



OUR MISSION

To support the welfare of veterans and their families.

To promote pride, respect and belonging within the veteran and broader community by maintaining a welcoming atmosphere and providing outstanding hospitality and entertainment.

VISION

Connecting communities

Connecting the veteran community with services and camaraderie

Connecting the broader community with experiences through customer first hospitality

www.frankstonrsl.com.au

CONTACT US

phone: (03) 8792 4400

email: reception@frankstonrsl.com.au

web: www.frankstonrsl.com.au

post: P.O. Box 3168, Frankston East 3199

address: 183 Cranbourne Rd, Frankston 3199

Reception Hours

monday-thursday & sat 9AM-7.30PM friday 9-8PM sunday 10-7.30 PM

DINING HOURS

hours may differ on public holidays

Four Seasons Bistro - end time denotes last meal order

lunch: 11.30AM-2.00PM monday-friday 12NOON-2.30PM saturday & sunday dinner: 5.30PM-8.30PM monday-thursday 5.30PM-9.00PM friday & saturday 5.30PM-8.00PM sunday

Huey's Sports Bar

lunch: 11.30AM-2.00PM monday-friday 12NOON-2.30PM saturday and sunday

dinner: 5.30PM-8.30PM monday-thursday
5.30PM-9PM friday & saturday

5.30PM-8.00PM sunday

Nancy's Café - Open 7 Days

coffee, cake, & cabinet display: 9AM-LATE

lunch: 11.30AM-2PM monday-friday 12-2.30PM saturday & sunday



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2024 COMMITTEE



Kevin Hillier OAM PRESIDENT



John Barry
VICE PRESIDENT



Peter Kerley SECRETARY



Brian Hill CSC TREASURER



Lyn Lynch GENERAL COMMITTEE



Anthony Grice GENERAL COMMITTEE



Kevin Tester

GENERAL

COMMITTEE



David Helman GENERAL COMMITTEE



Zak Critsilis GENERAL COMMITTEE



Contact: committee@frankstonrsl.com.au

President's Report



Welcome to Spring!

Welcome to the Spring issue of Morse Code. While we are looking forward to some warmer weather, it seems winter has come back to join us.

The winter months have seen a lot of patrons stay at home in the warm, but I am pleased to advise that our morning teas for veterans and families on a Wednesday, and veterans only on a Friday have grown to over 60 attendees on many weeks. Along with the comradeship on these days, the leaders have organised guest speakers to provide advice to the members such as the recent presentation from Lardners Solicitors on Wills, Powers of Attorney and elder abuse. This, along with the numerous bus trips and excursions our Wellbeing Team has put together for Veterans and their families, has seen the wellbeing funds put to great use. Again, the comradeship on these trips is beneficial to the wellbeing of our veterans, families, and other sub-sections that join in on these occasions.

Of the many groups that meet at the club, I am pleased to announce that the Guitar Group has returned for the first time since COVID. The group meets in the pavilion on a Thursday afternoon, and if you have played the guitar, banjo, ukelele, and bass, either currently or in the past, you would be most welcome at any of the meetups.

Another group that regularly meets in the pavilion is the Men's Prostate Cancer Group which also welcomes new members. Speaking from a personal experience, they are a good bunch of guys who from their own experience can put you at ease if you have been recently diagnosed.

Hopefully by Christmas there will be a new building next to the pavilion, provided by Veteran Central at ANZAC House, which will house the Compensation Advocates, along with our own Wellbeing Coordinator and Assistant. The same appointment booking conditions will apply, to ensure an individual's privacy is protected. A phone call from reception will be available for urgent cases.



We will be seeking as many volunteers as possible for the upcoming Poppy Appeal, especially as we are now also covering the Mornington area to assist Mornington RSL. The funds raised are important for the provision of services and assistance to our veterans and families in necessitous circumstances.

More on Remembrance Day appeals is covered on pages 20-21.

Finally, I remind the families of veterans that on a veteran's passing, the Frankston RSL provides a commemorative service as part of funeral arrangements. A misconception still prevails that a veteran is a service person who has served in a conflict. To clarify, a veteran is a member of the services who has served a minimum of one day. Sadly, and all to often, we are made aware of a veteran passing when it comes time to renew membership.

Please keep safe and well, as we lead into the holiday period.

Yours Aye, Kevin Hillier OAM

President
Frankston RSL Sub Branch Inc.

WHAT'S ON?

MONDAYS

Bingo - Simpson Koom 11AM EYES DOWN NO BOOKINGS REQUIRED

TUESDAYS

Trivia Night Huey's Sports Bar 7PM REGISTRATIONS FOR 7.30PM START. FREE EVENT

Kids Fat Free Deal - Dinner Only
ORDER AT THE BISTRO
NOT AVAILABLE PUBLIC HOLIDAYS

Age Strong titness class \$5p/p
8AM IN THE PAVILION. REGISTER 8792 4400

WEDNESDAYS

Wednesday Rattle Night & Member's Draw
RAFFLE TICKETS ON SALE FROM 5PM
RAFFLE DRAWS FROM 6.30PM
MEMBERS CAN WIN UP TO \$1000 JACKPOT IN
SPIN-THE-WHEEL, IN HUEY'S SPORTS BAR.
MEMBER'S SPIN TIMES: 6.00PM, 6.30PM, 6.45PM

Parma-Night - All Parmas \$21.90
AVAILABLE WEDNESDAY DINNER
ANYWHERE IN THE VENUE
Veterans & Partners Cottee Mornings
10AM, TABLE 221, IN THE ATRIUM, FREE EVENT

THURSDAYS

Thursday Community Kattles
RAFFLE TICKETS ON SALE FROM 5PM
RAFFLE DRAWS FROM 6.40PM
LIVE MUSIC 5-8PM @ HUEY'S SPORTS BAR

Bingo-Simpson Room 7PM EYES DOWN NO BOOKINGS REQUIRED

FRIDAYS

Triday Night Kattles & Member's Draw

MEMBERS CAN WIN UP TO \$2,000 JACKPOT PRIZE RAFFLE TICKETS ON SALE FROM 4.30PM RAFFLE DRAWS FROM 6.30PM MEMBER DRAW TIMES: 5.30PM, 6.15PM, 7PM

Mega Kattles - Huey's Sports Bar

1ST FRIDAY EVERY MONTH, FEBRUARY-DECEMBER RAFFLE DRAWS FROM 6.30PM MEMBER DRAW TIMES: 5.30PM. 6.15PM. 7PM

Free Live Music: Single Income - Simpson Room

1ST FRIDAY EVERY MONTH, FEBRUARY-DECEMBER 7PM DOORS OPEN, SHOW 7.15PM-10.15PM, FREE EVENT

Veterans Cottee Morning - Huey's Sports Bar ALL VETERANS WELCOME: ALL SERVICE TYPES, ERAS, AGE, & GENDER. 10AM, FREE EVENT

Age Strong Titness Class \$5p/p
8AM IN THE PAVILION. REGISTER 8792 4400

SATURDAYS

Super Saturdays - Huey's Sports Bar!

12-2PM BUY A CLASSIC PARMA & RECEIVE A FREE POT OF CARLTON DRAUGHT TANK BEER UNTIL END OF FOOTY SEASON

upcoming events

SATURDAY 21ST SEPTEMBER EVENT & LIVE OOMPAH BAND

-TICKETS FROM \$55 12PM - 6PM

This September we are bringing the Oompah on Oktoberfest and a little bit of Munich to the RSL, so dust off the lederhosen, practice a few Bavarian phrases, and bring your thirst to the Frankston RSL! Our Chef will be whipping up traditional German beer hall culinary fare, plus Pretzels to snack on, and mouthwatering Homemade Apple Strudel. We've also got live music with the one and only Original Oompah Band to entertain from 2.30pm-5.30pm! Prizes for best dressed! Pre-order Food and Beverage Bundle and save!

TUESDAY 1ST OCTOBER

-TICKETS FROM \$7.50 Session 1 - 11am Session 2 - 1pm



He's the Prince of Putrid, The Willy Wonky of Weird! He's Mr Snotbottom!

A hilariously deeeesgusting kids' comedian brimming with all the oooey, gooey, yucky things kids love! Like a cross between Shrek and Mr Bean, you can expect snot-loads of gross-tastic gags, slimy songs and just wrong routines perfect for weird kids 2 and up and their even weirder parents!

SATURDAY 5TH OCTOBER RAMBLE TAMBLE CREEDENCE TRIBUTE SHOW



-TICKETS FROM \$32.50 7PM - 11PM

Ramble Tamble Australian Creedence Show!! This October world class fivepiece band Ramble Tamble are ready to set The Frankston R.S.L alight with their immaculate rendition of one of the greatest bands to ever live -Creedence Clearwater Revival! Ramble Tamble are a world class five-piece Creedence Clearwater Revival tribute band based in Melbourne

SUNDAY 6TH OCTOBER WEST END TO BROADWAY THE FIRST 50 YEARS ON STAGE



-TICKETS FROM \$27.50 2.30PM - 4.30PM

Join us for a melodic Matinee Concert, "WEST END TO BROADWAY", featuring the talented and gifted performers Richard Thomas, Suzanne Shakespeare, Roy Best, and Samantha Du Rennes. Let these wonderful artists transport you from The Westend theatres of London to the stages of New York's Broadway who will perform a range of pieces from famous stage productions and musicals in the first half of the 20th Century.

WEDNESDAY 16TH OCTOBER MORNING MELODIES



The Baby Boomers Duo revisit music history across four decades with fabulous vocal harmonies and musicianship, combined with classic hits and fun filled performances of some of the best music ever made. Relive the tracks of some of the world's most iconic bands including The Beatles, Elvis, The Rolling Stones, Daddy Cool, Creedence, Cold Chisel, The Monkees, Van Morrison, Neil Diamond, Johnny Cash, Paul Kelly, The Eagles, Lionel Ritchie.

SUNDAY 19TH OCTOBER QUEEN ROCKS

-TICKETS FROM \$39 DOORS OPEN FROM 7pm



QUEEN ROCKS is the definitive tribute to the greatest rock band of all time, Queen! Performing all of Queen's iconic hits, QUEEN ROCKS deliver a high-energy live show that brings to life the showmanship, musicianship and majestic power that saw Queen rock stadiums all over the world. QUEEN ROCKS authentically capture Queen's unique sound and theatrical stage show, faithfully performing Queen's classic anthems.

SATURDAY 2ND NOVEMBER TRUE CRIME NIGHT, VIKKI PETRAITIS



-TICKETS FROM \$22 7.30PM - 10PM

On the morning of 15 December 2014, an armed assailant entered a popular Cafe in Sydney's Martin Place and took 18 hostages. The siege lasted till just after 2am the following morning when tactical Police stormed the building. Vikki Petraitis has interviewed one of the hostage survivors who was there till the final shootout, and the Tactical Operations Unit Officer who took down the offender. The stories of the survivors and Police are chilling and haunting.

SATURDAY 16th NOVEMBER DISNEY THEMED TRIVIA



-TICKETS FROM \$15 6PM - 11PM

Consider yourself a Disney expert? Well, zip-a-dee-doo-dah because we have a Disney themed Trivia Night that only a true die-hard fan (or kid) would know the answers to. From classic animated and Pixar movies to the Disney theme parks, quiz yourself and see if you're worthy of the crown or, in this case, Mickey ears. Get a team of 4-8 together and join us and test your knowledge at this great Trivia Night. We've got a \$500 prize pool to give away on the night and there will be a special Disney inspired event menu on the night. Ticket price includes one House Beverage. Walk-ins subject to availability.

FRIDAY 22ND NOVEMBER THE BEATLEZ TRIBUTE SHOW



-TICKETS FROM \$64.50 7PM - 11PM

TThe Beatlez provide an authentic Beatles experience and have successfully been doing so to sell-out crowds for over 10 years. Their multi-costumed show moves chronologically from the Beatlemania rock'n'roll era to the psychedelic Sgt Peppers material, finishing with the classic 'rooftop' songs. They have spent over 10 years building a professional, visually, and sonically accurate Beatles experience - making them Australia's most entertaining Beatles tribute band.

Buy tickets Here

.............



What's New Around The Venue ?





Cider of the Month!

Mountain Goat

Hazy Apple Cider on

Tap, \$8 schooners.

eHuey'sSports Bar



Just Pop, Pour, & Sip! Limoncello Spritz by De Bortoli Available in Sports Bar. \$9.50 (150ml), \$48 (Bottle)



WIN A \$300 CUB BRANDED ICE-COOLER

Win a Footy Finals CUB branded ice-cooler bundle valued at \$300. We've got 4 to give away! To enter, buy two schooners of CUB Tap Beer in Huey's Sports Bar. One entry will be drawn Monday 9th, 16th, 23rd, and 30th of September.



OKTOBERFEST! Saturday 21st September

Oktoberfest at the Frankston RSL this year will be like no other, with a live Oompah Band belting out Bavarian beats that will get you swinging from side to side in no time. We'll also feature Australian breweries making traditional Oktoberfest beers, and our Chef promises hearty Beer-Hall fare, so dust off the lederhosen, practise a few Bavarian phrases, and bring your thirst to the Frankston RSL. Purchase pre-paid ticket bundles from \$52 and save: includes Oktoberfest main dish + 400ml beer (Frank 'n' Stein Marzen) + take home Oktoberfest branded Munich beer mug.

Purchase tickets at www.trybooking.com/CKSBA or call (03) 8792 4400



DISNEY THEMED TRIVIA NIGHT -Saturday 16th November, 2024

Consider yourself a Disney expert? Well, zip-a-dee-doo-dah because we have a Disney themed Trivia Night that only a true die-hard fan (or kid) would know the answers to. From classic animated and Pixar movies to the Disney theme parks, quiz yourself and see if you're worthy of the crown or, in this case, Mickey ears. Join us and test your knowledge at this great Trivia Night. We've got a \$500 prize pool to give away on the night and there will be a special Disney inspired event menu on the night. See page 15 for more details. Cost: \$15 p/p, includes a house beverage. Book tickets: https://www.trybooking.com/CUNXX



CHRISTMAS DAY LUNCH TICKETS On sale Tuesday 1st October

Christmas is just around the corner and our Christmas Day Lunch will be as eventful as always with an enviable buffet, jaw-dropping room set-up and decorations, plus the jolly man in red will pay a special visit! Plan ahead and book your Christmas Day Lunch, on sale from Tuesday 1st of October. \$135 (M), \$149 (G), \$49 (Kids U12), \$20 Kids Under 5, Under 2's Free Bookings: www.frankstonrsl.com.au/ticketed-shows, or contact Reception, 7 days a week, 9AM-7.30PM & from 10AM Sundays: (03) 8792 4400.



12NOON-6PM FOOD | BEER | LIVE MUSIC I MUNICH MUGS

THIS SEPTEMBER WE ARE BRINGING THE OOM-PAH-PAH ON OKTOBERFEST WITH AN AUSSIE SLANT OF COURSE, AND A LITTLE BIT OF MUNICH TO THE FRANKSTON RSL, FEATURING OUR VERY OWN OKTOBERFEST MARZEN 'FRANK 'N' STEIN*, PLUS TRADITIONAL GERMAN BEER HALL CULINARY FARE.

WE'VE ALSO GOT LIVE MUSIC WITH THE ONE AND ONLY ORIGINAL OOMPAH BAND TO ENTERTAIN FROM 2.30PM-5.30PM! DUST OFF THE LEDERHOSEN, PRACTISE A FEW BAVARIAN PHRASES AND BRING YOUR THIRST TO THE RSL







PRE-PURCHASED BUNDLES AVAILABLE: FOOD 400ML BEER* + TAKE HOME BEER MUG

INFORMATION: (03) 8792 4400 WWW.FRANKSTONRSL.COM.AU/TICKETED-SHOWS

A LIVE DOMPAH BAND BELTING OUT TRADITIONAL BEATS. AND BOTH GERMAN AND AUSTRALIAN OKTOBERFEST LAGERS, PLUS, TRADITIONAL BEER HALL FARE!

Why travel to Europe to enjoy Oktoberfest when you can celebrate this world-renowned beer festival that's been going strong since 1810, right here at the Frankston RSL and in our most chilled space CPs - Restaurant & Function Space, that will be decorated in true Bavarian style and offers long share tables if you feel like making new friends, sunken lounges, and cosy cabanas to hang with your besties.

We've also got live music with the one and only Original Oompah Band to entertain from 2.30pm-5.30pm! Merrily rock side to side to the traditional German beats while practising your best pronunciation of 'Prost' that's cheers in German, while you sip from your take home Frankston RSL branded Munich style Beer Mug.

We are even making our own Oktoberfest Marzen in conjunction with Mountain Goat Brewery, plus there will be German Oktoberfest lagers, as well as two Victorian breweries making traditional Oktoberfest lagers.

Can't make up your mind? Why not try a tasting paddle of all three beers.

Plus our Chef will be whipping up traditional German beer hall culinary fare available as discounted food and beverage bundles (prior to event day) or sold separately on the day, while stocks last.

OKTOBERFEST





FRANKSTON RSL BRANDED TAKE HOME BEER MUG & 400ML FRANK 'N' STEIN LAGER*

\$25 G

OKTOBERFEST DISHES 12-2.30PM

Feast on a selection of three traditional German style dishes, available during lunch service. Fancy a Veal Schnitzel or Pork Knuckle served with creamy mash, sauerkraut, and beer jus or a traditional Bratwurst served with sauerkraut and mustard? **PLUS!** Freshly baked Bavarian pretzels to snack on and mouth watering homemade apple strudel, as well as two Kids Meals to choose from. While Stocks Last.

SAVE ON A FOOD AND BEVERAGE BUNDLE!

Pre-Order a bundle and save (prior to event day). Bundles include an Oktoberfest dish, a take home Oktoberfest and Frankston RSL branded Munich beer mug + ml fill of our very own brewed Frank 'n' Stein Marzen*. \$52 (Members) and \$55 (Guests)
*First fill must be Frank 'n' Stein Marzen.

All items available until stocks last

TRY YOUR HAND AT SOME OF THESE PHRASE:
- WITH AN AUSSIE SLANT OF COURSE!
- NOCH EIN BIER, BITTE "BYDIER BEEK, PLEDSE,
- GUTEN RPPETIT "BON APPETIT

NICHT LANGE SCHNACKEN, KOPF IN NACKEN.



PRE-PURCHASE A BUNDLE AND SAUE!

OKTOBERFEST MAIN DISH + 400ML BEER* + MUNICH BEER MUG. \$52 M

SAUOURY PRETZEL \$8M/\$9G OR 3 \$20M/\$22G & APPLE STRUDEL SLICE WITH CREAM \$12M/\$14G PLUS PRIZES FOR BEST DRESSED !!!





Saturday 21st, September 2.30PM-5.30PM



OKTOBERFEST INFO CALL (03) 8792 4400 WWW.TRYBOOKING.COM/CUIES



FOOD & BEVERAGE **PACKAGES** AVAILABLE











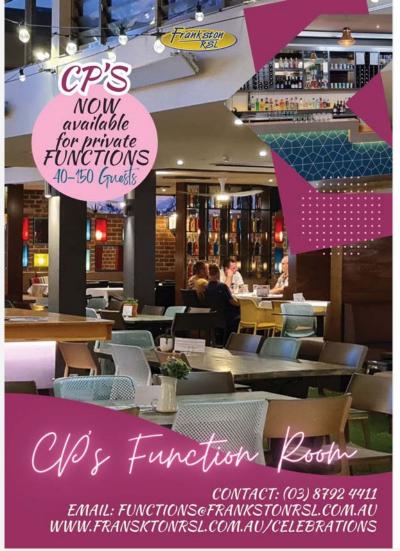












CP's Function Room

Everyone's favourite dining space at the venue, formerly Cracked Pepper, has now become a Function Room and can be enjoyed in exclusivity for private events.

Ideal For 40-150 guests & a variety of catering options

The new space is ideal if you are looking for a relaxed function room for 40 – 150 guests and we offer a variety of menu and catering styles and options to suit the space.

Modern, Relaxed, State of the Art Features

CP's offers a modern design and a welcoming 'Alfresco' style vibe. The function room is fitted with a private bar, heating and cooling to suit all year round, a kids' playground, in addition to an entertainment area ready for your guests to dance the night away.

Designer tinishings and Style

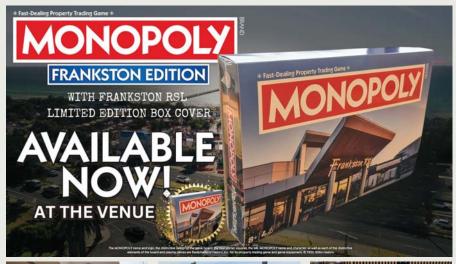
CP's boasts sunken lounges, and multiple cabanas with artificial grass, couch seating, and each with TV screens. Additionally, the mixed seating style, with long wooden tables as well as high bar style tables and stool seating, is ideal for guests mingling and appealing to all age groups.

Contact our Functions Coordinator to organise a tour of the space and experience the difference first hand.

(03) 8792 4411 & www.frankstonrsl.com.au/celebrations































We're on the board! Monopoly Mania!

... and then this happened! We are tickled pink to have made the cut and feature on the Frankston Monopoly Board Game on the very prestigious property title of Regent Street.

We were thrilled to have had Mr Monopoly pay the club a visit in July, a day before the Frankston launch and he even served a couple of Parmas and brewed up a Barista quality coffee in our cafe.

The venue was buzzing with excitement and sealing off the special occasion was a Channel 7 film crew that interviewed Club President Kevin Hillier OAM for the 6PM news!

The limited edition Frankston Board Game is available for purchase at the Club for \$69.99, and if you buy it at the venue it comes with the limited edition Frankston RSL Box Cover. This is a once in a lifetime opportunity and is ideal for upcoming birthday or Christmas presents.



A happy ending ...

On 3 September 2024 between 7pm-9:30 pm J, with two friends, dired in Nancey's Cafe and enjoyed our meals and the atmosphere. When J returned home J noticed my silver and only dress ring was missing!

I immediately returned to the RSL and was attended to by a very nice security man (Apologies I've forgotten his name. Vince?) and after identifying myself and giving an account of my time at the venue and a description of the ring, to me delight it was returned

Vince (?) told me it had been handed in by a staff member, at around 7:15 pm, soon after I had arrived, ordered my meal, bought a drink and carried glasses of water to our table. I was and still am overjoyed, as the ring is precious to me in more ways than one; a gift from a daughter to replace jewellery stolen from me during two separate burglaries in 2013 and 2017. I wish to thank the staff member(s) at RSL Frankston for honesty, integrity and courtesy. The security person who assisted me was also very professional, empathetic and willing to listen. Your staff members are applauded and sincerely thanked.

Yours sincerely,

Suzanne B





Drawn Fridays 13th, 20th, 27th September, & 4th October Swipe at members' kiosk to enter!

Ts&Cs Apr







MENTAL & SOCIAL WELLBEING AWARD 2023-24









CCV AWARDS

2023-2024

We were honoured to have been awarded Best Mental and Social Wellbeing Program (Metro) at the esteemed Community Clubs Victoria (CCV) 2024 Gala Awards on Saturday, 6th July, and equally proud to have been shortlisted as one of the finalists for 'Best Hospitality Team'. This award is a significant achievement by our Veteran Wellbeing Team who rolled out an impressive Mental and Social Wellbeing Program for our Veterans and their families in 2023.

In 2023, our Veteran Wellbeing Team offered a range of services including advocacy, financial assistance, and social activities, with 773 attendances by veterans and their families across 23 events.

The team, led by Wellbeing Coordinator Stellar, and Wellbeing Advocate Tony Grice, rolled out an impressive Mental and Social Wellbeing Program for our Veterans and their families providing over \$500,000 in support, distributed \$15,000 worth of essential items, and visited veterans in homes and hospitals for 374 hours.

The efforts from our staff, and committee, cannot be underestimated and we are truly humbled to have been recognised for the work we do in field of veteran mental health, welfare and wellbeing and a testament to our commitment and continuous development in this very worthy field.



Nominated as finalist in two categories
-Best Metro Mental and Social Wellbeing Program
-Best Hospitality Team.



This is an incredible celebration of our unwavering efforts that have made a profound impact on our Veteran community, and to be acknowledged for our contributions in the field of Veteran Mental Health, Welfare, and Wellbeing.









Your Event - Your Way

Cocktail | Sitdown | Corporate

Celebration Events, Corporate, Presentations Events, Christmas Parties, & Celebration of Life

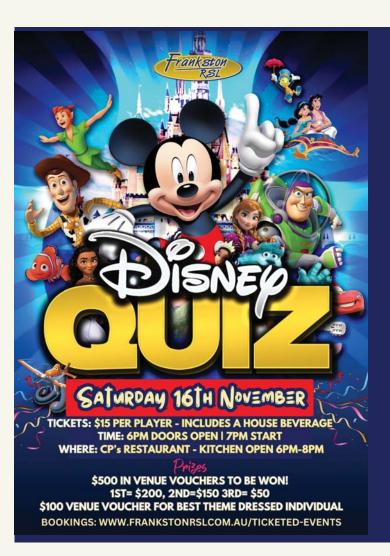
Affordable Function— Packages Include

- Frankston RSL Members receive 10% discount
- (Marcon in Four)
 House range of stylish decor available
 (including seat covers (FOA) : table centrepleces)
 Free dancefloor
- Free stage (Simpson Boom L or Full Simpson only)
- Tea & Coffee station
- Open plan rooms
- Function capacity up to 250 people
- Security guard (POA) & Function Coordinator Free onsite parking (limited)
- Free hire of audio/visual equipment

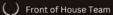




183 Cranbourne Rd, Frankston 3199 Ph: (03) 8792 4411 (Functions Direct Line) e: functions@frankstonrsl.com.au www.frankstonrsl.com.au









() Bar Team

MAY STAFF AWARDS GOING ABOVE & BEYOND





BOH & Kitchen Team

IN RECOGNITION OF THE STAFF WHO HAVE GONE ABOVE & BEYOND THEIR 'CALL OF DUTY' AND WOWED US WITH THEIR EXTRAORDINARY EFFORTS & AWESOME

CAN-DO ATTITUDE!





JULY STAFF AWARDS GOING ABOVE & BEYOND



() Admin Team



BOH & Kitchen Team



Front of House Team



() Bar Team

JUNE STAFF AWARDS GOING ABOVE & BEYOND







BOH & Kitchen Team

BEYOND



HUEY'S

SPORTS BAR

de-1

THE BEST OF LIVE ACTION SPORT ON A MASSIVE 6M SCREEN!





















G \$20 M \$19

SPORTS BAR COCKTAIL MENU

PINK GIN FIZZ

HAWKERS MARKET MULE







THAT SPIRITED LOT NINCHY DRY GIN, GINGER SYRUP, LEMON SYRUP, SODA WATER, FRESH LIME

FROSTY FRUIT

GODFATHERESPRESSO MARTINI

















The Frankston District Vietnam Veterans' Association (V.V.A) held a Commemorative Service on Sunday the 11th of August at the Frankston Cenotaph in Beauty Park - commemorating those who lost their lives during the Vietnam War conflict as well as the service personnel who have since died.

Lieutenant Colonel Neil Smith AM (Retd), a Governor of the Melbourne Shrine, gave a general talk about Veterans' Day, the forgotten war in Korea, the harsh conditions the Veterans faced upon their return, and overall the changes in the armed services over the past fifty years.

We thank the Federal Member for Dunkley Jodie Belyea, the Member for Frankston Paul Edbrooke, and Frankston Mayor Nathan Conroy for their attendance.

As customary, the Cadets - from the Army and Airforce provided the Catafalque Party and helped with the Wreaths and Flag raising on the day. We thank them for their loyal and continued support. Everybody was invited back to the Frankston RSL for light refreshments.





SHRINE OF REMEMBRANCE SERVICE

On Sunday the 18th of August the Frankston Vietnam Veterans Association (VVA) attended the official Veterans Day Commemorative Service at the Melbourne Shrine of Remembrance.



At the Commemorative service in Melbourne, The State VVA President, Mr Bob Elworthy AM, gave a heart warming speech about the brotherhood and sisterhood that existed among the returned service personnel who were bound together by their service experience and the mistreatment they experienced upon their return. He touched on the irreplaceable trust that will always exist among veterans, and spoke of their forever mate ship. A plaque was unveiled at the tree for Vietnam, by the Victorian Premier Jacinta Allan and the Minister for Veterans Affairs Natalie Suleyman MP, and Mr Elworthy finished off by recognising the significance of the plaque at the Shrine, and that

Vietnam Veterans and Vietnam War service personnel can finally call their own special place of reflection and remembrance.

The Premier also spoke about the strength and resilience of the Vietnam Veterans, who worked tirelessly to be recognised and respected on their return to Australia. The plaque at the Shrine is finally the symbolic recognition of Vietnam Veterans, by Australians, reflecting on the lives lost, and acknowledging the bravery and commitment demonstrated by Australian troops and what they achieved.

The Frankston VVA was invited back for lunch at the St Kilda RSL.



Veterans' Day Commemoration 18th August

Veterans' Day, 18th of August, remembers and pays respect to the service and courage of some 60,000 Australian Army, Navy, Air Force, and Medical and Admin personnel who courageously and selflessly fought for Australia during the 10-year long Vietnam War Conflict and the impact of their service. Today, we commemorate the anniversary of the Battle of Long Tanone of the largest engagements by Australian Forces during the conflict.

Formally known as Long Tan Day, in commemoration of the men of D Company, 6 RAR. 108 Australian and New Zealand Service men fought against over 2,000 North Vietnamese and Viet Cong, in a rubber plantation in the small village of Long Tan. The battle lasted 4 hours in torrential rains. After almost being overrun, a timely ammunition restocks, and the arrival of reinforcements allowed the Australian troops to prevail. 18 died and 24 were injured in what was the highest casualty operation since they had arrived in Vietnam.

On the 3rd anniversary of the battle, in 1969, the men of 6RAR erected a white cross on the battle site to commemorate their fallen comrades. From this day, the 18th of August was known as Long Tan Day. Over the years that followed, the day was adopted by all Vietnam Veterans as a day to commemorate the fallen.

Since then, it has been a day on which the services of all the men and women who served in Vietnam are remembered.

Honouring our Veterans

WWII Medallions for WWII Veterans

Club President Kevin Hillier OAM was honoured to be able to present to eight WWII veterans on the 13th of July, residing at Vasey RSL Care Frankston South, a Commemorative Medallion and Certificate of Commemoration, in honour of their service.

The Medallion acknowledges the significance of the 75th anniversary of the end of the Second World War, the Department of Veterans' Affairs produced a Commemorative Medallion and Certificate of Commemoration.

The medallion and certificate were made available to every living veteran of the Second World War

While Australia can never repay the debt, we owe almost one million Australians who served, this medallion and certificate are a small but meaningful way we can thank living veterans of the largest global conflict of the 20th century.

The obverse design features the Commonwealth Coat of Arms, wording of appreciation and identify by name theatres of war that saw the significant involvement of Australian Armed Forces. The medallion reverse design utilises the poppy as the central symbol surrounded by the wording of 'Australia Remembers' and the beginning and end years of the Second World War.

Thank you to Ruwan
Bogodaarachchige, Centre
Lifestyle Coordinator, for his
assistance on the day.







- Doug Wicks
 John Nankervis
- 2. John Nankervis3. Buzz Cousins4.Trevor Freeman
- 6. Veronica O'Neil 7. Doug Smith 8. Bert O'Leary

5. Phyllis Ketting - Olivier

VASEY RSL Care





COMMEMORATIVE SERVICE 106TH ANNIVERSARY OF ARMISTICE

MEMORIAL SERVICE

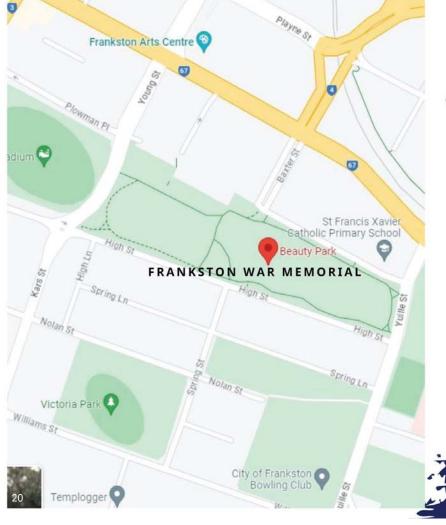
FRANKSTON WAR MEMORIAL FRANKSTON, BEAUTY PARK

LIGHT LUNCH & REFRESHMENTS FROM 11.30AM

ALL WELCOME FOLLOWING COMPLETION OF THE SERVICE

FRANKSTON RSL 183 CRANBOURNE ROAD, FRANKSTON SIMPSON FUNCTION ROOM







If you would like to lay a wreath during the service, please contact

Committee Member: Zak Critsilis Email:zcritsilis@frankstonrsl.com.au



General Information Contact Frankston RSL Reception (03) 8792 4400



In the case of extreme weather conditions, the service will be held at the Frankston RSL. Follow us on our Facebook Page to stay updated.





POPPY APPEAL 2024 OCTOBER 25 - NOVEMBER 10



The Frankston RSL is looking for volunteers to help sell Remembrance Day Appeal merchandise at several majo shopping centres, in the Frankston and Mornington areas.

The valuable funds raised from our appeals go directly in support of veterans and their families who find themselves in necessitous circumstances, and the funds raised at the Frankston RSL also go toward helping prevent social isolation and subsidising regular veteran wellbeing activities organised through our "wellness and wellbeing" programs – both locally and within Victoria.

Help make the 2024 Poppy Appeal great, and know that your time and assistance is immensely appreciated.

WHAT DOES IT INVOLUE?

Badge sellers work in pairs, for a three hour shift, at one of the major local Shopping Centres: 9AM-12PM, 12PM-3PM, & 3 PM-5.30PM.

BADGE STALLS

EFTPOS machines for electronic payments and stall materials will be available: table, chairs, selling trays, back up stock, and POS materials. Training on how to use an EFTPOS machine will be provided.

SERVICE MEMBERS

"Service" member sellers are encouraged to wear their service paraphernalia:- medals, ribbons or unit ID / hat / shirt / jacket, as shoppers are always keen on hearing true accounts of service experiences and meeting veterans.

ARE YOU A BUSINESS & WANT TO SELL BADGES & MERCHANDISE?

Are you a business and want to sell badges? The Appeals Officer will be pleased to hear from any school, workplace or business that is able to distribute and sale badges.

We have a variety of schools, and approximately 130 businesses, in the Mornington Peninsula area helping sell badges. Please contact the Appeals Officer if you have a suggestion of a good place we have missed.

DONATIONS

Donations are also greatly appreciated and can be made via direct deposit to the following account. Please retain your bank transaction receipt for taxation purposes.

Frankston RSL as agent for: RSL General Appeals PF B86 BSB 013 494 Account No. 2150-44465

WHAT ARE THE STALL LOCATIONS?

1.Karingal Hub, Shopping Centre

2.Plaza Langwarrin, Shopping Centre

3. Gateway Langwarrin, Shopping Centre

4.Bayside* Frankston, Shopping Centre

5.Mornington Bunning

6.Mornington Central, Shopping Centre

7.Bentons Square, Shopping Centre, Mornington

*Free parking available at Bayside. Validate your parking ticket at the information counter.

HOW DO I GET INVOLVED?

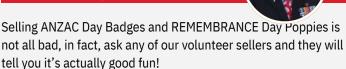
Your assistance is greatly appreciated and with your help we can all lend a helping hand to thousands of veterans and their families, including fellow Frankston RSL members

If you, your partner, a family member, or a mate can assist, please get in touch and register with our Appeals Officer.

Contact: Appeals Officer, Peter Kerley Email: appeals@frankstonrsl.com.au Phone: Call or SMS on 0450 568 138







A couple of weeks prior to April 25th and November 11th our Appeals Teams, led by a volunteer Site Manager, set up at major shopping outlets around Frankston and the Mornington Area. The Site Managers have ample stock of merchandise signs, a cash float, and an EFTPOS Machine. Within minutes, a wonderful Appeals stand display is set-up. As volunteers, all you have to do is sit back for a three hour shift, and wait for customers - which is generally immediate.

If the simplicity of volunteering has convinced you, then you're ready to sign up and become a pin or poppy seller. You will always be rostered with someone who is knowledgeable and skilled with the EFTPOS machines – given that 50% + of our payments are now on-line, so don't let digital payments frighten or deter you from volunteering.

Our volunteer Site Managers pick up stock, cash, EFTPOS machines, power boards, and point of sale materials at the end of the day so you won't even have to help pack up!

You will meet new people and, through your help and promotion of the Frankston RSL veterans services and activities, you will be helping the great cause of helping veterans in need.

If badge selling isn't to your "appeal", you might like to help with setting up badge selling trays at five major retail outlets, 36 schools, 130 small businesses, aged care facilities, hospitals, and sporting and fitness clubs, as well as arranging delivery of badge trays to these sites and then collecting and returning cash and tray stock balances to the Club. Alternatively, you may prefer to help by nominating your business, school, or place of work to display badges for sale.

If you are interested in joining our Appeals team, as tray filler, site manager, badge seller, stockist, or delivery person, please contact Peter Kerley, Frankston RSL Committee Secretary and Appeals Officer.

Friendly reminder! Every \$ collected (100%) is used to assist veterans and their families in need, and volunteer activities are fully insured under RSL policies.

Peter Kerley, Secretary Frankston RSL PH: 0450 568 138 Email secretary@frankstonrsl.com



Reflections from Korean War Veteran, Dick Prentice ...



The Wellbeing Coordinator, Stellar, recently caught up with Dick Prentice during a wellbeing visit, and the two got to talking and reminiscing about Dick's very colourful life, his service career, and involvement with the Frankston RSL.

Dick Prentice is one of the few remaining Korean War Veterans, and we are immensely proud to have him as a member of the Frankston RSL for 64 years!
Originally from Mortlake Victoria, and born in 1930, Dick is one of the estimated 1,650* Korean War Veterans still alive in Australia.

He has served on the Frankston RSL Committee for four to five years, and two of which he served as Vice President. Dick fundraised for the ANZAC Day Appeals, in addition to doing maintenance work on the Frankston RSL Club House, grounds and surrounding areas of the Club, at its previous location in the centre of Frankston.

When he returned from Korea in 1952, he became a member of the RSL in Mortlake. He then spent the next eight years travelling around Australia, as part of his service, in places such as Maralinga, before moving to Frankston in 1960 and joining the Frankston RSL.

In his very early years, Dick used to catch the bus from Mortlake to Terang High School and remembers the old bus constantly breaking down. One day after school he was skylarking in a paddock and ended up with a broken leg which ended his schooling at just 14.

He vividly remembers hobbling around the township with a schoolmate, who also had a broken leg at the time, and the pair of them annoying everybody.

On one of these scally wagging moments, a plumber he knew asked if he would like to help him out for the day instead of misbehaving. The plumber used to do all the plumbing work in the country area, including the windmills and bores. Dick made himself useful and helped him with his tools and by the end of the day, the plumber asked him, "do you want a job?" Dick said yes, and the plumber replied, "you better ask your father first!"

Dick's father worked at Goodalls, who were the main employer in the town at the time, after the local council, and employed motor mechanics, electricians, and blacksmiths. His father said, "don't blame me if you don't get an education." Dick enjoyed working with plumber George, but after three years he looked at the size of Mortlake and said, "I want something better than this".

Talking to a few ex-Navy blokes, Dick thought he'd join the Navy and went home to tell his father, who responded with, "I won't be able to buy you out you know, if you don't like it!" He remembers his father as a grumpy old man who was very strict.

He enlisted in 1948 and when they asked him what branch he'd like to sign up to, he said 'The Fleet Air Arm', since they were just starting out. As a result of this choice, he reported to HMAS Cerberus at Flinders for six weeks recruit training. Five weeks into the training, he got tonsillitis and was hospitalised for seven days. During this time his class was shipped off to England, so they transferred him to the classes heading to HMAS Albatross in Nowra, 100 miles south of Sydney. "By the time I got back to Flinders, the class had already headed off to Nowra!" exclaimed Dick.

Having just turned 18, he'd never been anywhere, but managed to catch a train and find his way to Sydney and eventually to Nowra. When he finally arrived in Sydney, he hitched a ride on a Navy truck to the Depot and got abused by his fellow platoon mates, as they had done all the prep work to get the place operable; making up bed frames and finding somewhere to sleep. He remembers the Depot in Nowra had had been closed for years and the huts had been taken over by wildlife - snakes, spiders, and birds, and recalls it was, "a total mess"!

Dick didn't realise there were so many branches in 'The Fleet Air Arm', and he was selected to do the Ordnance. "Anyway" he says, " I settled down and did that course. Took me about 3-4 months. Some of the boys got drafted to various squadrons. I stayed in the workshop for nearly two years and as luck would have it, I got a draft on HMAS Sydney." He remembers fondly his first trip to England – just a little boy from Mortlake, heading to the unknown. It was an unbelievable experience. He did a capital city cruise on the way up, and called into Melbourne on the way.

"On the way to England we stopped in Aden and Yemen. There was not a blade of grass barren! Women were completely covered, and dressed in black, couldn't even see their eyes. Went through the Red Sea and through the Suez Canal. I'd never seen anything like it. Even saw a pyramid in the distance. Went into the Mediterranean, and first night in the Med we stopped the ship and jumped off the side for a swim. That ship hadn't completely stopped, a few chaps jumped off when it was still in motion. A big aircraft carrier takes a bit to stop. Lifeboats were dropped to pick up the stragglers. That was the end of swimming in the Med for us!"

VVELFARE

"On the way to England we stopped in Aden and Yemen. There was not a blade of grass barren! Women were completely covered, and dressed in black, couldn't even see their eyes. Went through the Red Sea and through the Suez Canal. I'd never seen anything like it. Even saw a pyramid in the distance.











We are immensely proud to have Dick as a member of the Frankston RSL for 64 years!

Reflections from Korean War Veteran, Dick Prentice ... cont

Having spent a few days in Malta, at a British Naval Depot, they were sent off to play cricket between Australia and England. He recalls a time when he was spectating and having a chat to a 'nice little English girl' and getting on quite famously. "They sent me on as an umpire and out I go. Then, this very distinguished English bloke comes on, and I got him out. He wasn't very impressed. Got 'em all out for 101 runs. Went to talk to the girl again and she would not have a bar of me. I'd gotten her father out apparently. Ahhh, mistakes I've made over the years." While chuckling to himself, he says, "That was the end of that romance."



He continues, "and from Malta, went to Gibraltar. A bit of strife there. A couple of American ships there, and an English ship too. A bar there, and dancing girls from Spain came across with their shells clicking. A few fights arose. Eventually arrived in England where we stayed for a few weeks. Took train up to London, very impressive. Then went around Scotland and picked up the next air group. We were transferring back to Australia. Called in at Glasgow, then to Edinburgh, and came back around the other side, and called in at Bangor in Ireland." He recalls walking around the streets and in disbelief seeing so many bars, until the police came up and said, "you won't get any accommodation here, go up to the railways station and see the Stationmaster there" said the policeman. "So, a couple of us went up, and the police opened the door of a train and let

us sleep in there overnight - on nice plush seats on either side of the train. In the morning, all the train doors opened, and all these sailors poured out." He leans in close, and with a side nod of his head he says, "The Irish know how to look after you to save money." Another chuckle ensues.

"Went back to Portsmouth and picked up a lot of English sailors transferring to the Australian Navy. They slept in the hangar on stretchers. When we came back to Australia, we did a capital city cruise, called in at Melbourne, Hobart, and Adelaide. On the ship - buzzes I call them, sailors can tell a good story. Ended up going back to Sydney and then got told we were off to Korea. Picked up double the number of aircraft. headed off via Perth, called into Manus Island, which was just a Depot at the time, then Taren Grout. Had a days leave there, came across all these Japanese Prisoners of War. Not a happy looking mob, aggro looking. Had a staring match with them for a while. We headed off to Japan. Called into Japan and had some leave. I stuck close to the ship when on leave."

Dick says he didn't know where Korea was located and was more curious than anything else. He says the Americans and British had control of the sea and the air, so they didn't have any worries in that regard. "After two weeks we cruised the East Coast, and the planes used to take off and drop bombs."



"Came into Sasebo, American side. They had the best food, the best of everything - so that was our favourite spot. Went on for a few months. Loading ship one day in Sasebo, word comes through, - there's a typhoon on the way.
Ammunition needed to be stored.
Ship steamed out to sea. It was getting rough. At one stage we were in the bomb room and had 60-pound rocket heads rolling around the deck, being pitched from one side to the next. Trying not to get a broken ankle.

There was a Dutch destroyer ahead of us, and you could barely see it. Ship was like a big rollercoaster. Lost two aircrafts over the side. Quite a lot of others damaged. A few sailors sea sick everywhere.

The cooks had managed to cook sausages. Went to the mess and tried to catch a sausage as it comes through the air. Water everywhere. No sleep that night. Next day it calmed down and we limped back to Sasebo. It was our one and only typhoon. My position was right at aft end of the ship. There was a little bay I climbed down in. A ferry pistol was mounted on the side. A plane dipped one day and came down very close to my head. I had a little cave there. Nice little accommodation there. We lost three pilots, killed in action. But that was all. There were 1,000 people on board."

The Duty Officer caught him smoking one time, and over the loudspeaker he was called to the bridge. It cost him three days' work.

Getting to the pointy end, Dick tells the story of meeting his wife. "Was about to get married to a Nowra girl on the coming Saturday, and word came through on the Thursday to report for draft. Had to go to Flinders Naval Depot. Went ashore and told the wife's family - panic stations of course. Went back onboard the Friday morning, my transfer was cancelled. I was staying on in Nowra and our wedding took place as planned. Six months later they sent me to Manus Island for a year - no married quarters there, so we were apart for all that time."















"They sent me on as an umpire and out I go. Then, this very distinguished English bloke comes on, and I got him out. He wasn't very impressed. Went to talk to the girl again and she would not have a bar of me. I'd gotten her father out apparently. "That was the end of that

romance."

"Never had any arguments with wife Kathleen about being away. Got a draft back down to Flinders Naval Depot as a Recruit School Instructor of all things! One of my first tutors teaching me how to teach was Jimmy Curran. Ex-member of Frankston RSL. He was a fiery little ginger-headed bloke."

"Got an invitation to go see the premiere of the movie 'On the Beach'. It was quite good. I had to take a class of recruits up to the Regent Theatre in Melbourne for the premiere. We marched in and lined the theatre, waiting for all the people to come in, including the Premier of Victoria**.









Korean War

70 year Anniversary

Korean War 1953 - 1973

The 27th of July, 2023 marked the 70th anniversary of the armistice that brought the Korean War to a halt.

Around 17,000 Australians served in

Korea between 1950 and 1953, of

which 340 were killed, over 1,500

wounded and 30 taken prisoner. A

armistice enforcement operations.

further 16 lost their lives during

We will remember them.

In 1960 he had risen to the rank of Petty Officer. "Once the 12 years was up, had to decide whether to stay on. I left. Enjoyed the Navy and the companionship. I thought, I can't stay there forever. We didn't have a family at that stage. I had to do night school -Collingwood Tech for two years, juggling work at the same time.

Got my plumber's licence. Started my own little business, which is still going today. I had a lot of luck. When I retired, my apprentice took over. I always say, I did all the work, he's making all the money." Dick chuckles at himself before starting up again.

"I have been living in Frankston since 1960 and been a member of the Frankston RSL since then. Frankston has really changed. Kathleen and I were married for 65 years. We raised two sons, Eric and Garry, who now both live in Frankston with their partners, and I have two granddaughters."

With a twinkle in his eye, and a sheepish grin, he turns to Stellar and says, "you don't remember the bad times, only remember the good times."

Vale Hon. Dennis Charlton - one of our esteemed Service Members. Dennis Charlton recently passed away on 24th August, 2024.

He fought in the Korean War, and was awarded the Korean Peace Medal at a Commemorative event at the Melbourne Shrine, Thursday 27th July, 2023.



Read more here: www.shrine.org.au/ korean-veterans-association



AMBASSADOK FOK PEACE ON. DENNIS CHARLTON KOREAN WAR VETERAN



HMAS Cerberus, Flinders Naval Depot



Korean Veterans Assoc.



outbreak of Korean War



Dick as Frankston RSL **Executive Committee**



Dicks contribution to Australia's effort in the Korean War



Invitation to viewing of On The Beach

.

- * As of June 2022, Department of Veterans Affairs reported an estimated 1650 Korean War Veterans still alive in Australia. (Source:https://www.sbs.com.au/language /korean/en/article/final-wishesdisbanded-australian-korean-warveterans-association-donates-last-fundsto-busan-emorial/xd7bt31ml).
- ** On the Beach was a 1959 American post-apocalyptic science fiction drama film filmed In Frankston and Mt Eliza beach on the Mornington Peninsula, starring Gregory Peck, Ava Gardner, and Fred Astaire. Everybody was Hollywood struck!



CP's Restaurant

Sit where you like. Relax with some bevvies. Dine on a delicious pizza or share plates.

Everyone's favourite dining space at the venue - CP's offers a relaxed experience and like no other at the venue.

There is an awesome selection of beverages, from craft beers and tank beer, local wines, and mixed drinks to go with pizzas and share plates. What's there not to love about easy to eat great food - perfect for nibbling and sharing with friends over a few drinks, in the most chilled space at the venue!

How does CP's work?

Open every first Friday of the month during Mega Raffles Nights as well as Christmas Raffle Nights in December (6th, 13th, 20th). CP's offers a relaxed dining experience and no bookings are required. Order at the bar and collect your meal. CP's is an expansive space with ample seating. Kids meals are also available. Head to our website to view the CP's Menu. www.frankstonrsl.com.au/dining/craft-and-pizza

OPEN

during Mega Raffles Nights

& December 6th, 13th, 20th

From 5.30PM

Last Meal Order 8.30PM

Fridays from 5PM Last food orders 8.30PM Trading hours subject to change.









BE PART OF OUR FAMILY!

COMMUNITY CLUB OF THE YEAR

THE FRANKSTON RSL WAS AWARDED COMMUNITY CLUB
OF THE YEAR 2022-23 BY COMMUNITY CLUBS VICTORIA,
AND SELECTED FROM OVER 1,000 CLUBS IN
METROPOLITAN AND REGIONAL MELBOURNE.

CAN WE INSPIRE YOU?

As one of the leading RSL Clubs in Victoria we have 120 staff and over 14,000 members -of which 4,000 are service and affiliate members. The venue was newly renovated in 2020, and offers 3,000m2 of space, 500 space car park, 2 restaurants and 3 children's play areas, as well as

a café, a sports bar with a 6M screen, alfresco dining, keno, tab facilities, & a function room with 250 seat capacity.

EMPLOYER OF CHOICE

WE ARE ALWAYS ON THE LOOKOUT FOR GREAT TALENT.

WE OFFER AN INCLUSIVE & TEAM ORIENTATED WORK ENVIRONMENT

WITH A FOCUS ON WORK LIFE BALANCE.

SEND YOUR RESUME TODAY!

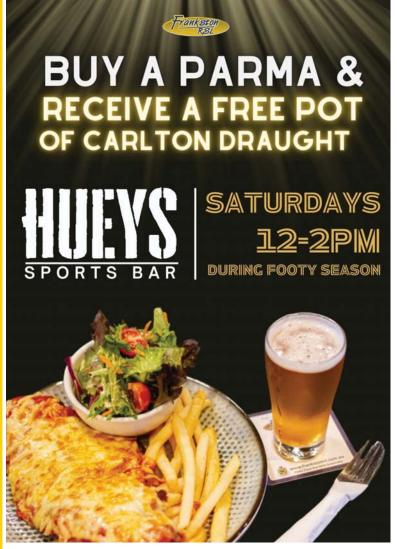
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CULTURE@FRANKSTONRSL.COM.AU
FACEBOOK & INSTAGRAM: @FRANKSTONRSL
(03) 8792 4400



WIN One OF Five Double Passes to the 2024 AFL Grand Final

Swipe at member's kiosk to enter!



WELLBEING 2

Old Melbourne Gaol

On 20th June, 47 veterans and affiliates toured the fascinating and spooky Old Melbourne Gaol. We saw Ned Kelly's death mask, and learned about history of its most famous residents. Afterwards we ventured to Prahran Market to visit their many eateries and bakeries and a spot of window-shopping.













The sound of music!

On 24th July 50 veterans and affiliates toured the Music Vault at The Arts Centre Melbourne and then onto lunch at the RSL Caulfield, where participants enjoyed a 'surprise" silent disco!

















A morning tea presentation on Wills & Powers of Attorney was held on 13th May, and with over 40 people attending, it was very successful! Participants heard from Lardners Solicitors on Wills, Powers of Attorney and elder abuse.

The Wellbeing Team organised an afternoon tea and presentations from Frankston RSL Chaplain Graeme Watkinson, who spoke on the grieving process, in addition to a presentation from Department of Veterans Affairs on their 'Planning Ahead Guide': A guide to putting your affairs in order'.



All guests received a take home pack with information on grief and bereavement; resources from the 'Dying to Know' website.

'Dying to Know Day' is a public health campaign designed to encourage all Australians to develop new knowledge and attitudes about how to deal with death, dying and bereavement and to support one another at the end of life. For more information: https://proveda.com.au/community-programs/dying-to-know-day/

The Wellbeing Team does an incredible job at planning and organising day trips and activities that are a wonderful opportunity for veterans and partners to socialise. The aim to eradicate social isolation, getting groups out and about in a social environment..



On 21st August 50 veterans and affiliates toured the NGV and visited the Pharaoh's Exhibit. followed by lunch at the Frankston RSL.

Pharaohs Exhibition







Werribee Mansion

On 31st of May, 51 members of the Combined Affiliate Network attended a bus-trip to Werribee Mansion. CAN involves Auxiliary, Vietnam

















Veterans, Partners of Veterans Association, Legacy Mornington-Peninsula, Peninsula Ex-Service Women's Association, Frankston Naval Memorial Club. Frankston RSL heavily subsidises three outings per year so that group members can mingle and get to know each other in a relaxed setting. Participants walked through the beautiful gardens up to the Mansion.

The group enjoyed a lunch of sandwiches and scones at the Refectory Parlour (adjoining the Mansion). Some even commenting it was better than some high teas that they have been too! The trip along Beach Road was the icing on the cake, with lovely views for everybody to enjoy.

Welcome JO!

In April we welcomed Jo Blakeney as our new Wellbeing Assistant every Tuesday and Wednesday. You may already be familiar with Jo's friendly face from our Reception Team, where she has been working for almost three years. She provides a range of administrative support for the Wellbeing Team and organising bus-trips and lunches for veterans and their families. Jo organised her first bus-trip in July, which involved a 'Silent Disco'. Head-phones were handed out to the group at Caulfield RSL after lunch, and our 52 members were able to listen to the same incredible line-up of songs, singing and dancing to their hearts content. Not only does Jo excel as a music D.J., she also brings fresh ideas and enthusiasm to our social connection activities. Jo brings a great deal of experience from her role as a Community Service Worker in the U.K. She has also previously worked as an Integration Aide, working with children with

disabilities in school settings. Prior to raising three children of her own, her background was in Insurance. Please help us welcome Jo to the Frankston RSL Wellbeing Team.







Join us in sharing kindness to others!

Support our veterans & their families with some much appreciated company.

Facilities visited, include: Vasey RSL Care, St John of God's Rehab, Somerville **Gardens Community Care, Regis Frankston Shelton Manor and Baptcare Peninsula View** Community.



Want to bring some cheer to residents in Aged Care facilities? Frankston RSL is looking for Home & Hospital Team Volunteers, to visit veterans and their partners in Aged Care facilities.

Home & Hospital Team

Interested in joining the team? Speak to our Wellbeing Coordinator. Contact: (03) 8792 4427 Email:wellbeing@frankstonrsl.com.au

JOIN OUR MEMORABILIA TEAM! OLUNTEERS Come along to a meeting, and learn

The Team regularly curate a wonderful display at the the Frankston RSL throughout the year and display military related memorabilia reflecting aspects of Australian military history.

The team is on the lookout for memorabilia enthusiasts and welcome those who are in a position to offer their time, experience, and enthusiasm to help with behind the scenes activities. Those suited, will have an interest in Australian military history and be familiar with computer data entry or digital photography.

Interested in joining? Please provide your contact details to the Reception Desk for follow up by the Memorabilia Team.

more about this wonderful group of volunteers and the amazing work they do at preserving our precious military history.

MEET UP'S:

Every 2nd and 4th Friday each month Time: 9.30AM-3PM Where: Frankston RSL, Pavilion



CONTACT

Reception Team Frankston RSL PH: (03) 8792 4400



OPENARMS

Veterans & Families Conselling

'OPEN ARMS' provide veterans, and their families with individual, couple, and family counselling to help improve your resilience, as well as enhance your mental health and wellbeing. Available 24/7. Scan the QR code to view the range of Open Arms Veterans and Families Activities & Programs.

Call us 24Hr 1800 011 046













AUSTRALIA'S BIGGEST MORNING TEA

WE RAISED \$230 FOR THE CANCER COUNCIL

Thank you to everybody who generously donated to the Australia's biggest morning tea this year through our tin collection, and with every coffee and cake you purchased on the day we donated \$1 in proceeds to the Cancer Council. The money raised will go to fund research, prevention and support services for those affected by cancer.



SPOTLIGHT ON VOLUNTEERS: PETER KERLEY

asks for.

The hours of work that goes on behind the scenes throughout the year in setting up and rolling out both the ANZAC and Poppy Appeals is arduous, but you never hear one word of complaint from Peter - a request for a cup of tea with a slice of lemon is all he

When not on the Golf course, Peter spends the rest of his time dealing with Committee issues, at Committee meetings, and Veteran Wellbeing activities.

The volunteer task of Committee Secretary in an organisation such as ours requires discipline, attention to detail and a lot of hard work. Thanks to Peter, the Frankston RSL maintains an impeccable record with compliance and corporate governance with RSL Victoria, ACNC, CAV and the VGCCC.



So where did this passion for helping Veterans start? Peter is a Veteran himself and served with 7th Battalion, Royal Australian Regiment from 8th April 1967 to 18th March 1968, serving 346 days in Vietnam, and ending his service as Section Commander, Lance-Corporal.



When returning to civilian life he had a successful career working for Multi-Nationals as a Sales & Marketing Director and it's this experience and expertise that he uses with each new ANZAC and Poppy appeal to ensure it's even more successful than the last. Peter is determined to help anyway he can raise funds for veterans and his determination is fuelled by the knowledge that the benefits of his fundraising efforts contribute to Veteran Wellbeing Programs and activities, that does wondrous work in helping beat social isolation amongst our veteran community as well as help their families who find themselves in necessitous circumstances. Part of the funds raised by the Frankston RSL Appeals are also re-distributed to helping Veterans from smaller RSL's in the region who have limited fundraising resources.

NELFARE

When recently asked what keeps him going, and he answered, "We want to make sure that all our veterans are going along okay and are looked after - it's the core purpose of every RSL branch and club. We never forget why we are here. The human connection is what the RSL is all about, and we exist to look after veterans and their families, whether they are older or younger, because our veterans are getting much younger these days, serving in places such as Afghanistan. It's important that veterans know that there's always someone who can talk to them and look after them at any time, and at the RSL we take great pride in that." Having a professional background in international business, he has been a sounding board for General Manager Brett Rowlands for several years and his hard work is invaluable in the continued success of this RSL in addition to his fundraising

Peter volunteers with the club in any way he can, from travelling to Canberra to hand deliver a donated tin of 80-year-old WWI biscuits to the Canberra War Memorial, to holding the Karingal Hub Remembrance Day Service for what will be five years this November. He says that what encourages him to do the Commemorative service every year at Karingal is the heartening feeling to see the turn-up of shoppers at the centre and the reverence they have for our departed.

efforts to raise needed funds for Veterans.





The Frankston RSL gratefully acknowledges the hard work and dedication that Peter has put into the RSL community and broader local communities over his time. His passion, dedication, and exemplary performance in supporting the veteran community reflects great credit on him and the Frankston RSL Sub-Branch. It is volunteers like Peter that form the backbone of the Frankston RSL



\$608.000 has been raised since Peter took on the Appeals Coordinator Role.

Peter Kerley- better known as 'The Appeals Guru', has been instrumental in growing and running our ANZAC Day and Remembrance Day Appeals since 2020.

Peter has also been a member of the Frankston RSL Committee since October 2020, and even tried retiring from his role as Committee Member in 2023 but couldn't stay away - and six months later put up his hand and came back to take on the onerous role of Committee Secretary, when the elected Secretary had to step down. He also served as Vice President, Treasurer, and Secretary at Seaford RSL prior to joining Frankston. Peter has been a crucial resource during the Appeals season and his drive to raise funds for Veterans and their families is second to none.

His extraordinary commitment and dedication is proven by the impressive results he has achieved, in conjunction with the Appeals teams, since taking on the Appeals Coordination volunteer role at the Frankston RSL in 2020. Peter has helped raise consecutive record-breaking funds, never experienced before at the Frankston RSL, more than \$608,000 - for both ANZAC Day and Poppy Appeals. He has also conducted an Appeals 'Train-the-Trainer' seminar at RSL Victoria HQ for 45 subbranch representatives, as well as an Appeals Forum at the club, to drive volunteer numbers.

Peter was instrumental in getting the Appeals back to normal post Covid, and from his admirable efforts in rallying volunteers, the countless and selfless hours manning stalls, through to his crucial efforts in planning and managing the Appeals process - a 12 month ongoing job for just four weeks of actual selling of pins, that involves sourcing merchandise, distributing material to vendors, negotiating with retail outlets for 'free' floor space for stalls, to working with 130 businesses, aged care facilities, community organisations, and schools, to set up Appeals boxes and merchandise at each of these premises. Peter has also made significant improvements to the Appeals process, thanks to his business background, such as introducing EFTPOS payments and invested training time with volunteers to ensure they could operate the machines.







RENEW BEFORE THE 3IST OF JANUARY TO ENSURE YOU DON'T LOSE YOUR MEMBERSHIP POINTS. ALL ACCRUED RSL REWARDS POINTS EXPIRE AFTER 12 MONTHS - IF ANNUAL MEMBERSHIPS ARE NOT RENEWED.

WHY NOT USE YOUR POINTS TO RENEW YOUR MEMBERSHIP, OR PURCHASE SHOW TICKETS, FOOD AND BEVERAGES, MERCHANDISE, OR VENUE VOUCHERS?



Accrue points as long as your membership is

financial!

Welfare MobiLity Team

Volunteers of the Frankston RSL Welfare Mobility Team, championed by our 'crusader' Committee Member and Wellbeing Advocate, Anthony Grice and his 2ICs - Eric and Peter, often work behind the scenes and across weekends collecting and repurposing donated mobility aids and household items for those in need. We are forever thankful for their generous spirit, as their actions directly improve the quality of life of many Veterans and their family members, through the repurposing of donated items of basic household essentials they may not be otherwise be able to afford.



Thank you to club members and the amazing community of people in our network who are happy to help on weekends with collection and drop-off of donated essential household and mobility items, or by simply donating items rather than reselling them. We are always pleased to receive them and ensure they reach a Veteran in need. Contact the club if you have items you would like to donate and repurpose.

Veteran & Community Welfare & Wellbeing

Each year the Frankston RSL donates circa \$500,000 in function room hire. lunches, and club services on veteran wellbeing, welfare, and support services.

In 2023, more than \$225,000 was donated in community support.

Additionally, the Frankston RSL offers monthly lunches to residents of local Aged Care Facilities and Community Groups looking to spend a few hours in a social setting and in great company. In 2023, \$17 500 was contributed to these lunches.



НАРРУ 100ТН BIRTHDAY TO DEAREST DEROLI!





Happy 100th Birthday, and thank you for all that you have done for the Australian Service.

We were thrilled to have the delightful ex-service member Neroli the club for lunch once again this year, and this time celebrating her momentous 100th birthday!

Neroli proved to still be the spriteliest of spriteliest centenarian!

Neroli was surrounded by family, and friends from Baxter Village - Robert, Martindale (nee Finlay) at Shirley, and Dorothy - who were as effervescent as the young lady herself!

> Club President Kevin Hillier OAM popped by for a chat and Neroli even received cards from the King and Queen of England, and Australian Government Dignitaries.

Neroli served in AWAS #VF397276 (Australian Women's Army Service) in the Signals division as a telephonist, 1943-1946. She was born in Melbourne in 1924 and grew up in Morwell.

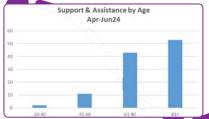
Happy Birthday dearest Neroli!

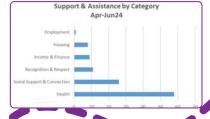
WELFARE UPDATE April - June 2024

Support & Assistance for Veterans and Dependants

Frankston RSL's Wellbeing Team provides a range of support, from free and confidential Wellbeing Advocacy, financial assistance to those in need, help applying for medals, or support navigating My Aged Care and Veterans Home Care. We can provide information and referrals to social and community organisations and we have RSL Funeral Representatives to carry out the Funeral Ritual for Veterans.

For this period there were 109 individual wellbeing and pastoral care cases, where the team provided assistance and support to veterans and their dependants.





Wellbeing Social Connection Activities

April: we took a coach to Point Nepean for an interesting, guided tour of the Quarantine Station and learnt about its fascinating history. We followed up with lunch at the delightful Rye RSL for a 2-course meal.

May: we held our inaugural Veterans & their Families Expo. Well attended with over 220 people streaming through the door, and with 33 exhibitors from organisations that address the wellbeing needs of veterans and their families.

For Volunteers Week in May we invited our 200+ volunteers to meet for lunch and celebrate their achievements. The Frankston City Ladies Choir kept the volunteers entertained and the 2-course lunch was delicious! Many thanks go to all our volunteers who are the backbone of the Sub-Branch and do so many wonderful things for the veteran community.

Also in May, the Combined Affiliate Network (Auxiliary, Ex-Service Women's Association, Vietnam Veterans, Legacy, Frankston Naval Memorial Club, Partners of Veterans Association and veterans and Affiliates from Frankston RSL) took their first bus-trip of the year, travelling to Werribee Mansion to tour the house and grounds, followed by lunch at the Refectory Parlour.

June: veterans and families were off on another coach trip to participate in a self-guided tour of the spooky Old Melbourne Gaol, before travelling to Prahran Market to buy lunch from one of the many stalls.

Next Event: Thursday 3rd October, 12pm, we are celebrating Veterans Health Week with a lunch and presentation on 'Keeping Connected' in Simpson II, amongst other social connection activities. RSVP: Thursday 26th September Email: wellbeing@frankstonrsl.com.au Call/Text: 0493 889 029

Funeral Assistance

We have a team of RSL Funeral Representatives who can carry out the RSL Funeral Ritual for veterans. This free Ritual follows the celebrant's main ceremony and is our last way of providing recognition for the sacrifices made by the veteran in their service to their country. For ex-ADF veterans, please allow a few days to order the Eulogy/Statement of Service which forms part of the service.

Veterans and Partners Outings

Wellbeing Advocate Tony D. was busy organising trips to HMAS Cerberus to watch their Soundwaves Concerts in April and May which were well attended, with veterans and their families, raving about the performances afterwards. In addition, our Welfare Bus was used for 17 outings to places as far afield as Werribee Zoo, Nar Nar Goon, and Hawthorn.

Contact Us ... If you are a veteran or family member requiring support or assistance, or if you want to have a chat about upcoming social and wellbeing activities or volunteering, contact our Wellbeing Coordinator for an appointment on 0492 820 743, Monday to Friday, 9am to 4:30pm.
Email: welfare@frankstonrsl.com.au

April WELFARE 2024 Ot O GLANCE

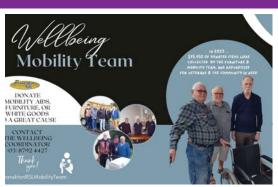
	WELLBEING CASES: number of cases	23
	PASTORAL CARE: number of cases	77
	DECEASED SERVICE MEMBERS FRSL	51
•	RSL FUNERAL REPRESENTATION Required for Service Members	5
	WEDNESDAY COFFEE GROUP: FRIDAY COFFEE GROUP: cost of catering & coffees	\$3,810 \$3,636
	WEDNESDAY GROUP PARTICIPANTS: FRIDAY COFFEE GROUP PARTICIPANTS	296 200
	HELLO PROGRAM PHONE-CALLS: Volunteer & Staff Hours	0
•	HOME & HOSPITAL TEAM: Monthly Visitation Hours	190
	HOME & HOSPITAL TEAM: number of people visited	342
	MONTHLY LUNCHES - Residential Aged Care Facilities: #lunches	293
	MONTHLY LUNCHES - Residential Aged Care Facilities: Cost	\$5,823
	LAWNS: number of people assisted Home Maintenance - Lawns Cost	100 \$5,856
	MOBILITY AIDS PROGRAM: value of goods re-distributed	\$9,190
	PARC EXERCISE GROUP PARTICIPANTS: Tuesday Sessions x 2 Friday Sessions x 2	317
	WELLBEING BUS: number of people assisted	161
	WELLBEING BUS: number of Trips:	17
	WELLBEING CAR: number of Client Visits and Transport:	18
	WELLBEING CAR: errands, Client Visits and Transport KM's:	1154
	WELLBEING SUPPORT OFFICERS: #inducted	3













Age Strong Exercise Classes

We had 317 attendances to our Tuesday and Friday 8am classes, and we always welcome more participants to the classes run by a PARC instructor. **Location:** Frankston RSL Pavilion.

Classes: 8am (1hr) Tuesdays & Fridays. Except Public Holidays.

Cost: \$5 p/p.

Contact: Reception or Wellbeing Coordinator to register (03) 8792 4427. **Requirements:** A doctor's clearance certificate validating current health.

Veterans & Partners Coffee Groups

Veterans (of all service types and eras) and their partners are welcome at our Coffee Mornings and light refreshments supplied by the Club. New faces are always welcome. We hold Wednesday Veterans & Partners Coffee group (10am, Table 221) and Friday Coffee Group which is open to all Veterans, in Huey's Bar (10am). We regularly have an amazing turnout, and 296 came for a cuppa to the Wednesday Coffee Group, from April-June. The Friday Coffee Group is growing in leaps and bounds and average of 25 Veterans attend.

"Loing to the Wednesday Coffee Group has really changed our lives." We've met so many good people and made new friends". Lorraine.

Home & Hospital Visitation Team

In this period, the Wellbeing Support Officers visited local aged care facilities, spending 259.25 hours and visiting 323 people. Residents always appreciate their friendly faces. Additionally, monthly lunches are offered to 11 residential aged care facilities at the Club, so that their residents can enjoy a complimentary lunch and a social outing. We are always looking for new volunteers. Contact Us on PH: 0492 820 743. 9AM-4.30PM, Monday-Friday.

Volunteers

In 2023, volunteer hours totalled an incredible 12,441 hours! We value the contributions of all our dedicated volunteers. Please get in touch if you want to have a chat about the volunteering roles available. Our volunteers provide invaluable assistance, from visiting older veterans and their partners in aged care facilities, to cataloguing memorabilia, to selling badges for our Appeals to delivering donated furniture to veterans in need.

"Last month I watched Amanda, one of our Home & Hospital Visitation Team members, helping residents from an aged care facility settle back on their bus after a complimentary meal provided by Frankston RSL. She took time and care to engage with each of the residents and help them with their seatlelts. Volunteers like Amanda are absolute gold and are crucial for our wellbeing activities". Stellar, Wellbeing Coordinator

Contact: Stellar PH: 0492 820 743 Hours: 9AM-4.30PM Days: Monday-Friday

Furniture, White Goods & Mobility Aids

Our Wellbeing Officer, Anthony Grice, and a hard-working team of volunteers continued to assist veterans by collecting donations from April-June, of an estimated \$9,190 worth of furniture, white-goods, and mobility aids. The goods have been redistributed to appreciative veterans and their families in need. Donations are always welcome!

Donations: (03) 8792 4400 Email: welfare@frankstonrsl.com.au

The Akeroyd Veterans & Families Hub

If you are needing assistance with Department of Veterans Affairs claims and compensation, please use the online contact form for Veteran Central: https://rslvic.com.au/veteran-support/veteran-central/

The Veteran Central Team will be able to connect you with one of the four Compensation Advocates that operate out of the Frankston Veterans and Families Hub, located at Frankston RSL.

Days: Monday—Friday Hours: 9-5PM PH: 0450 442 644 or 13000 645 838





COMMUNITY SUPPORT FUND

The Frankston RSL is committed to supporting the local community and currently provides funding to a vast array of local sporting groups, charities, community organisations, and not-for-profits.



The Frankston RSL is proud to support Mums Supporting Families in Need (MSFIN). The organisation was born out of the idea that as a community, we can ensure no family is living without their basic daily needs being met, and that no child should go without essentials.

The organisation is coming into its busiest time of year and our recent donation will go a long way to helping our community's most vulnerable families. Locally based in Seaford, the organisation helps local families in need with gently used or brand-new clothing or footwear for babies through to seniors, as well as baby essentials, toiletries, food, and linen.

This year they have already provided material aid to over 430 families. According to Charlotte Davies, Strategy and Fundraising Manager, "With the cost of living soaring and the known increase in family violence, more families than ever are relying on our support."



This December, they are aiming to provide 2000 families with Christmas hampers – more than any year before. To pack all these hampers and ensure they reach families by Christmas. they need to get an enormous head start! So, this year, they're holding a Christmas in July Toy Drive to make sure that no child goes without. You can donate new toys for all ages of children directly to their warehouse. They support children of all ages, including very young babies and older teenagers.

Contact: 0422 258 633 E: contact@msfin.org.au **Hours of operation:** Monday - Friday (Wed closed)

10am to 2.30pm.



The Frankston RSL once again donated to the 'Frankston Winter Shelter' - who are affiliated with the CFMP, to go toward the purchase of sleeping bags for guests of the shelter. The Winter Shelter provide 12 weeks of care during the winter months of June, July and August, to people who find themselves homeless at this difficult time of year. The Shelter provides overnight accommodation, warm dinner, a hot shower, and breakfast for the guests. According to FWS Committee Member, Jennifer Abreu, "160 volunteers from six Frankston churches enable this program, running from Peninsula City Church three nights per week and from St Anne's Seaford for two nights per week. Once the Shelter finishes, unfortunately the guests return to sleeping rough. The Shelter provides good quality, extreme weather

rating sleeping bags for each for each guest toward the end of the

Canberra bound

Vinter Shelter

www.pencc.org/wintershelter

The CFMP is a Community Support Partner of the Frankston RSL, and in June this year 2024 undertook a joint advocacy visit to Parliament House in Canberra with the Mornington Peninsula Shire Council to discuss several shared priorities including tackling our region's housing crisis, better infrastructure, and sustainable development. The Committee presented its new Strategic Plan to several Shadow Ministers, that includes the priority advocacy areas of:

- -Homes and livelihoods
- -Better infrastructure; better connectivity
- -Sustainable Development
- -Smarter people; healthy communities
- -A thriving local economy and world-class destination

Read More: www.cfmp.org.au



The newly inaugurated Pines Football Netball Club facilities are nothing but jaw dropping and impressive to say the least, and the Frankston RSL is proud to be a continued sponsor and Community Support Partner of the and to commemorate the 60th local sporting club. The Club was recognised by Frankston City Council for the tireless community Fundraiser. The named pavers work the club put into establishing will be laid around the new the funding for the works and prioritising works on the Junior and Female Clubrooms, to encourage and keep local kids and clubrooms. Our donation, in women in sport.

Jump on their website to find out more about their current fundraiser: ww.pinesfnc.com.au





In their 60th Year of operation, Year and the new facilities, they are organising a Paver building ensuring that Pines' Family names will forever be connected to the new conjunction with the money raised, will help fund the purchasing of new kitchen, bar, and canteen equipment for the new facilities.



The Naval Memorial Club, est.1963 is proudly owned and operated by sailors and serves as the HQ of the Victorian Naval Association of Australia and holds sacrifices made (see pg 30). meetings at State level. A very generous donation by the Frankston RSL has contributed to Vietnam Veterans and British a custom-built new front perimeter fence and gate as well as other refurbs that have modernised the club facilities. Other works and acquisitions through funding include, a new septic system, a ride on mower, and a 432m2 commercial quality shed for archiving and storage.



Committee Members Dutchie and Mark also carry out free RSL Funeral Ritual Rites for all veterans, in recognition of the The Club has approximately 150 services members including Naval Veterans, as well as 400 affiliate members.

Club Members also kindly regularly volunteer at the Frankston RSL ANZAC Day and Poppy Appeals. The Club also holds Tuesday Coffee Mornings.

ர், 36 Barretts Rd, Langwarrin South PH: (03) 5971 1922 35







12NOON-2.30PM saturday & sunday dinner: 5.30PM-8.30PM monday to thursday 5.30PM-9.00PM friday & saturday

5.30PM-8.00PM sunday



SUB-SECTIONS Vietnam Veterans

Association

Frankston members have had a busy time with a quite few outings In June a few of us went to Bendigo for a State Council meeting and it is quite amazing how much you can learn at these gatherings. Also in June, Les and I had the privilege of attending



a "Dine in Night" with the Airforce Cadets, it was so nice to watch these young adults learning how to behave at a formal function. We went on a "long trip" ((ha-ha) to Nar Nar Goon to visit the Light Horse Museum we spent a couple of hours there and hardly scratched the surface of what he has stored there, this was followed by lunch at the Pink hotel in Beaconsfield.

Earlier in the year at a meeting we decided to donate \$1000 to a local charity we had trouble deciding between two groups, and ultimately decided to go halves between "Mums supporting families in Need", and the "Brekky Club". At some time later in the year we will have a speaker from the "Brekky Club" at one of our meetings.

In July we had a speaker from the "Mums supporting families in Need" and we presented Charlotte with a cheque for \$500. While she was at the meeting, she spoke about how busy they have become over the last 12 months, she mentioned how the demand for food and cleaning products as well as toys for the kids so we are doing a short drive for these items and will be presenting these to her at our October meeting.

At our August meeting we had two representatives from Mornington Green come along to talk with us about an alternative way of being remembered when you pass away, it was an informative presentation, and an interesting discussion ensued with quite a few amusing questions from the floor.

In August we had our Vietnam Veterans Day service at the Frankston Cenotaph and many thanks to the Frankston RSL for their help in making this a great day. We also attended the official Vietnam Veterans Day Commemorative service at the Shrine of Remembrance in Melbourne, where a plaque was unveiled at the tree for Vietnam, this was unveiled by the Victorian Premier Jacinta Allan, and the minister for veterans Nathalie Sully. We all attended a lunch at the St Kilda RSL. Read more on page 20.







The Frankston Sub-Branch meets on the first Monday of the month at 1.30pm at the Frankston RSL in Simpson Room 2. Any Veteran, partner, or family member is more than welcome to come along to a meeting.

President: Cheryl Myers OAM | 0409 962 545 VP President: Kelvin Park | 0432 473 039 Secretary: Bev Park | 0431 620 044 Email: secretary.frankston@vvaavic.org.au

Frankston Legacy, Laurel Club







As with most groups, once the cold weather arrives, we tend to go into a bit of hibernation. We do still enjoy coming together for our meetings though.

June saw us joining in with the Combined Affiliates Group and visiting Werribee Mansion. I think I'm safe in saying that we all enjoyed the day and our lunch surroundings certainly made us feel special. If only those walls could talk!

In July, we decided against having a Christmas in July Celebration and we had a "Soup, Crusty Bread and Dessert Lunch" instead. A big Thank You to Susan and her team for putting this together for us.

In August we were at Beauty Park, Frankston at the Vietnam Veterans Day Service to lay a wreath in honour of those who fought. In the coming weeks we will be visiting the Pharoah's Exhibition as part of the Combined Affiliates Group. We are also planning a visit to The Lume, Da Vinci Exhibition.

The first week of September will see Mornington Peninsula Legacy out and about for Legacy Badge Week. This is where we raise much needed funds to enable us to continue supporting our Legacy Widows, Children, Disabled Dependants and the families of those who have given their health in defence of our country. We look forward to your support.



Wreath laying at Frankston Cenotaph, Veterans Day Commemorative Service 11th August

Contact & Meet-Up

Frankston Legacy Coordinator

Lyn Smith

PH:0423626973

E: lynsmith51@gmail.com

Meet-Up: 2nd Thursday of the month at 10.30AM Frankston RSL Simpson Room 2





FRANKSTON RSL WELLBEING TEAM INVITE VETERANS & PARTNERS

FREE

Includes:

Bus trip to HMAS Cerberus 2PM Matinee Performance -Royal Australian Navy Band

1 PM SHARP Bus leaves the Frankston RSL After 4 PM Bus returns to Frankston RSL

Must carry Photo ID



DATES:

WEDNESDAY 18TH SEPTEMBER
WEDNESDAY 16TH OCTOBER
WEDNESDAY 20TH NOVEMBER



RSVP

Stellar Wellbeing Coordinator Phone or Text: 0493 889 029







MEMORABILIA AUSTRALIA'S WOMEN DURING WW 4

Service, Courage, Care

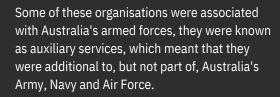


Britain declared war on Germany in September 1939 after Nazi Germany invaded Poland; Australia and other allies also declared war. What followed was six years of conflict with Australians involved in battle fronts as close as Papua New Guinea

and as far away as the North Atlantic. Many Australian women saw a need to participate in the Second World War in any way they could with many of them involved in what had traditionally been maleonly occupations. Women at home faced new challenges; some of these challenges meant changes for Australian women that continued after WW11.

Service roles for Australian women

The Second World War saw new opportunities for Australian women to make contributions to Australia's war efforts. Traditional roles like nursing still existed, however the creation of volunteer organisations meant that women could take up a greater range of jobs and responsibilities related to the war.





Women in these auxiliary forces were able to take on roles that might have otherwise required men. In this way, the men were able to move into roles directly related to the areas of conflict. This was significant for Australia's war effort, as it meant that essential jobs across the country could continue while Australian men were overseas fighting the enemy forces or in Australia in military defence roles.

Other jobs for women



Australian women moved into a large range of specific jobs during WW11. These jobs contributed to Australia's defence, the jobs allowed our nation to keep our forces properly equipped and effective as the troops fought overseas. Many of the jobs involved



women taking on new skills and being trained in a range of military technologies and methods. Some of these technologies and methods were relatively new, so many women found themselves at the "cutting edge" of scientific and industrial developments.











Memorabilia Team Members: Rose, and newest volunteer to join the Team - Jenn

Women on the Home Front

The absence of loved ones was a One major change for common challenge during the Second World War and once again women experienced the emotional pain of not knowing what was happening to their relatives and friends in the combat zones, as Australian troops were spread over more of the world than in the previous conflicts.



Australian women at home was the arrival of thousands of troops from other countries, in particular from the United States, who were based in many Australian cities and towns and brought with them the customs and traditions of their own families and cultures.

They also brought wealth, as they were often better paid than the Australian servicemen. Australian women were faced with the challenge of how to react to the US servicemen and their different ways of life.

The home front brought other changes as well; Australia's role in WWII meant that people at home had to consider how they could help the war effort and Australian women were faced with impactful decisions affecting themselves and their families.

Changes for women in Australian society

Overall, the effects of WWII were substantial - namely the evolution of Australian women's roles and their status in society. Some felt they gained advantages while others felt the war brought disadvantages. The amount of change also varied, particularly as the war ended and the Australians serving overseas came home to try to pick up their lives with family, friends and the wider society. Lest We Forget









The Women's Auxiliary

FRIENDSHIP GROUP

The Ladies Auxiliary planning sessions and meet-ups have continued strong throughout the winter and it's good to see you've not been deterred to venture out, despite the cold and blustery weather!



We've had 'symbolic' birthdays all round with two of our ladies becoming nonagenarians and celebrating their birthdays at the Frankston RSL in May and July. Happy Birthday to Jean and Wendy.

Weekly Friday Night Raffles and our \$1 Raffles have been well attended and we thank all the ladies who have turned up to help or catch up, as it's a fun night and a good chance for a natter.

We also had the pleasure of organising the Volunteers Lunch at the Frankston RSL in May during Volunteer Week, that was a great day, and lovely to see all our wonderful volunteers enjoying themselves .

A further \$5,000 has been donated and we have provided two more bench seats at the Frankston War Memorial at Beauty Park. These new seats are like the first two, already donated.

We also donated funds to Frankston Community Support Services. This is a wonderful organisation supplying meals, pantry items, washing/drying machine use, and showers, to list a few, for the people of Frankston who are doing it tough.

They held a Homelessness Day event on the 8th August and it was extremely successful. Each month our ladies are buying items for their pantry, and this month we are stocking up on pasta and next month will be small tins of tuna, which will be donated to Community Support







Frankston. Read more on this great organisation here: www.facebook.com/CommunitySupportFrankston



We are always on the look out for Volunteers and while the Veterans Expo held in May was a great success, and our stall attracted a lot of interest and many flyers were picked up, we didn't manage to sign up any new members. We are hopeful we might hear from some ladies soon!!! Please help in promoting the auxiliary to your contacts. Volunteer Drive Flyers are located at Reception if you want to pick up a few and have them handy to give out.

Our Ladies attended a lunch at Dromana RSL for our usual area get together. Everybody enjoyed the day immensely.



The Women's Auxiliary fund raising activities are under the guidance of Frankston RSL Sub-Branch Committee. Every Friday night during Friday Night Raffles the Auxiliary volunteers and helps sells raffle tickets. We appreciate Frankston RSL patrons for purchasing raffle tickets which assists in donating towards veterans and community organisations. The Auxiliary also raise funds for veterans, and the charities and community groups they support through the sale of \$1 raffle tickets for their Friday Night Coles Myer Gift Card giveaway, as well as other fundraising activities throughout the year.

Some of our ladies have been on a few bus trips organised by the Wellbeing Team - Stellar and Jo. These excursions have been very successful, and we have had the pleasure of visiting some very interesting places, such as Werribee Mansion, Melbourne Gaol, The Music Vault in the Arts Centre, and The Pharoah Exhibition at the NGV.

















Thank you to Silvia S who laid a wreath on our behalf at the Frankston Veterans Day Commemorative Service, 11th August.

Upcoming Events

Pencil in November 27th for a trip to Williamstown.

The next Morning Melodies show - 'Elvis to the T' will be at the Frankston RSL on Wednesday 11th September.

Morning Melodies at the Baxter Tavern is something new we are trying, the first Wednesday of each month. This is a great morning's entertainment with fresh out of the oven scones with jam and cream, and tea and coffee for \$10. If anyone is interested, please contact Carol and come and join us.

Membership & Contact

The Women's Auxiliary meets at 10.30AM on the 3rd Wednesday of the month at the Frankston RSL. The Auxiliary helps raise funds for Veterans and Community groups and is a pleasant way to be social and meet new people. We happily welcome all new members to the group.

Coordinator: Carol Macfarlane 0410 134 599



Kids Menu

KIDS

Menu for children 12 and under Dishes subject to change

All kids meals \$12.90
Add Activity Pack + Dixie Cup Bundle \$4.50

Cheeseburger

with lettuce, tomato, chips and tomato sauce

Chicken Parmigiana

with chips and tomato sauce

Kids Fish & Chips

with chips and tomato sauce gluten free on request

Crumbed Chicken Nuggets

with chips and tomato sauce

Lemon Pepper Calamari

with chips and tomato sauce gluten free on request

Kids Penne Napoli V

penne pasta with Napoli sauce & parmesan cheese

Drinks

Slushies Soft Drink Juices







Partners of Veterans Australia

Supporting Partners and Families of Veterans

Over the last few months P.V.A. Frankston has been very busy, with members enjoying a trip to Werribee Mansion and lunch in the Refectory, as well as a Combined Groups trip to the Australian Music Vault at the NGV with lunch at Caulfield RSL. The group has upcoming trips to the Pharaoh Exhibition at the Victoria Art Gallery, a trip to Broughton Hall and a tour of the Peninsula area with lunch.

We have had a scrapbooking demonstration at our meeting and some of the members did their own scrapbooking. We held a Name the Baby Competition with scones for morning tea, which turned out to be lots of fun. At our August meeting Karen, Alex and Fiona from the Mt. Eliza branch of Bendigo Bank came along and gave us a power point presentation on 'How to Know a Scam via your laptop, mobile phone or iPad'. We had a 'Little Black Book' handout for our members to take home, detailing the key points to remember.



For our meetings in September we have a member from Ambulance Victoria giving a demonstration on First Aid and the Use of AED machines.

The group has decided to support Mothers Supporting Families in Need located in Seaford in conjunction with the Vietnam Veterans who are also supporting this group. We are collecting new toys and baby clothes for donation to them. A guest speaker from this organisation is talking at our October meeting.

We had a good presentation of our members at the Vietnam Veterans Day Service in August, held by the Frankston RSL at Beauty Park, and a wreath was laid by our President, Lyn Westhead.



Get Involved

The Frankston branch meet monthly at the Frankston RSL and this is followed by lunch in the Bistro. The last Monday of the month we meet at different venues and have a lunch or a coffee, while also catching up for a great social session - some of these venues include the Seaford RSL, Baxter Tavern, Langwarrin Hotel, and Somerville Hotel. During the year we organise day trips and an overnight, or three day, bus trip. Contact us if you are interested in coming along to our outings.

Membership & Contact

\$35 for first year & \$25 for renewals

Partners of Veterans Association welcomes all partners, expartners, or widows/ers of all current and former Australian Defence Force (ADF) members.

Meet-Up:

Every second Monday of the month at the Frankston RSL at 11.00am (except January).

President: Lyn Westhead PH: 0408 122 802 **Secretary:** Rhon Tempest PH: 0410 566 709

www.facebook.com/pvavic

www.pva.org.au





Billiards & Snooker

SEASON 2 OF 2024 HAS ONLY JUST COMMENCED EXCEPT FOR OVER 55'S.

WE ARE RUNNING TEAMS IN:-

- VBSA Billiards & Snooker, Monday night.
- Over 55's Billiards & Snooker, Tuesday Daytime. With 4 rounds to go, Ian Gilbee's Green team sits comfortably in 2nd place, whilst Terry Woodhouse's Gold is well off the pace in 8th place.
- Metro/Southern Billiards & Snooker, Tuesday night.
- Thursday Night RSL handicap snooker

CLUB SNOOKER CHAMPIONSHIP:

 Paul Portelli has won his 2nd Club Snooker Championship with a comfortable 3/1 win over Ronnie George. After a tight tussle for the first 2 frames, Paul took control.

THE HENRY MERRETT HANDICAP SNOOKER TOURNAMENT:

 Ronnie turned the tables in the Snooker Handicap with a very strong win over the more fancied, and much taller, Rob Bowen. Ronnie never let Rob get into any sort of rhythm. That rhythm saw Rob make a 70+ break in an earlier match.

Membership and Contact

The Section is always keen to accommodate new players. Please get in touch if you are interested in anything to do with billiards or snooker at Frankston RSL. Juniors and ladies are very welcome. Free of charge coaching can be provided.

CONTACT: Mark Dunn, Treasurer

E: bill_snooker@frankstonrsl.com.au PH: 0422 304 052



Club Snooker Championship



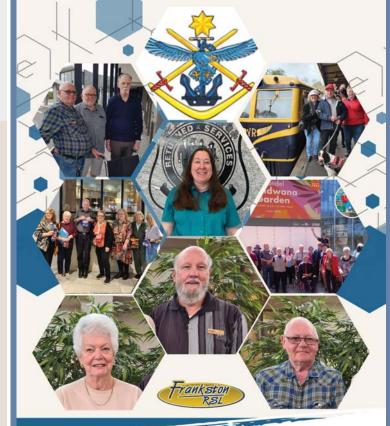
Club Snooker Championship



The Henry Merrett Handicap Snooker



The Henry Merrett Handicap Snooker Tournament.





FRANKSTON RSL SUB-BRANCH PRIDES ITSELF IN PROVIDING SUPPORT TO VETERANS AND THEIR FAMILIES/DEPENDANTS.

VETERANS INCLUDE THOSE WHO SERVE OR SERVED IN AUSTRALIAN DEFENCE FORCES (ADF). NATIONAL SERVICE. RESERVISTS. ALLIED. AND COMMONWEALTH FORCES. AND WITH OR WITHOUT OVERSEAS SERVICE. VETERANS DO NOT HAVE TO BE MEMBERS OF FRANKSTON RSL SUB-BRANCH TO RECEIVE SUPPORT.

THIS SUPPORT MIGHT INCLUDE:

Wellbeing Advocacy & Support

- Referral to the Compensation Advocacy Team at the Frankston Veterans & Families Hub
- Information & Referral to local community services and organisations
 - Applications for Financial Assistance
 - Wednesday Coffee (Veteran's & Partners)

10am Table #221 Alfresco area

- Friday Coffee (Veterans) 10am, Huey's Bar
- Support navigating My Aged Care & Veterans Home Care
 - Home & Hospital Visitation Team
- Hello Program phone-calls to Senior Service Members
- Social Activities, Bus-trips, BBQ's & lunches
 PARC Agestrong Exercise Classes Tues & Friday 8am
 - RSL Funeral Representatives
 - Mobility Aids, Furniture & Whitegoods Program

All Wellbeing and Compensation Advocacy Services are free, private, and confidential.

CONTACT

Frankston RSL Wellbeing Team: Monday to Friday, 9AM to 4:30PM.

Contact: Stellar Phone 0492 820 743, Email: welfare@frankstonrsl.com.au

Compensation Advocacy (Veteran Central): Mon to Fri, 9AM to 5PM

Contact: 1300 645 838

Website: www.rslvic.com.au/veteran-support/veteran-central

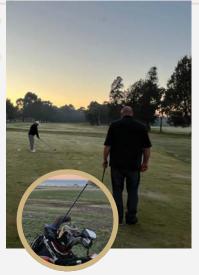


VETERANS CARD - VICTORIA

The Veterans Card is available to all past and present ADF members residing in Victoria, including those on active duty, veterans and Reservists.

More Information: www.service.vic.gov.au/services/veteran s-card-victoria

Golf





09.06: MOONAH LINKS -LEGENDS

23.06: PAKENHAM 28.07: CENTURY PARK 25.08: Lang Lang

01.09: MOONAH LINKS OPEN

06.10: CERBERUS 20.10: GARFIELD 03.11: RINGWOOD 01.12: EAGLE RIDGE

Frankston RSL Golf Section Social Club has been operating for over 30 Years and we are always looking for new members . We have members from all abilities, from the 'fortunate' few who can drive the ball a mile down the fairway, to the rest of us who struggle to put together a good round! It is a fantastic, fun, and friendly way to be introduced to the grand game of golf.

This year 2024 we are very excited to be playing at 15 Golf Courses including some very prestigious ones on the Mornington Peninsula. Our membership base has been steadily growing and we always have a sizable turnout for Golf days.

We were welcomed to Pakenham Golf Club with ice on the fairways and a very cold start to the day. Overall once the sun made an appearance a great day was had by all. The day was won by Adrian Stargatt who played well in the conditions with 37 points to secure the "Cock o the Walk".

We had a terrific turn out for our game at Centenary Park Frankston as we were blessed with perfect weather for the day. Jamie Robertson won the day overall with a whopping 42 points.

Lunch & Presentations

After each round of golf, we gather at the Frankston RSL Pavilion for a BBQ and presentation to announce the winners of each grade. The cost is included in the green fees, and drinks are available at a nominal price.

LOOKING FOR NEW MEMBERS!

The cost to join is \$60 per annum, and this contributes to subsidising games and an end of year presentation. You must also hold a current R.S.L. Membership.

Join us in friendly competitions, where the focus is fun and enjoyment. We welcome all new members, of all abilities, from beginners to pros. Our group has both male and female members, and with a wide range of handicaps that are divided into 3 grades (A, B, C). We play once a month on a Sunday, and you'd be hard pressed to find better golfing company.

Fees

All games are \$50, regardless of green fees for the course.

Contact

Club Captain: Grant Goodall PH: 0414 868 164 Secretary: Brett Wilson PH: 0437 043 748





The Band is building on its playing ability with senior pipers providing valuable tuition and assistance to the less experienced players who are continuing to increase their playing repertoire. The Band is in the process of engaging an experienced Pipe Tutor to assist with band and player development.

The drummers have increased their numbers to 4 side drummers, 1 tenor and 1 bass, with the return of previous players. The drummers are benefiting from the excellent tuition provided by drum tutor Sam from Haileybury College, enabling them to participate in full band performances..



The band was recently asked to participate in a concert in Mornington on 17th August run by the Mornington Peninsula Welsh Ladies Choir. All band players participated and provided an enjoyable performance for the audience.

Senior piper Geoff Shaw played for the wreath laying ceremony at Frankston War Memorial on 11th August, commemorating Veterans' Day.





LOOKING FOR PIPES & DRUMS
PLAYERS. GET IN TOUCH TODAY!

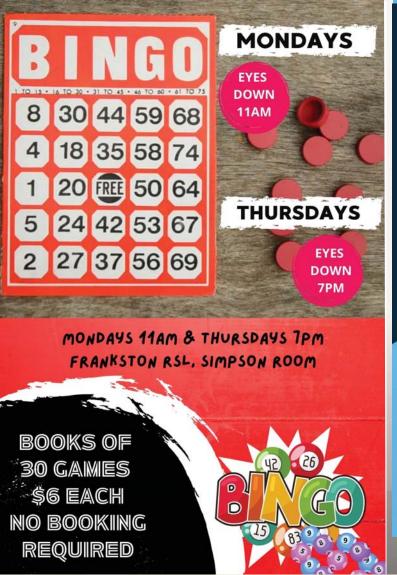
Contact

Secretary: Sean Sullivan

Practice: Wednesdays 7PM, Frankston RSL

PH: 0413 176 832 E: frankstonrslpad@gmail.com







Defence and Veteran Carers Network

Providing support for carers of current and former ADF members, and for ADF members & veterans who provide unpaid care.

WWW.CARERSAUSTRALIA.COM.AU





SUPPORT FOR CARERS OF CURRENT & FORMER ADF MEMBERS

The Defence and Veteran Carers Network provides support resources, and an advocacy platform for carers of veterans.

Do you provide care for a friend or family member who is in the Australian Defence Force (ADF) or a veteran? Or are you a current or former ADF member who cares for a friend or family member? Read more: www.carersaustralia.com.au/programs-projects/defence-carers-network

The new Defence and Veteran Carers Network is funded by by the Department of Defence and is run by Carers Australia (@carers_au), who provide support, resources and an advocacy platform for carers of current and former ADF member(s).

Carers Australia is also collecting stories of Defence and veteran carers to help raise awareness of their important role and unique challenges. Find out more at: www.bit.ly/43F0Rva

FACEBOOK & INSTAGRAM: @FRANKSTONRSL (03) 8792 4400

RSL LIFE MEMBERS

J F AKEROYD AM* F ANDERSON* J W ARNEY* **BARRETT*** BETTLES* A BRISCOE* R G BROWN* CAMERON* C CAREY* CLAYTON* COLE* **REV V COLLINS OAM*** CLYNE P DEIGHTON AM MC* t l dickman* DH FOWLER* C GARDINER* R GILHAM* J GOLDSMITH* HICKMAN K HILLIER OAM A F HOLMES* M HORSBURGH OAM* M HUGHES* W G INDIAN* B JOHNS* JOHNSON*

R KENNEDY*

W LESLIE*P M LOUREY* C LOVELL* W F MCCARTHY* A MCKENZIE* H MCLELLAND MORRISON MURPHY* DF NICOLL* A PATTERSON* PAXINO* C PEARCE* L PRATT* PRENDERGAST* W R PULLING* A SEWELL* SHOUT* J SLATTERY* J SMITH* W STREETS OAM* V SWANSON* C L THURKLE* M WALKER* U WALKER* R W WHEELER OAM* A WHITWORTH*



LARRY
DENNIS
JOAN
JEFFREY
JOHN
JOHN
LAWRENCE
THOMAS
COLIN
STEPHEN
RONALD
ALAN
GREGORY
MAUREEN

BAGLEY
CHARLTON
DEACON
DORRELL.
FAIRWEATHER
GODBER
HILL
JAMES
MORRIS
ROSS
STECUM
STOREY
TREACY
WAINWRIGHT

Sub Sections & Groups Contact & Meet Up Times

Group	Frankston RSL meet-up
billiards & snooker secretary: Mark Dunn 0422 304 052 email: bill_snooker@frankstonrsl.com.au	mon, tue, thu 6.30PM & tue 10.00AM
golf secretary: Brett Wilson 0437 043 748 email: brettianwilson65@gmail.com	selected sundays BBQ 12PM
pipes & drums secretary: Sean Sullivan 0413 176 832 email:frankstonrslpad@gmail.com	wednesdays 7PM
home & hospital visitation team contact: Stellar 0492 820 743 email: sraymond@frankstonrsl.com.au	last friday of the month 10AM
bingo reception: 8792 4400 email: reception@frankstonrsl.com.au	monday eyes down 11AM thursday eyes down 7PM
frankston probus secretary: Annie Stahmer 0418 822 744 email: ann.stahmer@bigpond.com	1st wednesday of the month 9AM Pavilion
vietnam veterans australia secretary: Bev Park 0431 620 044 email: bevkel@optusnet.com	1st monday of the month simpson II function room 1.30PM non-daylight savings 7.30PM daylight savings
women's auxiliary coordinator: Carol 0410 134 599 email: cmacfarlane@frankstonrsl.com.au	3rd wednesday of the month 10.30AM (call for location)
wellbeing & welfare coordinator: Stellar 0492 820 743 email: welfare@frankstonrsl.com.au	monday-friday 9AM-4.30PM
frankston veterans & families hub wellbeing coord: 0450 442 644 or 9960 3619 email: frankstonhub@rslvic.com.au	monday-friday 9AM-4.30PM
partners of veterans australia secretary: Rhonda Tempest 0410 566 709 email: r.tempest@bigpond.com	2nd monday of the month 10.30AM -4.30PM simpson II function room
legacy Frankston coordinator: Lyn Smith 0423626973 email: lynsmith51@gmail.com	2nd thursday of the month 10.30AM (call for location)
probus club frankston heights inc email: fhprobus@gmail.com	3rd tuesday of the month 9.30AM for 10AI
frankston prostate cancer support contact: Kevin 0419 133 826 email: smko@bigpond.com	last wednesday of the month 10.30AM pavilion
memorabilia team	every 2nd & 4th Friday of

contact: Frankston RSL Reception 8792 4400

email: reception@frankstonrsl.com.au



FRANKSTON RSL MANAGEMENT TEAM

General Manager
Brett Rowlands

Operations
Colin Ross

People & Culture
Jodi Millar

Governance Rose Van Velzen

Finance Lynda Leverington

Bur & Gaming
Tracy Vrana

Marketing & Promotions
Patricia Russo

Executive Chef
Dean Webster

Front of House Wendy Broks

Administration
Anja Lepoigneur



the month, 9.30AM pavilion



THE DEFINITIVE TRIBUTE



SAUCURIDAY 19TH OCTOBER

DINNER & SHOW

\$72.50 FRANKSTON RSL MEMBERS

\$79 GUESTS

SHOW ONLY

\$39 FRANKSTON RSL MEMBERS

\$45 GUESTS

7PM DOORS OPEN

9PM SHOW



BOOK TICKETS: WWW.FRANKSTONRSL.COM.AU/TICKETED-SHOWS
OR CONTACT RECEPTION 8792 4400