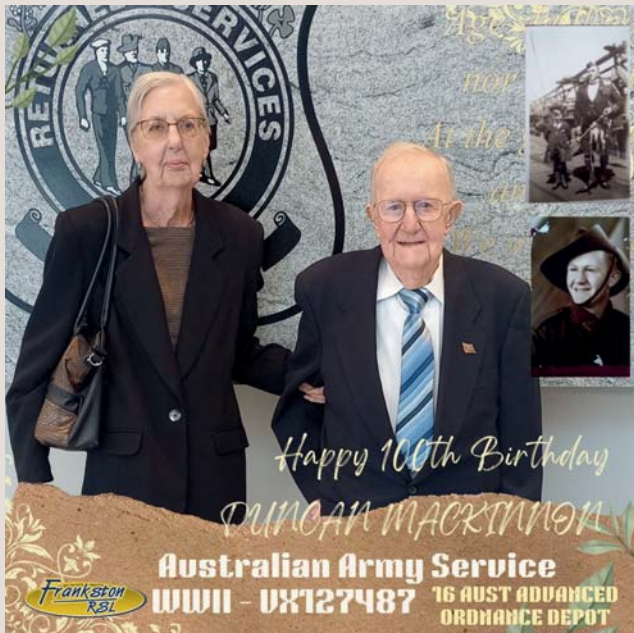
\$15,150

Estimated total value of donated items that were repurposed in 2023 to Veterans & Family Members

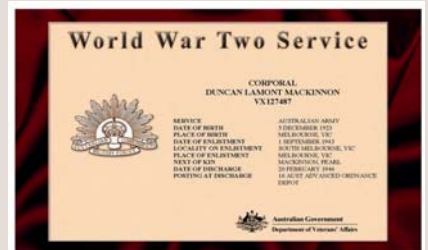
HONOURING OUR HEROES

HAPPY 100TH BIRTHDAY TO OUR ESTEEMED DUNCAN!

Happy 100th Birthday, and thank you for all that you have done for the Australian Service.



Duncan Mackinnon Lamont is one of our esteemed World War II veterans, having enlisted in the Australian Army aged 19. He discharged as a Corporal in 1946, with his posting at discharge being the 16 Aust. Advanced Ordnance Depot.



WWII VETERAN DUNCAN MACKINNON LAMONT ALSO CELEBRATED 75 YEARS OF MEMBERSHIP WITH RSL AUSTRALIA



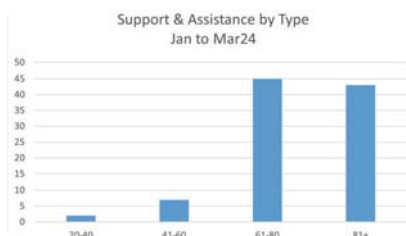
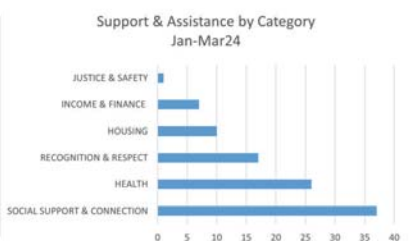
Duncan was fortunate to have had a celebration fit for a king at the Frankston RSL in December 2023, with an entourage of family and friends relishing the momentous birthday. When Duncan celebrated his 99th birthday at the club he eagerly expressed looking forward to coming back and celebrating his 100th birthday - and that he did!

WELFARE UPDATE January - March 2024

Support & Assistance for Veterans and Dependants

The Wellbeing Team is forever busy with the provision of services and activities to veterans and their families, from bus trips to managing queries about social activities, food vouchers to transport options, aged care information, or just to have a chat.

For this period there were 97 individual wellbeing and pastoral care cases, where the team provided assistance and support to veterans and their dependants.



Get in touch ...

Frankston RSL's Wellbeing Team provides a range of support, from free and confidential Wellbeing Advocacy, financial assistance to those in need, help applying for medals, or support navigating My Aged Care and Veterans Home Care. We can provide information and referrals to social and community organisations. We have RSL Funeral Representatives available to attend the funeral of veterans and carry out the RSL Funeral Ritual, which is our last important way of providing recognition and respect to veterans. Contact us if you require assistance on the above.

Wellbeing Social Connection Activities

We aim to provide positive social connection activities to current and ex-serving veterans of all eras, service types, genders, along with their partners or war widow/ers. In February we took a coach to Melbourne Museum to view the Titanic Exhibition. There were many amazing artefacts to look at, as well as re-creations of the First Class Cabins and Café. Then we dropped by Caulfield RSL for a stand-out 2 course lunch.

In March we had 45 veterans and families brave the drizzle to attend an informative historical tour of Point Nepean Quarantine Station. We then stopped at Rye RSL for a leisurely 2 course meal.

Funeral Assistance

We have a team of RSL Funeral Representatives who can carry out the RSL Funeral Ritual for veterans. This free Ritual follows the celebrant's main ceremony and is our last way of providing recognition for the sacrifices made by the veteran in their service to their country. Contact the Wellbeing Team, and for ex-ADF veterans, please allow a few days to order the Eulogy/Statement of Service which forms part of the service.



Veterans and Partners Outings

Our small Welfare Bus was also busy taking participants to a variety of places. Volunteer Anthony D. was busy organising trips to HMAS Cerberus to watch their Soundwaves Concerts in Feb and March which were well attended. In addition, our Welfare Bus was also used for outings to the Dandenongs, Wandin and Grantville. All our activities are heavily subsidised by the sub-branch to ensure that veterans and their families have access to affordable (or free!)

Contact Us ... If you are a veteran or family member requiring support or assistance, or if you want to have a chat about upcoming social and wellbeing activities or volunteering, contact our Wellbeing Coordinator for an appointment on 0492 820 743, Monday to Friday, 9am to 4:30pm.

Jan March 2024 WELFARE at a GLANCE

WELLBEING CASES: number of cases	31
PASTORAL CARE: number of cases	80
DECEASED SERVICE MEMBERS FRSL	51
RSL FUNERAL REPRESENTATION Required for Service Members	2
WEDNESDAY COFFEE GROUP:	
FRIDAY COFFEE GROUP:	
cost of catering & coffees	\$3,076.91 \$2,337.66
WEDNESDAY GROUP PARTICIPANTS:	262
FRIDAY COFFEE GROUP PARTICIPANTS	115
HELLO PROGRAM PHONE-CALLS: Volunteer & Staff Hours	0
HOME & HOSPITAL TEAM: Monthly Visitation Hours	259.25
HOME & HOSPITAL TEAM: number of people visited	323
MONTHLY LUNCHESES - Residential Aged Care Facilities: # facilities attended	27
#lunches	286
MONTHLY LUNCHESES - Residential Aged Care Facilities: Cost	\$5,709.37
LAWNS: number of people assisted	107
Home Maintenance - Lawns Cost	\$6,102
MOBILITY AIDS PROGRAM: value of goods re-distributed	\$6,565
PARC EXERCISE GROUP PARTICIPANTS: Tuesday Sessions x 2	113
Friday Sessions x 2	121
WELLBEING BUS: number of people assisted	42
WELLBEING BUS: number of Trips:	4
WELLBEING CAR: number of Client Visits and Transport:	24
WELLBEING CAR: errands, Client Visits and Transport KM's:	938
WELLBEING SUPPORT OFFICERS: #inducted	3

AGE STRONG FITNESS

DATE & TIME:
TUESDAY 8AM & 9AM
FRIDAY 8AM & 9AM

WHERE:
FRANKSTON RSL PAVILION

COST: \$49/P
REGISTER: 8792 4400
SPEAK TO RECEPTION OR WELLBEING COORDINATOR

KEEP FIT
CONNECT
GET STRONGER

Coffee Mornings

VETERANS & PARTNERS
staying connected & caffeinated

Wednesdays 10AM VETERANS & PARTNERS Frankston RSL Alfresco Area Table 221 <small>*Reservations always open on a first-come, first-served basis</small>	Fridays 10AM ALL VETERANS Frankston RSL Huey's Sports Bar	FOR MORE INFORMATION CONTACT RECEPTION: 8792 4400
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Wellbeing Mobility Team

IN 2023... \$15,100 WORTH OF DONATED ITEMS WERE COLLECTED BY THE FURNITURE & MOBILITY TEAM, AND RE-DISTRIBUTED FOR VETERANS & THE COMMUNITY IN NEED.

DONATE MOBILITY AIDS, FURNITURE, OR WHITE GOODS TO A GREAT CAUSE

CONTACT THE WELLBEING COORDINATOR 03 8792 4427

Thank you! FrankstonRSLMobilityTeam

How to submit a claim

DVA Services

Age Strong Exercise Classes

We had 234 attendances to our Tuesday and Friday 8am classes, and we always welcome more participants to the classes run by PARC.

Location: Frankston RSL Pavilion.

Classes: 8am (1hr) Tuesdays & Fridays. Except Public Holidays.

Cost: \$5 p/p. **Contact:** Wellbeing Coordinator to register (03) 8792 4427

Veterans & Partners Coffee Groups

Veterans (of all service types and eras) and their partners are welcome at our Coffee Mornings and light refreshments supplied by the Club. New faces are always welcome. We hold Wednesday Veterans & Partners Coffee group (10am, Table 221) and Friday Coffee Group which is open to all Veterans, in Huey's Bar (10am). We regularly have an amazing turnout, and 262 came for a cuppa to the Wednesday Coffee Group, from January to March. The Friday Coffee Group is growing in leaps and bounds and average of 25 Veterans attend.

Home & Hospital Visitation Team

In this period, the Wellbeing Support Officers visited local aged care facilities, spending 259.25 hours and visiting 323 people. Residents always appreciate their friendly faces. Additionally, monthly lunches are offered to 11 residential aged care facilities at the Club, so that their residents can enjoy a complimentary lunch and a social outing. We are always looking for new volunteers. Contact Us on PH: 0492 820 743. 9AM-4.30PM, Monday-Friday.

Volunteers

In 2023, volunteer hours totalled an incredible 12,441 hours! In May 2024 our volunteers celebrated National Volunteer Week at the club with a complimentary lunch, live music, and presentations. Our volunteers provide invaluable assistance, from visiting older veterans and their partners in aged care facilities, to cataloguing memorabilia, to selling badges for our Appeals to delivering donated furniture to veterans in need. There are so many ways to give back to veterans and their families by volunteering with Frankston RSL! We value the contributions of all our dedicated volunteers and new volunteers are always welcomed. Please get in touch if you want to have a chat about the volunteering roles available.

Contact: Wellbeing Coordinator **PH:** 0492 820 743. 9AM-4.30PM, Mon-Frid

Furniture, White Goods & Mobility Aids

Our Wellbeing Officer, Anthony Grice, and a hard-working team of volunteers continued to assist veterans by collecting donations from January to March of an estimated \$6,565 worth of furniture, white-goods, and mobility aids. The goods have been redistributed to appreciative veterans and their families in need. Donations are always welcome!

Donations:(03) 8792 4400 **Email:** welfare@frankstonrsl.com.au

The Akeroyd Veterans & Families Hub

The Hub has four Compensations Advocates to assist with submitting DVA claims. The Hub is located at the Frankston RSL, and works closely with Veteran Central in ANZAC House to ensure veterans and their partners are supported. Contact the Hub's Wellbeing Coordinator to complete an intake assessment to connect you with one of the four Compensation Advocates.

Contact: franstonhub@rslvic.com.au

Mon—Fri 9-4.30PM PH 0450 442 644 or (03) 9960 3619



COMMUNITY SUPPORT

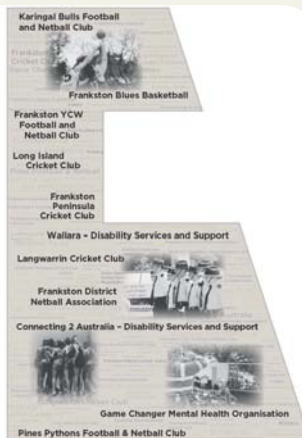
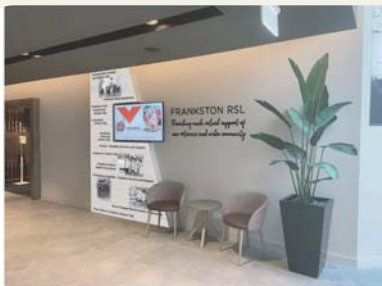
More than \$225,000 in community support 2023

COMMUNITY SUPPORT FUND

The Frankston RSL takes its place as a pillar of the community earnestly and proudly. Our commitment to the community is best explained through our Community Support Program. In 2023, the Club made donations of over \$225 000 to local sporting and not for profit groups.

Some of the sporting groups we supported included Karingal FNC, YCW FNC, Frankston Blues Basketball, Frankston District Netball Association, Pines FNC, Langwarrin CC, Long Island CC, Game Face Community Footy, Somerville FC, Frankston Gift, Game Face Cricket, Langwarrin Soccer Club, Baxter Cricket Club, Frankston Hockey Club.

Within the community, we also supported Wallara Sages Cottage, Frankston SES, Frankston Life Christmas Luncheon, C2A, Groomed to Go, Blue Ribbon, Beyond Blue, Airforce Cadets, Army Cadets, Frankston Naval Memorial Club, Game Changer Mental Health, Mums Supporting Families in Need (MSFIN), Community Support Frankston Christmas Hampers, Blue Ribbon Foundation, Wranglers, Langwarrin Men's Shed, Peninsula Christian Care and Langwarrin Fire Brigade



FRANKSTON RSL
Providing much valued support of our veterans and wider community





COMMUNITY SUPPORT FUND

The Frankston RSL is committed to supporting the local community and currently provides funding to a vast array of local sporting groups, charities, community organisations, and not-for-profits.



The Frankston RSL is proud to continue it's sponsorship of 15 and a half years of the FDNA - an inspiring association that works tirelessly not only for the local sporting community but also the greater Frankston community. The recently inaugurated Jubilee Park Sporting Complex has already hosted this year the Netball Australia's National Championships for 17U & 19U teams with the country's best netballers and future Diamonds players. In addition to hosting the Waves VNL teams, plus the Association teams' Squad tournament, and recent clinics throughout the Nationals which saw over 100 participants register for the week. Peninsula Waves was also thrilled to have run one on one sessions, and a goaling series with Melbourne Vixen, Mwayi Kumwenda! They will also be



offering all abilities netball clinics over six weeks starting the 20th May, and it's not too late to join!

On Saturday 11th of May, the outdoor courts of FDNA were transformed into a sea of pink for their annual Pink Day to raise funds for the Breast Cancer Network Australia, and the work they do for the 20,000+ Australians diagnosed with breast cancer each year. The day was dedicated in honour of the late Peta Murphy MP. FDNA has so far raised \$12,000 that will go toward supporting individuals, and their families, dealing with breast cancer.

For more information:
www.pinksportsday.bcna.org.au
www.frankstonnetball.com.au



PROUD TO BE GAMECHANGERS

PROUDLY SPONSORED BY Frankston RSL

Game Changer: a mental health not-for-profit initiative.

Game Changer's purpose is to provide:

- Support
- Education
- Awareness
- and Services

to assist anyone at your club who may need it.

gamechanger.org.au

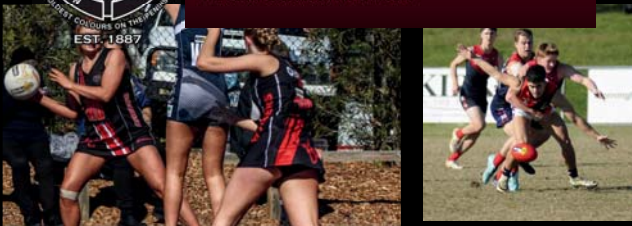
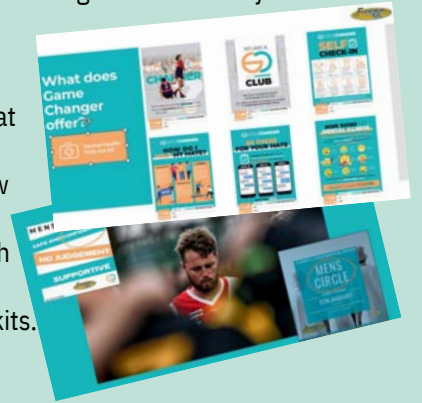
Helping educate and save young lives

As a major partner, the Frankston RSL is supporting the amazing work Game Changer are involved in. The support provided is essential in helping educate and save young lives throughout the Mornington Peninsula.

- The launch of St Kilda player Steven Baker's 'BUILD GRIT' program.
- Weekly sessions (Men's circle).
- 7th August Men's Circle Event at Highbury Community House.

2024 initiatives include:

- Club engagement session at Le Mans Go Karts.
- The onboarding of four new facilitators to induct new clubs and provide them with a Club toolbox & support access, and facilitator DIY kits.



Frankston Bombers

The Frankston RSL has recently added the Frankston Bombers Football Netball Club as a new Community Sport Partner helping play a pivotal role in the club's success, by helping the club provide a thriving environment for its athletes to develop their skills, build lasting friendships, and foster a sense of community. This support contributes to Player Development, Community

Engagement, Equipment, and Uniforms. In 2023, the Bombers competed in Division 1 of the MPNFL for Under 19's, Reserves and Senior Football.

In 2010, Frankston Bombers put their first netball teams into the MPNFL Netball competition, and today the 'Bombshells' have teams in A,B,C,D Grade and Under 17's - and taking netball to the next level.

FRANKSTON NORTH FOOD BANK

HELPING 80-100 FRANKSTON NORTH FAMILIES WITH WEEKLY FOOD SUPPLIES, THROUGH THE PROVISION OF DRY FOOD AND PERISHABLES TO THE COMMUNITY FOOD BANK.

ourplace
education is the key to the door

Frankston North Food Bank

The Frankston RSL has committed to providing ongoing support to the Frankston North Foodbank by way of contributing dry food and perishables – a program that runs over 3 days and helps 80 – 100 Frankston North families a week with food supplies. The foodbank is run by Our Place, who provide a vast array of community services and

have multiple sites across Melbourne. They provide a holistic place-based approach to supporting the education, health and development of all children and families in communities experiencing disadvantage.

The Frankston RSL is proud to be supporting disadvantaged families within the greater Frankston community.

Read More: www.ourplace.org.au/our-sites/frankston-north/

Winner

WELL DONE



1st



WINN WINN WINN

CONGRATULATIONS GIVEAWAY Winners



MEGA RAFFLES
1ST FRIDAY EVERY MONTH
Buy a raffle ticket and you too could win \$500

February Winners!
\$500 Gift Card

Congratulations to our winners: **Robert** and **Rhonda**

Happy Easter 2024
Easter Hamper Winners **Rhonda & Robert**

Lunar New Year Member Giveaway
WIN \$3,400 in giftcards at the Frankston RSL

Week 1 Winners
Tania, **Sandra**, **Michelle**

MEGA RAFFLES
1ST FRIDAY EVERY MONTH
Congratulations to our winners

March Winners!
\$500 Gift Card

Congratulations to our winners: **Jason**, **Adele**, and **Sean**

Lunar New Year Member Giveaway
WIN \$3,400 in giftcards at the Frankston RSL

Week 2 Winners
Therese \$188, **Amanda \$288**, **Rick \$388**, **Geraldine \$488**

MEGA RAFFLES
1ST FRIDAY EVERY MONTH
Congratulations to our winners

May Winners!
\$500 Gift Card

Congratulations to our winners: **Jason**, **Adele**, and **Sean**

WOMEN'S AUXILIARY
Easter Raffle Winners

1ST PRIZE WINNER \$200
2ND PRIZE WINNER \$100

WIN \$20,000 CASH

RSL REWARDS

WIN \$500

MEGA RAFFLES
1ST FRIDAY EVERY MONTH
Congratulations to our winners

May Winners!
\$500 Gift Card

Congratulations to our winners: **Jason**, **Adele**, and **Sean**

KENO WINNER
FEBRUARY 2024 PROMOTION
Ninja Auto IQ Blender Valued \$400

Congrats **Sue!!!**

WINNER
Matilda Bay Hazy Lager Esky

Congratulations **Steven**

Oyster Bay Gourmet Hamper Winners
Congratulations **Carole**

KENO WINNER
MARCH 2024 PROMOTION
Camping Pack \$900

Congrats **Pat!!!**

Winner! Coca Cola Eagle Ridge Golf Club!

WIN A ROUND OF GOLF

CONGRATULATIONS **NICOLE**

Valued at \$400



KENO Winner
APRIL-MAY 2024
Roomba Robot Vacuum
Valued at \$600

CONGRATULATIONS **Michael**

FREE LIVE MUSIC

HUEYS
SPORTS BAR

COVER SONGS - SINGER - GUITARIST



THURSDAYS 5-8PM

Ian Duchesne plays a repertoire of popular songs covering seven decades and well known hits you can't not help singing to! Such as These Days - Powderfinger, Take It Easy - The Eagles, Stone Me - Van Morrison, Wish You Were Here - Pink Floyd, Who'll Stop The Rain - Creedence, Set Fire To The Rain - Adele, To Her Door - Paul Kelly, Layla - Eric Clapton, Is This Love - Bob Marley, Message In A Bottle - The Police ...



FREE LIVE CLASSIC ROCK

7.15PM-10.15PM
EVERY 1ST FRIDAY
OF THE MONTH
IN SIMPSON ROOM

2024: FEB 2, MAR 1, MAR 29, APR 5, MAY 3, JUNE 7
JUL 5, AUG 2, SEPT 6, OCT 4, NOV 1, DEC 6

\$INGLE INCOME

COMEDY NIGHT

EVERY FIRST WEDNESDAY
OF THE MONTH -
FEBRUARY - NOVEMBER 2024

FEATURING

Four stand - up comedians

\$25 MEMBERS
\$29 GUESTS

8.00pm doors open
8.30pm show starts
10.30pm show ends

Book online:
www.frankstonrsl.com.au/ticketed-shows
Call Reception: (03) 8792 4400

STATE OF ORIGIN

WATCH ON
OUR 6M
MONSTER
SCREEN

GAMES JUNE 5 - JUNE 26 - JULY 17

WIN

MEMBER'S GIVEAWAY:
VALUED AT \$400

WIN 2 GOLD TICKETS TO GAME 2 AT THE
MCG + \$100 VISA GIFT CARD.

TO ENTER: BUY A VB POT- SCHOONER -
PINT - JUG - STUBBY
FROM 4TH MAY - 12TH JUNE

**AVAILABLE
ALL BARS**

Vietnam Veterans Association

SUB-SECTIONS

December saw us finishing off the year with a Christmas dinner with over 70 members in attendance, and we all enjoyed a delicious three course meal in each other's company.

Also in December, I had the privilege of attending the Airforce Cadets end of year parade and I presented a cadet with the most proficient shooter award. Mark Kinder and I also presented our Caring Cobber award to a 5th grade student at Pearcedale Primary School, that recognises 'care and mentoring' by a student, of his class mates and school peers.



In January, some of our members helped the Seaford VVA with a BBQ at RSL Vasey for the residents, to celebrate Australia Day.

In February we started off the year with our AGM and then got straight into our year of activities, that included the Werribee Zoo, the Seymour walk, and Point Cook, just to name a few. We also had guest speakers come to our meetings on various topics.

In February the vets were off camping again, and this time to St Arnaud for 5 days. Fortunately, the weather was on their side and they didn't get flooded out like other times.

In April we laid a wreath at the Anzac Day Commemorative Service and it was great to see so many of our members turn up, and in May we visited the Shrine of Remembrance.



In May we exhibited at the Frankston RSL's inaugural Veterans and Their Families Expo. It was wonderful to have so many Veterans and their families stop and chat.

The Tuesday coffee group is getting stronger each week at the Naval club, and it is not unusual to have approximately 30 veterans sitting around having a chat. Additionally, the Frankston RSL opening up Friday mornings for the Veterans coffee group, has also been steadily gaining in popularity.

Contact & Meet-Up

The Frankston Sub-Branch meets on the first Monday of the month at 1.30pm at the Frankston RSL in Simpson Room 2. Any Veteran, partner, or family member is more than welcome to come along to a meeting.

President: Cheryl Myers OAM | 0409 962 545

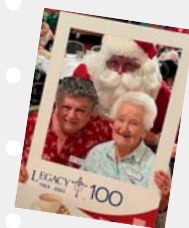
VP President: Kelvin Park | 0432 473 039

Secretary: Bev Park | 0431 620 044

Email: secretary.frankston@vvaavic.org.au



Frankston Legacy Laurel Club



After a busy 2023, culminating in the Mornington Peninsula leg of the Legacy Centenary Torch Relay, we all enjoyed a quiet and restful Christmas break. There was the occasional call from one of our beneficiaries, but nothing that we couldn't deal with. A bit of a chat and a laugh and most "problems" were sorted out.

February saw our monthly meetings resume again and it was lovely to see the smiling faces of our ladies, not to mention the chatter and laughter in the room as they all caught up with each other. Makes it all worth while really.

March saw our club celebrate its 68th birthday. Over the years our meetings have changed somewhat. In the early years it was not unheard of to have 120 ladies in attendance and some pre-school age children. The activities back then were more family oriented. Now of course we focus on preventing social isolation and outings that we hope will appeal to our ladies.

In April we went to the Yarra Valley to visit Mont de Lancey, where we immersed ourselves in the life of our early settlers and we are now even more grateful for our modern way of life! We enjoyed lunch at Upper Yarra RSL before returning home.

In May we joined the Combined Affiliates Group outing and visited Werribee Mansion.



Our wonderful ladies and one Legatee at our Centenarians lunch.
Ages range from 100-104.

Contact & Meet-Up

Frankston Legacy Coordinator

Lyn Smith

PH: 0423626973

E: lynsmith51@gmail.com

Meet-Up: 2nd Thursday of the month at 10.30AM
Frankston RSL Simpson Room 2



ROYAL AUSTRALIAN
NAVY BAND
MELBOURNE



SOUNDWAVES 2024 CONCERT SERIES

**FRANKSTON RSL WELLBEING
TEAM INVITE
VETERANS & PARTNERS**

FREE

Includes:

Bus trip to HMAS Cerberus
2PM Matinee Performance -
Royal Australian Navy Band

1 PM SHARP Bus leaves the
Frankston RSL
After 4 PM Bus returns to
Frankston RSL

Must carry Photo ID



DATES:

WEDNESDAY 21ST FEBRUARY
WEDNESDAY 20TH MARCH
WEDNESDAY 17TH APRIL
WEDNESDAY 22ND MAY
WEDNESDAY 18TH SEPTEMBER
WEDNESDAY 16TH OCTOBER
WEDNESDAY 20TH NOVEMBER

RSVP

Stellar
Wellbeing Coordinator
Phone or Text:
0493 889 029



Wednesdays 10 AM
Veterans* and Partners
Frankston RSL Alfresco Table 221

Fridays 10 AM
All Veterans*
Frankston RSL Huey's Sports Bar

VETERANS & PARTNERS

Coffee Mornings

Coffee & Light Refreshment Served
staying connected & caffeinated

*Veterans: all service types, eras, ages, and genders.
FOR MORE INFORMATION CONTACT RECEPTION: 8792 4400

AGE STRONG FITNESS

Frankston RSL

KEEP FIT
CONNECT

DATE & TIME:
TUESDAY 8AM
FRIDAY 8AM
WHERE:
FRANKSTON RSL PAVILION
COST : \$5P/P
REGISTER: 8792 4400
SPEAK TO RECEPTION OR
WELLBEING COORDINATOR

CHAIR SQUAT

Frankston RSL

**FRANKSTON RSL WELLBEING TEAM
INVITES VETERANS & THEIR FAMILIES**

**OLD MELBOURNE
GAOL & PRAHRAN
MARKET**

**Thursday
20th June
2024**

TIME:
8.50AM Meet-Up Frankston RSL
9.05AM Bus Departs Frankston RSL
3.00PM Return to Frankston RSL,
approximately

COST: \$10
Bookings are essential
Pay on the day prior to boarding.
Includes:
Bus Trip & Entry ticket to Gaol
We recommend bringing a
water bottle and a mobile phone.

RSVP:
Call or SMS 0493 889 029
By 11/06/24

MEMORABILIA

ANZAC Badges 1920-40's

The centrepiece of our current collection is of ANZAC fundraising badges, with some dating from the post WW1 years and the 1920s, 30s and 40s. In those earlier times ANZAC fundraising badges were sold by all sorts of community organisations to raise funds for a variety of welfare purposes and to raise funds for community projects which provided welfare support to returned and ex-service women and men. Nowadays the ANZAC badge fundraising appeal has become an important annual fundraiser for the RSL, with help from community volunteers and other ex-service organisations.



ROYAL NAVY FROGMEN



80th Anniversary of the Normandy Landing 6th June 1944

Currently on our Memorabilia display is an example of a Diver's Prismatic compass (WW2), which was specially made for the Royal Navy and for use in underwater operations.

This particular compass on display was issued to Petty Officer Leslie H Wade, (service number RJX182991) of the Royal Navy who served from 1939 to 1945. P.O. Wade was an underwater demolition diver (frogman) with the Landing Craft Obstacle Clearance Unit (LCOC Unit) who participated in the 'D' Day invasion of Juno Beach, Normandy, 6th June, 1944.

PO Wade and his comrades swam ashore 20 minutes prior to the 'H' Hour landing to demolish underwater obstacles that had been erected by the German defenders. The compass is an important memento of 'D' Day.

Lest We Forget



Defence and Veteran Carers Network

Providing support for carers of current and former ADF members, and for ADF members & veterans who provide unpaid care.

WWW.CARERSAUSTRALIA.COM.AU



SUPPORT FOR CARERS OF CURRENT & FORMER ADF MEMBERS

The Defence and Veteran Carers Network provides support, resources, and an advocacy platform for carers of veterans.

Do you provide care for a friend or family member who is in the Australian Defence Force (ADF) or a veteran? Or are you a current or former ADF member who cares for a friend or family member? Read more: www.carersaustralia.com.au/programs-projects/defence-carers-network

The new Defence and Veteran Carers Network is funded by the Department of Defence and is run by Carers Australia (@carers_au), who provide support, resources and an advocacy platform for carers of current and former ADF member(s).

Carers Australia is also collecting stories of Defence and veteran carers to help raise awareness of their important role and unique challenges. Find out more at: www.bit.ly/43FORva



JOIN OUR MEMORABILIA TEAM!

VOLUNTEERS

Needed



The Team regularly curate a wonderful display at the the Frankston RSL throughout the year and display military related memorabilia reflecting aspects of Australian military history.

The team is on the lookout for memorabilia enthusiasts and welcome those who are in a position to offer their time, experience, and enthusiasm to help with behind the scenes activities. Those suited, will have an interest in Australian military history and be familiar with computer data entry or digital photography.

Interested in joining? Please provide your contact details to the Reception Desk for follow up by the Memorabilia Team.

Come along to a meeting, and learn more about this wonderful group of volunteers and the amazing work they do at preserving our precious military history.

MEET UP'S:

Every 2nd and 4th Friday each month
Time: 9.30AM-3PM
Where: Frankston RSL, Pavilion



CONTACT

Reception Team Frankston RSL PH: (03) 8792 4400

MEGA RAFFLES

5 X \$100 VENUE VOUCHERS

3 X \$500 MASTERCARD GIFT CARDS

OVER \$3,700 WORTH OF PRIZES TO BE WON EVERY FIRST FRIDAY OF THE MONTH

TICKETS \$2 EACH ON SALE FROM 4.30PM

TICKETS \$2 EACH ON SALE FROM 4.30PM

20 X \$60 MEAT TRAYS

4 X \$50 COLES MYER GIFT CARDS

2 X SLABS BEER

3 X 4 WINE PACKS

EVERY FIRST FRIDAY OF THE MONTH

WEDNESDAY Raffles

TICKETS ON SALE 5:00PM

DRAWN FROM 6:30PM

TICKETS FROM \$2

2x 1/2 Slabs

15x \$45 Meat Trays

MEAT, WINE, BEER, MOVIE VOUCHERS

2 x Wine packs

3 x \$30 Movie Vouchers

THURSDAY RAFFLES

3 X \$60 MEAT TRAYS

3 X \$60 ROAST TRAYS PORK, LAMB, BEEF

EVERY WEEK

TICKETS \$2 EACH (5 NUMBERS) ON SALE 5PM

DRAWN FROM 6.40PM

WIN \$500 IN PRIZES

2 X 1/2 SLABS

2 X \$50 VENUE VOUCHERS

FRIDAY NIGHT RAFFLES

20x \$60 Meat Trays

4 x \$50 Wish Card

2x 1/2 Slabs

2 x Wine packs (4 bottles)

5 x \$50 Venue Vouchers

The Women's Auxiliary

FRIENDSHIP GROUP

Our Christmas Raffle ended the year perfectly with us giving away four great prizes that included two \$500 Good Guys vouchers - donated by the Frankston RSL. A small handmade quilt was also donated by Beryl, and this was added to the first prize hamper. Overall, the raffle was a great success and we raised \$2,500. Members attended the RSL Christmas Party with the combined groups. This was a lovely lunch, well organised, and thoroughly enjoyed by all. Father Christmas managed to make an appearance bringing lollies for all!!! Our last meeting for the year was a cuppa and a chat. We had a few weeks respite from the Friday Night Member's Raffles, and we all enjoyed the time off.



We had, yet another, successful Easter Raffle this year, where we gave away three Easter Hampers and raised \$1,200. Thank you to everybody who bought tickets. These funds will go towards helping Veterans and Community Groups in need.



It was with great sadness that our lovely Marjorie Ramsey passed away in February this year. Marj was a valued member of the auxiliary, and of the club for over 20 years. Marj celebrated her 100th birthday at the RSL, which we all enjoyed helping Marj to celebrate. Our sympathy goes out to her family.



Some of our members were able to sell ANZAC Day badges and attend the ANZAC Day Commemorative, and Wreath Laying, Services, and laid a wreath on behalf of the Women's Auxiliary.



In May, many of us attended the Annual Volunteer Lunch in recognition of Volunteer Week. We thank the Frankston RSL for their wonderful hospitality and for organising such an enjoyable event with great food and a fantastic choir for entertainment.



FUNDRAISING & DONATIONS



The Women's Auxiliary fund raising activities are under the guidance of Frankston RSL Sub-Branch Committee. Every Friday night during Friday Night Raffles the Auxiliary volunteers and helps sell raffle tickets. We appreciate Frankston RSL patrons for purchasing raffle tickets which assists in donating towards veterans and community organisations. The Auxiliary also raise funds for veterans, and the charities and community groups they support through the sale of \$1 raffle tickets for their Friday Night Coles Myer Gift Card giveaway, as well as other fundraising activities throughout the year - in total raising circa \$13,500 in 2023.

Upcoming Events

The RSL Combined Groups have decided on three bus trips for the year: In May to Werribee Mansion, August 21st to the State Library and Police Museum, and on November 27th a trip to Williamstown.

For anybody interested in coming along, the next Morning Melodies show - 'Corie Blackley's Rock & Roll Show' will be at the Frankston RSL Club on the 12th June.

Volunteer Drive

We are always looking for new members. If you would like to get involved with the Women's Auxiliary Friendship Group and join a friendly group to help raise funds for Veterans, please get in touch and make a difference today!

THE WOMEN'S AUXILIARY - FRANKSTON RSL
Volunteers Needed

The Women's Auxiliary is a friendly social group that helps raise much needed funds for veterans, community groups, and charities.

MONTHLY MEET UPS:
 10.30am - 12.00pm
 3rd Wednesday of the month
 10.30am - 12.00pm
 3rd Wednesday of the month

Make a difference today! Come along to a meeting, and learn more about this wonderful group of volunteers and the amazing work they do.

CONTACT:
 Carol MacFarlane, Wellbeing Advocate
 PH: 0410 134 599 EMAIL: emacfarlane@frankstonrsl.com.au

PICK UP A FLYER AT RECEPTION

The Women's Auxiliary friendship group is on the look-out for new volunteers. Volunteers meet monthly, and regularly take part in fundraising as well as social activities throughout the year.

WHAT DOES A VOLUNTEER DO?
 Visit our facility, strong relationships
 Part and receive support
 Ideally, you will have moderate level
 This is an ongoing We will help
 Create a

Membership & Contact

The Women's Auxiliary meets at 10.30AM on the 3rd Wednesday of the month at the Frankston RSL. The Auxiliary helps raise funds for Veterans and Community groups and is a pleasant way to be social and meet new people. We happily welcome all new members to the group.

Coordinator: Carol Macfarlane on 0410 134 599



Also in May, we exhibited at the Frankston RSL Veterans Expo and it was an extremely busy day and with a constant stream of visitors.

Activity Pack + Dixie Cup Bundle

\$4.50

DIXIE CUP FLAVOURS: VANILLA, LEMON SORBET, CHOCOLATE, MINT, ROCK SALT CARAMEL

Kids Menu

KIDS

Menu for children 12 and under
Dishes subject to change

All kids meals \$12.90

Add Activity Pack + Dixie Cup Bundle \$4.50

Cheeseburger

with lettuce, tomato, chips and tomato sauce

Chicken Parmigiana

with chips and tomato sauce

Kids Fish & Chips

with chips and tomato sauce
gluten free on request

Crumbed Chicken Nuggets

with chips and tomato sauce

Lemon Pepper Calamari

with chips and tomato sauce
gluten free on request

Kids Penne Napoli

penne pasta with Napoli sauce & parmesan cheese

Drinks

Slushies
Soft Drink
Juices



Menu is subject to change.

Kids Slushies

Available in Bistro & CPs
\$4 (M) & \$5 (G)

RASPBERRY **BLUE LAGOON**

DURING SERVICE HOURS

TUESDAY FUN!

5.30PM - 8.30PM
AGE 12 & UNDER

Family Fun Night!

Kids eat FREE

-EVERY TUESDAY NIGHT-



YUM-FUN PLAY



PURCHASE ONE MAIN MEAL AND RECEIVE ONE FREE KIDS* MEAL EVERY TUESDAY. DINNER ONLY. NOT AVAILABLE PUBLIC HOLIDAYS. *12 YEAR OLDS AND UNDER.

Keri JUICE BLENDERS

Apple Juice
Apple & Blackcurrant Juice



\$3.15 Members \$3.50 Guests

Activity pack + Dixie cup bundle



Partners of Veterans Australia

Supporting Partners and Families of Veterans

The Frankton Branch has had meetings in February and March. At our March meeting we organised lunch for the ladies in the meeting room with the RSL supplying sandwiches, hot savouries, cakes, tea and coffee plus jugs of squash. The members present had a great time just sitting and chatting and there was so much noise it was great to hear. We have also been to one end of month lunch at the Baxter Tavern and another at the Seaford RSL

We were very busy during April, volunteering to sell badges on behalf of the Frankston RSL for ANZAC Day. We attended their march and service at Beauty Park in Frankston. Our Vice President, Cheryl Binskin, laid a wreath on behalf of the Frankston Sub-Branch.

A group of ten members went to the Maru Mini Golf and Animal Park at Grantville, and where lunch was organised. They played mini golf and toured the animal park, fed the kangaroos, listened to a talk on the life of Koalas, and visited the snakes at the park.



Nine members spent three days at Ballarat and went to the Lighting Show at Sovereign Hill, and enjoyed dinner at both an Irish pub, and a Chinese Restaurant. A day was spent in Daylesford, courtesy of Cheryl's Tours. We are grateful to the Frankston RSL for loaning us their mini bus so we can enjoy these extended trips.



We also visited the POW memorial and the Grieving Mother Monument. The members also went to the Bird Sanctuary where they played mini golf and wandered the wonderful gardens and talked to the cockatoos.

We organised a scrapbooking demonstration for our meeting in May, and enjoyed learning how to turn our photos into something special.



We thank all the members who have volunteered to be part of the committee for 2024. Lyn Westhead – President, Cheryl Binskin – Vice President, Rhon Tempest – Secretary, Lyn Smith – Treasurer, with Di Barker, Cheryl Myers, and Kay Wallace as general committee members.



We were also very involved in the inaugural Frankston RSL Veterans and Their Families EXPO, on the 18th May, 2024. A few of us manned the stand and it was a wonderful opportunity to showcase our organisation and the social activities we organise.



The Committee is also working hard to organise some fun activities and guest speakers for the rest of the year. A trip to the Shrine and lunch is being organised, plus a trip to Broughton Hall, and even Fish n Chips at Tooradin. We also have outings planned with the Frankston RSL Combined Groups.

Get Involved

The Frankston branch meet monthly at the Frankston RSL and this is followed by lunch in the Bistro. The last Monday of the month we meet at different venues and have a lunch or a coffee while also catching up for a great social session - some of these venues include the Seaford RSL, Baxter Tavern, Langwarrin Hotel, and Somerville Hotel. During the year we organise day trips and an overnight, or three day bus trip. Contact us if you are interested in coming along to our outings.

Membership & Contact

\$35 for first year & \$25 for renewals

Partners of Veterans Association welcomes all partners, ex-partners, or widows/ers of all current and former Australian Defence Force (ADF) members.

Meet-Up:

Every second Monday of the month at the Frankston RSL at 11.00am (except January).

President: Lyn Westhead PH: 0408 122 802

Secretary: Rhon Tempest PH: 0410 566 709

FACEBOOK: www.facebook.com/pvavic
www.pva.org.au

Billiards & Snooker

PENNANT COMPETITION RESULTS - Season 2 of 2023

8 VBSA Snooker, Monday night.

- Andy Bouilly's snooker team has gone "All the Way" to take out the flag in C Grade pennant with a comfortable 7/3 win over Dandenong. Terrific effort boys.
- Julie Watson's Premier Billiards team finished in a very creditable 6th place, just outside the finals, but the overwhelming opinion is that the new "tiered" or handicap system which levels the playing field between the old A Grade & C Grade players has been a great success.

8 Over 55's Billiards & Snooker, Tuesday Daytime.

- Unfortunately, both teams finished well off the pace.

8 Metro/Southern Snooker, Tuesday night.

- Handicap Snooker. Bill Morgan's team has also gone "All the Way" to take out another flag for FRSL with a comfortable 7/3 win over Burwood. Very nice!! Team in photo are Simon Akie, Captain Bill Morgan, Anthony Hill & Alan (everywhere) Clews.
- Handicap Billiards. Mike Poda & Sam Malcolm's team failed to make the finals.

8 Thursday Night RSL handicap snooker

- Julie Watson's Eagles were eliminated in the Preliminary Final.
- Shabbir Badshah's Hawks finished in 5th place and out of finals.

8 Season 1 of 2024 is almost complete (except for Over 55's), with the following results:

- VBSA Snooker, Monday night. Our B & C Grade teams finished well off the pace. With a season under their belt & hopefully retaining some of their stronger players, B Grade are confident of being in the mix next season.
- Over 55's Billiards & Snooker, Tuesday daytime. Green team sits comfortably in 3rd place, whilst Gold is not far behind in 7th place with just over half of the season completed.
- Metro/Southern Snooker, Tuesday night. Both teams finished just outside the top 6.
- RSL Snooker, Thursday night. With 2 rounds to go, the Eagles sit atop the ladder whilst the Hawks are 3rd. I can feel a flag coming on!!!



VBA Snooker Monday Night



Metro/Southern Snooker, Tuesday Night



Club Billiards Championship



The Norm Smith Handicap Tournament

8 The 2023 Pat Chung Dumb B@#%d's Cup

- The Cup was held on Sunday 4th February, together with our AGM. Rob Davies, Ron Phillips & Brian Esnouf teamed up to take of top prize.

8 Club Billiards Championship.

- Ian Gilbee is once again our Club Billiards Champion with a comfortable 350/215 win over a gallant Darren Royle. Darren got away to a great start but couldn't keep up the pace.

8 The Norm Smith Handicap Billiards Tournament

- Rob Davies triumphed 250/197 over a gallant Ron Phillips.

Membership and Contact

The Section is always keen to accommodate new players, so if you are interested in anything to do with billiards or snooker at Frankston RSL, please get in touch. Juniors and ladies are very welcome. Coaching can be provided free of charge.

Treasurer: Mark Dunn on 0422 304 052

Wellbeing
Mobility Team

IN 2023 ...
\$15,150 OF DONATED ITEMS WERE
COLLECTED BY THE FURNITURE &
MOBILITY TEAM, AND REPURPOSED
FOR VETERANS & THE COMMUNITY IN NEED.

FRANKSTON RSL
DONATE
MOBILITY AIDS,
FURNITURE, OR
WHITE GOODS
TO A GREAT CAUSE

CONTACT
THE WELLBEING
COORDINATOR
(03) 8792 4427

Thank you!

#FrankstonRSLMobilityTeam

Golf



09.06 : MOONAH LINKS -LEGENDS
 23.06: PAKENHAM
 28.07: CENTURY PARK
 25.08: LANG LANG
 01.09: MOONAH LINKS OPEN
 06.10: CERBERUS
 20.10: GARFIELD
 03.11: RINGWOOD
 01.12: EAGLE RIDGE

Frankston RSL Golf Section Social Club has been operating for over 30 Years and we are always looking for new members . We have members from all abilities, from the ‘fortunate’ few who can drive the ball a mile down the fairway, to the rest of us who struggle to put together a good round! It is a fantastic, fun, and friendly way to be introduced to the grand game of golf.

Our first game on our syllabus for the year was played at Lang Lang Golf Course, with a fantastic turn out for our first game of the year. The weather was a pleasant 27c with local wildlife abounding around the course.

The “Peoples Champion” Ash Grieg went into the game as the self-proclaimed favourite; it was not to be as our outright winner on the day was Anne Briner with a score of 40 Stableford points.

A grade winner was Daisy Grieg with 37 Points
 B grade winner was John Marshal with 38 Points
 C grade winner and our overall “Cock of the Walk” winner was Anne Briner.

Lunch & Presentations

After each round of golf, we gather at the Frankston RSL Pavilion for a BBQ and presentation to announce the winners of each grade. The cost is included in the green fees, and drinks are available at a nominal price.

LOOKING FOR NEW MEMBERS !

The cost to join is \$60 per annum, and this contributes to subsidising games and an end of year presentation. You must also hold a current R.S.L. Membership.

Join us in friendly competitions, where the focus is fun and enjoyment. We welcome all new members, of all abilities, from beginners to pros. Our group has both male and female members, and with a wide range of handicaps that are divided into 3 grades (A, B, C). We play once a month on a Sunday, and you’d be hard pressed to find better golfing company.

Fees

All games are \$50, regardless of green fees for the course.

Contact

Club Captain: Grant Goodall **PH:** 0414 868 164
Secretary: Brett Wilson **PH:** 0437 043 748



Pipes & Drums



The Pipes and Drums performed at three returned service parades on ANZAC day. Those being Longbeach RSL 9.30am, Frankston RSL 11.45am and Rye RSL 12pm.

Life member and longest serving band member, piper Geoff Shaw played during the wreath laying ceremony at the Frankston RSL commemorative service.

Despite losing some players recently, the Band was able to put on sound performances at each parade, with the assistance of some pipers and drummers from Old Scotch P&D, Haileybury P&D, and former members.

The band was well catered for at the Rye RSL and gave a short performance in appreciation.



LOOKING FOR PIPES & DRUMS PLAYERS.. GET IN TOUCH TODAY!

Contact

Secretary: Sean Sullivan
Practice: Wednesdays 7PM, Frankston RSL
PH: 0413 176 832 **E:** frankstonrslpad@gmail.com



BINGO

1 TO 15 • 16 TO 30 • 31 TO 45 • 46 TO 60 • 61 TO 75

8	30	44	59	68
4	18	35	58	74
1	20	FREE	50	64
5	24	42	53	67
2	27	37	56	69

MONDAYS

EYES
DOWN
11AM

THURSDAYS

EYES
DOWN
7PM

MONDAYS 11AM & THURSDAYS 7PM
FRANKSTON RSL, SIMPSON ROOM

BOOKS OF
30 GAMES
\$6 EACH
NO BOOKING
REQUIRED



BE PART OF OUR FAMILY !

COMMUNITY CLUB OF THE YEAR

THE FRANKSTON RSL WAS AWARDED COMMUNITY CLUB OF THE YEAR 2022-23 BY COMMUNITY CLUBS VICTORIA, AND SELECTED FROM OVER 1,000 CLUBS IN METROPOLITAN AND REGIONAL MELBOURNE.

CAN WE INSPIRE YOU?

AS ONE OF THE LEADING RSL CLUBS IN VICTORIA WE HAVE 130 STAFF AND OVER 14,000 MEMBERS - OF WHICH 4,000 ARE SERVICE AND AFFILIATE MEMBERS. THE VENUE WAS NEWLY RENOVATED IN 2020, AND OFFERS 3,000M² OF SPACE, 500 SPACE CAR PARK, 2 RESTAURANTS AND 3 CHILDREN'S PLAY AREAS, AS WELL AS

A CAFÉ, A SPORTS BAR WITH A 6M SCREEN, ALFRESCO DINING, KENO, TAB FACILITIES, & A FUNCTION ROOM WITH 250 SEAT CAPACITY.

EMPLOYER OF CHOICE

WE ARE ALWAYS ON THE LOOKOUT FOR GREAT TALENT. WE OFFER AN INCLUSIVE & TEAM ORIENTATED WORK ENVIRONMENT WITH A FOCUS ON WORK LIFE BALANCE. SEND YOUR RESUME TODAY!

JOB ADS ARE AVAILABLE ON OUR WEBSITE: WWW.FRANKSTONRSL.COM.AU/JOBS

FRANKSTON RSL
183 CRANBOURNE ROAD, FRANKSTON
CULTURE@FRANKSTONRSL.COM.AU
FACEBOOK & INSTAGRAM: @FRANKSTONRSL
(03) 8792 4400

RSL LIFE MEMBERS

J F AKEROYD AM*
F ANDERSON*
J W ARNEY*
E BARRETT*
K BETTLES*
P A BRISCOE*
R G BROWN*
H CAMERON*
F C CAREY*
F CLAYTON*
A COLE*
REV V COLLINS OAM*
B CLYNE
J P DEIGHTON AM MC*
T L DICKMAN*
DH FOWLER*
A C GARDINER*
H R GILHAM*
E J GOLDSMITH*
B HICKMAN
K HILLIER OAM
A F HOLMES*
A M HORSBURGH OAM*
E M HUGHES*
W G INDIAN*
B JOHNS*
A JOHNSON*
P R KENNEDY*

W LESLIE*P
M LOUREY*
S C LOVELL*
R W F MCCARTHY*
C A MCKENZIE*
R H MCLELLAND
R MORRISON
A C MURPHY*
D F NICOLL*
D A PATTERSON*
A PAXINO*
E C PEARCE*
J L PRATT*
S PRENDERGAST*
W R PULLING*
F A SEWELL*
A SHOUT*
J SLATTERY*
J SMITH*
L W STREETS OAM*
L V SWANSON*
C L THURKLE*
G M WALKER*
S U WALKER*
R W WHEELER OAM*
A WHITWORTH*

* DECEASED



Let's not forget
VALE 2024
January-march

GARY	NASH
BOB	WHITEHOUSE
EDWIN	ROBBINS
GORDON	DYER
GEOFFREY	TONG
DONALD	KEELEY
DENNIS	RUXTON
WILLIAM	ROGERS
DENIS	STEPHENS
GEORGE	FOWLER
HAROLD	MILLER
DONALD	ROSSELY
DOUGLAS	HIGGINS
THOMAS	JAMES

Sub Sections & Groups Contact & Meet Up Times

Group	Frankston RSL meet-up
billiards & snooker secretary: Mark Dunn 0422 304 052 email: marfak56@gmail.com	mon, tue, thu 6.30PM & tue 9.30AM
golf secretary: Brett Wilson 0437 043 748 email: brettianwilson65@gmail.com	selected sundays BBQ 12PM
pipes & drums secretary: Sean Sullivan 0413 176 832 email: frankstonrslpad@gmail.com	wednesdays 7PM
home & hospital visitation team contact: Stellar 0492 820 743 email: sraymond@frankstonrsl.com.au	last friday of the month 10AM
bingo reception: 8792 4400 email: reception@frankstonrsl.com.au	monday eyes down 11AM thursday eyes down 7PM
frankston probus secretary: Annie Stahmer 0418 822 744 email: ann.stahmer@bigpond.com	1st wednesday of the month 9AM Pavilion
vietnam veterans australia secretary: Bev Park 0431 620 044 email: bevkel@optusnet.com	1st monday of the month simpson II function room 1.30PM non-daylight savings 7.30PM daylight savings
women's auxiliary coordinator: Carol 0410 134 599 email: cmacfarlane@frankstonrsl.com.au	3rd wednesday of the month 10.30AM (call for location)
wellbeing & welfare coordinator: Stellar 0492 820 743 email: welfare@frankstonrsl.com.au	monday-friday 9AM-4.30PM
frankston veterans & families hub wellbeing coord: 0450 442 644 or 9960 3619 email: frankstonhub@rslvic.com.au	monday-friday 9AM-4.30PM
partners of veterans australia secretary: Rhonda Tempest 0410 566 709 email: r.tempest@bigpond.com	2nd monday of the month 10.30AM -4.30PM simpson II function room
legacy Frankston coordinator: Lyn Smith 0423626973 email: lynsmith51@gmail.com	2nd thursday of the month 10.30AM (call for location)
probus club frankston heights inc email: fhprobus@gmail.com	3rd tuesday of the month 9.30AM for 10AM
frankston prostate cancer support contact: Kevin 0419 133 826 email: smko@bigpond.com	last wednesday of the month 10.30AM pavilion
memorabilia team contact: Frankston RSL Reception 8792 4400 email: reception@frankstonrsl.com.au	every 2nd & 4th Friday of the month, 9.30AM pavilion



FRANKSTON RSL MANAGEMENT TEAM

General Manager
Brett Rowlands

Operations
Colin Ross

People & Culture
Jodi Millar

Governance
Rose Van Velzen

Finance
Lynda Leverington

Bar & Gaming
Tracy Vrana

Marketing & Promotions
Patricia Russo

Executive Chef
Dean Webster

Front of House
Wendy Broks

Administration
Anja Lepoigneur



The Blues Brothers

DRESS UP & PARTY!

Show



With The Soul-Sister's



FRIDAY 26TH JULY

DINNER & SHOW

\$69.50 FRANKSTON RSL MEMBERS

\$75 GUESTS

BOOK NOW !!

DOORS OPEN 7PM

DINNER AT 7.30PM

SHOW FROM 9PM



TICKETS: WWW.FRANKSTONRSL.COM.AU/TICKETED-SHOWS OR CONTACT RECEPTION 8792 4400