

MORSE CODE

EDITION #62 MAY-JUN-JUL 2023

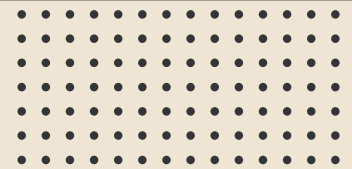


www.frankstonrsl.com.au
183 CRANBOURNE ROAD
FRANKSTON, 3199
PH: (03) 8792 4400





2023 COMMITTEE



Kevin Hillier OAM
PRESIDENT



John Barry
VICE PRESIDENT



Kelvin Park
SECRETARY



Brian Hill
TREASURER



Lyn Lynch
GENERAL
COMMITTEE



Tony Grice
GENERAL
COMMITTEE



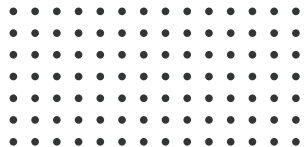
Kevin Tester
GENERAL
COMMITTEE



David Helman
GENERAL
COMMITTEE



Zak Critsilis
GENERAL
COMMITTEE



CONTACT US

ph: (03) 8792 4400

email: reception@frankstonrsl.com.au

web: www.frankstonrsl.com.au

post: P.O. Box 3168, Frankston East 3199

add: 183 Cranbourne Rd, Frankston 3199

DINING

TRADING HOURS

hours may differ on public holidays

Four Seasons Bistro

lunch: 11.30AM-2PM

(12-2.30PM saturday and sunday)

dinner: 5.30PM-8.30PM

(9pm friday & saturday)

Huey's Sports Bar

lunch: 11.30AM-2PM

(12-2.30PM saturday and sunday)

dinner: 5.30pm-8.30pm

(9pm friday & saturday)

Nancy's Café

coffee, cake, & cabinet display

9AM-CLOSE

lunch: 12-2.30PM

CPs - Craft & Pizza

wed & thu 5PM-late

fri & sat 12PM-late

Reception Hours

mon-thu & sat 9AM-7.30PM

friday 9-8PM

sunday 10-7.30 PM

CLUB TRADING HOURS

Monday	9AM-11PM
Tuesday	9AM-11PM
Wednesday	9AM-12PM
Thursday	9AM-12PM
Friday	9AM-1AM
Saturday	9AM-1AM
Sunday	10AM-11PM

TABLE OF CONTENTS

- 2** COMMITTEE MEMBERS
2023
- 4** PRESIDENT'S REPORT
Winter Update
- 5** WHAT'S ON
Bistro | Huey's Sports Bar | Entertainment | Trivia | Bingo Raffles | Members' Draws
- 6-7** WHAT'S NEW IN THE VENUE
Non-Alcoholic cocktails, Tank Beer is here, Merchandise, New Staff
- 8-9** STAFF, PEOPLE & CULTURE
Change Management, 2023 Committee Elections Summary
- 10-11** BIRTHDAY WEEK - JULY
Program and What's On during Birthday Week!
- 12-15** ANZAC DAY 2023 & APPEALS
Feature
- 18-19** WELFARE VOLUNTEERS
Spotlight on Volunteers -Doris Nisbet
- 20-23** WELFARE
Frankston RSL Welfare Update & Report
- 25** MEMORABILIA
80 Year-Old Biscuits & In-Venue Display
- 26** WELLBEING
Activities Update, Power Saving Bonus
- 28-29** HUEY'S SPORTS BAR
What's On
- 30** COMMUNITY SUPPORT FUND PARTNERS
Game Changer, FDNA, CBA Community Award
- 31** UPCOMING ENTERTAINMENT
June, July, August
- 32-33** WINNERS & GRINNERS
Member Giveaways
- 36-41** SUB-SECTIONS
March-May Update 2023, Vietnam Veterans Association, Frankston Legacy, Women's Auxiliary, Partners of Veterans Australia, Billiards & Snooker, Golf, Pipes & Drums
- 42** LIFE MEMBERS, VALES
APRIL-MAY 2023
- 43** CONTACT US
Group Contacts & Meet Up Times, Frankston RSL Management Team

CONTACT

EDITORIAL

marketing@frankstonrsl.com.au
8792 4408

SOCIALS



Find us at @frankstonrsl
Follow us on Social Media & Stay Up to Date

President's Report

Welcome to Winter!

Welcome to the winter issue of Morse Code as we watch the leaves fall and feel the temperature drop. We have worked well as a sub-branch during the summer and autumn period, with many social activities for veterans, partners, and widow/ers. Our involvement with Veterans Central (ANZAC House) continues to grow, as more and more veterans are seeking advice and assistance from both our Compensation and Wellbeing Advocates. We highly encourage that if you require assistance, you call in advance and make a time to see Stellar (Wellbeing Coordinator) or Ange (Compensation Coordinator) at the Dr. Akeroyd Veterans and Families Wellbeing Hub with your issue. Please get in touch with them on (03) 8792 4400.

We have noticed that COVID is still with us, as some of your committee members have been struck by it, as well as staff members. Like many businesses in hospitality, there are ongoing issues with staffing levels, and we are no different. I beg your patience on occasions when we may be understaffed, or just too busy to cater to all our members and guests.

You will see in other reports within the magazine that there have been many trips to various locations, collection of equipment to be distributed to veterans in need, and much coffee is being drunk at Veterans and Partners morning teas each Wednesday morning, and Veterans morning teas each Friday morning.



OPEN ARMS

Veterans & Families Counselling

'OPEN ARMS' provide veterans, and their families with individual, couple, and family counselling to help improve your resilience, as well as enhance your mental health and wellbeing.

They are available 24/7 on 1800 011 046.

We are pleased to have two new members on our committee, being David Helman and Zac Critsilis, following our Annual General Meeting. I do like to remind you that if you are a Service or Affiliate member, the AGM is an opportunity to both see how we have done over the previous year, but more importantly the opportunity to put forward ideas for the future. On that note the committee and management are currently brainstorming and developing a plan to determine the direction of the club - in both its core Statement of Purposes and the day-to-day running of the business.

Whilst we are always seeking volunteers to assist with Appeals and Wellbeing and Visitation groups, I am seeking assistance from members on the 27th of September 2023, in conjunction with Mornington Peninsula Legacy, to assist with the Legacy Centenary Torch Relay.

I, and several other members of the club, am involved in this relay which commenced on the 23rd of April in Possieres, France before touring the UK, and then the next five months touring Australia. There are several opportunities to assist either on the day as a helper to the runners/walkers, or by sponsoring the runners with funds going to Legacy for the assistance to widows and families. Please either contact me, or Mornington Peninsula Legacy direct.

Regarding Appeals, I thank Peter Kerley for his untiring dedication to the cause, however he has now retired from the position, and we are looking for someone to take over the position of Appeals Officer. If you think you would be able to dedicate some time around both ANZAC Day and Remembrance Day, I would be pleased to hear from you. This does not have to be done by one person as we intend to put together a team.

Please keep warm and safe as we move into the colder months.

Yours Aye,
Kevin Hillier OAM
President
Frankston RSL Sub Branch Inc.



WHAT'S ON?



MONDAYS

BINGO IN SIMPSON ROOM
11AM EYES DOWN

TUESDAYS

TRIVIA NIGHT
7PM REGISTRATIONS FOR 7.30PM
START
HUEY'S SPORTS BAR

KIDS EAT FREE DEAL - DINNER ONLY
ORDER AT THE BISTRO
NOT AVAILABLE PUBLIC HOLIDAYS

WEDNESDAYS

CP'S NOW OPEN! 5PM-LATE
SIT WHERE YOU LIKE! NO BOOKINGS REQUIRED.
PIZZAS, SNACKS, CRAFT BEER, WINE, &
COCKTAILS

WEDNESDAY WHEEL MEMBERS DRAW & RAFFLES
HUEY'S SPORTS BAR
RAFFLE TICKETS ON SALE FROM 5PM
RAFFLE DRAWS FROM 6PM
MEMBER'S SPIN TIME: 6.00PM, 6.30PM, 6.45PM

PARMA-NIGHT - ALL PARMAS \$19.90
AVAILABLE WEDNESDAY DINNER
ANYWHERE IN THE VENUE

THURSDAYS

CP'S NOW OPEN! 5PM-LATE
SIT WHERE YOU LIKE! NO BOOKINGS REQUIRED.
PIZZAS, SNACKS, CRAFT BEER, WINE,
& COCKTAILS.

THURSDAY COMMUNITY RAFFLES
TICKETS ON SALE FROM 5PM & DRAWS FROM 6.45PM

LIVE MUSIC @ HUEYS 5-8PM

BINGO IN SIMPSON ROOM
7PM EYES DOWN

FRIDAYS

CP'S NOW OPEN! 12PM-LATE
SIT WHERE YOU LIKE! NO BOOKINGS REQUIRED.
PIZZAS, SNACKS, CRAFT BEER, WINE, & COCKTAILS

FRIDAY NIGHT RAFFLES & MEMBERS DRAW
RAFFLE TICKETS ON SALE FROM 4.30PM
RAFFLE DRAWS FROM 6.30PM
MEMBER DRAW TIMES: 5.30PM, 6.15PM, 7PM

MEGA RAFFLES
1ST FRIDAY EVERY MONTH

FREE LIVE ROCK MUSIC, WITH SINGLE INCOME
SIMPSON ROOM
1ST FRIDAY EVERY MONTH
7.00PM-10.00PM

SATURDAY

CP'S OPEN 12PM-LATE - LAST MEAL ORDERS 8.30PM
SIT WHERE YOU LIKE! NO BOOKINGS REQUIRED.
PIZZAS, SNACKS, CRAFT BEER, WINE, & COCKTAILS.

SUPER SATURDAYS IN HUEY'S SPORTS BAR!
12-2.30PM \$20 POT & PARMA DURING FOOTY SEASON
1.45PM LIVE AFL GAME (APPROX)
2-7PM GIVEAWAYS - WHEN AVAILABLE

SUNDAY

CARVERY EVERY SUNDAY 12-2.30PM
AVAILABLE UNTIL END OF FATHER'S DAY 2023

What's New Around The Venue ?



NANOYS
CAFE -
NEW MENU
LIVE NOW!



NEW BISTRO &
SPORTS BAR MENU
COMING SOON!



1 'NAKED LIFE' FOR DRY JULY!

We have the perfect non-alcoholic drink for those committing to 'Dry July' or simply choosing alcohol free bevies. 'Naked Life' non-alcoholic premixed cocktails are available in all our bars at the venue. They come in cans, and in three great flavours, that taste just like the 'real' thing - but just without alcohol! Try Classic G&T, Margarita, and Canadian Crisp Dry. \$6.50 (M), \$7 (G)



2 TANK BEER IS HERE

Pouring Carlton Draught Tank Beer at every bar in the venue. So, what is Tank Beer? Tank Beer is the most flavoursome and freshest beer you can find because it's not heated to 70 degrees during the brewing process - bypassing pasteurisation. It's also stored in vacuum-sealed bags inside copper tanks - straight after brewing and transported cold to the venue in a tank, rather than being decanted into a keg. Therefore, tank beer has no contact with air until the moment the Tapster pours it into your glass. No air means no oxidation, so your beer always tastes perfect. Want to drink the freshest, most delicious, environmentally friendly beer on offer? Come to the Frankston RSL - one of the few clubs pouring brewery fresh Tank Beer.



3 POPPY & RSL MERCHANDISE 2023

Brand new merchandise is now available at Reception. These make for great present ideas that are versatile and fashionable or simply, handy everyday items. The latest range includes: beautifully designed silver costume jewellery with poppies, notebook & pen, keyrings with sand from ANZAC Cove, Gallipoli, and the 'nurse bear'. Still available are: umbrella, foldable shopping bag, travel mug or a ceramic mug, and beanies and woolie scarves.



4 NEW STAFF

Meet our new Head Chef, Scott who has recently joined the team. Scott has worked at well-known venues such as Zero95 Dromana, Boilermaker House, and Hofbrauhaus, and comes to us 15+ years' cheffing experience.

We also have a new addition to the Senior Management Team. Read more about Jodi Millar our new People and Culture Manager, on page 8.

CP

craft & pizza



OPEN



Cocktails

- Espresso Martini
- Pink Gin Fizz
- Frosty Fruit
- Hawkers Market Mule

Frosty Fruit

RODA CITRUS
TROPICAL SYRUP
LEMON SYRUP
DEHYDRATED LIPS



HOW DOES IT WORK?

**Sit where you like
-no bookings-**

**Drink something
different**

**Dine on a delicious
pizza or share plates**

OPEN

Wed-Thu: 5.00 - late

Fri-Sat: 12.00 - late

Last Meal Order 8.30PM

CP - craft & pizza

Sit where you like. Drink something different. Dine on a delicious pizza or share plates.

Everyone's favourite dining space at the venue - 'Cracked Pepper' is operating once again, and these days goes by CPs - Craft & Pizzas, offering a relaxed experience.

There is an awesome selection of 12 Craft Beers, signature wines, and fabulous cocktails to go with pizzas and share plates. What's there not to love about easy to eat great food - perfect for nibbling and sharing with friends over a few drinks, in the most chilled space at the venue!

How does CP work?

No bookings required. It's a relaxed dining experience. Order at the bar and collect your meal with a buzzer. CPs is an expansive space with ample seating. Kids menu also available. Head to our website to view CPs Menu. www.frankstonrsl.com.au/dining/cracked-pepper

OPEN

Wednesdays & Thursdays 5PM-Late

Fridays & Saturdays 12PM-Late

Trading hours subject to change.

SUNDAY LUNCH

CARVERY

EVERY SUNDAY
TO FATHER'S DAY
12-2.30PM

SERVED WITH YOUR
FAVOURITE TRIMMINGS

TWO SUCCULENT SLOW
COOKED ROAST MEATS

ROAST POTATOES

SEASONAL VEGETABLES

GRAVY

SAUCES

Order at:
The Bistro
Huey's Sports Bar
Nancy's Cafe



\$25 MEMBERS
\$28 GUESTS
\$15.00 CHILDREN
-12 YR & UNDER

JUNE SPECIAL

BUY ANY PIZZA
AT CPs
AND ONLY PAY
\$5 FOR A BEER
TASTING PADDLE



-Check out CPs
beer taps for
our selection of
craft beer available

Redeemable within
24hrs of purchase

Available 1st June
- 1st July

Australian Craft Beer Paddle

4 x 150ML TASTERS

M \$12 G \$13.50

\$5

BEER TASTING PADDLE
WITH ANY PIZZA
PURCHASE IN CPs
Available in June!

Regular Prices

2022-2023 CHANGE MANAGEMENT

LET'S CONGRATULATE



PEOPLE & CULTURE MANAGER JODI MILLAR

Welcome!
...to our new member of the Senior Management Team

Jodi Millar was recently appointed to the role of People and Culture Manager who will pave the way for a more robust training and development program within the Frankston RSL, as well as Recruitment Best Practices, Employee Induction and Training, but also ensuring staff mental health and wellbeing are in check.

Jodi comes to us with a wealth of experience in both the Government and Private Sector and has worked as a Project Manager, Team Leader for the Victorian Government - across Emergency Management, Reception and Business Services. Jodi has also worked on high level projects such as high-risk client management, staff development, building and facilities management, high-level security, and high-risk accommodation settings.

These projects have included building High Performance Teams, the implementation of safety procedures and de-escalation of high-risk clients, contributing to the continual improvement of safety for all staff, clients and stakeholders.

Jodi comes to us with over 15+ years' experience in all aspects of People and Culture and Recruitment and she will be a great addition to the recently restructured team, by demonstrating and promoting a positive culture within the workplace.

2023 COMMITTEE ELECTIONS

The 2023 Committee elections brought about change in membership including the addition of an ordinary member to make it nine Committee members in total. We congratulate, and welcome, our two newly elected Frankston RSL Committee Members, David Helman and Zak Critsilis, as we farewell Committee Member, and Appeals Officer, Peter Kerley,

Zak lives in Frankston and is an ex-serviceman. Zak brings a wealth of experience in community engagement through his current employment with Open Arms. Zak will also be instrumental in linking younger veterans to the RSL network and getting engagement from this service demographic with the overall RSL Network.

David is locally based in Frankston and is an ex-Victoria Police Inspector. David will bring excellent management skills, as well as know-how in conducting reviews and audits. He is accustomed to dealing with people and working in teams.



The Frankston RSL Committee, Management, and Staff, would like to wish our much valued outgoing committee member Peter Kerley all the very best, and thank him for his extraordinary commitment and dedication to the ANZAC and Poppy Appeals and the significant results he achieved - in addition to his general committee work over the past two years.

Peter was instrumental in getting the Appeals back to normal post Covid, and through his extraordinary efforts in planning and managing the volunteers and the Appeals process, he was able to raise consecutive record breaking funds never experienced before at the Frankston RSL.





Front of House Team



Bar Team

FEBRUARY STAFF AWARDS GOING ABOVE & BEYOND



Management

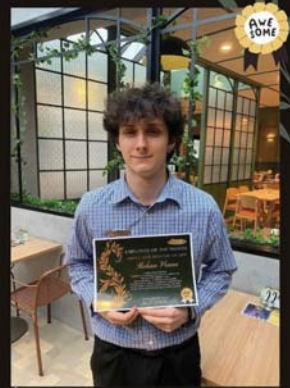


BOH & Kitchen Team

IN RECOGNITION OF THE STAFF WHO HAVE GONE ABOVE & BEYOND THEIR 'CALL OF DUTY' AND WOWED US WITH THEIR EXTRAORDINARY EFFORTS & AWESOME CAN-DO ATTITUDE!



Front of House Team



Bar Team

MARCH STAFF AWARDS GOING ABOVE & BEYOND



Reception



BOH & Kitchen Team

ABOVE & BEYOND



Front of House Team



Bar Team

APRIL STAFF AWARDS GOING ABOVE & BEYOND



Reception



BOH & Kitchen Team

QUARTERLY WINNER STAFF AWARDS ABOVE & BEYOND



IF YOU CAN DREAM IT, YOU CAN DO IT



JULY BIRTHDAY WEEK

Happy 104th Birthday to us!

\$15,000
\$\$\$ IN \$\$\$
GIVEAWAYS
\$\$

WHAT'S ON?

21ST-28TH JULY

-PREMIER ENTERTAINMENT

JULY 12 & 13 DENISE DRYSDALE XMAS IN JULY

JULY 21 - WENDY MATTHEWS & GRACE KNIGHT

JULY 22 - FAWLTY TOWERS DINNER DANCE

JULY 23 - BIG CITY SWING BAND MATINEE & AFTERNOON TEA

HUEY'S SUPER SATURDAY

\$20 POT & PARMA 12.30-2PM, INSTANT WINS & MAJOR PRIZE FROM 2PM

-\$20,000 TO GIVEAWAY IN PRIZES

BEEFED UP RAFFLES 26TH JULY- \$1500 & 28TH - \$2,500

-MEMBERS YARRA VALLEY GETAWAY GIVEAWAY \$800
DRAWN 27TH JULY. SWIPE AT KIOSK TO ENTER

- \$500 BINGO PRIZES ON 24TH & 27TH JULY

-GUARANTEED \$2000 FRIDAY MEMBER'S DRAW 21ST JULY

-FREE LIVE MUSIC THURSDAY 27TH JULY, 5-8PM

-FRIDAY 28TH JULY FAMILY FUN NIGHT IN BISTRO

ROAMING BALLOONIST & FACE PAINTER

CARVERY AVAILABLE & FREE KIDS PACK WITH KIDS MEAL

WIN FAMILY THEMED GIFT CARDS IN HUEYS RAFFLES

HOLEY MOLEY, BIG GOOSE, BOWLING, MOONLIGHT SANCTUARY...

\$7 GLASS
SPARKLING WINE
'DE BORTOLI
REGIONAL RESERVE
CHARDONNAY
PINOT NOIR
1-31 JULY



JULY, 2023

JOIN ALL THE FUN OF BIRTHDAY WEEK! FRIDAY 21ST TO FRIDAY 28TH JULY IT'S OUR 104TH BIRTHDAY!

**YOU COULD
win
\$2,000**
MEMBER MUST BE PRESENT TO WIN!
5:30PM | 6:15PM | 7:00PM
GUARANTEED WINNER

SUPER RAFFLES
\$2500 IN PRIZES
GUARANTEED \$2000
MEMBER DRAW
FRIDAY 21

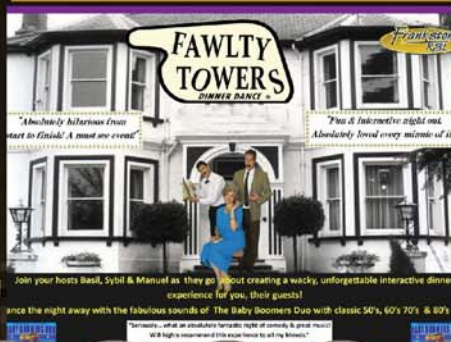


WENDY MATTHEWS & GRACE KNIGHT LIVE
BOOK TICKETS TODAY!

FRIDAY 21 - 7PM



**HUEYS POT & PARMA \$20
MERCHANDISE GIVEAWAYS**
INSTANT WINS & MAJOR PRIZE
SATURDAY 22



FAWLTY TOWERS
DINNER & SHOW
SATURDAY 22



**BIG CITY SWING SHOW
& AFTERNOON TEA**
BOOK TICKETS TODAY!
SUNDAY 23 - 2PM



BIRTHDAY BINGO!
\$500 JACKPOT
MONDAY 24 - 11AM



BIRTHDAY TRIVIA!
\$200 1ST PRIZE, \$50 2ND, \$50 3RD
DRINKS VOUCHERS GIVEAWAY
TUESDAY 25 - 7PM



\$1500 HUEY'S SUPER RAFFLES
PLUS SPIN THE WHEEL JACKPOT \$1000
WEDNESDAY 26 - 5PM



BIRTHDAY BINGO!
\$500 JACKPOT
THURSDAY 27-7PM



**THURSDAY NIGHT
COMMUNITY
RAFFLES**
LIVE MUSIC 5-8PM
THURSDAY 27-5PM



BEEFED UP BIRTHDAY RAFFLES!
\$2500 IN PRIZES &
FAMILY THEME GIFT CARDS
FRIDAY 28-7PM



FAMILY FUN NIGHT
CARVERY NIGHT, PLUS ROVING
BALLOONIST & MAGICIAN. FREE KIDS
PACK WITH EVERY KIDS MEAL
FRIDAY 28-6PM



Lest we forget

ANZAC DAY 2023

It was great to see us back at our pre-covid numbers at our services this year with many young ones at the Dawn Service and double the amount of people marching at the Commemoration Service. We were fortunate once again to have a representative from the Chief of Navy Office in Commander Wesley Heron.

Also, nice that Wesley attended Overport Primary School and Mt Eliza High School before joining the Navy at the age of 15 years. We were also grateful to have the opening addresses given by the Mayor, Nathan Conroy address at the Dawn Service and Federal member for Dunkley, Peta Murphy at the Commemoration Service.

A special thanks to our local council workers for the way they present the War Memorial on these special occasions. Also, a special thanks to Lisa MacGregor from Scarlett Mac Events for the tireless work she puts in preparing all of the paperwork, ordering, and on-site organisation of the event.

The lunch provided back at the club was again outstanding and I cannot thank our staff enough for countless hours they put into organising the day to pay respect to our active service personnel, and our veterans and their families.

We look forward to meeting up with many at our next commemoration on the 11th of November for Remembrance Day.



\$97,058.35

was raised by the Frankston RSL Sub Branch

We are proud to announce that the Frankston RSL Sub-Branch Appeals Team succeeded in raising \$97,058. These valuable funds will go toward helping Veterans and their families who are in need of financial, social, and wellbeing assistance.

FRANKSTON RSL ANZAC DAY 2023



Frankston RSL



Thank you to our amazing Volunteers who sold ANZAC Day merchandise and an even bigger thank you to everybody who purchased Appeals merchandise, as this would not be possible without your generosity.

A special thanks for the volunteer assistance from all community groups, and aged care facilities such as Forest Lodge, Baxter Park, and newbie Blue Hills, as well as the 100 local businesses such as Pear Tree Cafe, and Lemon Tree Café. We are always on the lookout for new businesses to place our Appeals 'Boxes'. A big shout out to our stalwart volunteers 'Dutchie, George & Di, Kelvin and Shirley, Eric and Peter from Mobility Team, Brian Hill & family, and of course, the Langwarrin Girl Guides, Airforce Cadets, and Army Cadets, who have selflessly offered their time over the years - and without prompting. Thank you!!!

ANZAC APPEAL 2023

Through the tireless work of our army of Volunteers who manned our ANZAC Appeals stalls, and the countless, selfless hours of community work rendered by them - Committee members, Club members, community organisations, aged care facilities, businesses, and schools, raised a staggering \$97,058.35. Well done, and thank you to all involved. The valuable funds raised go a long way to helping Veterans in need. The Committee and Management

would also like to thank our much valued Appeals Officer, Peter Kerley who has now stepped down from this role, and thank him for his extraordinary commitment and dedication to both the ANZAC and Poppy Appeals, and the significant results he achieved over the last few years in getting the Appeals back to normal - post Covid, and his admirable efforts to rally the volunteers and manage the teams to raise consecutive record breaking Appeals funds for our Veterans at the Frankston RSL.



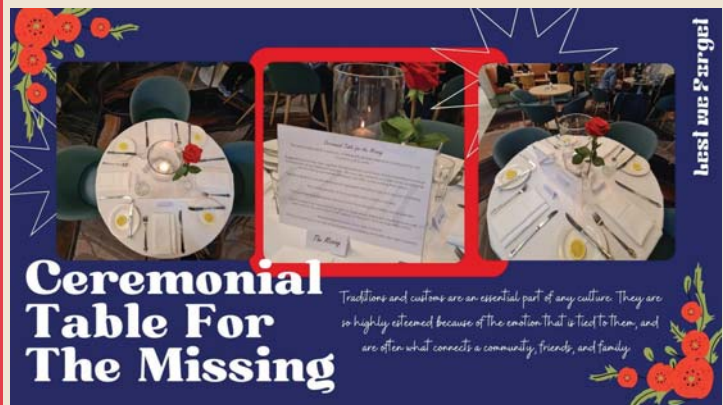
A custom we hold to our heart is the 'Ceremonial Table' for the Missing - displayed at the club every year on ANZAC Day.

The white table cloth is symbolic of the purity of their intentions to respond to our country's call to arms. A single red rose in the vase signifies the blood that many have shed. An inverted glass represents the fact that the missing and fallen cannot partake. The salt is symbolic of the countless tears shed by the families. The slice of lemon represents the bitter fate of those lost or missing. The lit candle is reminiscent of the light of hope which lives in our hearts to illuminate their way home. Three settings for our Sailors, Soldiers, and Air personnel. The fourth setting, an empty chair, represents the missing, and fallen, and those that worked in the background such as nurses, doctors, and administration personnel.



Never too young to volunteer!

Grandkids of our regular Appeals volunteers George and Di Barker, along with their cousins, managed to raise an amazing \$38.50 for our ANZAC Day Appeals through a 'bake-sale-stall'. We thank Isabelle and Archer, and their cousins Eliza and Alex, for their cooking and selling prowess! Anzac biscuits and gluten free brownies were tenderly prepared and enthusiastically sold - even managing to 'sell-out'. They were recognised during the Frankston RSL's Volunteer Week luncheon with appreciation certificates, however, they weren't able to accept them in person due to school commitments!



As per every year, QMS Media showcase an impressive digital sign 'Supporting Veterans in Need' during our ANZAC Appeals week. The sign is prominently displayed on the Quest building, Frankston.



ANZAC DAY 2023 - OVERVIEW



The Frankston RSL was thrilled to have been invited to the ANZAC Day service for the Frankston and Port Melbourne game. John Barry, Frankston RSL Vice President had the honour of conducting the service, and Stan Goldsmith, Korean Veteran and 95 years of age proudly 'tossed the coin'.



Thank you to Kevin Hillier OAM, Frankton RSL Club President for officiating St. Augustines Primary School ANZAC Day Service. The Committee passionately conduct commemorative services at copious schools, community organisations, aged care facilities, and sporting clubs in the area, who warmly welcome them and are extremely appreciative of their visit and time.



Kevin Hillier OAM, conducted several ANZAC Day services with our community partners: local sporting clubs, community groups, and schools. Here he is conducting the ANZAC Day eve service at Karingal FNC. Credit to Sideline Photography.

Kevin Hillier and a bugler were at the FDNA ANZAC Round Saturday 29th April. Every year FDNA give out 79 medals, which is one player per every game.

It is called the ANZAC Sprit Award which goes to a player that has exemplified the ANZAC Sprit with their Courage, Pride & Mateship.

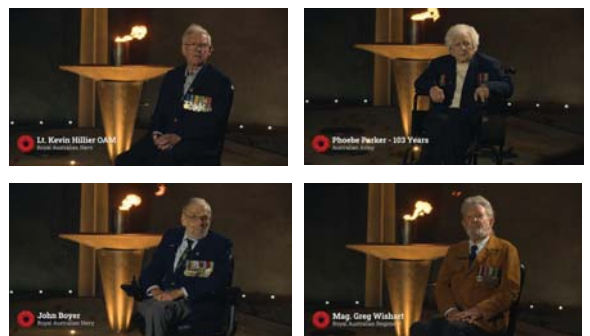


Peter Kerley, Committee Member 2022, proudly marched at the ANZAC Day March in Canberra, and attended a Vietnam War 50th Anniversary Reunion catching up with fellow servicemen - some of whom hadn't seen each other in 50 years!



This year, Allison Monkhouse commissioned interviews with five of our service members, to showcase their stories while serving Australia, in the Army, Navy, and Air Force. They are available on our website frankstonrsl.com.au and each video is 5 minutes long, providing an insight into the lives, and achievements of these wonderful Australian service personnel. Clockwise are:

- Lt. Kevin Hillier OAM, Royal Australian Navy
- Phoebe Parker, Royal Australian Army
- Mag. G.Wishart, Royal Australian Regiment
- John Boyer, Royal Australian Navy



Thank you to everybody who came once again to the dawn and wreath laying commemorative services, who marched with us, who was present in the moment, who stood tall with our veterans and our active service personnel, who bonded as a community, and made this year another truly successful, emotive, and fulfilling ANZAC Day. Everybody's passion, interest, and motivation is what keeps us going from generation to generation.

We estimated 6,000 attended our Dawn Commemorative Service and 3,000 at our Wreath Laying Service, with approximately 700 attending lunch at the Frankston RSL. A mighty fine result for ANZAC Day 2023. Here is a sprinkling of services our Committee performed as well as a few highlights to capture the essence of ANZAC Day this year. Full gallery of images available on our website, www.frankstonrsl.com.au



Kevin Tester and Kevin Hillier presented the NBL 1 ANZAC Day awards to key players and in support of the community sporting groups we sponsor.

Australian Craft Beer Paddle

4 X 150ML TASTERS

M \$12

G \$13.50

MOUNTAIN GOAT
"LIMITED RELEASE"
DOUBLE STEAM ALE
BALTER XPA

MATILDA BAY
HAZY LAGER
PIRATE LIFE
"SOUTH COAST IPA"

CRAFT BEER CHANGES REGULARLY



Frozen Margarita Cocktails

BLUEBERRY MARGARITA

\$14(M) \$15(G)



STRAWBERRY MARGARITA

\$14(M) \$15(G)



CLASSIC MARGARITA

\$12(M) \$13(G)



PINEAPPLE MARGARITA

\$14(M) \$15(G)



Available at Bistro Bar and as Mocktails. Limited time only

FRANKSTON RSL



LIVE ENTERTAINMENT
SPORTS BAR
BISTRO & CAFE



OPEN 7 DAYS FROM 9AM
LUNCH & DINNER

03 8792 4400

www.frankstonrsl.com.au

SUPER SATURDAY!
SUPER SATURDAY!



\$20 POT & PARMA
12-2.30PM

CARLTON DRAUGHT
GIVEAWAYS 2-7PM
WHILE STOCKS LAST

LIVE GAME
FROM 1.30

HUEYS
SPORTS BAR

POT AND PARMA
EVERY SATURDAY
12PM-2.30PM



WEDNESDAY MEMBER'S WHEEL WIN UP TO \$1,000

TO ENTER THE DRAW,
SWIPE YOUR MEMBERSHIP CARD EACH WEDNESDAY,
FROM 4.30PM, IN HUEYS,

EACH SPIN IS A GUARANTEED PRIZE WIN,
LAND ON THE JACKPOT AND WIN UP TO \$1,000.

Consolation Prizes

WIN \$250, \$100, \$25, \$20, \$15, \$10
IN MEMBER POINTS
PLUS \$20 & \$10 KENO VOUCHER.



FRIDAY Members DRAW

EVERY FRIDAY NIGHT

5:30PM | 6:15PM | 7:00PM

MEMBER MUST BE PRESENT TO WIN!

YOU COULD
win
UP TO
\$2,000



Sign up today! Membership Benefits

- discounts
- raffles
- welfare
- veterans
- promotions
- giveaways
- beer & wine
- coffee
- gelato
- pizza
- sponsorship
- functions & events
- FREE LIVE ENTERTAINMENT**
- tribute shows

SUPPORTING
your local community

RSL REWARDS - EARN & REDEEM POINTS TODAY!

REDEEM POINTS ON

- Food & Beverages
- Merchandise
- Show Tickets
- Venue Vouchers
- Membership Renewal
- Use points at any participating Victorian RSL

**SIGN UP TODAY &
START ACCRUING
POINTS!**

POINTS

Swipe your member card
at the Kiosk to check your
balance

Points conversion rate is
\$1.00 spent = 2 Points
2000 points = \$20

Accrue points as long as
your membership is
financial!

**Frankston
RSL**
(03) 8792 4400
www.frankstonrsl.com.au





SPOTLIGHT ON VOLUNTEERS: Doris Nisbet

WELFARE

Doris Nisbet – also known as Dotti to close friends, is an active volunteer at the Frankston RSL. She has been a Wellbeing Support Officer for 33 years, and with the Frankston RSL Home and Hospital Visitation Team. She has also been involved with Legacy for 25 years, and since 1996 has been an active member of the Women’s Auxiliary, and strongly invested in their fundraising activities .

Doris is acutely fond of the social and welfare work she does for veterans and their widows in the Home and Hospital Visitation Team, that currently visits veterans and widows in approximately 12 Aged Care facilities. The team brings selfless dedication to combatting social isolation among veterans and their partners or war widows. Each week they visit countless residents, bringing chocolates, a smile, and much needed social contact. Doris has provided this support to Veterans at various facilities over the years, such as Milpara, Forest Lodge in Seaford- where she visited some 30 veterans and war widows a month, and since 1996 at Baxter Village. Doris has distributed an estimated 40,320 chocolates in her time and vows she has never eaten one destined for veterans and war widows!



When Doris moved to Baxter Village in 1995 she continued her veteran wellbeing support work. With other helpers at the facility, she was able to visit 60 war widows and veterans that lived at the Lodge, the Manor, and homes within the Village. Today she still visits 25 veterans or widows per month at the facility, and in 2002 and 2004 Doris undertook several full-day courses at Frankston and Rosebud, to gain her credentials as a Wellbeing Support Officer for Veterans and the RSL.

Her journey as a Wellbeing Support Officer and volunteer far precedes her work with the Home and Hospital Visitation Team - and began as far back as when she married her late husband Douglas Nisbet in 1950 - a returned serviceman who served two years in Balikpapan, Borneo. Doug was a staunch community minded individual that spent most of his life volunteering and going above and beyond. As an ex-serviceman, Douglas joined the Frankston RSL in 1951, back in the Thompson Street premises, with the aim to connect with fellow veterans in the area. Doris joined when women were first allowed in 1976 - and so began Doris’ connection with the RSL.

They conducted social work in the area, picking up veterans and driving them to go shopping or to their appointments among other community work at the Frankston RSL. In fact, you would be hard pressed to come by two more highly regarded volunteers and stoic community workers that contributed so much to social welfare and community work - from Cranbourne and down the Peninsula.

When the club relocated to its current location on Cranbourne Road, Doug would call bingo on Thursday nights, and Doris sold raffle tickets for the Friday night raffles – and did so right up until Covid hit in 2020. The club had three lawn greens and a small shed that acted as a clubhouse. Doris learned how to play bowls in the 1970's - under the guidance and tuition of the late Shirley Prendergast – a founding member and long-time volunteer of Frankston RSL. Doris sat on the lawn bowls committee for 12 years and is still an active bowler after 25 years!



In these early days the club didn't have a bowler's pavilion for social gatherings, so Doris helped prepare food for the smorgasbord dinners in the club's kitchen. She later acquired her Responsible Service of Alcohol certificate, and volunteered in the bar during ladies’ day and at Friday night dances. She also played golf for 10 years at Centenary Park, when ladies were allowed to join in the early 1980’s - and even got a hole in one in the Foursomes Championship.



THE EARLY YEARS:

Doris was born in Port Melbourne, and once married she moved to her uncle’s dairy farm in Cranbourne South - opposite Cruden Farm. Doris and Doug forged an innate passion and selfless drive to ‘help and volunteer’ for so many causes and social groups.

Doris and her family are extremely proud of the legacy Douglas left behind; Cranbourne Citizen of the Year 1989, President for 13 years of the Lloyd Park Langwarrin Sports Centre– that he established from grass roots in 1968, Group Officer for the CFA’s Region 8, and his 34 year career as the Chief Health Officer at Cranbourne Council - implementing health-related programs on secondment to countries such as Ethiopia, Tonga, Vietnam, Cambodia.

Although Doris has a busy social and family life - with her two children, five grandchildren, and six great-grandchildren, she still often attends meetings at the Frankston RSL - discussing upcoming wellbeing and welfare activities for the various groups she is affiliated with.

It is volunteers like Doris that form the backbone of the Frankston RSL

Home & Hospital Team



Doris celebrating turning 91 at the Frankston RSL's 100th Birthday!



2023

A SUCCESSFUL VOLUNTEER DRIVE!

During a recent volunteer drive, the Home and Hospital Visitation Team snagged up five new members.

Well done to the team for their selfless dedication to combatting social isolation among veterans and their partners or widows. Each week they visit countless residents in various aged care facilities and residences, bringing a smile, and much needed social contact to many veterans and their partners.



Doris and Aileen Ridge rejoicing in the end of WWII and reliving the moment in 1976!



Vietnam War Commemorative Medallion & Certificate



To acknowledge the 50th anniversary of the end of Australia's involvement in the Vietnam War, the Department of Veterans' Affairs will produce a Commemorative Medallion and Certificate of Commemoration that will be FREE to every living veteran, widows of veterans, and other family members of veterans of the Vietnam War.

To claim, please visit www.dva.gov.au or contact the Frankston RSL Wellbeing Coordinator for assistance with claiming: (03) 8792 4426

Planning a Function?

Celebration Events
Presentation Events
Corporate Functions
Christmas Parties
Celebrations of Life

Frankston RSL
183 Cranbourne Rd, Frankston
Ph: (03) 8792 4411 (direct line)
e: functions@frankstonrsl.com.au



Your Event - Your Way
Cocktail | Sitdown | Corporate
Celebration Events, Corporate, Presentation Events, Christmas Parties, & Celebration of Life

Affordable Function Packages Include

- Frankston RSL Members receive 10% discount (on room hire only)
- House range of stylish decor available (including seat covers (FOA) & table centrepieces)
- Free dancefloor
- Free stage (Simpson Room 1, or Full Simpson only)
- Tea & Coffee station
- Open plan rooms
- Function capacity up to 250 people
- Security guard (FOA) & Function Coordinator
- Free onsite parking (limited)
- Free hire of audio/visual equipment



Call our Function Coordinator and let us help you plan your event!

Frankston RSL
183 Cranbourne Rd, Frankston 3199
Ph: (03) 8792 4411 (Functions Direct Line)
e: functions@frankstonrsl.com.au
www.frankstonrsl.com.au



If you have something to donate,
contact the Wellbeing Coordinator
Mon-Fri 9-4PM on 8792 4426



Welfare Mobility Team

Where would we be without our Super Heroes from the Frankston RSL Welfare Mobility Team? Championed by our 'crusader' and Committee Member, Tony Grice and his 2ICs - Eric and Peter, the team often works behind the scenes and across weekends collecting and repurposing donated mobility aids and household items for those in need. We are forever thankful for their generous spirit. Their actions directly improve the quality of life of many Veterans and their family members through the repurposing of donated items they may not be able to afford.

A huge shout out also to club members who are happy to help on weekends with collection and drop-off of donated items, or by simply donating items rather than reselling.

This quarter, the team came to the rescue on numerous occasions and helped our Veterans, or their family members, with basic comforts we take for granted, such as household furniture or white goods.

A veteran at RSL Vasey Care in Frankston South was given a repurposed washing machine, as his had recently broken down.

Next up the team picked up a trailer full of household items from a club member in Dandenong North and repurposed them to a Veteran living in Vasey RSL Park. The Veteran was ecstatic to receive these items, that included a dining table and chairs - as he had been having his meals in his armchair.

On another occasion a veteran received a hospital bed and a recliner chair to assist him to continue living at home. The team didn't just drop the furniture off, but selflessly helped pull the old bed apart and moved furniture around to make life easier for him and his wife.



Thank you for dropping off your donated mobility items to the Frankston RSL. We are always pleased to receive them and ensure they reach a Veteran in need.

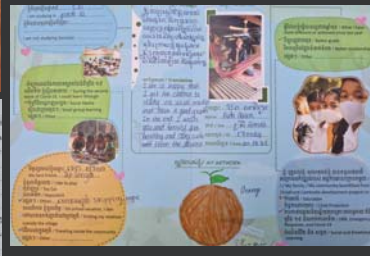
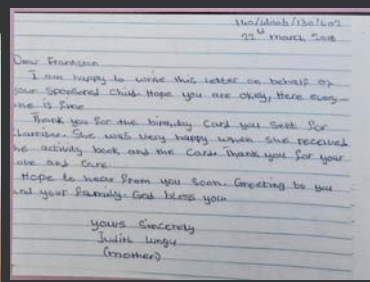
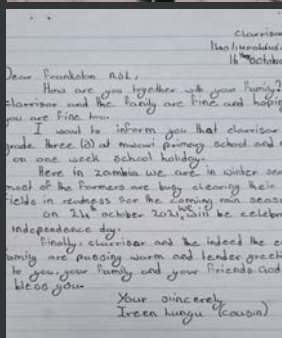
Donations welcomed:
mobility aids, white goods,
electrical goods, furniture

Child Support Fund

The staff at the Frankston RSL have been long time sponsors of two children's charities. Staff contribute on a weekly basis and sponsor two children through Smith Family Australia, and two children through Child Fund - who support children in many countries such as Zambia, and Kenya, Cambodia, and Timor Leste. Through staff contribution, approximately \$2500 is donated yearly to both charities. We regularly receive photos and updates from the children and the charities.

Making a difference

The funds go toward providing educational resources, uniforms, and other material for children attending primary and secondary schools in developing communities. Today, there are more than 1.2m Australian children and young people living in poverty.

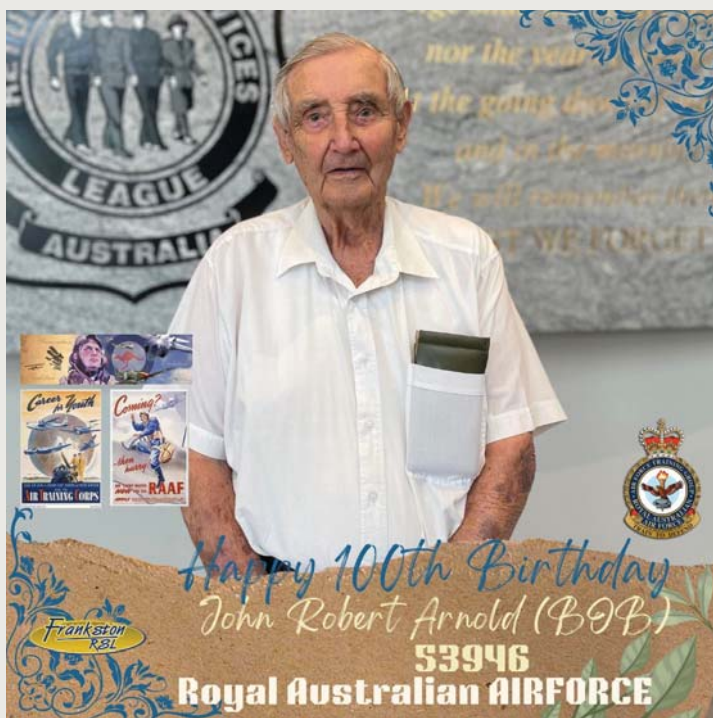


"Clarissa & the entire family are passing warm & tender greeting to you, your family & friends. God bless you."
Ireen Lungu,
ZAMBIA



HONOURING OUR HEROES

HAPPY 100TH BERYL & BOB !



WWII VETERAN BOB ARNOLD

We had the amazing Bob (John) Arnold celebrated his 100th Birthday lunch at the Frankston RSL, with his wife Viola, and family - including great grandkids. Bob served in the Royal Australian Airforce 1942-1946, and lives in Mount Martha. His Son is also an Army Veteran, also name Bob Arnold!

There are so many unassuming heroines and heroes in our midst - so humble, poised, and wise - that when amazing people like Bob pay us a visit, we are thrilled to make a song and dance about them.

Bob was thrilled that two Committee Members and veterans were also at the venue on Sunday. Brian Hill (Australian Army) and Kevin Tester (Royal Australian Navy) eagerly congratulated Bob on his service - and 100th birthday of course!



Bob enjoyed exchanging stories and experiences with two of our Committee Members & Veterans. Pictured L to R: Bob Jr, Kevin T, Brian H, Bob Sr.

Happy Birthday Bob and Beryl, and thank you for all that you have done for the Australian Service.



WWII VETERAN BERYL HAGGAR

Congratulations to Beryl Joy Hagggar on turning 100 on the 28th of May. Beryl celebrated her birthday lunch at the Frankston RSL, with her family.

Beryl was born in Bairnsdale, Victoria, and enlisted in Sarsfield Victoria, going on to serve in the Australian Women's Army Service between 1943-1946, rising to the rank of Corporal, 3 Base Ordnance Depot.

Happy Birthday Beryl from the Frankston RSL Committee, Management, and staff. We thank you for all that you have done for the Australian Service, and we were thrilled you chose to celebrate your day at the club.





WELFARE UPDATE

January-March 2023

Our wellbeing team is always very busy with the provision of services and activities to Veterans and their families, from bus trips to managing queries about social activities, food vouchers to transport options, aged care information, or just to have a chat. Our Wellbeing Team was available to assist in 149 requests during this period - with 40 calls being Health Related (My Aged Care packages), and 78 of the overall calls were made from members 81+ years, with 3 from 20-40 years. Additionally, the team continues to assist people complete their \$250 Power Savings Bonus applications. Get in touch if you need help lodging your form: www.compare.engery.vic.gov.au

Wellbeing Queries by Category-Total 149

Health	40
Social Support and Connection	30
Recognition and respect	26
Income and finance	23
Miscellaneous (power bonus)	17
Housing	10
Justice and Safety	3

JAN-MAR 2023 WELFARE at a GLANCE

Wellbeing Bus Trips

In March we had our first big bus-trip of the year, taking a 48 seater bus to Sorrento and catching the Ferry to the new Queenscliff Ferry Terminal for High Tea. This was a leisurely way to spend the afternoon, and compliments to SeaRoad Ferries for their excellent service.

Veterans and Partners Outings

97 people attended 12 bus trips to places like the Yarram, the Shrine, Wonthaggi, Melton, and across the Mornington Peninsula. In addition, our Wellbeing car, Betsy, took our Wellbeing team on 28 home visits and/or provided transport for veterans and their families.

Lawns

103 veterans and partners lawns were mowed this quarter, subsidised by the Frankston RSL.

Funerals Assistance

We have RSL Funeral Representatives who are available to carry out the RSL Funeral Ritual for veterans. They provide this assistance for free, and it is a short ritual which accompanies the celebrant's service. Contact the Well-Being Team, and allow a few days to order the Eulogy/Statement of Service from the ADF - which forms part of the service.



Hello Program

In this quarter, 2 volunteers and the Wellbeing Coordinator phoned our Service Members over the age of 80. These phone-calls allow us to provide assistance and support when required, and stay connected to veterans. Contact Stellar if you would like to get involved.

Contact: Frankston RSL Wellbeing Team

Veterans and their families can contact our Frankston RSL Wellbeing Coordinator with wellbeing and welfare queries.

Contact: Stellar

PH: 0492 820 743

EMAIL: welfare@frankstonrsl.com.au & **HOURS:** 9-4.30PM Mon-Fri

WELLBEING CASES: number of cases	12
PASTORAL CARE: number of cases	90
DECEASED SERVICE MEMBERS FRSL	11
RSL FUNERAL REPRESENTATION Required for Service Members	5
HOME & HOSPITAL TEAM: Monthly Visitation Hours	43.25
HOME & HOSPITAL TEAM: number of people Visited	120
MONTHLY LUNCHESES - Residential Aged Care Facilities: number of facilities attended	22
MONTHLY LUNCHESES - Residential Aged Care Facilities: Cost	\$3772.75
WELFARE BUS: number of people assisted	97
WEDNESDAY COFFEE GROUP: FRIDAY COFFEE GROUP: cost of catering & coffees	\$2080 \$3174.10
WELLBEING BUS: number of Trips:	12
WELLBEING CAR: number of Client Visits and Transport:	28
WELLBEING CAR: number of Client Visits and Transport:	663
LAWNS: number of people assisted	103
LAWNS: Cost	\$5891
PARC EXERCISE GROUP: Tuesday Sessions x 2: participants Friday Sessions x 2: participants	179 135
HELLO PROGRAM PHONE-CALLS: Volunteer & Staff Hours	16.50
MOBILITY AIDS PROGRAM: value of goods re-distributed	\$6550

Age Strong Exercise Classes !

We are thrilled with our recent turnout of exercise goers of 314 between January-March, and we always welcome more participants to our 'Age Strong Exercise Classes' run by PARC

Location: Frankston RSL Pavilion.

Classes: 8am (1hr) Tuesdays & Fridays. Except Public Holidays.

Cost: \$5 p/p. Please contact Stellar to register.



Veterans & Partners Coffee Group

On Wednesdays, Veterans (of all service types and eras) and their partners can head to the Alfresco area for coffee and light refreshments supplied by the club. We regularly have a sensational turnout and 186 came for a cuppa from January - March. Additionally, all veterans can attend our Friday morning coffee group in Huey's Bar for coffee and refreshments supplied by the club. New faces are always welcome. Just turn up from 10AM.



Home & Hospital Visitation Team

The Wellbeing Support Officers visited local aged care facilities, spending 43.25 hours and visiting 120 people. We have also recruited 5 new team members and welcome them to the team. In addition, monthly lunches are offered to 10 residential aged care facilities at the Club, so that their residents can enjoy a social event.



Open Arms: Social Activities

Open Arms offer year round social activities around Melbourne for Veterans and their families. Connect with like minded people and make new social connections.

Scan the QR code to find out more

Or phone 1800 011 046 for more information.



Furniture, White Goods & Mobility Aids

Tony Grice, Wellbeing Advocate, and a hardworking team of volunteers collected donations of furniture, white-goods and mobility aids and redistributed them to appreciative veterans and families. 15 items were collected and repurposed this quarter to the value of \$6,550. Thank you to all who donated items and thank you Tony, Eric and Peter - stalwarts of the Mobility Team, for your ongoing help and particularly for volunteering your weekends.

Donations: Phone 8792 4400

Email: welfare@frankstonrsl.com.au



The Akeroyd Veterans & Families Hub

If you are needing assistance with DVA claims and compensation, please contact Case Navigator Ange for an intake assessment. Ange can connect you with four Pensions Advocates at the Frankston Veterans and Families Hub, which is located at Frankston RSL. Ange is currently enjoying a well deserved leave and returning on 20th June.

Contact: Ange, Mon-Fri 9-4.30PM PH 0450 442 644



ROYAL AUSTRALIAN
NAVY BAND
MELBOURNE



SOUNDWAVES 2023 CONCERT SERIES

FRANKSTON RSL WELLBEING
TEAM INVITE
VETERANS & PARTNERS

FREE

Includes:

Bus trip to HMAS Cerberus
2PM Matinee Performance -
Royal Australian Navy Band
1 PM SHARP Bus leaves the
Frankston RSL
After 4 PM Bus returns to
Frankston RSL

Must carry Photo ID



DATES:

WEDNESDAY 3RD MAY
WEDNESDAY 14TH JUNE
WEDNESDAY 13TH SEPT
WEDNESDAY 11TH OCT
WEDNESDAY 22ND NOV

RSVP

Stellar
Wellbeing Coordinator
Phone or Text:
0492 820 743

Wednesdays 10 AM
Veterans* and Partners
Frankston RSL Alfresco Table 221

Fridays 10 AM
All Veterans*
Frankston RSL Huey's Sports Bar

VETERANS & PARTNERS

Coffee Mornings

Coffee & Light Refreshment Served
staying connected & caffeinated

*Veterans: all service types, eras, ages, and genders.
FOR MORE INFORMATION CONTACT RECEPTION: 8792 4400

AGE STRONG FITNESS

KEEP FIT

CONNECT

DATE & TIME:
TUESDAY 8AM
FRIDAY 8AM
WHERE:
FRANKSTON RSL PAVILION
COST : \$5P/P
REGISTER: 8792 4400
SPEAK TO RECEPTION OR
WELLBEING COORDINATOR

CHAIR SQUAT

FRANKSTON RSL WELLBEING TEAM INVITE
VETERANS & PARTNERS
**H.M.A.S. Cerberus
Museum Tour**
JUNE 15TH, 2023

TIME:
9.45AM Bus leaves Frankston RSL
Returns to Frankston RSL for
12.30PM Lunch

COST: \$10 p/p
Pay on the day prior to boarding bus
Photo ID Required for entry to HMAS
Includes:
Bus & Lunch
Ramp Access to museum & toilets

RSVP:
Book your seat(s) via Phone
or SMS to Stellar -
Wellbeing Coordinator on
0492 820 743.

MEMORABILIA

80 year old biscuits intact!

A spectacularly well preserved tin of 26 biscuits believed to have been made in the early 1940's was recently donated to the Frankston RSL memorabilia group and given that they are extremely rare and significant, have been accepted by the Australian War Memorial, Canberra, for their collection and for the benefit and education of generations of Australians to come. Peter Kerley, ex Committee Member travelled to Canberra to hand deliver the biscuits, as we are unlikely to store them long term since they need to be kept in a temperature and humidity controlled environment.



The tin contained wholemeal ration biscuits which would have been known as 'hard tack' in WW2 era military parlance. It is believed that the container and ration biscuits are of early WW2 Australian defence forces origin. The biscuits are in remarkable condition for biscuits that are thought to be around 80 years old! These particular biscuits are 70 mm x 60 mm x 6 mm thick (approximate dimensions), and are stamped with the embossed letters 'H' and 'B'.

The Memorabilia team also received a Vietnam Veteran's service and mess uniform that belonged to Ross Major, who served two tours. It's wonderful to receive these 'treasures', so current and future generations can appreciate the background heritage and learn from them. The team does a wonderful job at preserving these items and curates beautiful displays in the venue. The latest cabinet display commemorates the 50th Anniversary of Australia's involvement in the Vietnam War Conflict.



Paul Grace donated uniforms that belonged to Ross Major, (his mother's second husband), who served in two tours of the Vietnam War conflict.



Defence and Veteran Carers Network

Providing support for carers of current and former ADF members, and for ADF members & veterans who provide unpaid care.

WWW.CARERSAUSTRALIA.COM.AU



SUPPORT FOR CARERS OF CURRENT & FORMER ADF MEMBERS

The Defence and Veteran Carers Network provides support, resources, and an advocacy platform for carers of veterans.

Do you provide care for a friend or family member who is in the Australian Defence Force (ADF) or a veteran? Or are you a current or former ADF member who cares for a friend or family member? Read more: www.carersaustralia.com.au/programs-projects/defence-carers-network

The new Defence and Veteran Carers Network is funded by the Department of Defence and is run by Carers Australia (@carers_au), who provide support, resources and an advocacy platform for carers of current and former ADF member(s).

Carers Australia is also collecting stories of Defence and veteran carers to help raise awareness of their important role and unique challenges. Find out more at: www.bit.ly/43FORva



mental health & wellbeing local
Frankston

Mental Health & Wellbeing Presentation

Frankston RSL 

FRANKSTON RSL WELLBEING TEAM INVITE VETERANS & FAMILY MEMBERS TO FIND OUT ABOUT THE SERVICES OFFERED IN OUR COMMUNITY !

This is a brand new service for Victorian adults seeking mental health and wellbeing support, closer to home.

It is free, easy to access, and located in our community.

FREE ENTRY
6TH JULY, 2023

11AM TILL NOON
DOORS OPEN 10.45AM

WHERE:
Frankston RSL
Simpson Room II

RSVP

Stellar
Wellbeing Coordinator
Phone or Text:
0492 820 743

FREE MORNING TEA & ENJOY A PRESENTATION OUTLINING THE RESOURCES AVAILABLE FOR YOU TO ACCESS!



High Tea on the High Seas!

Fairing the high seas were 35 Frankston RSL veterans and family members who travelled to the newly opened Queenscliff Ferry Terminal for High Tea. The happiness was in abundance and the High Tea spread put on by SeaRoad Ferries was impeccable. To 'spice' things up, free raffles were organised and fortunately the rain held off making it an amazing day all round with excursion go-ers socialising for hours and being out and about in fresh air!



National Volunteer Week

We love hosting our yearly Volunteer Lunch because we get to say thank you to some of the most amazing people!

The Frankston RSL Volunteers, from the many sub-groups, enjoyed a well-deserved luncheon at the Frankston RSL on May 24, to celebrate National Volunteer Week 2023. "The Change Makers" is this year's theme,

As MC, Tony Davies, Wellbeing Advocate, officiated the event and handed out 100 Gratitude Certificates to express our thanks and appreciation, recognising that volunteers are the backbone of any RSL and without them, this RSL would find it hard to do the work that it does: helping with Household Goods, Mobility Aids, Appeals, Wellbeing and Compensation Cases, visiting Veterans and War Widows in care, are just a few among the many services they provide.

The national week-long event recognises the vital support that the millions of volunteers in our country provide to their communities and encourages people to consider volunteering.

National Volunteer Week 2023 is a celebration of our power to drive change and ensure volunteering is inclusive of all members of the Australian community.

LET'S REFLECT ON THESE FACTS!

Volunteers are not paid. Not because they are worthless. But because they are priceless. Volunteers make the place a better world. True Kindness is helping someone without expecting anything in return. Volunteers do not necessarily have the time—they have the heart.



NEED HELP CLAIMING THE \$250 ENERGY BONUS?

NEED HELP SUBMITTING YOUR APPLICATION?

CONTACT STELLAR,
FRANKSTON RSL WELLBEING
COORDINATOR FOR HELP,
9AM-4.30PM
MONDAY-FRIDAY.

ELIGIBILITY:

- CENTRELINK PENSIONER CONCESSION
- DEPARTMENT OF VETERANS AFFAIRS PENSIONER CONCESSION
- DEPARTMENT OF VETERANS AFFAIRS GOLD CARD



Eligible households can apply for a \$250 Power Saving Bonus from 24 March 2023 to 31 August 2023. The Bonus is available to all Victorians households who visit the Victorian Energy Compare website or engage with an energy affordability service through one of our participating community outreach partners.

Who is eligible for the \$250 Power Saving Bonus?

The \$250 Power Saving Bonus is available to all Victorian households. To be eligible for the \$250 Power Saving Bonus, Victorian households will need to:

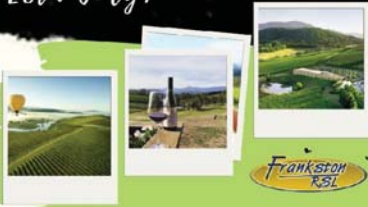
- Have a recent residential electricity bill
- Be the account holder for that bill
- Visit the [Victorian Energy Compare](https://www.vic.gov.au/vic-energy-compare) website or engage with an energy affordability service through one of our participating community outreach partners.



July Member's Giveaway

Celebrate our Birthday month with us for your chance to win a mini getaway for two, to the Yarra Valley, VIC.
Swipe your member's card at the kiosk each time you visit, from July 3rd to enter.
Drawn 28th July.

DETAILS TO COME
FOLLOW US ON FACEBOOK
& STAY IN THE KNOW
@FRANKSTONRSL



\$800

Mystery

GIFT CARD GIVE AWAY

WIN 2 X \$100 GIFT CARDS
EACH FRIDAY IN JULY!
DRAWN @ HUEY'S RAFFLES
SWIPE AT KIOSK TO ENTER

Ts&Cs Apply

WIN SWIPE & WIN

PLUS!
11 extra prizes to be won at this venue.

RSL REWARDS
More Rewards. More Often.

WIN A FIJI HOLIDAY

VALUED AT \$10,000

SWIPE YOUR CARD BETWEEN 5TH - 25TH JUNE FOR THE CHANCE TO WIN!
Terms and Conditions Apply

WIN SWIPE & WIN
WIN A FIJI HOLIDAY
VALUED AT \$10,000

PLUS!

- COLEMAN BEACH MAT
- OZTRAIL - COOLER ARM CHAIR
- BELKIN WIRELESS CHARGER
- RM WILLIAMS OVERNIGHT BAG
- JBL WAVE HEADPHONES
- SUNNYLIFE LOUNGER CHAIR
- COOL ICE 22L ICEBOX
- ANACONDA BEACH WAGON
- CANNON COMPACT CAMERA
- DELSEY 71CM TROLLEY CASE
- SAMSUNG TABLE 128GB

HUEY'S SPORTS BAR

THE BEST OF LIVE ACTION SPORT ON A MASSIVE 6M SCREEN!

CARLTON DRAUGHT
- UNPASTEURISED -
TANK BEER
Brewery Fresh

TANK BEER IS HERE!

NOW AVAILABLE AT ALL BARS IN THE VENUE

Frankston RSL

'NEW'

TAP BEER
AVAILABLE IN HUEY'S SPORTS BAR

DEEDS BREWING
BLEN IRIS, AUS. 2014

HUEY'S SPORTS BAR

RED FLAG

American Red
ABV 6%

hey
u up?
???

Australian Craft Beer Paddle

4 X 150ML TASTERS

M \$12 G \$13.50

MOUNTAIN GOAT "LIMITED RELEASE"
DOUBLE STEAM ALE
BALTER XPA

MATILDA BAY HAZY LAGER
PIRATE LIFE "SOUTH COAST IPA"

BEER SELECTION UPDATED REGULARLY

SUPER SATURDAY!
SUPER SATURDAY!

AFL

HUEY'S SPORTS BAR

POT & PARMA
EVERY SATURDAY 12PM-2.30PM

\$20

\$20 POT & PARMA
12-2.30PM

CARLTON DRAUGHT GIVEAWAYS 2-7PM
WHILE STOCKS LAST

LIVE GAME FROM 1.30

WARPATH BREWING
CHOOSE YOUR PATH

Veterans Warpath Brewing Now Pouring!

GAMING ROOM & HUEY'S SPORTS BAR

Frankston RSL is proudly supporting Warpath Brewing, who supports Veteran owned and operated producers, supply chain and logistics businesses throughout Australia.

A FULL-BODIED 'PORTER' BEER WITH UNDERTONES OF PEANUT BUTTER & CHOCOLATE, TASTES DANGEROUSLY LIKE FREEDOM!

Frankston RSL

HUEY'S SPORTS BAR + **CP CRAFT & PIZZAS**

NATION BREWING CO.

MELBOURNE FOG HAZY PALE

AVAILABLE ON TAP IN HUEY'S & CP'S BARS

SPORTS PICK PUNTERS CHALLENGE

PLAY HERE EVERY SATURDAY

WIN OUR VENUE PRIZEPOOL! AND QUALIFY INTO THE NATIONAL \$25,000 PUNTERS CHALLENGE CHAMPIONSHIP ON SATURDAY AUGUST 5TH

\$5 ENTRY

\$25K CHAMPIONSHIP

Balter On Tap

\$7 SCHOONERS

Now Serving.

From us to you with enjoyment.

HUEY'S SPORTS BAR

BILLSON'S

FRUIT TANGLE
PORTELLO
WATERMELON
TROPICAL PUNCH
CREAMY SODA

\$12.00 (M)
\$13.00 (G)

AVAILABLE HERE



Cocktails now available from Huey's Bar!

Cocktails subject to change



\$100 FIRST PRIZE,
\$25 SECOND & \$25 THIRD PRIZE
REGISTRATION 7PM FOR A 7.30PM START
PLUS 10 DRINK VOUCHERS TO GIVEAWAY

CHOOSE FROM...

- Fruit Tingle with Vodka & Blue Curacao
- Midori Splice with Midori & Malibu
- Pin Gin & Tonic with Vickers & Berries
- Dark & Stormy with spiced dark Rum
- Cucumber, Lime, & Mint with Smirnoff Vodka
- Passionfruit & Lime Infusion with Absolut Vodka



MARGARITAS ON TAP
EVERY DAY CAN NOW BE MARGARITA DAY WITH MARGARITAS ON TAP!

TRIPLE SEC
TEQUILA
LIME JUICE
\$14M & 15 G

HUEY'S
SPORTS BAR

Sparkling Cocktail

\$7.50M
\$8.00 G

SPARKLING WINE
BITTERS
STRAWBERRY
SUGAR CUBE



Rekorderlig Cider

GET ON THE TAB APP

Gamble Responsibly.



COMMUNITY SUPPORT FUND

The Frankston RSL is committed to supporting the local community and currently provides funding to a vast array of local sporting groups, charities, community organisations, and not-for-profits.



Game Changer is a dedicated suicide prevention initiative in our local sporting clubs that provides awareness, education and support in the prevention of suicide.

As a major partner, the Frankston RSL strongly supports Game Changer and the amazing programs they roll out. "The support the club provides is essential in helping educate and save young lives throughout the Mornington Peninsula, said Chris Hoegel, Sales Executive, Game Changer.

Through their contribution of \$10,000 in 2023, the Frankston RSL are enabling sporting clubs to have access to a variety of suicide prevention support services, such as:

- Crisis response
- Mental health first aid kits
- Welfare survey tools and statistics
- Ongoing awareness campaigns
- Welfare officer development programs
- Community development & awareness workshops
- Support counsellors
- Mental health policies
- Online education tools
- Induction programs".

Cricket FOR A CAUSE SCAN ME

CLUB REGISTRATION
Register your club to participate in GameChanger round to receive the following inclusions:

- 12 GameChanger Playing Cards
- 2 x GameChanger Wide Brim Limpore Hats
- GameChanger coloured field cones
- Mental Health First Aid kit (see inclusions below)
- Team photo template
- \$50 voucher to purchase sausage sizzle supplies
- 1 x Coin Battle Tin

Cost to clubs = Free

INDIVIDUAL PLAYER REGISTRATION
Players can also nominate themselves to participate as a 'GameChanger'.

Player donation pledge:

- Every run = \$1
- Every four = \$2
- Every six = \$5
- Every wicket = \$5
- Every catch = \$5

Major GameChanger partners will match every donation raised dollar for dollar.

Donation = \$20 + Game Incentives

MENTAL HEALTH FIRST AID KIT
You will receive the following in your kit/bag when your club signs up:

- Six GC posters for your clubhouse
- Welcome signs
- Booklet with information about GameChanger
- Crisis response plan

The very successful fundraising event 'Cricket for a Cause', organised with Cricket clubs from across the Peninsula raised a mammoth \$5000 for GameChanger.

"Thanks to the Frankston RSL's contribution, 22 clubs were able to register and participate in the day", said Chris Hoegel.

For more information:
www.gamefaceon.com.au
www.gamechanger.org.au

Frankston District Netball Association's (FDNA) outdoor courts were transformed into a sea of pink for their annual Pink Day on Saturday 13 May to raise funds for BCNA, the Breast Cancer Network Australia, and the work they do for the 20,000+ Australians diagnosed with breast cancer each year.

FDNA raised a whopping \$5,000 that will go toward supporting individuals, and their families, dealing with breast cancer. As a FDNA Community Partner, the Frankston RSL donated Venue Vouchers for prize packs that were raffled off and contributed to a successful fundraising day.

Since BCNA's PLAY4BCNA Pink Sports Day program began, thousands of clubs, schools and associations have participated across Australia, featuring almost every sport one can imagine and an incredible \$5 million plus has been raised, for BCNA, helping ensure no one goes through their breast cancer journey alone. We are so proud to continue to contribute to this very important cause.

For more information:
www.pinksportsday.bcna.org.au
www.frankstonnetball.com.au

Thank you to everybody who voted for us as 'Best Community Organisation' and helped us win \$500 from the Commonwealth Bank Karingal Branch.



Thank you once again to the Commonwealth Bank Karingal, and to everybody who voted, on behalf of the Committee, Management, and Staff!

The funds will be added to the Frankston RSL Sub Branch Appeals funds raised and go toward helping Veterans and their families who find themselves in necessitous circumstances as well as going toward the organisation of social and wellbeing activities to help prevent social isolation among our veterans.



GAME CHANGER PROVIDES SPORTING CLUBS WITH MENTAL HEALTH SUPPORT SERVICES, AS WELL AS OFFERING PROFESSIONAL DEVELOPMENT OPPORTUNITIES TO GAME CHANGER WELFARE OFFICERS, IN ADDITION TO DEVELOPING MENTAL HEALTH AWARENESS CAMPAIGNS AND EDUCATION SESSIONS.

UPCOMING EVENTS



JUNE 16TH
PIANO MEN, SONGS OF
ELTON JOHN & BILLY JOEL
-TICKETS FROM \$30-
7PM - 11PM

Superband presents a tribute to two of the greatest Piano Men of all time – Billy Joel and Elton John - taking you on a musical journey from the early years right through both of these incredible singer/songwriters greatest hits! With a full 7-piece live showband, the 'Piano Men' tribute is a celebration of the greatest songs of all time! Uptown Girl, Only the Good Die Young, Piano Man, My life, New York State of Mind, I'm Still Standing, Bennie and The Jets, Rocket Man, Tiny Dancer and many, many more! Don't miss out on experiencing the songs of the two best Piano Men in one show!

JUNE 21ST
KENNY & DOLLY
COL PERKINS & MARION FAY
-TICKETS FROM \$25-
MORNING MELODIES



Kenny & Dolly "Together Again" show : Col, in partnership with Marion Fay, perform all the hits from those true country music legends, Kenny Rogers & Dolly Parton. Songs like - Ruby Don't Take Your Love To Town; Lucille; Coward Of The County; The Gambler; 9 to 5; Here You Come Again; Coat Of Many Colours, and of course - All I Ever Need Is You; Islands In The Stream and Together Again. Plus, the show also features a few of those "special songs" from Kenny & Dolly's closest friends within the music industry these include Patsy Cline and Dotty West, just to name a few. This show really is a wonderfully entertaining tribute to two of the world's greatest country music performers.



11TH & 12TH JULY
DENISE DRYSDALE
CHRISTMAS IN JULY
-TICKETS FROM \$35-
11.30AM - 2.30PM

With a career that spans across 40 years, Denise has brought light and laughter to many lives and has a life worthy of a memoir. She was Melbourne's first go-go dancer after all! Affectionately called Ding Dong on national television, Denise has lasted decades in an industry that is notoriously cut throat. Forever the professional show woman, Denise, along with her musical director, will bring her best stories, songs and comedy to the stage. *The only two Christmas in July Shows in Melbourne!*

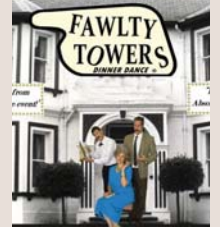
21ST JULY
WENDY MATTHEWS &
GRACE KNIGHT
-TICKETS FROM \$50-
7PM - 11PM



These legends of Aussie music present the songs of one of the world's greatest living songwriters - Paul Simon. Along with an all-star band, Wendy and Grace will take you on an unforgettable journey across the hits and crowd favourites of Paul Simon. Showcasing the vocal talents of these two music industry giants, they will thrill audiences with their interpretations of iconic and acclaimed songs in popular music, including gems like Sounds Of Silence, The Boxer, Homeward Bound, and Bridge Over Trouble Water, through to Paul Simon's solo classics, such as, You Can Call Me Al, Late In The Evening, Graceland, and Still Crazy After All These Years.

22ND JULY

THE FAWLTY TOWERS
DINNER DANCE
-TICKETS FROM \$65-
7PM - 11PM



Look out! The Fawltly Towers Dinner Dance is back with a dinner and show service of comic mishaps, mayhem & mischief - as Basil, Sybil, and Manuel go about creating an unforgettable dining experience for all their guests, Fawltly style of course! If anything can go wrong - it probably will, but have no fear as our cast will serve you up a perfect meal in an absolutely 'side splitting' interactive evening. Enjoy the fabulous sounds of 'The Baby Boomers' duo performance after the show, performing classic hits from the 50's-80's. Remember . . . "It's not our Fawltly if you don't have a sensational night out!"

23RD JULY

BIG BAND SWING SHOW
& AFTERNOON TEA
-BIG CITY BEAT BAND



-TICKETS FROM \$35-
2PM - 4.30PM

'The Big Band Swing Show' is a nine piece band that's throwback to a time when the music was cool and the Brass section and vocals ruled!! The 'BigCityBeat' Band pays tribute to some of the greatest songs and artists of all time in a show filled with old-school glamour and class. This show is celebration of the greatest songs and greatest artists from The Swing era, including New York New York – Frank Sinatra, History Repeating – Shirley Bassey, Sway – Michael Bubl , Orange Coloured Sky – Natalie Cole, Can't Take My Eyes Off You – Frankie Valli, Fly Me To The Moon – Frank Sinatra, All Of Me – Michael Bubl , Big Spender – Shirley Bassey, and many more

26TH AUGUST

QUEEN ROCKS
-TICKETS FROM \$35-
7PM - 11PM
ON SALE 2ND JUNE



QUEEN ROCKS is the definitive tribute to the greatest rock band of all time, Queen! Performing all of Queen's iconic hits, QUEEN ROCKS deliver a high-energy live show that brings to life the showmanship, musicianship and majestic power that saw Queen rock stadiums all over the world. QUEEN ROCKS authentically capture Queen's unique sound and theatrical stage show, faithfully performing Queen's classic anthems and foot-stomping rockers to the delight of packed houses everywhere



Scan to buy tickets

Purchase **SHOW TICKETS**

www.frankstonrsl.com.au /ticketed-shows or PH: (03) 8792 4400 RECEPTION 9AM-8PM



**WINNERS
WINNERS
WINNERS**

**WEDNESDAY MEMBER'S WHEEL
WE HAVE A WINNER!**

**CONGRATULATIONS
CLARK ON
WINNING THE
\$800 JACKPOT**

**WEDNESDAY MEMBER'S WHEEL
WE HAVE A WINNER!**

**CONGRATULATIONS
MICHAEL
ON
WINNING THE
\$950 JACKPOT**

**WOMEN'S AUXILIARY
Congratulations Mell!** *Easter Raffle*

1st Prize Winner!

**WOMEN'S AUXILIARY
Congratulations Mick!** *Easter Raffle*

2nd Prize Winner!

WIN!

March Member's Giveaway

WEEK 1 \$100 GIFT CARD WINNERS

Congratulations Margaret & Jonathon

March Member's Giveaway

WEEK 2 \$100 GIFT CARD WINNERS

Congratulations Barry & Carol

March Member's Giveaway

WEEK 3 \$100 GIFT CARD WINNERS

Congratulations Roger & Julia

March Member's Giveaway

WEEK 4 \$100 GIFT CARD WINNERS

Congratulations Joel & Andrew

Easter Hamper Winners

Dennis, Troy, Dianne, and Gail

March Member's Giveaway

55" HISENSE SMART TV

WINNER!

**Congratulations
Jamara**

CONGRATULATIONS GIVEAWAY Winners



MEGA RAFFLES
1ST FRIDAY EVERY MONTH

March Winners!
\$500 Gift Card

Phil

Norman

Eunic

MEGA RAFFLES
1ST FRIDAY EVERY MONTH

April Winners!
\$500 Gift Card

Helen

Phil

Lisa

MEGA RAFFLES
1ST FRIDAY EVERY MONTH

May Winners!
\$500 Gift Card

Dean

Maree

Marcus

RSL REWARDS

BECOME A NEW MEMBER TODAY AND YOU COULD **WIN \$50** WORTH OF RSL REWARDS POINTS

Each Sub-Branch is guaranteed a Winner

THE WINNER IS ...

APRIL WINNER

KYLIE

KENO WINNER

RYOBI D14 KIT

FEBRUARY / MARCH 2023 PROMOTION

Win a RYOBI D14 KIT

CONGRATS David III

KENO WINNER

WILSON PROSTAFF GOLF SET

APRIL 2023 PROMOTION

Win a Wilson Prostaff Set

Spend \$10 or more on Keno to enter between APRIL 16TH TO MAY 13TH, 2023

WIN

CONGRATS Mark III

Week 1 Hot Springs Gift Card Winner
\$100

CONGRATULATIONS GLOFF

XOXO

Week 2 - \$100 Gift Card Winner

CONGRATULATIONS TOM & SIMON

XOXO

Week 3 Hot Springs Gift Card Winner
\$100

CONGRATULATIONS RYAN & JUSTIN

XOXO

Mother's Day major prize winners:
Peninsula Hot Springs \$500 Pamper Packs

\$500

\$500

CONGRATULATIONS TO DWAN & DONNA

XOXO

Mother's Day High Tea Jansz Hamper Winner

CONGRATULATIONS MEG

FREE

HUEYS
SPORTS BAR

LIVE MUSIC

COVER SONGS - SINGER - GUITARIST



THURSDAYS 5-8PM

Ian Duchesne plays a repertoire of popular songs covering seven decades and well known hits you can't not help singing to! Such as These Days - Powderfinger, Take It Easy - The Eagles, Stone Me - Van Morrison, Wish You Were Here - Pink Floyd, Who'll Stop The Rain - Creedence, Set Fire To The Rain - Adele, To Her Door - Paul Kelly, Layla - Eric Clapton, Is This Love - Bob Marley, Message In A Bottle - The Police ...



FREE LIVE CLASSIC ROCK

7PM-10PM
EVERY 1ST FRIDAY
OF THE MONTH
IN SIMPSON ROOM

FEB 3, MAR 3, APR 7, MAY 5, JUN 2, JUL 7,
AUG 4, SEP 1, OCT 6, NOV 4, DEC 1 - 2023



\$INGLE INCOME



Parma Night

dinner only
from 5.30pm

WEDNESDAY IS
PARMA NIGHT
ANYWHERE IN
THE VENUE

\$19.90*



**9 PARMAS TO CHOOSE FROM
+ CHIPS & SALAD**

Effective 07.06.23

GRAB A POT AND PARMMA

\$20 EVERY SATURDAY
12pm - 2:30pm
DURING THE AFL SEASON



ACTIVITY PACK + DIXIE CUP BUNDLE

\$4.50

DIXIE CUP FLAVOURS: VANILLA, LEMON SORBET, CHOCOLATE, MINT, ROCK SALT CARAMEL

Kids Menu

KIDS

All kids meals \$9.90
 Add Activity Pack + Dixie Cup Bundle \$4.50

Cheeseburger
 with lettuce, tomato, chips and tomato sauce

Chicken Parmigiana
 with chips and tomato sauce

Gummy Flake
 with chips and tomato sauce

Crumbed Chicken Nuggets
 with chips and tomato sauce

Lemon Pepper Calamari GF
 with chips and tomato sauce

Drinks
 Slushies
 Soft Drink
 Juices
 Menu is subject to change.

Menu for children 12 and under
 Dishes subject to change



Kids Slushies

Available in Bistro & CPs
 \$4 (M) & \$5 (G)

RASPBERRY **GRAPE** **BLUE LAGOON**

DURING SERVICE HOURS

TUESDAY FUN!

5.30PM-8.30PM
 AGE 12 & UNDER

Family Fun Night!

Kids eat FREE

-EVERY TUESDAY NIGHT-
*with purchase of main meal

YUM-FUN PLAY

Keri JUICE BLENDERS

Apple Juice
 Apple & Blackcurrant Juice

\$3.15 Members \$3.50 Guests

Activity Pack + Dixie Cup Bundle

\$4.50

Dixie cup flavours: VANILLA, LEMON SORBET, MINT, CHOCOLATE

PURCHASE ONE MAIN MEAL AND RECEIVE ONE FREE KIDS* MEAL EVERY TUESDAY. DINNER ONLY. NOT AVAILABLE PUBLIC HOLIDAYS. *12 YEAR OLDS AND UNDER.

SUB-SECTIONS

Vietnam Veterans Association



This year has started slowly for the Vietnam veterans, and we are hoping to increase our numbers with a bit of follow-up from our Committee.

In our February meeting Lyn Westhead, President of the Partner of Veterans Association, presented Frankston with a certificate of Appreciation for the ongoing support we have given them.

In February we also held our AGM, and for the first time in Frankston VVA history we now have a female President. Cheryl Myers OAM was elected in as president with Kelvin Park as Vice President.

In March some of our members went to the Blue Lotus garden in Yarra Junction followed by lunch at the Upper Yarra RSL, thankfully the weather was fine and everyone had a good time.



Pearcedale primary school asked for a speaker to attend an ANZAC Day service, this was researched and organised by the students, and Mark Kinder and Cheryl Myers OAM, attended the service and were impressed by the work done by the students.

Late April our wanderers are heading down to Bairnsdale for a week of entertainment, it will be interesting to find out what has been planned for them.

In May we went to the Repatriation Hospital for a tour and a wander through their museum and to the local RSL for a meal.

The Tuesday coffee group at the Naval Club is getting stronger each week and it is not unusual to have around 25 - 30 veterans sitting around having a chat, and now with the RSL opening up Friday mornings for the Veterans that is also steadily gaining in popularity.

The Frankston Sub-Branch meets on the first Monday of the month at 1.30pm at the Frankston RSL in Simpson Room 2. During the winter months we have decided to change our night meeting to a daytime meeting. Any Veteran, partner, or family member is more than welcome to come along to a meeting.

President: Cheryl Myers OAM | 0409 962 545
VP President: Kelvin Park | 0432 473 039
Secretary: Bev Park | 0431 620 044
Email: secretary.frankston@vvaavic.org.au



Frankston Legacy Laurel Club

March saw our ladies celebrate Frankston Legacy Laurel Clubs 67th Birthday. We enjoyed some party food and cake following our meeting. A big 'Thank You' to Susan and the Frankston RSL staff for looking after us so well.

Our April meeting was very well attended, in fact we had four new ladies join us and we look forward to seeing them again in future meet-ups and getting to know them better.

In the coming months we have several exciting outings planned, such as a visit to the Shrine of Remembrance, a trip to the MCG along with the Combined Networking Group, and a movie and lunch date at Legacy House.

Our name change has been accepted by all of our members and we welcome any ladies whose husbands have "given their health" in the defence of our country.



Contact & Meet-Up
Frankston Legacy Coordinator

Lyn Smith

PH:0423626973

E: lynsmith51@gmail.com

Meet-Up: 2nd Thursday of the month at 10.30AM
Frankston RSL Simpson Room 2



The Women's Auxiliary

FRIENDSHIP GROUP

We had, yet another, successful Easter Raffle this year, where we gave away two large Easter Hampers and raised over \$2000. Thank you to everybody who bought tickets. These funds will go towards Veterans and Community Groups in need.



In April we had a fun 'coffee and chat' morning in Nancy's Café for our meet-up, and also discussed upcoming events and our fundraising plan for 2023.

Some of our ladies were able to sell ANZAC Badges and attend the ANZAC Day Commemorative and Wreath Laying Services, where our member Lyn Tate laid a wreath on behalf of the Women's Auxiliary.



In May, many of us attended the Annual Volunteer Lunch in recognition of Volunteer Week. We thank the Frankston RSL for their wonderful hospitality and for organising such an enjoyable event with great food and fantastic entertainment.



Also in May, and with the Frankston RSL Combined Groups, some members attended a tour of the MCG, and many enjoyed an exciting day out socialising with good friends.

FUNDRAISING & DONATIONS



Donate

The Women's Auxiliary fund raising activities are under the guidance of Frankston RSL President, Kevin Hillier OAM, and Sub-Branch Committee. We appreciate Frankston RSL patrons for purchasing raffle tickets which assists in donating towards veterans and community organisations.

\$5000

The most recent donation of \$5,000 was made in 2023 to the very worthwhile organisation, Game Changer, who work tirelessly in the prevention of suicide within the local sporting community. This is the final \$5,000 of the \$15,000 pledged.

Upcoming Events

Our June event is on Monday 19th, 2pm at the Frankston RSL, starting with a short meeting in Simpson Room 2, followed by an afternoon tea to celebrate the 100th birthday of our dedicated and long serving Women's Auxiliary Volunteer of 30 years - Marjorie Ramsay.

For anybody interested in coming along, the next Morning Melodies show - 'Kenny & Dolly Together Again' will be at the Frankston RSL Club on the 21st June.

Volunteer Drive

Please get in touch if you want to make a difference and would like to get involved with the Women's Auxiliary Friendship Group.

THE WOMEN'S AUXILIARY - FRANKSTON RSL
VOLUNTEERS Needed

The Women's Auxiliary is a friendly social group that helps raise much needed funds for veterans, community groups, and charities.

MONTHLY MEET UPS:
Date: 3rd Wednesday of the month
Time: 10.30am
Where: Frankston RSL, Simpson Room

Make a difference today!
Come along to a meeting, and help raise much needed funds for a wonderful group of volunteers and the amazing work they do.

WHAT DOES A VOLUNTEER DO?
Visit one facility, one to two days per month, and build a strong relationship with the facility staff and residents.
Participate in monthly volunteer meetings and receive support from your Fellow Home & Hospital Team members.
Ideally, you will have your own vehicle and be able to walk a moderate level of walking and work independently.

VOLUNTEER PROFILE!
This is an ongoing volunteer role and requires reliability, natural friendliness, and kindness. We will help you complete a National Crime Check, and provide you with an induction.

INTERESTED?
Create a positive impact and get in touch today!

CONTACT
Carol McFarlane, Wellbeing Advocate
PH: 0408 934 667 | EMAIL: cmcfarlane@frankstonrsl.com.au

PICK UP A FLYER AT RECEPTION

Membership & Contact

The Women's Auxiliary meets at 10.30PM on the 3rd Wednesday of the month at the Frankston RSL. The Auxiliary helps raise funds for Veterans and Community groups and is a pleasant way to be social and meet new people. We happily welcome all new members to the group.

Coordinator: Cheryl Bishop 0408 934 667



Frankston RSL **FIRST FRIDAY EVERY MONTH**

MEGA RAFFLES

OVER **\$3,700** WORTH OF PRIZES **to be won!**

TICKETS \$2 EACH ON SALE FROM 4.30PM

2 X SLABS & 3 X WINE PACKS

3 X \$500 GIFT CARDS

5 X \$100 VENUE CARDS & 3 X \$50 GIFT CARDS

20 X \$50 MEAT TRAYS

FIRST FRIDAY OF THE MONTH!

WEDNESDAY Raffles

TICKETS ON SALE 5:00PM

DRAWN FROM 6:30PM
TICKETS FROM \$2

2x 1/2 Slabs

15x \$45 Meat Trays

MEAT, WINE, BEER, MOVIE VOUCHERS

2 x Wine packs

3 x \$30 Movie Vouchers

Thursday Raffles

EVERY WEEK \$500 IN PRIZES

3 X \$60 MEAT TRAY

3 X \$60 ROAST MEAT TRAYS - LAMB, PORK, BEEF

2 X 1/2 SLABS CARLTON DRAUGHT

2 X \$50 VENUE VOUCHER

3x \$60 Meat Trays

3x \$60 Roast Trays
Pork, Lamb, Beef

2x 1/2 Slabs

2x \$50 Venue Vouchers

THURSDAY NIGHT COMMUNITY RAFFLES

TICKETS \$2 EACH ON SALE 5PM
DRAWN FROM 6.45PM

EVERY THURSDAY

20x \$60 Meat Trays

4x \$50 Wish Card

2x 1/2 Slabs

2x Wine packs (4 bottles)

5x \$50 Venue Vouchers

FRIDAY NIGHT RAFFLES

TICKETS \$2 EACH ON SALE 4:30PM
DRAWN FROM 6.30PM

Partners of Veterans Australia

Supporting Partners and Families of Veterans

The Frankston Branch of P.V.A. has made a good start to the year. We have had meetings each month and have started planning for the year ahead to make sure our members have a fun time with friends throughout the year. This kicked off with a three day trip to Echuca in May and followed up by quite a few day trips for our members. One of these is a trip to the MCG in Melbourne for a guided tour, lunch, and a visit to the sports museum.

We were very busy during April volunteering to sell badges on behalf of the Frankston RSL for ANZAC Day. We attended their march and service at Beauty Park in Frankston. Our State President, Cheryl Myers, laid a wreath on behalf of the Frankston Sub-Branch.

It was fantastic to see that this year the Frankston RSL made up a sign for each of their affiliated groups, which was carried by a cadet.



Some of our ladies marched on the day and it was an honour to be recognised by the RSL in this way. We have to thank Kevin Hillier OAM, President, and John Barry, Vice President, for their continued support of our branch.

Our AGM and Christmas lunch took place in December at Legacy House in Mt. Eliza. The lunch was attended by most of our members and the following were elected as the 2023 Committee:



Front Row: Cheryl Myers OAM – Vice President
Lyn Smith – Treasurer, Lyn Westhead – President,
Rhon Tempest – Secretary.

Back Row: Committee - Dianne Barker, Jenny Williams,
Cheryl Binskin, and Kay Wallace.



Some of our members were invited to the Premier's ANZAC Day lunch this year along with members from our State Branch, and we were honoured to be invited to such an event. This is a wonderful acknowledgement of our association and an excellent opportunity to liaise with other

veteran and government groups, as well as promote our cause, and be recognised for what we do.

Get Involved

The Frankston branch meet monthly at the Frankston RSL and this is followed by lunch in the Bistro. The last Monday of the month we meet at different venues and have a lunch or a coffee - some of these venues include the Seaford RSL, Baxter Tavern, Langwarrin Hotel, and Somerville Hotel. These venues are located centrally to where all our current members reside, giving everyone a chance to attend a meet-up and enjoy a meal and a drink, while also catching up for a great social session.

During the year we organise day trips and an overnight or three day bus trip. Contact us if you are interested in coming along to any of our outings.

Membership & Contact

\$35 for first year
\$25 for renewals



Partners of Veterans Association welcomes all partners, ex-partners or widows/ers of all current and former Australian Defence Force (ADF) members.

Meet-Up:

Every second Monday of the month at the Frankston RSL at 11.00am (except January).

President: Lyn Westhead PH: 0408 122 802

Secretary: Rhon Tempest PH: 0410 566 709

FACEBOOK: www.facebook.com/pvavic

WEBSITE: www.pva.org.au

Billiards & Snooker

PENNANT COMPETITION RESULTS

Pennant Competition Results to mid-April are: -

- Monday Night VBSA scratch snooker. Phil Roost's & Andy Bouilly's teams sit 1st & 3rd respectively and will almost certainly be strong contenders for the flag.
- Tuesday Over 55's handicap billiards & snooker. Ian Gilbee's Green team is in 7th place whilst Terry Woodhouse's Gold team, who are last season's Champions, sits in 8th. Long way to go in this full year comp.
- Tuesday Night Metropolitan handicap snooker. Bill Lindsay's team sits in 11th place but are renowned for their late charge at finals whilst Bill Morgan's team sits 7th & well in the hunt.
- Thursday Night RSL handicap snooker. Shabbir Badshah's Hawks sit atop the ladder & Gareth Griffith's Eagles have slipped down to 5th place.

The **2023 Pat Chung Dumb B@#%d's Cup** was held in conjunction with our AGM on Sunday 5th February. Bill Lindsay & Dave Harder took off this most prestigious event in an exciting final, with more than ample application of that now famous, Pat Chung expletive, "you Dumb B@#%d".

2023 Sub-Section Team Roles

Meanwhile, our AGM saw the "retirement" of long-time committee man, Alan Clews, and the election of "newbies" Julie Watson and Brett Porter. The "usual suspects" filled the remaining roles. It's worth noting that John van Zanden is serving his 17th year as President, whilst Mark Dunn is serving his 20th year as Secretary and 22nd year as Treasurer.

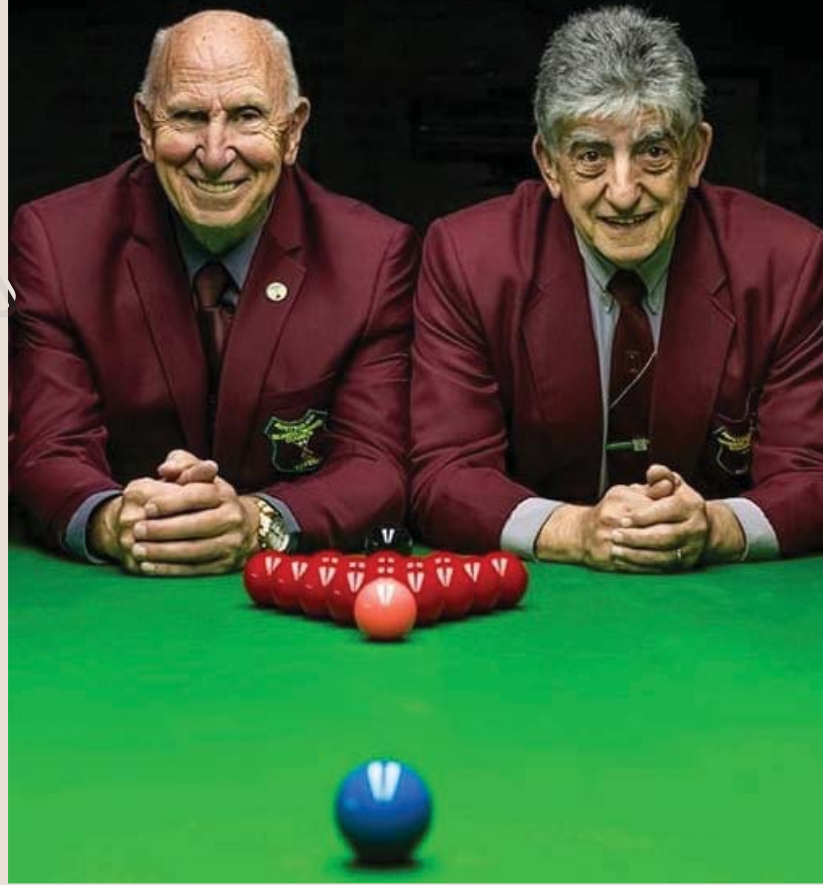
Table Up-Grades

Our magnificent, antique (1880 & 1920) tables have been re-clothed and we again have 1st class conditions to play our games. Thanks again to the Club for their co-operation with this and we are soon to take delivery of new rests and long cues that will replace some very old and worn "woodwork".

Membership and Contact

The Section is always keen to accommodate new players, so if you are interested in anything to do with billiards or snooker at Frankston RSL, please get in touch.- juniors and ladies are very welcome. Coaching can be provided free of charge.

Treasurer: Mark Dunn on 0422 304 052



Worthy of note is that President John van Zanden recently qualified as a Class 3 Referee with the Victorian Billiards & Snooker Association's Referees panel, headed up by Director of Referees and long-time friend of Frankston RSL, Larry Eforagan.

Congratulations John - and doesn't that jacket suit you very well! John has already been busy at several Tournaments and by all accounts is doing a great job - John on the left & Larry on the right.

An advertisement for the Mobility Team Super Heroes. It features a group of five men standing in front of a white van. The van has a large yellow lightning bolt graphic on its side. The text "MOBILITY TEAM SUPER HEROES" is written in large, bold, yellow letters. Below the text is the Frankston RSL logo. At the bottom, it says "DONATE MOBILITY AIDS, WHITE GOODS AND FURNITURE TO VETERANS IN NEED! CONTACT WELLBEING COORDINATOR 9-4PM ON 8792 4426".

Golf



16.07 : 9AM X GOLF MORNINGTON,
 06.08: 7.30AM LANG LANG
 17.09: 7.30AM MOONAH (OPEN)
 15.10: 7AM SAFETY BEACH
 05.11: 7AM CAPE SCHANK
 17.12: 7AM CERBERUS

Frankston R.S.L. Golf Section Social Club has been operating for over 30 Years and we are always looking for new members . We have members from all abilities, from the 'fortunate' few who can drive the ball a mile down the fairway, to the rest of us who struggle to put together a good round! It is a fantastic, fun, and friendly way to be introduced to the grand game of golf.

Our third game of the season was at Deep Creek Golf Club, Pakenham. There was a great turn out and the weather was once again perfect to be out playing golf. Overall winner for the day was the self-proclaimed "Peoples Champion" - Ash Greig, as it was his second win in a row!

Our next game was at Safety Beach Golf Club at Dromana. The weather was looking a little dicey but it held out for us to play a round. An enjoyable day of golf was had by all who attended and played at this course, which is new to our syllabus. The winner was Jamie Robertson, who not only won in match play but also took out the overall win for the day.

Lunch & Presentations

After each round of golf, we gather at the Frankston RSL Pavilion for a BBQ and presentation to announce the winners of each grade. The cost is included in the green fees, and drinks are available at a nominal price.

LOOKING FOR NEW MEMBERS !

The cost to join is \$60 per annum, and this contributes to subsidising games and an end of year presentation. You must also hold a current R.S.L. Membership. Join us in friendly competitions, where the focus is fun and enjoyment. We welcome all new members, of all abilities, from beginners to pros. Our group has both male and female members, and with a wide range of handicaps that are divided into 3 grades (A, B, C). We play once a month on a Sunday, and you'd be hard pressed to find better golfing company.

Fees

All games are \$50, regardless of green fees for the course.

Contact

Club Captain: Grant Goodall **PH:** 0414 868 164

Secretary: Brett Wilson **PH:** 0437 043 748



Pipes & Drums



Our big day of the year, ANZAC Day, was a roaring success. Our day started at Frankston leading the march down through Beauty Park then we headed on down to Rye, to lead Rye RSL's march and enjoy their hospitality. One of our pipers, Geoff, stayed at Frankston to play for the wreath laying service.

Our learner pipers had their first outing, playing with the band on ANZAC Day which was a big step for them and the sort of experience that one never forgets.

The restart of the Thursday night raffles has been interesting and fun. In addition to raising funds, it also means meeting raffle ticket buyers, and that generates good-natured banter. We had a piper playing for a short time one Thursday and that raised a lot of interest and positive comments.



LOOKING FOR PIPES & DRUMS PLAYERS.. GET IN TOUCH TODAY!!

Secretary: Deborah Clark

PH: 0408 692 426

E: frankstonrslpipesdrums@gmail.com





MONDAYS

EYES
DOWN
11AM

THURSDAYS

EYES
DOWN
7PM

**DURING BIRTHDAY WEEK AN EXTRA
\$500 PRIZE MONEY AT EACH SESSION!
24TH & 27TH JULY, 2023**

**BOOKS OF
30 GAMES
\$6 EACH
NO BOOKING
REQUIRED**



**WE ARE
HIRING**

JOIN OUR TEAM NOW !!!

WE ARE BUSIER THAN EVER AND NEED MORE SUPERSTARS

**CAFE STAFF - CASUAL
FOOD & BEVERAGE ATTENDANTS
BAR, GAMING, TAB STAFF**

**HEAD TO OUR WEBSITE FOR
FULL JOB DESCRIPTION**

**WWW.FRANKSTONRSL.COM.AU/
CURRENT-VACANCIES/
PH: 8792 4400**

RSL LIFE MEMBERS

- J F AKEROYD AM*
- F ANDERSON*
- J W ARNEY*
- E BARRETT*
- K BETTLES*
- P A BRISCOE*
- R G BROWN*
- H CAMERON*
- F C CAREY*
- F CLAYTON*
- A COLE*
- REV V COLLINS OAM*
- B CLYNE
- J P DEIGHTON AM MC*
- T L DICKMAN*
- DH FOWLER*
- A C GARDINER*
- H R GILHAM*

- A JOHNSON*
- P R KENNEDY*
- W LESLIE*
- P M LOUREY*
- S C LOVELL*
- R W F MCCARTHY*
- C A MCKENZIE*
- R H MCLELLAND
- R MORRISON
- A C MURPHY*
- D F NICOLL*
- D A PATTERSON*
- A PAXINO*
- E C PEARCE*
- J L PRATT*
- S PRENDERGAST*
- W R PULLING*
- F A SEWELL*
- A SHOUT*
- J SLATTERY*
- J SMITH*
- L W STREETS OAM*
- L V SWANSON*
- C L THURKLE*
- G M WALKER*
- S U WALKER*
- R W WHEELER OAM*
- A WHITWORTH*

- E J GOLDSMITH*
- B HICKMAN
- K HILLIER OAM
- A F HOLMES*
- A M HORSBURGH OAM*
- E M HUGHES*
- W G INDIAN*
- B JOHNS*

* DECEASED



LEST WE FORGET

VALE 2023
MARCH-MAY

- | | |
|----------------|-----------|
| ALLEN | ANNIE |
| BOWELL | MAXWELL |
| BRADLEY | ARTHUR |
| ELSHOUT VISSER | DICK |
| ELSON | PETER |
| GAVIN | STEWART |
| HANISCH | ROBIN |
| LING | ROBERT |
| VAN DER LUCHT | JAN |
| MUIR | JAMES |
| NEIL | NORMAN |
| NEWMAN | ARTHUR |
| PERRYMAN | JOHN |
| POWER | SIDNEY |
| SEALEY | ROBERT |
| SHERRATT | RONALD |
| STEWART | GLENN |
| THOMPSON | MICHAEL |
| WHELAN | CHRISTINE |
| WHITE | MICHAEL |

Sub Sections & Groups Contact & Meet Up Times

Group

Frankston RSL meet-up

billiards & snooker secretary: Mark Dunn 0422 304 052 email: marfak56@gmail.com	mon, tue, thu 6.30PM & tue 9.30AM
darts president: Eric King 0478 273 758 email: Ericking45@dodo.com.au	wednesdays (call for location)
golf secretary: Brett Wilson 0437 043 748 email: brettianwilson65@gmail.com	selected sundays BBQ 12PM
pipes & drums secretary: Deborah Clark, 0408 692 426 email: frankstonrslpipesdrums@gmail.com	wednesdays 7PM
welfare visitation meeting president: Kelvin Park 0432 473 039 email: kpark@frankstonrsl.com.au	last friday of the month 10AM
bingo reception: 8792 4400 email: reception@frankstonrsl.com.au	monday eyes down 11AM thursday eyes down 7PM
frankston probus secretary: Annie Stahmer 0418 822 744 email: ann.stahmer@bigpond.com	1st wednesday of the month 9AM Pavilion
vietnam veterans australia secretary: Bev Park 0431 620 044 email: bevkel@optusnet.com	1st monday of the month 7PM
women's auxiliary coordinator: Cheryl 0408 934 667 email: e.cbishop@bigpond.com	3rd wednesday of the month 10.30AM
wellbeing & welfare coordinator: Stellar 0492 820 743 email: welfare@frankstonrsl.com.au	mon-fri 9.00AM-4.30PM
pensions regional case navigator: Ange 0450 442 644 email: anortheast@rslvic.com.au	mon-fri 9.00AM-4.30PM
partners of veterans australia secretary: Rhonda Tempest 0410 566 709 email: r.tempest@bigpond.com	1st monday of the month 7.30PM
legacy Frankston coordinator: Lyn Smith 0423626973 email: lynsmith51@gmail.com	2nd Thursday of month 10.30AM
combined probus frankston heights email: fhprobus@gmail.com	third tuesday of month 09:30AM for 10:00AM
frankston prostate cancer support grp contact: Kevin 0419133826	last wednesday of month 10.30AM (Pavilion)



FRANKSTON RSL MANAGEMENT TEAM

General Manager
Brett Rowlands

Operations
Colin Ross

People & Culture
Jodi Millar

Finance
Lynda Leverington

Bar & Gaming
Tracy Vrana

Marketing & Promotions
Patricia Russo

Executive Chef
Dean Webster

Front of House
Wendy Broks

Administration
Anja Lepoigneur



Wendy Matthews & Grace Knight

We're Going to
Graceland -
The Songs of
Paul Simon



FRIDAY 21ST JULY

Dinner from 7PM & Show from 9PM

VIP: Dinner and Cabaret Style Show

\$109 Frankston RSL Members

\$119 Guest

Standard: Dinner and Cabaret Style Show

\$87.50 Frankston RSL Members

\$92.50 Guests

Standard: Cabaret Style Show Only

\$50 Frankston RSL Members

\$ 55 Guests

PURCHASE TICKETS:

WWW.FRANKSTONRSL.COM.AU/TICKETED-SHOWS

OR CONTACT RECEPTION 8792 4400

