

The Bistro

MAINS

Ocean

Fish and Chips GF (grilled) member / guest \$27 / \$30

gummy flake, golden fried in our Chef's own seasoned beer batter or lightly grilled (in egg batter), served with gourmet tartare sauce, chips and salad

Lemon Pepper Calamari. GF \$29 / \$32

deep fried and dusted with lemon pepper seasoning. Served with lime and cracked pepper aioli, chips and salad.

Garlic Prawns GF \$30 / \$33

black tiger prawns sauteed with garlic in a lemon infused creamy white wine sauce, served on steamed saffron rice and a side garden salad

Chilli Prawns GF \$30 / \$33

black tiger prawns sauteed with garlic and chilli in a tomato and herb sauce, served on steamed saffron rice and a side garden salad

Burgers

Steak Sandwich \$26 / \$28

200g Porterhouse char-grilled to your liking served in a warm Turkish roll with lettuce, tomato, bacon, American cheese, fried egg, with beetroot relish and crispy onion rings, served with chips

Hickory Beef Burger. \$24 / \$26

high quality Angus beef pattie, char-grilled and served in a milk bun roll loaded with onion rings, crispy bacon, lettuce, tomato and American cheese. Smothered with Alabama white sauce and hickory barbeque sauce served with chips.

Katsu Chicken Burger. \$24 / \$26

panko and sesame seed crumbed chicken fillet, slaw, kewpie mayo and Tonkatsu sauce on a milk bun, served with chips.

Plant Based Chicken Burger VG \$25 / \$27

crumbed patty, lettuce, tomato, vegan cheese and vegan sweet chilli mayonnaise on a potato bun, served with chips

Salads

Caesar Salad GF (no croutons) member / guest \$21 / \$23

cos lettuce, bacon, poached egg, parmesan and herb croutons, bound in a creamy Caesar dressing, and anchovies (optional)

Add chicken \$5

Warm Chicken and Lentil Salad GF \$23 / \$25

shredded chicken breast, cherry tomatoes, baby spinach, fetta, lentils with a white basic balsamic vinaigrette

Oven & Grill

Porterhouse| 300g GF member / guest \$40 / \$44

aged grain fed premium cuts of beef seasoned and char-grilled to your individual liking, served with your choice of chips and salad or vegetables

Please allow 45 minutes for well done steaks

please add one of the following sauces to your steak: mushroom | red wine jus | pepper | traditional gravy | garlic butter

Add char-grilled Prawn Skewer \$8.50

Chicken Parmigiana \$27 / \$29

freshly crumbed breast fillet with sliced Virginian ham, Napoli sauce and gratinated tasty cheese. Served with chips and salad or vegetables

Chicken Schnitzel \$25 / \$27

freshly crumbed breast fillet served with a lemon wedge, chips and salad or vegetables

Chicken Scallopini. \$28 / \$30

grilled chicken breast fillet in a creamy bacon, mushroom, and white wine sauce, served on a bed of mash potato, and vegetables.

Baked Eggplant Parmigiana V, GF \$23 / \$25

layers of eggplant, tomato, fresh basil and cheese oven baked, served with chips and salad

Roast of the day GF \$25 / \$27

tender oven roasted meat served with vegetables, gravy and a sauce to complement Please refer to specials board

Please note: There is a 10% surcharge on all food on Public Holidays

ON THE SIDE

Bowl of Chips V GF member / guest \$9 / \$10

with tomato sauce

Bowl of Wedges V \$12 / \$13

with sour-cream and sweet chilli

member / guest

\$40 / \$44

\$27 / \$29

\$25 / \$27

\$28 / \$30

\$23 / \$25

\$25 / \$27

member / guest

\$9 / \$10

\$12 / \$13

Pasta & Pans

Risotto Pollo Funghi. GF, VG on request \$26 / \$28

sauteed chicken, mushrooms and leek cooked in a saffron stock and tossed with arborio rice, finished with parmesan cheese.

Hokkien Noodles. V, VG on request (with rice) \$23 / \$25

wok tossed with seasonal stir fry vegetables and finished with a ginger and lemongrass sauce.

Add beef \$6 - Add chicken \$5 - Add Prawns \$7

Spaghetti Bolognese \$24 / \$26

Traditional Italian beef sauce cooked in tomato, garlic, red wine and herbs tossed with spaghetti finished with parmesan

Spaghetti Carbonara \$25 / \$27

Sauteed onion, garlic and bacon in a creamy white wine sauce tossed with spaghetti and finished with egg, topped with parmesan

KIDS

For children 12 and under only

All kids meals \$9.90

Add Activity Pack + Dixie Cup Bundle \$4.50

Cheeseburger

with lettuce, tomato, chips and tomato sauce

Chicken Parmigiana

with chips and tomato sauce

Kids Gummy Flake

with chips and tomato sauce

Crumbed Chicken Nuggets

with chips and tomato sauce

Lemon Pepper Calamari GF

with chips and tomato sauce

Kids Spag Bowl

spaghetti bolognese with parmesan cheese

***While the Frankston RSL endeavours to accommodate requests for customers with food allergies, we cannot guarantee complete allergy-free meals due to the potential trace allergens in the working environment and supplied ingredients.**

GF = Gluten Free

V = Vegetarian

VG = Vegan

Please let us know of your food allergies when you are ordering.

Please see over for entree and dessert options

TO START OR SHARE

	member / guest
Garlic Bread. V	\$8 / \$9
Add cheese. \$1	
Add cheese and bacon. \$2	
Soup of the Day	\$8/ \$9
Please refer to specials board	
Lemon Pepper Calamari GF	\$13 / \$14
deep fried and dusted with lemon pepper seasoning. Served with lime and cracked pepper aioli	
Spiced Sweetcorn Fritters V	\$12 / \$13
corn, lime, chilli, ginger and coriander in a light batter, deep fried and served with an avocado and tomato salsa	
Peking Duck Spring Rolls	\$15 / \$16
roasted Peking duck and Asian vegetables spring rolls, deep fried and a side of hoisin sauce	

DESSERT

	member / guest
Creme Brulee	\$12 / \$13
rich custard base topped with caramelised sugar served with mixed berry compote and cream	
Sticky Date Pudding	\$12 / \$13
decadent house made pudding smothered in warm butterscotch sauce with a scoop of vanilla ice cream and cream	
Warm Apple & Raspberry Crumble	\$12 / \$13
encased in a French butter pastry shell served with cream and chocolate wafer sticks	

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WINES

- of the month -

WHITES	GLASS 150ML	GLASS 250ML	BOTTLE
ROCOCO SPARKLING	\$7.00		\$32.50
DEVIL'S CORNER TASMANIAN PINOT GRIGIO	\$8.00	\$13.50	\$40.00
PITCHFORK MARGARET RIVER SEMILLION SAUVIGNON BLANC			\$38.00
DB WINEMAKERS SAUVIGNON BLANC	\$7.00	\$11.50	\$32.50
GRANT BURGE BENCHMARK PINOT GRIGIO			\$32.50
BROOKLAND VALLEY VERSE 1 CHARDONNAY, MARGARET RIVER	\$8.00	\$13.00	\$38.00
REDS	GLASS 150ML	GLASS 250ML	BOTTLE
DEVIL'S CORNER TASMANIAN PINOT NOIR	\$8.00	\$13.50	\$40.00
DB WINEMAKERS SHIRAZ			\$32.50
EMPRESS CABERNET SAUVIGNON	\$7.50	\$12.50	\$38.00
PITCHFORK CABERNET MERLOT			\$38.00
GRANT BURGE BENCHMARK SHIRAZ	\$7.00	\$11.50	\$32.50
ST HALLETT BLACK CLAY SHIRAZ BAROSSA VALLEY	\$8.00	\$13.00	\$38.00
WINEMAKER'S CHOICE MCLAREN VALE PINOT NOIR			\$36.00

Members receive a Discount of \$0.50 on every glass of wine, and \$3.00 per bottle.

Scan the QR Code to view the Manager's Wine Cabinet selection.



Frankston RSL

COMEDY NIGHT

New in 2024!

Featuring Dave Thornton & special guests

FOUR STAND-UP COMEDIANS

February-November 2024 - First Wednesday of the month

STARTING WEDNESDAY 7TH FEBRUARY, 2024

tickets on sale 4th december 2023

\$25 MEMBERS

\$29 GUESTS

8.00pm doors open

8.30pm show starts

10.30pm show ends

ELVIS to the Extreme

Dinner & Show

\$72.50 Frankston RSL Members

\$79 Guests

Show Only

\$39.00 Frankston RSL Members

\$ 45.00 Guests

DOORS OPEN 7PM

DINNER AT 7.30PM

SHOW FROM 9PM

SATURDAY 10th FEB

PURCHASE TICKETS: WWW.FRANKSTONRSL.COM.AU/TICKETED-SHOWS OR CONTACT RECEPTION 8792 4400

