

START OR SHARE

GARLIC BREAD

Plain garlic bread \$7.20(m) \$8.00(g)
With cheese \$8.10(m) \$9.00(g)

SOUP OF THE DAY

Please see our daily specials board \$7.65(m) \$8.50(g)

FRIED HALOUMI CHIPS & DIPS PLATE (V) \$11.70(m) \$13.00(g)

Served with warm flat bread. See board for today's dips

SUNDRIED TOMATO ARANCINI (GF) (VG) \$11.70(m) \$13.00(g)

Semi sundried tomato, vegan fetta & basil arancini with roasted capsicum hummus

SALT & PEPPER SQUID STRIPS (GF) \$12.60(m) \$14.00(g)

Lightly fried, served with rocket salad & tartare sauce

SOUTHERN FRIED CHICKEN TENDERS \$11.70(m) \$13.00(g)

Served with chipotle dipping sauce

Vegan Selection

VEGAN 'PEPPER STEAK' PIE (VG)
Served with chips, salad & tomato relish

\$19.80(m) \$22.00(g)

VEGAN SPINACH & FETA PARCELS (VG)

2 parcels, served with a capsicum hummus & salad

\$21.60(m) \$24.00(g)

(M) = Members Price (G) = Guests Price

(GF) = Gluten Free without change (GFO) = Gluten Free Option

(V) = Vegetarian (VGO) = Vegan Option (VG) = Vegan without change

*Please note that whilst Frankston RSL endeavours to accommodate requests for customers with food allergies, we cannot guarantee complete allergy-free meals due to the potential trace allergens in the working environment and supplied ingredients.

MAINS

Seafood

SEAFOOD BASKET \$28.80(m) \$32.00(g)

Battered flake, salt & pepper squid strips, battered scallops & prawns, served with chips, salad & tartare sauce

GUMMY FLAKE (GFO) \$25.20(m) \$28.00(g)

Your choice of fried or grilled (in egg batter), served with chips, salad & tartare sauce

BARRAMUNDI (GF) \$27.00(m) \$30.00(g)

Oven baked Barramundi fillet, served on warm potato, smoky chorizo, basil & tomato salad

BEER BATTERED FISH & CHIPS \$20.70(m) \$23.00(g)

Battered Basa fillets, served with chips, salad & tartare sauce

SALT & PEPPER SQUID STRIPS (GF) \$24.75(m) \$27.50(g)

Lightly fried salt & pepper squid, served with chips, salad & tartare sauce

TASMANIAN SALMON (GF) \$27.00(m) \$30.00(g)

Grilled salmon fillet on steamed rice, served with pickled julienne Asian vegetables & mild chilli caramel sauce

PADDOCK TO PIER PLATTER GREAT FOR SHARING! \$40.50(m) \$45.00(g)

Honey soy chicken wings, BBQ pork ribs, marinated lamb cutlets, battered prawns, fried flake, salt & pepper squid strips, chips & salad with assorted condiments

GARLIC PRAWNS (GF) \$28.80(m) \$32.00(g)

Prawns in a creamy garlic sauce, served with rice & salad

Chicken

CHICKEN PARMA 280G \$23.40(m) \$26.00(g)

Panko crumbed chicken breast, topped with Virginian ham, tomato sugo, mozzarella cheese, served with salad & chips

CHICKEN SCHNITZEL 280G \$22.50(m) \$25.00(g)

Served with chips & salad

BUTTER CHICKEN (GFO) \$22.50(m) \$25.00(g)

Served on steamed rice with roti, spiced yoghurt & salad

CHICKEN SCALOPPINI (GF) \$24.75(m) \$27.50(g)

Chicken breast, mushrooms, bacon & cream, served with chips, salad & rice

SOUTHERN FRIED CHICKEN TACOS \$20.25(m) \$22.50(g)

Served with coleslaw, ranch dressing, American cheddar & bourbon BBQ sauce

MAINS

BEEF & BACON BURGER \$17.55(m) \$19.50(g)

Beef patty with bacon, egg, tomato, cheese & lettuce, tomato relish, served with chips

LAMB CUTLET SALAD (GF) \$23.40(m) \$26.00(g)

Lemon thyme & garlic marinated lamb cutlet, served sitting on a pomegranate, rocket, red onion, roasted tomato & walnut salad with spiced mint and cucumber salsa

300GM PORTERHOUSE STEAK (GF) \$31.95(m) \$35.50(g)

Cooked to your liking, served with chips, salad or vegetables & your choice of sauce; gravy, mushroom sauce, pepper sauce or garlic butter

THAI BEEF SALAD (GF) \$19.80(m) \$22.00(g)

Marinated beef strips, served with mango slices, red onion, cashews, bean shoots & salad greens with an Indonesian Nam prik mild dressing

PORK BELLY (GF) \$29.70(m) \$33.00(g)

Twice cooked, salted pork belly, served with chunky sweet potato, chargrilled broccolini & chimichurri

ROAST OF THE DAY (GF) \$21.60(m) \$24.00(g)

Please see our daily specials board

BBQ PORK RIBS & WINGS (GFO) \$29.70(m) \$33.00(g)

Served with a spinach, tomato, red onion & apple salad, chips & bourbon BBQ sauce

OPEN LAMB SOUVLAKI \$25.20(m) \$28.00(g)

Pulled slowly braised lamb shoulder, with lettuce, red onion & tomato, served on flatbread, topped with garlic sauce & served with chips

CHICKEN & BEEF FAJITAS (GFO) \$21.60(m) \$24.00(g)

Chicken & beef strips tossed with capsicum, onions, Cajun spice & sweet soy, served with tortillas, lettuce, sour cream & guacamole

PUMPKIN GNOCCHI (V) \$17.10(m) \$19.00(g)

Pumpkin Gnocchi tossed with cherry tomatoes, toasted walnuts, crispy kale & garlic, in nutty butter topped with parmesan cheese

MUSHROOM & RICOTTA CANNELLONI (V) \$17.10(m) \$19.00(g)

Mushroom & herb ricotta cannelloni with spinach cream, topped with parmesan & served with a salad

SPAGHETTI CARBONARA \$19.80(m) \$22.00(g)

Spaghetti tossed in a bacon, onion, egg, cream & parmesan sauce

SINGAPORE NOODLES \$20.70(m) \$23.00(g)

Vermicelli noodles tossed with prawns, char sui pork, chilli (mild) & Asian vegetables in an Indonesian curry sauce

STRAWBERRY & HALOUMI SALAD (GFO) (VGO) \$16.20(m) \$18.00(g)

Fresh strawberries & fried haloumi with rocket, snow pea tendrils, red onion, cucumber in a raspberry balsamic vinaigrette

ADD CHICKEN \$19.80(m) \$22.00(g)

SPANISH PAELLA (GF) \$20.70(m) \$23.00(g)

Served with saffron rice, chorizo, chicken, prawns & mussels

Desserts

CRÈME BRULEE BOMBE ALASKA \$8.10(m) \$9.00(g)
Crème Brulee ice cream smothered in fresh meringue, finished with a coffee anglaise

CHURROS \$8.10(m) \$9.00(g)
Portuguese long donuts covered in cinnamon sugar with a side of rich chocolate dipping sauce

STRAWBERRY EATON MESS (GF) \$8.10(m) \$9.00(g)
Smashed meringue mixed with fresh strawberries, cream & strawberry sauce

BAILEYS ICED PHILLY CHEESE CREPES \$8.10(m) \$9.00(g)
Served with a warm chocolate sauce

Why not try one of our delicious small cakes or slices available in our display cabinet
Or
See Cracked Pepper for 12 different gelati flavours!

FOR THE LITTLE ONES \$8.50

- For children 12 and under only -

CHICKEN PARMA
with chips & tomato sauce

CHEESEBURGER
lettuce & tomato, with chips & tomato sauce

ROAST OF THE DAY (GF)
with vegetables & gravy

SPAGHETTI NAPOLETANA (V)
with parmesan cheese

BATTERED FISH & CHIPS
with tomato sauce

SPAGHETTI CARBONARA
with parmesan cheese

CHICKEN NUGGETS
with chips & tomato sauce

CALAMARI (GF)
with chips & tomato sauce

Lunch Specials

MONDAY—FRIDAY

MONDAY—FRIDAY

One Course (main only)

\$12.60(m) \$14.00(g)

Two Course (soup or dessert & main)

\$15.30(m) \$17.00(g)

(Available 11:30am - 2:00pm
From Selected Menu Below)

See Specials board for today's soup and dessert options.

BEER BATTERED FISH & CHIPS

Battered Basa fillets, served with chips, salad & tartare sauce

ROAST OF THE DAY (GF)

Please see our daily specials board

SPAGHETTI CARBONARA

Spaghetti tossed in a bacon, onion, egg, cream & parmesan sauce

BUTTER CHICKEN (GFO)

Served on steamed rice with roti, spiced yoghurt & salad

220GM PORTERHOUSE STEAK (GF)

Cooked to your liking, served with chips, salad & your choice of sauce; gravy, mushroom sauce, pepper sauce or garlic butter

PUMPKIN GNOCCHI (V)

Pumpkin Gnocchi tossed with cherry tomatoes, toasted walnuts, crispy kale & garlic in nutty butter topped with parmesan cheese

ON THE SIDE

BOWL OF CHIPS (GF) (V)
With tomato sauce

\$6.30(m) \$7.00(g)

BOWL OF WEDGES (V)
With sour cream & sweet chilli

\$9.00(m) \$10.00(g)

BOWL OF VEGETABLES (V)(GF)

\$5.40(m) \$6.00(g)



Let's Eat



Have You Checked in?

Let's get social



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Frankston RSL

<http://www.frankstonrsl.com.au>